

Grapevine

Barossa Village | March 2026



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Barossa Village
people at our heart

A New Meeting Place

Welcoming The People Vs Coffee

At Barossa Village, community is built in the small, everyday moments. A shared table. A familiar face. The comfort of a warm drink in good company.

We are delighted to welcome *The People Vs Coffee* to The Lodge each Tuesday and Wednesday from 9.00am to 1.30pm. What began as a simple conversation has quickly become a new weekly rhythm, bringing fresh energy and gentle conversation into our garden space.

Vicki is offering specially priced lunch options, delicious cakes and treats, along with hot and iced beverages. The pop-up café is open not only to residents and staff, but to families, friends and our wider Barossa community.

Story continued – page 3

Hello and welcome



Message from our CEO Ben Hall

The transition to the new Aged Care Act places 'person centred care' at the cornerstone of what it means to be an aged care provider .

We are always looking for new ways to enhance the quality of life for our residents, clients and community, in particular by finding new ways of forging connection.

Last year we shared many new initiatives including our collaborations with Lifeline and Centacare. I also hope that you've taken the opportunity to read about Blend Creative in our last edition of the Grapevine to understand the social benefit of this very publication.

Last year's efforts have not slowed us down and we have commenced the new year with the same enthusiasm.

Our Dementia Group has a new home at the Lodge and will soon be renamed as "More Good Days Together". The group has already seen an over 400% increase in participation and will continue to grow with volunteers coming forward to support the initiatives for those people who live with dementia in our community and those that provide them with care.

At the Residency, in March we will see the reopening of Pat's Café under the management of Hunni Pot Café from Eden Valley. Its closure late last year was a disappointment with the then operator, Wendy from Frothy Coffee winding up, but she had paved the way for the continuation of the idea by bringing warmth and heart to the space. The Café's operation creates opportunity for connection and community.

We've extended that same philosophy to the Lodge as well through a pop-up café that will be run by Vicki from *The People vs Coffee*. Vicki has only been there for a short while and it's great to see how our community is coming together and connecting on the lawns in front of the Lodge.

The theme is clear, and the pathway to positive outcomes can be simple through a willingness to imagine and collaborate. We are always open to new ideas for us to explore with people and community at our core.

Stay safe

Ben

Consumer Advisory Body meetings:

- Independent Living – 10am Tuesday 12 May 2026 at the Lodge
- Community Care – 2pm Wednesday 13 May 2026 at the Lodge
- Residential Care – 10am (10.30am start) Thursday 14 May 2026 at the Residency

REMINDER: These meetings are an open invitation to our community to attend.

More than coffee, it is connection

Cover story continued.

Places influence how we feel. A welcoming table, the aroma of fresh coffee and the ease of unhurried conversation can turn an ordinary morning into something meaningful.

In just a few short weeks, the Lodge garden has taken on a new energy. We have welcomed a number of new visitors to the space, including a gentleman who walked over from the caravan park with his dog, community clients have stayed a little longer after meetings and staff have enjoyed popping outside for a treat and returned refreshed.

The Lodge is home to our community and corporate teams. It is a place where planning, support and care begin. Bringing *The People Vs Coffee* into this space reflects our belief in interconnection. We are not a gated community. We are part of the Barossa, and the Barossa is part of us.

On Wednesdays, the Mehl Sourdough Village Door is also open, with Betty's crumpets and freshly baked loaves available to purchase. Why not collect warm bread, stay for a coffee, and enjoy a conversation with familiar faces or someone new.

And there is more ahead. In March, we look forward to reopening Pat's Café in the Residency, continuing our commitment to creating welcoming spaces across Barossa Village. 🏠



This year, the Wellbeing Team has made a commitment to residents setting their own activities and programmes.

Following up on last year's feedback, there are some new ideas on the agenda:

Wine Tasting and Appreciation

A resident named Trevor suggested a wine appreciation group at the residency. What a great idea! Over the last few weeks, residents have been able to come and learn about wine. The topics have been:

- Grape varieties and different styles
- How to taste
- How does winemaking influence the flavour?
- Food pairing with wine

The course will run into February with a wine pairing class at the end. There may also be a short quiz to see what they have learned. This was the first time we have run a specialised class, and we are looking to do more of it in the future depending on demand.

Card Making Group

Residents have been asking to make cards for some time. A new card group has been created to accommodate this. However, it has been taken a step further than making cards just for fun. The cards made will be used in the gift shop and at the Lodge. The idea behind this was that cards can be quite expensive to buy, and we wanted to keep the cost low for residents. With the support of some very talented craft volunteers, the residents are ready and willing to produce these for others. We are very excited to see what they design.

Cooking Delights

The Women's Group enjoys cooking; however, there was too much watching staff and not a lot of cooking involved. The Wellbeing Team changed tactics and asked the residents what they would like to cook. A whole list of ideas was suggested, and the residents got stuck in. January saw a selection of canapés and delights ready for eating. The next six months have been planned with the whole group excited to cook. We were very fortunate to have a new volunteer, Deborah, who has been in kitchens her whole life. She had a brilliant time and has asked to volunteer another day at the Residency.

One of the favourite activities is animal therapy. We are so fortunate to have a relationship with the farm barn in Nuriootpa. Every quarter, we invite them to come in with some animals. The joy and smiles on the resident faces just lift the whole day.

We are also very lucky to have the duo of Marion (owner) and Maple (pooch and trained therapy dog) to come into the facility. It's a packed house when the animals are around. 🐾



Wine tasting group



Karina and volunteer Andrew



Wes looking at the viscosity



Faye and baby chick



Peggy and a guinea pig



Penny and handmade cards

Intergenerational Playgroup!

I wish know
 who is this person I see in the mirror,
 I wish I knew.
 I'm hungry thirsty wet and cold.
 I wish I could tell you.
 Who are these people who smile, help me
 call me by name.
 I wish I knew.
 I've got pain and sadness
 I wish I could tell you.
 I'm confused angry and scared.
 I wish you knew.
 Who are these people who call me.
 mum and Nanna.
 I wish I could remember
 who am I. Where am I.
 I wish I knew.

Written by Yvonne Grant about a lady
 I nursed. Called. Elle. who had
 dementia

30 years
 ago

Join the residents of Barossa Village for play, craft, stories, music, and more at intergenerational playgroup!

- Mondays 9.30am - 10.30am
- Children and families aged 0-5
- FREE!
- Call Karina on 08 8562 0300
- Barossa Village: 9 Atze Pde, Nuriootpa 5355



Community highlights

It has been wonderful to start the year back with our Monday Outings, and the past few weeks have reminded us just how special these days are. So far, we've travelled to the beach where we savoured the fresh ocean breeze and enjoyed a relaxing coffee in the local café. We also took a peaceful walk around the freshwater lake at Westlakes, a beautiful spot surrounded by a variety of ducks and birdlife that everyone enjoyed.

As always, the true highlights have been the camaraderie shared among the group. The laughter, conversations and companionship have made each outing meaningful.

Clients have shared their appreciation with comments such as:

"Thanks for a great day"

"I really enjoy these trips"

"I didn't even know some of these places existed" 🏠



Morning Tea At Freshwater Lake Westlakes



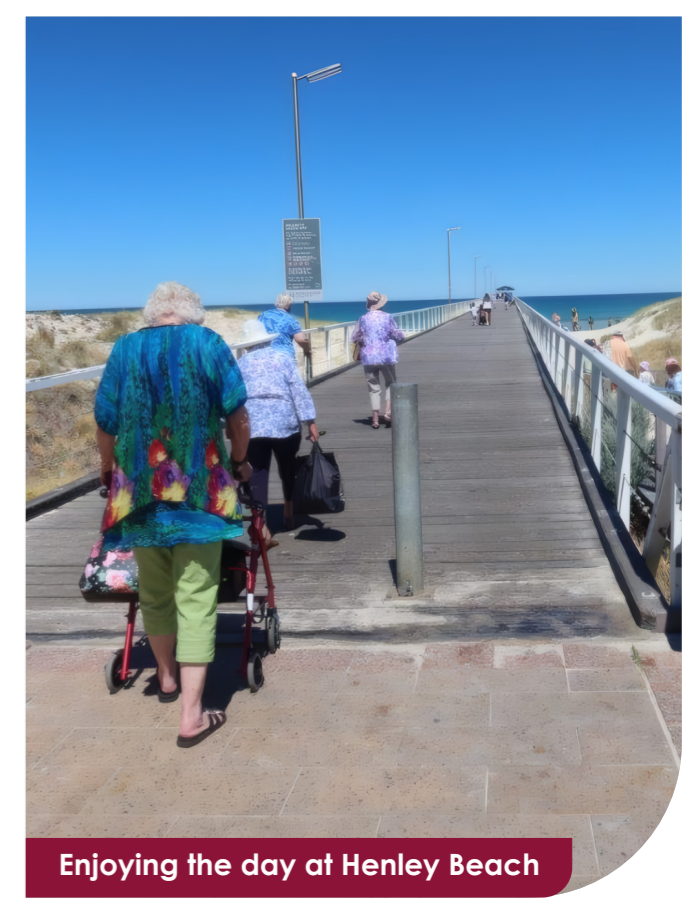
A stroll down to the Henley Jetty



Gary, Graham, Arthur and Diane



Birdlife at Freshwater Lakes Westlakes



Enjoying the day at Henley Beach

Introducing Suzanne & Amanda

Introducing Suzanne Hicks and Amanda Quodling, Barossa Village's Client Liaison Officers who together have over 40 years of experience working within aged care and across our community.

Suzanne and Amanda's day-to-day roles see them connecting clients with services, in particular supporting people into respite or residential care, or finding their retirement home as part of our independent living unit community.

But there is a unique part of their role that sees them helping people with the challenges and complexities of aged care. On any given day we receive 100's of phone calls and enquiries, most of which can be answered straight away. There are then those questions about aged care that can be quite complicated, in particular when there are other factors at play. When a loved one needs care and support and the pathway is not quite clear; navigating a way through these challenges is where Suzanne and Amanda excel.

They both get an immense amount of joy and satisfaction in those moments when they can bring relief and solutions to families when the challenge may otherwise seem insurmountable. If you ask them separately about what they love about their roles at Barossa Village, their answer is quite simple: "being in a position to be able to help people as part of the Barossa Village team".

Meet Suzanne

For 21 years, Suzanne has been part of the Barossa Village family, working as our Client Liaison Officer.

What she loves most about her role is meeting people, getting to know their stories and walking alongside them on the journey to their new home.

For Suzanne, nothing compares to the moment a resident is welcomed into Barossa Village - seeing the joy and excitement on their face makes every step worthwhile.

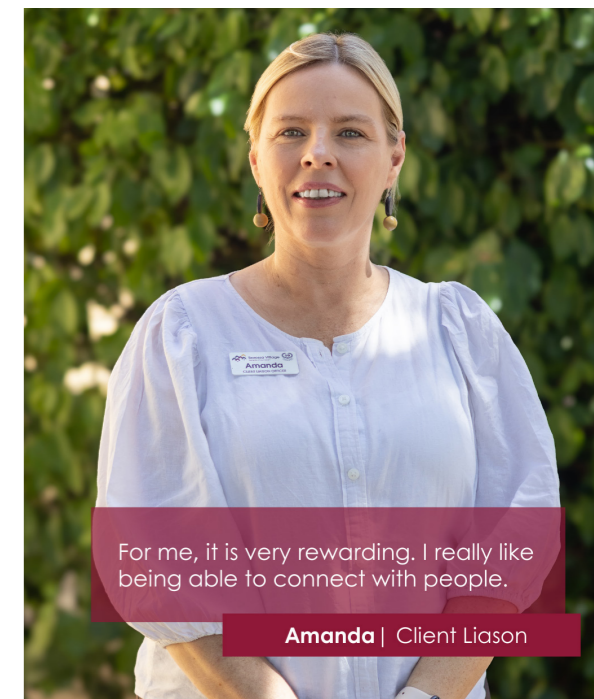
It's a role she finds deeply fulfilling, and one that has helped create more good days for so many over the years!

Next month, meet Amanda. 🏠



I really love meeting people and following them on their journey.

Suzanne | Client Liaison



For me, it is very rewarding. I really like being able to connect with people.

Amanda | Client Liaison

If you have any questions about how the Barossa Village may be able to help with your aged care needs, contact Barossa Village 8562 0300 (option 2)



March 2026

What's On at the Library

Mid Week Makers - Paint a Library Bag | Wednesday 4 March
Come and decorate a 'Boomerang Library Bag' - one to take home and one for the library to loan to other visitors.
6.00pm to 7.30pm - FREE

Tech Savvy Tuesday with Zoran | Tuesday 17 March
Zoran from SA Libraries is visiting us for the day and will host two Tech Savvy Workshops for beginners.

- Session 1- Digital Basics

Develop the basics of understanding your device, searching the internet and practice safe browsing. BYO device.
10.30am to 12noon - FREE

- Session 2 - AI 101: Understand the basics

Demystifying Artificial Intelligence - explore how AI started. Find out what AI is, how it works and how to use it to your advantage.
1.30pm to 3.00pm - FREE

Book online at www.barossa.sa.gov.au
or call us on 8563 8440



The Barossa Council
Public Library

February Meeting 2026

The February meeting seen attendance of most Cluster Representatives and two new cluster being represented, Second St and Buna Terrace, there are still a number of clusters not represented if you are interested in coming along to a meeting to see what we do please come to our next meeting in April where we will be having a guest speaker.

Prior to the BVRA meeting, I attended the Consumer Advisory Body (CAB) Meeting for the Independent Living Units, this meeting is also a way for residents to have a voice about the way we live in retirement and raise any concerns as suggestions to be addressed by Barossa Village. As residents we should take advantage of this unique opportunity to meet and work with members of the board to enhance how we live as residents of Barossa Village. I encourage all of you that are able to join in on the next meeting on May 12th at 10am in the Joy Rice Centre, it will be a rewarding way to spend an hour informing yourself about how Barossa Village works for us.

Ben Hall attended our meeting and provided and updates on the changes to the Maintenance Team responsibilities to add an extra 15-20 hours to reduce the number of outstanding maintenance tasks. The gardening team attendance to clusters is also being collated by management to provide accuracy around lack of attendance and to provide factual data when issues are raised by residents.

The BVRA Constitution will be reviewed this year to ensure compliance with the Retirement Village Act 2024 that comes into place in February 2026, any changes to the constitution will require a vote of all residents.

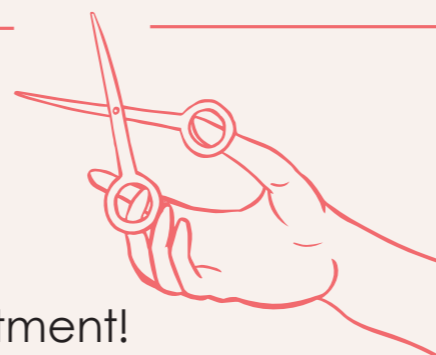
The BVRA Management Committee remains focused on representing all residents and I am more than happy to extend a helping hand in explaining how we can help work together so each resident can live and enjoy living their best life in a retirement village.

Copies of the Minutes of Meeting have been distributed to Cluster Reps and a copy is available in the Residents' Book Exchange BVRA folder.

Karen Davidson
President BVRA

Mobile 0423 444 014

Hairstdresser



Thursdays: Barossa Village-Lodge Salon

Booking available for the salon or home appointment!

IRENE RICKARDS | 0414 607 135

FREE programs open to the wider community*

The ILU Social Calendar is a vibrant initiative hosted by Barossa Village Independent Living Unit residents who are passionate about creating a welcoming and connected community. It's designed for like-minded people looking to socialise, have fun, and build meaningful connections.

Unlike traditional programs, these events are led by residents, making them truly community-driven. With an ever-evolving program of activities, there's always something new to enjoy – a space where friendships grow and shared interests bring people together. We invite you to come along and be part of the fun!

For more information or to connect with program facilitators:
Contact the Barossa Village Lodge reception on 8562 0300 (Option 2).

*Some programs might ask for a gold coin or a plate of food to share.

Games Group	Happy Hour	Movie Night	Arts & Craft
2.00pm Every Monday & Wednesday The Joy Rice Centre Scholz Ave, Nuriootpa	4.00pm Second Thursday each month The Joy Rice Centre Scholz Ave, Nuriootpa	6.30pm Second & fourth Friday each month March 13 & Mar 27 The Joy Rice Centre Scholz Ave, Nuriootpa	3.00pm Every Friday The Joy Rice Centre Scholz Ave, Nuriootpa
Bobby Dazzler	Music Night	Men's Night	Market
Live music performances Search public Facebook group – The Bobby Dazzler Show	7.00pm Third Saturday each month Mar 21 The Joy Rice Centre Scholz Ave, Nuriootpa	1.30pm Second & fourth Wednesday each month Mar 11 & 25 The Lodge/Outings	9am – 1pm Saturday Mar 1 The Reusch Centre – 24a Murray St, Nuriootpa

For more information call **8562 0300**

What is Community Connections?

Community Connections is a paid program open to the broader community, with a structured fee schedule for participants. Each session is led by a Barossa Village staff member and includes available transport and meal options.

Whether you're eager to learn new skills, explore new experiences, or connect with others who share your passions, our dedicated coordinators are here to create unforgettable moments for you. At Barossa Village, we're committed to bringing "More Good Days" to our community through engaging and meaningful activities.

Bookings are essential.

To enquire, book, or find out more, contact Barossa Village, Lodge Reception on 8562 0300 (Option 2).

Visit us: 14 Scholz Avenue, Nuriootpa (Monday–Friday, 8.30am – 4.30pm)

What makes a good day for you?

Our programs are personalised, and we love hearing your ideas! If there's a place you'd like to visit or an activity that excites you, let us know – we value your feedback.

MONDAY	<ul style="list-style-type: none"> • Day trip group outings: pickup from 8.30am
TUESDAY	<ul style="list-style-type: none"> • Fitness for Life: 9.00am – 10.00am • Aqua fitness & hydrotherapy sessions: 1.30pm – 4.30pm 2.45pm: Level 3, Aqua Fit (Advanced) 3.15pm: Level 2, Aqua Flow (Intermediate) 3.45pm: Level 1, Aqua Ease (Beginner) • 1:1 Individual physiotherapist hydro session
WEDNESDAY	<ul style="list-style-type: none"> • 1:1 Home-based exercise program with Allied Health assistant
THURSDAY	<ul style="list-style-type: none"> • More Good Days Together weekly: 10.00am–2.00pm
FRIDAY	<ul style="list-style-type: none"> • 1:1 Home-based exercise program with Allied Health assistant • Mix and mingle: 10am – 11.30am • Indoor bowling: 10am – 12.30pm • Café luncheon: 12.30pm – 1.30pm • All-aboard bingo: 1.30pm – 2.30pm

Please note: Your health and wellbeing are our top priorities, and programs may be adjusted based on weather conditions. As this is a staffed calendar, last-minute cancellations or non-attendance may incur a charge.

Mondays:

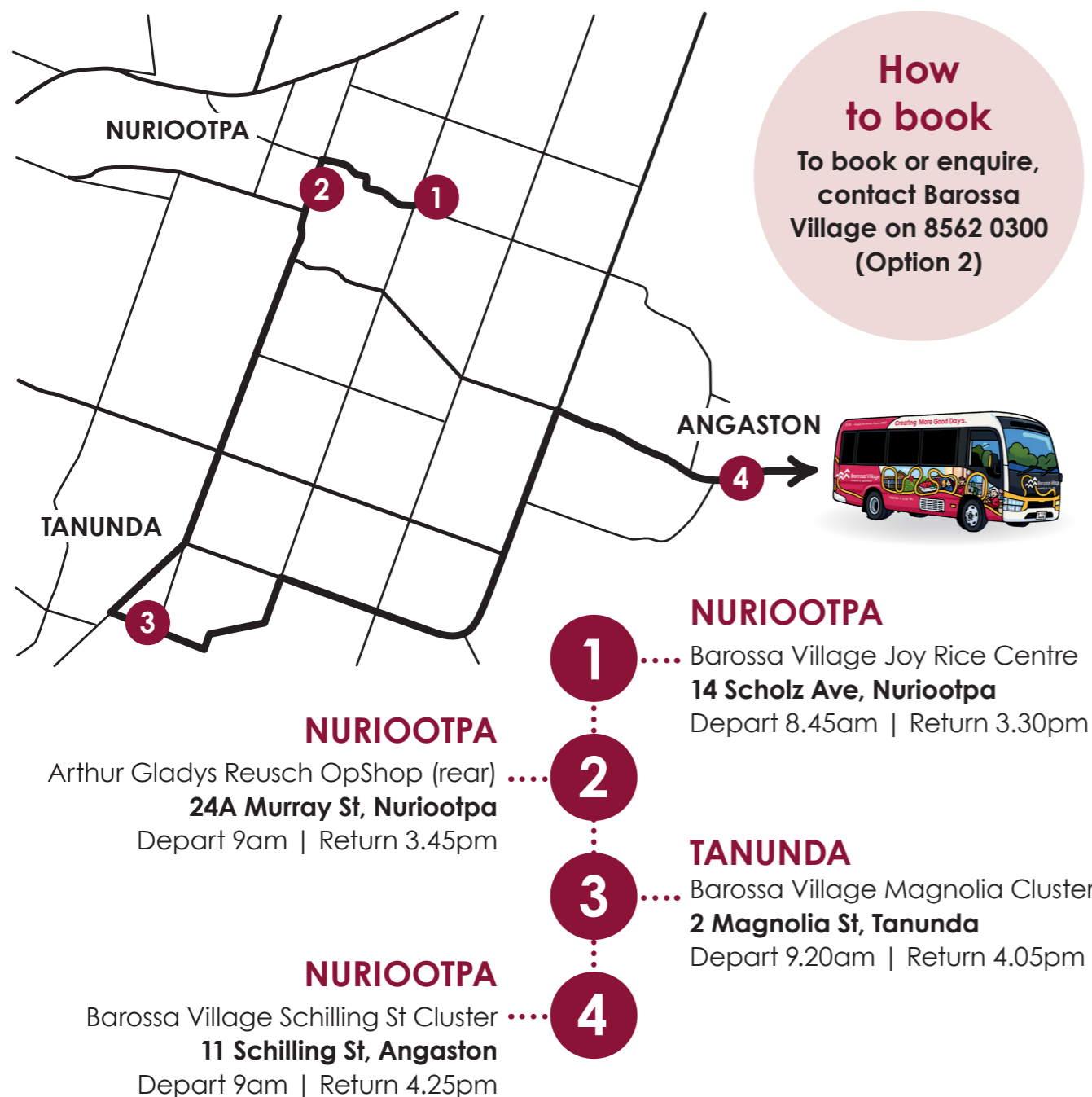
Discover new experiences on our exciting day trips. Explore art, history, and culture through exhibitions and destinations. Enjoy a delicious meal, connect with like-minded individuals.

Date & Time	Activity	Lunch
2 March 8.30 – 4.30pm	Mystery tour Pack your curiosity and leave the rest to us. Join us for a fun-filled day and complete the questions to find your destination.	Mystery Lunch
9 March	Public Holiday	
16 March 8.30 – 4.30pm	Rymill Park Enjoy the scenic surrounds as you take a leisurely stroll, including an artificial lake and the rose garden. (Medium Level of walking).	BBQ Lunch Cost: \$8
23 March 8.30 – 4.30pm	Gorge Wildlife Park Come and see all your favourite Australian and exotic animals. Cost: \$23	Bring your own lunch or buy at café.
23 March 8.30 – 4.30pm	Ultimate OP shopping All in one location come and find your bargains at the various Op Shops located in Findon.	Findon Hotel
6th April	Public Holiday	
13th April 8.30 – 4.30pm	South Australian Aviation Museum The South Australian Aviation Museum, located in Port Adelaide, South Australia, is an aviation museum which displays aircraft, aircraft engines, and rockets of relevance to South Australia, and the history of aviation and the aerospace industry in Australia Cost: \$12	Fasta Pasta Port Adelaide
20th April	Old Tailem Town - Pioneer Village Come and see what life was like years ago, each building is furnished within their periods. Cost: \$26	Tailem Bend Bakery
27th April 8.30 – 4.30pm	Greenfields Wetlands (Due to weather this has been rescheduled for this month) If you ever thought about trying bird watching here's a perfect place to start. Here you can spot the wood sandpiper, red-neck stint, red-capped plover and more.	Mawson Lakes Hotel

Monday day trips bus timetable

We're excited to share our Community Connections Out and About program has a fresh new way of travelling together, on our brand-new bus, Howie!

With more seats and comfort on board, we can now welcome more friends along. To ensure we spend less time on the road and more time enjoying our outings, we'll be transitioning from home pick-ups to a scheduled stop system.



Please note:

- When booking for Monday trips, you'll be asked to select a departure and return location.
- Please arrive 5 minutes before departure.
- Times may vary slightly depending on traffic or conditions.

Tuesday:

Fitness for Life

Join our group exercise session designed specifically for retired individuals, with a tailored circuit-style class suitable for all fitness levels. Guided by Allied Health Assistants, you'll receive ongoing support to help you stay active, build strength, and maintain independence in a welcoming and social environment.

Benefits:

- Form social connections
- Build strength, flexibility and balance
- Improve functional abilities
- Enhance wellbeing and mental health

Time: 9am – 10am

Location: Barossa Village Residency, Atze Parade, Nuriootpa

1:1 Individual physiotherapist hydro

Did you know you can access a tailored 30-minute hydrotherapy session with a physiotherapist through Support at Home package. Speak with your care partner to arrange this personalised service.

Location: Barossa Village Residency, Atze Parade, Nuriootpa

Aqua fitness & hydrotherapy

2.45pm: Level 3, Aqua Fit

Advanced: A high-intensity, full-body workout designed for advanced swimmers. This 30-minute class focuses on cardio, strength, and resistance training, held in the deep end of the pool.

3.15pm: Level 2, Aqua Flow

Intermediate: Ideal for intermediate swimmers, this 30-minute class enhances balance, posture, flexibility, and endurance. Sessions take place in the shallow to middle section of the pool.

3.45pm: Level 1, Aqua Ease

Beginner: Perfect for beginners, this gentle 30-minute class helps build water confidence, improve balance and coordination, and promote flexibility and relaxation. Held in the shallow end of the pool.



What's on weekly...

Wednesday & Friday:

1:1 Exercise with Allied Health assistance

Home-based exercise program

- Boost your health with a personalised exercise plan in the comfort of your home!

Speak to your care partner to book a physiotherapist visit.

- Our physiotherapist will visit you to assess your needs and set achievable goals.
- They'll create a custom exercise program designed just for you, delivered by an Allied Health assistant through weekly sessions.



What's on weekly...

Thursday:

More Good Days

Purpose: To support the individual living with cognitive decline and their families by connecting with others to reduce social isolation, loneliness and providing emotional support.

Day: Held weekly on a Thursday

Time: 10am – 2pm

Venue: Barossa Village Joy Rice Centre, located at Scholz Avenue, Nuriootpa.

Cost: If you have a Support at Home Package charges can be attached to your package, please speak with your coordinator to discuss this further, or alternatively you can pay privately, please speak with a Wellbeing Partner.

Program: This program is designed to help individuals regain and maintain their independence by supporting everyday activities, promoting overall well-being, and empowering them to make decisions about their care. By focusing on both restoring or maintaining functional skills and exploring new skills or interests, the program enables participants to engage meaningfully in their daily lives. This approach enhances self-esteem, boosts confidence, and encourages personal growth through the discovery and development of new abilities.

Outings: As part of our program, we may plan an outing within the local area. Families will be notified prior to this event outlining destination and purpose.

Activities: Will be tailored to the person's skills, past interests and life experiences, to ensure engagement and a sense of purpose. Some examples include, gardening, music, exercising, walks, reading, pet companionship, activities tailored to the individual interests.

Meals: Meals are included as part of the day's program, if family members wish to join in please order prior to the day and pay for your meal at reception.



Barossa Christian Family Centre



ALL WELCOME

SUNDAYS 10:30am

Joy Rice Centre, Nuriootpa

More information **0408 194 740**

Friday:

Friday social connections

Location: Joy Rice Centre,
14 Scholz Ave, Nuriootpa

- **Mix and mingle:** 10am – 11.30am
- **Indoor bowling:** 10am – 12.30pm
- **Cafe luncheon:** 12.30pm – 1.30pm
(detailed weekly menu below)
- **All-aboard bingo:** 1.30pm – 2.30pm



Friday Café menu

Date	Lunch	Dessert
6 Mar	Beef stroganoff and rice with steamed vegetables	Citrus cheesecake
13 Mar	Silverside, mash and colcannon with cheese sauce	Apple pie bites
20 Mar	Braised steak, baby potatoes, roast pumpkin, peas and onion gravy	Panna cotta and strawberry coulis
27 Mar	Roast lamb, roast herbed potatoes and vegetables with gravy and mint sauce	Fruit trifle and whipped cream
3 April	Good Friday	
10 April	Lamb Chops, Mash & Steamed Vegetables with Pepper Sauce	Apple Pie & Ice Cream
17 April	Roast Chicken with Dianne Sauce, Baby Potatoes, Peas & Honey Carrots	Tiramisu
24 April	Roast Beef, Chat Potatoes & Roast Vegetables with Yorkshire Puddings and Gravy	Black Forrest Cake

Bookings and dietary requirements essential – phone 8562 0300 (Option 2).

Please confirm your attendance by the Wednesday prior. As spaces are limited, cancellations or non-attendance may incur a charge.

Blend Creative is an award-winning design studio working with clients across Australia. Since opening our doors in 1990, we have been the only Australian design studio with a social purpose focused on creating meaningful employment opportunities for people with disability who face significant barriers to work.

Together we have the power to create lasting change and break down barriers for people with disability.

We are very proud to partner with Barossa Village to produce each issue of this newsletter.



Working at Blend means that I join the workforce doing something I enjoy, learn new things and push my creative boundaries with the work I get given.

Nash



SATURDAY COMMUNITY MARKETS

The Reusch Centre – Nuriootpa

When: First Saturday of each month

Next events: March 7 and April 4

Time: 9am – 1pm

Riddle Search – Musical Instruments

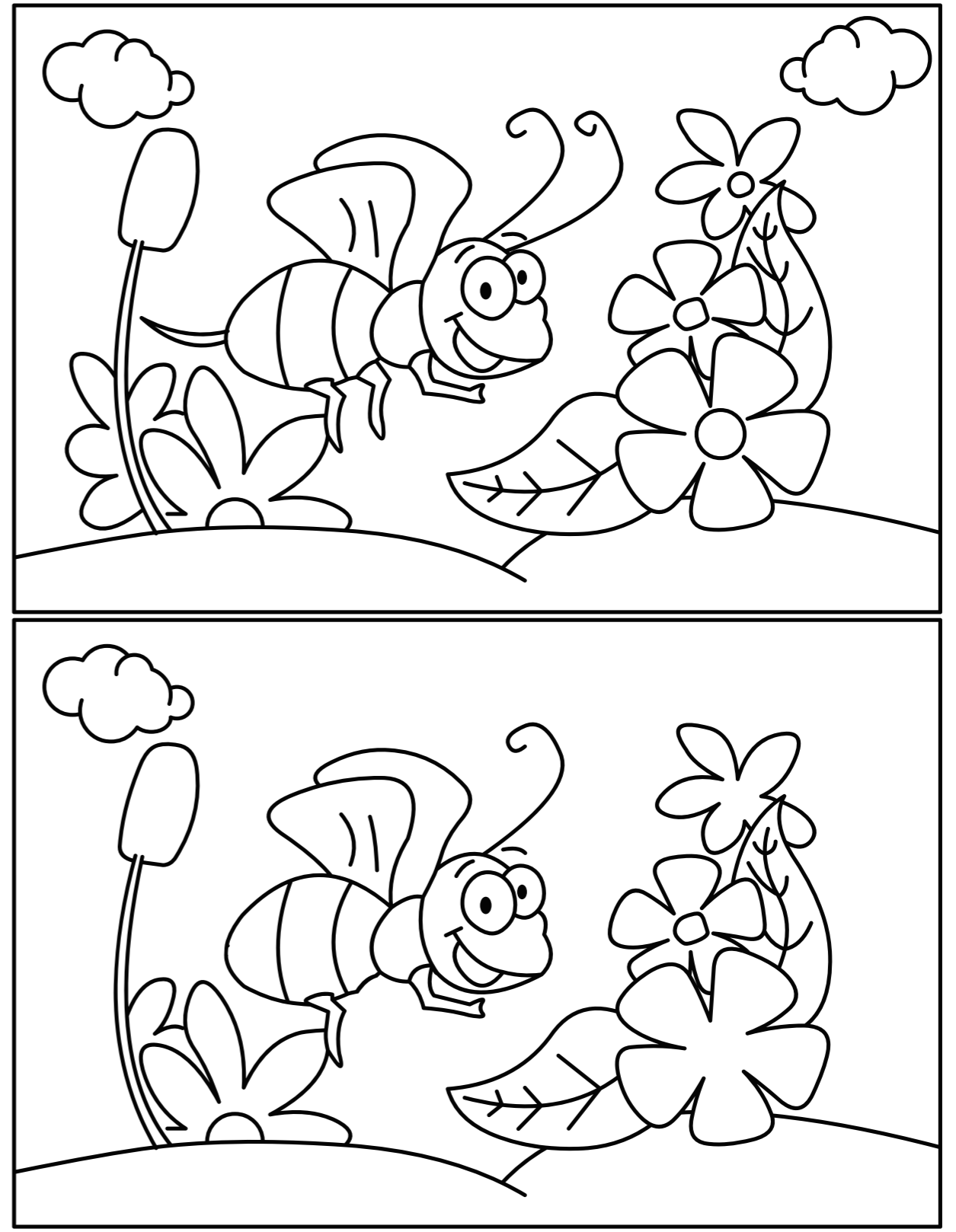
When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **Which storybook character wrote his own songs?**

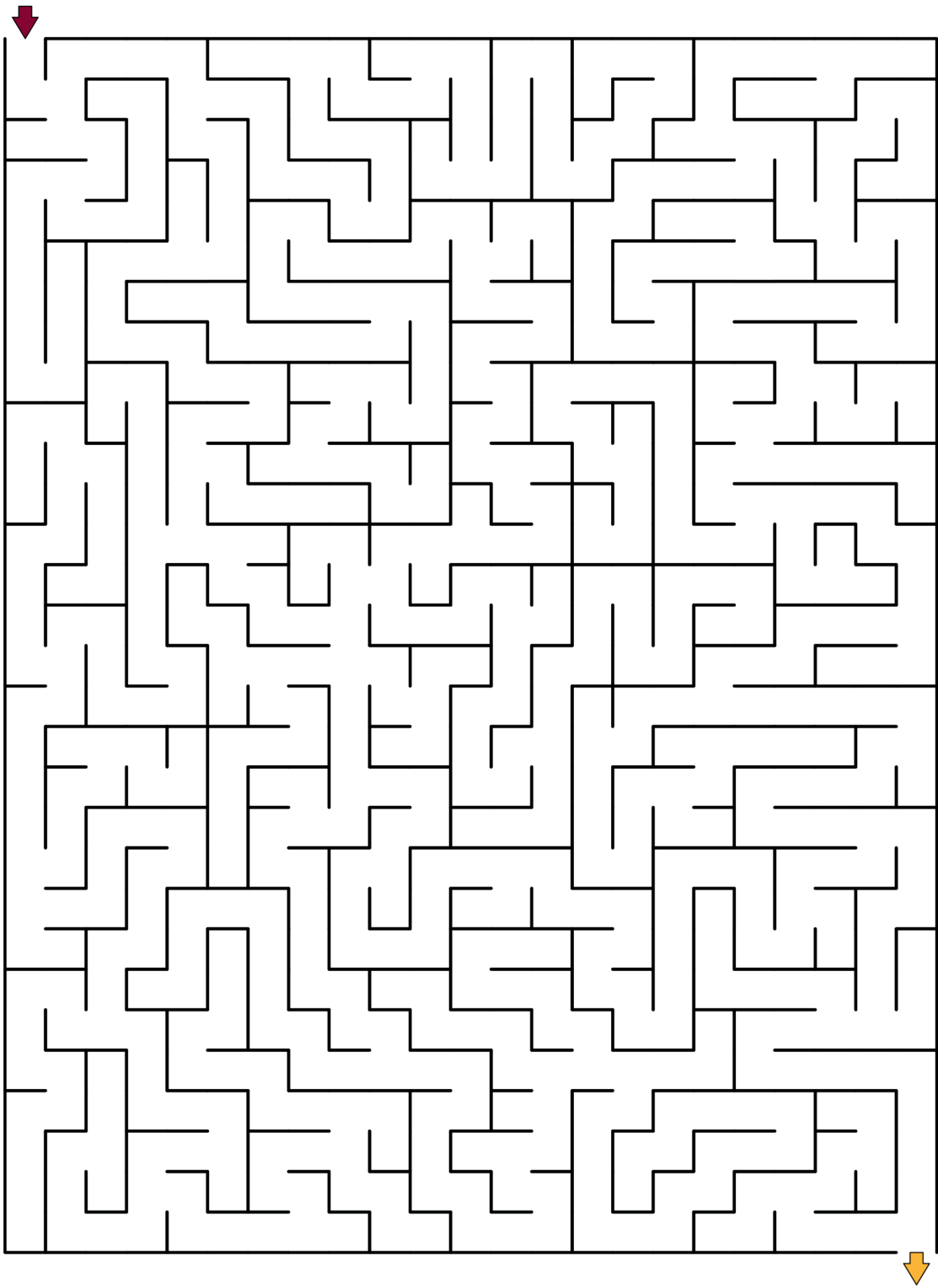
- BANJO
- CELLO
- CLARINET
- FIDDLE
- FIFE
- FLUTE
- HORN
- LYRE
- MANDOLIN
- OBOE
- ORGAN
- PIANO
- PICCOLO
- TAMBOURINE
- TRIANGLE
- TROMBONE
- TUBA
- VIOLA

T	R	O	M	B	O	N	E	P	F
E	A	L	O	I	V	R	I	I	L
N	E	M	T	A	P	A	D	C	U
I	O	U	B	V	N	D	A	C	T
R	B	N	A	O	L	W	E	O	E
A	O	H	N	E	U	L	I	L	N
L	R	O	J	K	L	R	L	O	L
C	G	R	O	O	E	F	I	F	Y
M	A	N	D	O	L	I	N	N	R
E	N	T	R	I	A	N	G	L	E

Riddle Answer:

Find the 7 differences in the pictures below





Let's Connect 8562 0300 | barossavillage.org
Residency 9 Atze Parade, Nuriootpa SA 5355
Corporate & Community Services (Lodge)
14 Scholz Avenue, Nuriootpa SA 5355

