

GRAPEVINE



Building Stronger Communities Together

Standing before more than 100 regional leaders from across Australia and New Zealand, Barossa Village CEO Ben Hall and Marketing Lead Bec Normington shared how small-town innovation begins with empowering the people who live there.

Presenting at the National Small Towns Reinvention Conference, Ben and Bec highlighted how Barossa Village is redefining aged care through a whole-of-community approach built on trust, partnerships and values that turn local challenges into shared opportunity.

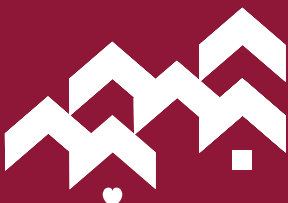
Their presentation showcased how collaboration across sectors, creative thinking and community ownership are transforming the way regional towns approach ageing, wellbeing and belonging.

This powerful message struck a chord: that small towns are the heart of our state, and when communities are resourced and trusted to lead, they do more than survive, they thrive.

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Barossa Village
people at our heart

Hello & Welcome



Message From Our CEO Ben Hall

I'll begin on a sombre note by sharing the news of Matt Kowald, General Manager Integrated Care's resignation from the Barossa Village.

Matt's presence has been a true gift to us all, and while we are saddened by his departure, we are deeply grateful for the remarkable contributions he has made over his 10+ year tenure.

As an organisation in the coming weeks we will be celebrating everything that Matt has brought to the organisation and wishing him all the best as he embarks on the next chapter of his journey. I am sure that anyone reading this that has had the experience of working with Matt will know that his expertise, dedication, and compassionate spirit has touched countless lives, and those qualities will be dearly missed. We are thoughtfully planning to ensure we continue delivering the highest level of care and support to our community.

Over the past couple of months, we have been very busy advocating for investment in our Heritage Park Precinct project. A quick briefing at the SA Government's Country Cabinet forum in Kapunda on the 25 August has triggered substantial ministerial interest in the Barossa Village, the project and what it means for both the region and the wider community. I've shared previously the last remaining step to commence planning work on the project is the receipt of federal funding as our team is ready, project partners lined up and we continue to engage with different stakeholder groups.

On the 1-November we are anticipating the commencement of the strengthened Aged Care Standards. As a provider of aged care services, alongside peak bodies like Ageing Australia, we have continued to support the advocacy efforts for the Australian Government's response to deliver on the necessary support to enable the deliver of high-quality aged care services both locally and across the nation as envisioned through the standards. We have started to see this with the release of 20,000 Home Care Packages across the nation (still well short of the 200,000 that is needed, but nevertheless a step in the right direction). As an organisation we continue to work to ensure the continuation the provision of the highest quality care to our existing clients and residents and position ourselves to meet the future needs of our community.

Spring has certainly sprung, bringing with it new colour, vibrancy and growth back into our gardens as the weather slowly warms. If you're anything like me, you will be looking forward to soaking up some sunshine after what was a very cold and chilly winter.

Stay safe
Ben Hall

Community News

Leading Change Through Connection

Cover story continued.

Continuing their presentation, Ben shared how Barossa Village is unlocking new ways to strengthen community through creativity, purpose and partnership. By leveraging underused spaces and local talent, the organisation has created opportunities that benefit the wider region, from transforming vacant areas into artisan bread-making spaces that support local enterprise, to partnering with Centacare to provide transitional housing for people at risk of homelessness.

Each initiative begins with the same question: how can we do more with what we already have? The answer lies in aligning shared values, building trust and working with like-minded partners to create outcomes greater than any one organisation could achieve alone.

Bec concluded with a practical framework for growth and change: grounding in mission and values, partnering widely, asking bold “what if” questions and moving vision into action, showing how empowered people create change that lasts.



Barossa Village - Annual General Meeting

The Barossa Village Annual General Meeting (28 October 2025)

Where the Board Chair and CEO will present the whole organisations past years performance for the entire membership, voting occurs for the election/re-election of our Board Members if required and key topics of interest are decided on.

We appreciate and understand that this is a lot of information over a very short period of time. If there are any questions please do not hesitate to contact - 8562 0300.

Residency Highlights

Spring Dance

Spring Dance is the highlight of the social calendar at the residency. This years' theme was Rock and Roll. Oh What a night!

This year the Valley Rockers came and danced the night away with residents. Many residents stating this was the best Spring Dance over the last few years.

Our thanks to the art and craft residency group for their decorations and a shout out to Tash and the kitchen team for the hot dogs and Danish.

The Spring Dance brings smiles and memories every year to the residents. It provides a night of social interaction, reminiscing and just a good time. Looking forward to next year.



Nanette, Judy and Faye



Marjorie and Erin



Wes, Brenton and Lyn



Valley Rockers



Theo and Ben

More Good Days

German Week

Adelaide celebrates German week on 21st September to 28th September. This is to acknowledge the linkage between German immigrants and their culture they have brought to Adelaide.

The Wellbeing Team decided German week was a fun idea for the residency. The week began with German word games and cooking. The Women's Group were the envy of the residency with the smell of cooking Karlopueffer in the air.

Wednesday exercises were active with festive German music and fun. The week was closed off with armchair travel to Germany and some bratwurst and biers for the boys. German week has brought back some fond memories through the culture of food, language and friends.



Faye enjoying potato cake



Margaret Hahn



Michele cooking Karlo

**Barossa Village**
people at our heart

Atze Parade Residency celebrates 20 years with a

Community STREET PARTY

MONDAY 17 NOVEMBER | 2:00 - 5:00 PM
HUMBERDROSS WAY, NURIROOTPA

**LIVE MUSIC, DELICIOUS FOOD, DRINKS
& FUN FOR THE WHOLE FAMILY!**

Street Party presented by Barossa Village    barossavillage.org | 8562 0300

Community Connections Highlights

Community Brain Games - Let's Have Some Fun!

1. I get dirty when I become white. Answer:
2. I greet every guest but never say a word. Answer:
3. I have a spine but no bones. Answer:
4. I run around the backyard but never move. Answer:
5. The place where today comes before yesterday. Answer:

Aug/Sep Grapevine Answers

1. You cut me on a table, but I'm never eaten. Answer: **Deck of cards**
2. A band that doesn't play instruments but has plenty of styles. Answer: **Headband**
3. I am not a lamp, but I can light up. I don't use any petrol but can start fires.
Answer: **Matchstick**
4. I am not an organ, but I have 13 hearts. Tell me, who am I? Answer: **Deck of cards**
5. I begin and end with the letter "e," and usually only contain one letter.
Answer: **Envelope**

What Have We Been Doing?

Parafield Airport Museum and Southern Propellers

Our Monday Community Connections group took off on a thrilling day exploring Parafield Airport, visiting Southern Propellers, the Classic Fighter Jet Museum, and the Heritage Centre.

For Arthur, the experience meant even more. His lifelong passion for aviation began in childhood, watching war planes soar overhead. During our visit, that spark came alive again, surrounded by aircraft, stories of history and friends to share the experience with.

"Visiting Parafield aircraft museum have brought back very fond memories of me as a child. It's been really good, I have enjoyed every bit of it."



More Good Days



All Welcome

Sundays 10:30am

Joy Rice Centre, Nuriootpa
more information 0408 194 740

What's On

BVRA Report

August Meeting 2025

A Warm Welcome to all New Residents

The Barossa Village Residents Association is in place to represent all residents with an independent voice and this is the philosophy and purpose of the Association.

There are clusters of units in Angaston, Tanunda and Nuriootpa included in the Barossa Village and each is represented by an elected resident as Cluster Representative each year. The election of the Cluster Representative and their Proxy is conducted at the AGM, along with the election of the President of the Barossa Village Residents Association (BVRA).

The August meeting has been held with a focus on the upcoming AGM on the 21st October 2025 and any outstanding issues raised by Cluster Representatives were passed on to the Barossa Village Management for follow up.

Planning and discussions are underway between the Barossa Village Management and the Management Committee of the BVRA for the Election of the President and Cluster Representative, all residents should receive an invitation and relevant paperwork for the AGM in your letter box in coming days.

Just a reminder to residents that the purpose of the BVRA is to represent you to the Barossa Village Management with ideas and suggestions that are put forward by your Cluster Representative at our meetings.

All individual maintenance requests should be directed to the Barossa Village Reception in the first instance and a job number should be provided.

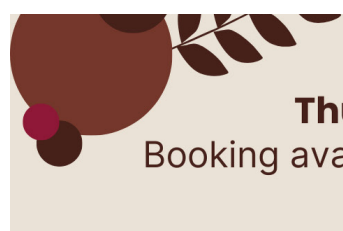
Copies of the Minutes of BVRA Meetings have been distributed to Cluster Representatives and a copy is available for all residents in the Residents' Book Exchange BVRA folder.

I look forward to seeing all residents at the upcoming BVRA AGM, please come and join us for a cuppa and have your say in voting for the BVRA President for 2025/26.

BVRA - Annual General Meeting

The Barossa Village Resident's Association Annual General Meeting (21 October 2025)

Where the Independent Living Unit community BVRA elect its new management committee and hear presentations from the Board Chair and CEO regarding the year



Hairdresser

Thursdays: Barossa Village – Lodge Salon
Booking available for the salon or home appointment!
IRENE RICKARDS | 0414 607 135



Social ILU Calendar

Join the ILU Social Calendar

FREE to attend programs, some requesting gold coin donations or a plate of food to share. Open to the Wider Community

The ILU Social Calendar is a vibrant initiative hosted by Barossa Village Independent Living Unit residents who are passionate about creating a welcoming and connected community. It's designed for like-minded people looking to socialise, have fun, and build meaningful connections.

Unlike traditional programs, these events are **led by residents**, making them truly community-driven. With an ever-evolving program of activities, there's always something new to enjoy—a space where friendships grow and shared interests bring people together. We invite you to come along and be part of the fun!

Activity	Date	Time	Location
Games Group	Every Wednesday	2:00 pm	The Joy Rice Centre
Happy Hour	Second Thursday Each Month October 9th November 13th December 11th	4:00 pm	The Joy Rice Centre
Movie Night	Alternate Fridays October 3rd, 17th & 31st November 14th & 28th December 12th	6:30 pm	The Joy Rice Centre
Art & Craft Group	Every Friday	3:00 pm	The Joy Rice Centre
The Bobby Dazzler Show - Facebook Live	Search for the public Facebook group - The Bobby Dazzler Show for live music performances		As per Facebook Page
Music Night	3rd Saturday Each Month October 25th November 22nd December 20th	7:00 pm	The Joy Rice Centre
Men’s Group	2nd & 4th Wednesday October 8th & 29th November 12th & 26th December 10th	1:30 pm	The Lodge/ Outings
Community Residents Market	1st Saturday Each Month October 5th November 2nd December 6th	9:00 am - 1:00 pm	The Reusch Center

For more information or to connect with program facilitators:
Contact the Barossa Village Lodge reception on 8562 0300 (Option 2).

Everyone's Welcome!

Community Connections Calendar

We listened to your feedback, and here it is! Our updated calendar section in the Grapevine now provides more detailed information about upcoming and regular activities.

In this section, you'll find what was previously our calendar-style Community Connections—now as **"What's On Weekly."** This new format offers greater detail on programs, what to expect, and a space to share photos and stories from our community. It's designed to keep you informed, engaged, and connected while giving you a place to share your voice.

We hope you enjoy the new look!



Community Connections Calendar

What is Community Connections?

Community Connections is a **paid program open to the broader community**, with a structured fee schedule for participants. Each session is led by a Barossa Village staff member and includes available transport and meal options.

Whether you're eager to learn new skills, explore new experiences, or connect with others who share your passions, our dedicated coordinators are here to create unforgettable moments for you. At Barossa Village, we're committed to bringing "More Good Days" to our community through engaging and meaningful activities.

Bookings are essential. To enquire, book, or find out more, contact Barossa Village:

- Lodge Reception: 8562 0300 (Option 2)
- Visit us: 14 Scholz Avenue, Nuriootpa (Monday–Friday, 8:30 am – 4:30 pm)

What makes a good day for you? Our programs are personalised, and we love hearing your ideas! If there's a place you'd like to visit or an activity that excites you, let us know—we value your feedback.

MONDAY	• Day Trip Group Outings: pickup starts at 8:30 am
TUESDAY	• Fitness For Life 9:00 -10:00 am • Aqua Fitness & Hydrotherapy Sessions 1:30 pm - 4:30 pm 2:45 pm - Level 3 Aqua Fit (Advanced) 3:15 pm - Level 2 Aqua Flow (Intermediate) 3:45 pm - Level 1 Aqua Ease (Beginner) • 1:1 Individual Physiotherapist Hydro Session
WEDNESDAY	• 1:1 Home-Based Exercise Program with Allied Health Assistant
THURSDAY	• Living Well with Dementia: 1st Thursday of the month 9:30 am - 11:30 am
FRIDAY	• 1:1 Home-Based Exercise Program with Allied Health Assistant • Mix and Mingle 10:00 am - 11:30 am • Indoor Bowling 10:00 am - 12:30 pm • Cafe Luncheon 12:30 pm - 1:30 pm • All Aboard BINGO 1:30 pm - 2:30 pm

Please note: Your health and wellbeing are our top priorities, and programs may be adjusted based on weather conditions. As this is a staffed calendar, last-minute cancellations or non-attendance may incur a charge.

What's On Weekly - Monday

Discover new experiences on our exciting day trips. Explore art, history, and culture through exhibitions and destinations. Enjoy a delicious meal, connect with like-minded individuals. This is a costed event - book via reception at 8562 0300 (option 2).

DATE/TIME	ACTIVITY	DETAILS	LUNCH
13th October 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Kathleen (Kitty) White Sculpture	Positioned on the esplanade at Brighton Beach come and view one of several sculptures that line the coast	Esplanade Hotel (Brighton)
20th October 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Lobethal to Mt Barker Sculpture trail	The trail features contemporary stone sculptures, artists from around the world who carved their dreams in stone under the Gum trees at The Cedars in Hahndorf. These sculptures are dotted around the beautiful landscape of the Adelaide Hills	Local Bakery
27th October 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Station Masters Art Gallery (Strathalbyn)	Community gallery showcasing quality artwork, jewellery, silks, woodwork, fabric art, sculptures, cards and much more.	Robinhood Hotel
3rd November 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Mary Anne Reserve Mannum	On the edge of the mighty river relax and enjoy a picnic and the river views. Enjoy a stroll along the banks.	Bring your own lunch or bakery purchase
10th November 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Clealand Wildlife Park	Explore the park, feed the animals, listen to the Zoo keepers talk and enjoy a leisurely stroll. COST: \$27.60 pay on the day	Picnic Cost \$8
17th November 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Mt Lofly Lookout and Heysen Tunnels	As we head along the Southern Freeway under Eagle on the Hill and through the Heysen Tunnel to Mt Lofly Summit. Here we will take in the breath-taking views and then enjoy a leisurely Morning Tea at the Lookout Cafe	Bridgewater Inn
24th November 8:30 am - 4:00 pm <i>Pick up from 8.30am</i>	Largs Bay Beach	Enjoy a stroll along the sandy beach or bring a rod to try some fishing of the jetty. Take a walk along the Jetty and soak up the sea breeze. Attire: If you wish to walk in the water, bring a towel.	Largs Bay Kiosk or bring own lunch

Monday **Bus Timetable**

We're excited to share that, from Monday, 3 November, our Community Connections day trips will have a fresh new way of travelling together, on our brand-new bus, Howie!

With more seats and comfort on board, we can now welcome more friends along. To ensure we spend less time on the road and more time enjoying our outings, we'll be transitioning from home pick-ups to a scheduled stop system.



PLEASE NOTE

- When booking for Monday trips, you'll be asked to select a departure and return location.
- Please arrive 5 minutes before departure.
- Times may vary slightly depending on traffic or conditions.

To book or any Community Connections enquiries contact Barossa Village on 8562 0300 (Option 2)

Tuesday

Fitness For Life

Join our group exercise session designed specifically for retired individuals, with a tailored circuit-style class suitable for all fitness levels.

Guided by Allied Health Assistants, you'll receive ongoing support to help you stay active, build strength, and maintain independence in a welcoming and social environment.

Benefits:

- Form social connections
- Build strength, flexibility and balance
- Improve functional abilities
- Enhancing wellbeing and mental health

Time: 9:00 -10:00 am

Location: Barossa Village Residency
Atze Parade, Nuriootpa



Aqua Fitness & Hydrotherapy

• 2:45pm Level 3: Aqua Fit

Advanced - A high-intensity, full-body workout designed for advanced swimmers. This 30-minute class focuses on cardio, strength, and resistance training, held in the deep end of the pool.

• 3:15pm Level 2: Aqua Flow

Intermediate - Ideal for intermediate swimmers, this 30-minute class enhances balance, posture, flexibility, and endurance. Sessions take place in the shallow to middle section of the pool.

• 3:45pm Level 1: Aqua Ease

Beginner - Perfect for beginners, this gentle 30-minute class helps build water confidence, improve balance and coordination, and promote flexibility and relaxation. Held in the shallow end of the pool.

• 1:1 Individual Physiotherapist Hydro

Did you know you can access a Tailored 30-minute hydrotherapy session with a physiotherapist **through your Home Care Package (HCP)?** Speak with your Coordinator to arrange this personalised service.

Location: Hydrotherapy Facility
Atze Parade, Nuriootpa



Wednesday & Friday

1:1 Exercise with Allied Health Assistance

Home-Based Exercise Program

Boost your health with a personalised exercise plan in the comfort of your home!

1. Speak to your HCP coordinator to book a physiotherapist visit.
2. Our physiotherapist will visit you to assess your needs and set achievable goals.
3. They'll create a custom exercise program designed just for you, delivered by an Allied Health Assistant through weekly sessions.

Programs available Wednesday or Fridays

What’s On Weekly - Friday

1:1 Exercise with Allied Health Assistance

Home-Based Exercise Program. Boost your health with a personalised exercise plan in the comfort of your home! Speak to your HCP coordinator to book a physiotherapist visit.

Friday Social Connections Joy Rice Centre - 14 Scholz Ave, Nuriootpa

- Mix and Mingle 10:00 am - 11:30 am
- Indoor Bowling 10:00 am - 12:30 pm
- Cafe Luncheon 12:30 pm - 1:30 pm (detailed weekly menu below)
- All Aboard BINGO 1:30 pm - 2:30 pm

Friday Cafe Menu - October & November		
DATE	LUNCH	DESSERT
3rd October	Beef Lasagne, Garlic Bread & Garden Salad	Tiramisu
10th October	Roast Chicken & Gravy with Potato Medley and Greens	Jam & Cream Sponge Roll
17th October	Roast Pork & Apple Sauce, Potato Bake & Vegetables	Apple Pie Bites & Ice Cream
24th October	Shepherds Pie & Steamed Vegetables	Apple & Berry Crumble with Custard
31st October	Chicken Parmigiana with Wedges & Salad	Custard Tarts
7th November	Roast Beef & Gravy, Roasted Potato Medley & Greens	Apple & Rhubarb Crumble
14th November	Corned Beef Silverside, Mashed Potato & Steamed Vegetables	Sticky Date Pudding & Butterscotch Sauce
21st November	Roast Pork & Apple Sauce with Broccoli Bake	Mixed Berry Cheesecake
28th November	Roast Leg of Lamb , Mint Jelly & Vegetable Bake	Apple Pie Bites & Ice Cream

Bookings and dietary requirements essential – phone 8562 0300 (Option 2). Please confirm your attendance by the Wednesday prior. As spaces are limited, cancellations or non-attendance may incur a charge.

Have Some Fun |

