

Grapevine

October 2024



Above: *That's My Jam Seasonal Cookery Book* on display, accompanied by handmade jam gifts for the contributors who helped make this book as special as it is today.

THAT'S MY JAM - LAUNCH!

We are excited to announce the release of **That's My Jam**, a unique cookery book created in collaboration by our wonderful residents at Barossa Village. This heartfelt project captures treasured family recipes passed down through generations, preserving not just the flavours but the memories and stories that make these dishes so special.

That's My Jam is more than just a recipe book—it's a celebration of Barossa's rich history, told through the childhood memories and cherished traditions of our residents. Many of the recipes were handed down through families, some scribbled in old cookbooks, while others live on in memory. Now, they've been lovingly recreated to share with the wider community.

From homemade jams and chutneys to family sauces, each recipe is a reflection of the personal stories that make them meaningful. At \$15, **That's My Jam** is now available for purchase, with proceeds supporting our next exciting project, *A Piece of Cake*, celebrating our residents' baking legacies.

IN THIS ISSUE

Message From Board.....	3
Moor Good Days.....	4
Meet Bob & Diana.....	6
Upcoming Workshops.....	8
What's On.....	10
Calendars.....	14



CEO Update

September was a milestone month for the Aged Care sector with the long-awaited Aged Care Bill receiving bipartisan support through the House of Representatives, moving it forward toward a once-in-a-generation reform. The new rights-based approach was the number one recommendation of the Royal Commission into Aged Care. Once in place we hope it will deliver on expectations and resolve well publicised sustainability and service challenges across the sector with extended outcomes and funding strategies; only benefitting and reinforcing what Barossa Village already provides.

In anticipation of the Act, we remain committed to the continuous improvement of our services with a focus on listening and hearing feedback from our clients. This month we held our quarterly Consumer Advisory Bodies across all three of our

key service areas. They have been well attended since their inception. In December we will be reaching out again to see if there are any other people interested in participating: come along and join the discussion.

The wellbeing of staff was also a focus during September. With other workplaces acknowledging RUOK? Day, we made it RUOK? Week recognising that our compassion toward one another should be every-day, living and breathing our core value. I hope that when you visited you enjoyed the colour of our Funky Shirts and maybe a much needed chat.

Some of you may be aware of the open paddock just near the Lodge. It belongs to the Barossa Village and we call it Heritage Park (some of you may have heard of it). In 2022 we had conversations with our community regarding the future of the site, and this month we have made a submission to the Australian Government for funding to support the planning and design of the area to deliver new integrated aged care outcomes and redefine the boundaries of what an aged care provider can do in a regional community. You can see more information on our website.

Keep your fingers crossed for our application. If "When" we are successful it will be an amazing outcome for our community.

Stay safe.
Ben Hall



Corporate & Community Services 14 Scholz Avenue, Nuriootpa SA 5355
The Residency 9 Atze Parade, Nuriootpa SA 5355
Postal Address PO Box 531, Nuriootpa SA 5355

Message from the Barossa Village Board

The Barossa Village Board met on 27 August and as usual there was plenty to discuss.

We welcomed Lisa Teburea from BRM Advisory, who has been assisting us with the new Rules of Association. Lisa outlined options for several policy positions in preparation for our AGM on 29 October.

After noting the Quality of Life, Quality of Care, Business Sustainability and Business Growth reports, we discussed the Board's self-review survey. Each Board Member undertakes this assessment each year to ensure we keep on our toes. This year, for the first time, we invited four external parties, who work closely with the Board, to also complete an assessment. The results guide us in our efforts to provide contemporary governance for Barossa Village. To this end, Board Members keep abreast of Aged Care reforms and best practice in quality care, and participate in education and training opportunities.

A highlight of the August meeting was approving the submission of our funding application for the development of the 'Heritage Park' precinct, which incorporates the Lodge and the parcel of vacant land behind it. Preparing this compelling document has been a major undertaking by our management team and several consultants. We have our fingers and toes crossed that the application is successful and when it is, you will be the first to know!

We reviewed the latest round of Consumer Advisory Board minutes, and agreed that these regular meetings are providing Barossa Village Board Members and our residents (Residency and ILU) and Community Care clients with valuable opportunities to interact and raise concerns and opportunities for improvement.

We look forward to updating you on our September meeting in the next edition of Grapevine.

Thank you for your support.
The Barossa Village Board

Barossa Village - Annual General Meeting



Barossa Village
people at our heart

Advanced notice of Annual General Meeting

Barossa Village Members are invited to attend the Barossa Village Incorporated Annual General Meeting.

Date: Tuesday 29 October 2024
Time: 7:30pm
Location: The Lodge, 14 Scholz Avenue, Nuriootpa in the Joy Rice Centre

An agenda will be distributed to all members in advance of the meeting.

Connect with Barossa Village on social media: Facebook | Instagram | LinkedIn | YouTube
Website: barossavillage.org **Phone:** 08 8562 0300

Residency Activities

More Good Days

The Wellbeing team have been working with Residents to have more good days. Although activities are a main feature it is important to meet the needs of individuals and their interests.

Shirley used to be a member of the Barossa Valley Floral Art Club and enjoys flower arranging, Glenda has taken to flower arranging as a hobby. Pam enjoys reading the Women’s Weekly so we assisted her to get a subscription.

Ian has created a classic music group, so we keep an eye out for cds and movies and are working on a cataloguing system to share with others. Frank enjoys feeding the birds so we make sure we go outside regularly with him to assist.

Kevin had always wanted to try the trombone so Robyn brought one in to have a try. The little supports that we offer mean the most and help residents to have more good days.

Some of the contributors to the “That’s My Jam” book helped to make jam and tomato relish. Energy was high with everyone getting involved. There was a lot of people suggesting how things should be done and what was needed.

It was fantastic to hear all the advice, smell everything cooking and taste the end product. Some of the residents have been cooking these recipes for years as it is a connection to their families. It was fantastic to see how the emotional investment and effort put in showing how much cooking can mean to people.

The book has officially been launched and we are thrilled to see people visiting us to purchase their very own copy. It really is the best Christmas gift, a perfect stocking filler or gift for a loved one. Visit the Lodge or the Residency to order yours.





That's My Jam

We hope to see this seasonal cookery book in homes across the Barossa and beyond.

Order your copy at either Barossa Village receptions or call 8562 0300 to place your order today!



Meet Our Community

Meet Bob & Diana Cowan

New Interdependent Living Unit Resident

The Cowans have been part of the Barossa Village Family since 2008, after retiring and moving from Darwin to spend more time with their grandchildren. Bob was born in Brisbane and Diana in St. George Queensland. St. George is also where they met. They worked together for the stock agents Winchcombe Carson, where Bob was a stock agent and Diana the office girl.

She laughingly tells that at first, she did not like Bob very much, “He was so bossy!”. After going to the movies with him it seemed that “Mr. Bossy” was not such a bad bloke after all. They got married in 1968 and have recently celebrated their 56th wedding anniversary. They have three daughters.

Bob, his parents and two sisters moved to Blackall where his father worked on a wool press. He was home schooled and has worn many hats in his life, from being a jackaroo, working as a stock agent to managing furniture stores.

Diana started her working life as a telephonist and worked for the Electoral Commission in later years. She is the second youngest of twelve children and when



people asked her name she always said:” I am number 11”. She tells an amusing story four months into their marriage, they were visiting her family for Christmas and as there were so many people each had to put their hand up to have turn talking, it was apparently quite rowdy. She noticed that Bob had disappeared, after searching for him she found him in the cubby house with the dog escaping the rowdiness.

Bod and Dianna are a wonderful couple with many interesting tales to tell. We are fortunate to have them as part of our Barossa Village family.



**BAROSSA CHRISTIAN
FAMILY CENTRE**

All Welcome
Sundays 10.30am
Joy Rice Centre, Nuriootpa
0408 194 740



Hairdresser

Tuesdays: Residency | **Thursdays:** The Lodge
IRENE RICKARDS | 0414 607 135
in salon or can come to you!

Happy Hour Celebrates 10 Years!

October 2024 marks 10 years for Barossa Village's Interdependent Living Unit Happy Hour social gathering!

The year was 2014 and a group of Independent Living Unit Residents including the late Bob Sandercock, Ros Hayward and Beverly Reid approached the Village with the idea of hosting a monthly happy hour.

This idea was gladly received and supported by the Village who provided the Joy Rice Centre, BBQ supplies and a cook in the form of Mr Simon Newbold.

Happy hours have been a steadfast event in the activity calendar and are enjoyed by many. Kobus runs the show these days and if anyone is interested in attending please reach out to him on 08 856 20300 Option 2.

This month Barossa Village wishes the ILU Community a very happy 10th anniversary for their Happy Hour. It's a wonderful opportunity to share good company, a meal and a schluck.

Join us on Thursday, October 12th from 4pm at the Joy Rice Centre as we celebrate this special occasion.

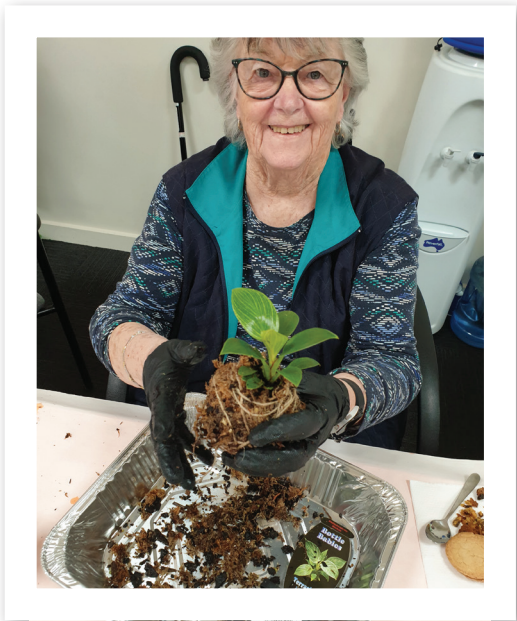


Workshop Highlights

Teacup Bird Feeders

Our recent workshops have been a lot of fun! In a recent session, we transformed old glassware and crockery into bird feeders, which proved to be an engaging and creative experience for everyone involved.

Attendees delved into the process of repurposing everyday items like teacups, glasses, and other glassware into functional and decorative bird feeders for their gardens. The hands-on approach allowed everyone to learn practical techniques and apply them in a lively, interactive setting.



Upcoming Workshops

Come and Try Mosaics

Open to all

Unleash your creativity and explore the art of mosaics in this hands-on workshop! Create a unique piece of mosaic art while learning the techniques of designing and crafting vibrant images on a two-dimensional surface.

All materials are provided, so just bring your enthusiasm, old clothes, and an apron.

Whether you're a beginner or have some experience, this workshop is perfect for anyone looking to try something new and make art that lasts. Join us for a fun and inspiring session!

- **Date:** Thursday, October 31st
- **Time:** 12:30 - 2:30pm
- **Location:** The Lodge -14 Scholz Ave, Nuriootpa SA 5355
- **Cost:** \$20 - payments now required at booking to confirm your spot

Book: 8562 0300 (option 2) or online:
barossavillage.org/events



Wet Felting Scarves- Wearable Art!

Open to all

Discover the joy of wet felting by creating your very own unique wool scarf! Perfect for beginners and a delight for experienced felt makers, this hands-on workshop is a fun way to explore the craft.

Whether you're making a gift for a loved one or a cozy accessory for yourself, you'll leave with a stunning, one-of-a-kind scarf just in time for Christmas. Wet felting is an easy, enjoyable technique that produces beautiful, wearable art!

Why not give it a try?

- **Date:** Thursday, November 28th
- **Time:** 12:30 - 2:30pm
- **Location:** The Lodge -14 Scholz Ave, Nuriootpa SA 5355
- **Cost:** \$15 - payments now required at booking to confirm your spot

Book: 8562 0300 (option 2) or online:
barossavillage.org/events



What's On - Spotlight

THE CONSUMER ADVISORY BODY Your Voice



Barossa Village Consumer Advisory Bodies

Upcoming meeting date to be announced

Independent Living at the Lodge

Community Care at the Lodge

Residential Care at the Residency

Copies of previous minutes are available on the Lodge Library or Residency Reception, or please contact reception on 8562 0300 and we will make them available to you

If you would like to attend, please contact the reception on 8562 0300.



Dementia Support Group

Join our dementia support group to share experiences, access resources, and receive compassionate assistance. Together, we navigate the challenges of dementia care giving with resilience and empathy.

- **Tuesday, October 29th**
- Starts 10 AM
- Barossa Village Residency: 9 Atze Parade, Nuriootpa
- Morning Tea Provided

RSVP by Monday, October 28th, to the Residency in person or by phone 8562 0300. Save the date - next event November 26th

Tanunda Christmas Parade is Coming!!

Get ready for an unforgettable evening of fun, laughter, and festive cheer! Last year, our spectacular display that earned us an award for our efforts. The atmosphere, the smiles, and the community spirit made it a night to remember, and we're thrilled to be a part of it again this year!

We want YOU to join the fun and help us create another magical night for everyone to enjoy. Whether you'd like to participate or lend a hand behind the scenes, we'd love to have you on board.

To get involved, contact reception at 8562 0300 (Option 2).

Why not join our Volunteer team?

At Barossa Village, our volunteers are a big part of our community, bringing joy and companionship to our residents. Volunteering makes a special difference in the lives of those who need it most, providing not just a service but friendship and support.

As a volunteer, you have the opportunity to:

Engage in friendly in-home visits or at our aged care facility
Participate in outings to local cafes, galleries, or parks
Help residents with hobbies and activities they enjoy
Support community interest groups and social gatherings

Here are just a few examples of the exciting opportunities we have available:

- Residency walking group
- Residency Memory Support Unit activities
- Wellbeing activities include BINGO, Bowls, Knitting Group, etc.
- Barossa Village OpShop
- Community Connections outing drivers

If you have a few hours a week to spare, we'd love to hear from you. We create a supportive, vibrant environment where residents feel valued and connected, creating more good days together! Contact us to learn more - 8562 0300

The Village
OP SHOP



Find us: Arthur & Gladys Reusch Community
Centre | 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30 am – 3.00 pm

P: 8562 0300



Helpful Information

Did You Know? Your Transport Options

If you are a resident in our Independent Living community, every Wednesday we have a volunteer driven community bus that picks people up and takes them to Barossa Fresh: a weekly shopping trip.

If you are a Community Care client, if funding is available through your package, transport options that are available include being transported by one of our community contractors, our care assistants or through the local taxi service :

- As a CHSP client, we can put in place transport options out to Gawler, but if you have need to travel further we can connect you with the Barossa Council’s transport service to see if they have capacity
- As a Home Care client, we can put in place transport options to meet your needs


These options are also available under our Barossa Home Care service, but this is at the expense of the client and in all instances is subject to availability.

It is important to share with your Care Coordinator any vehicle needs you may have so that we can connect you with the right option.

Additionally anyone can participate in our Monday ‘out and about’ group which has all sorts of wonderful experiences: check them out in our community calendar.

In every instance, please contact us at the Lodge on 8562 0300 (option 2) and one of our wonderful team members will direct your enquiry.

Upcoming BVRA - Annual General Meeting

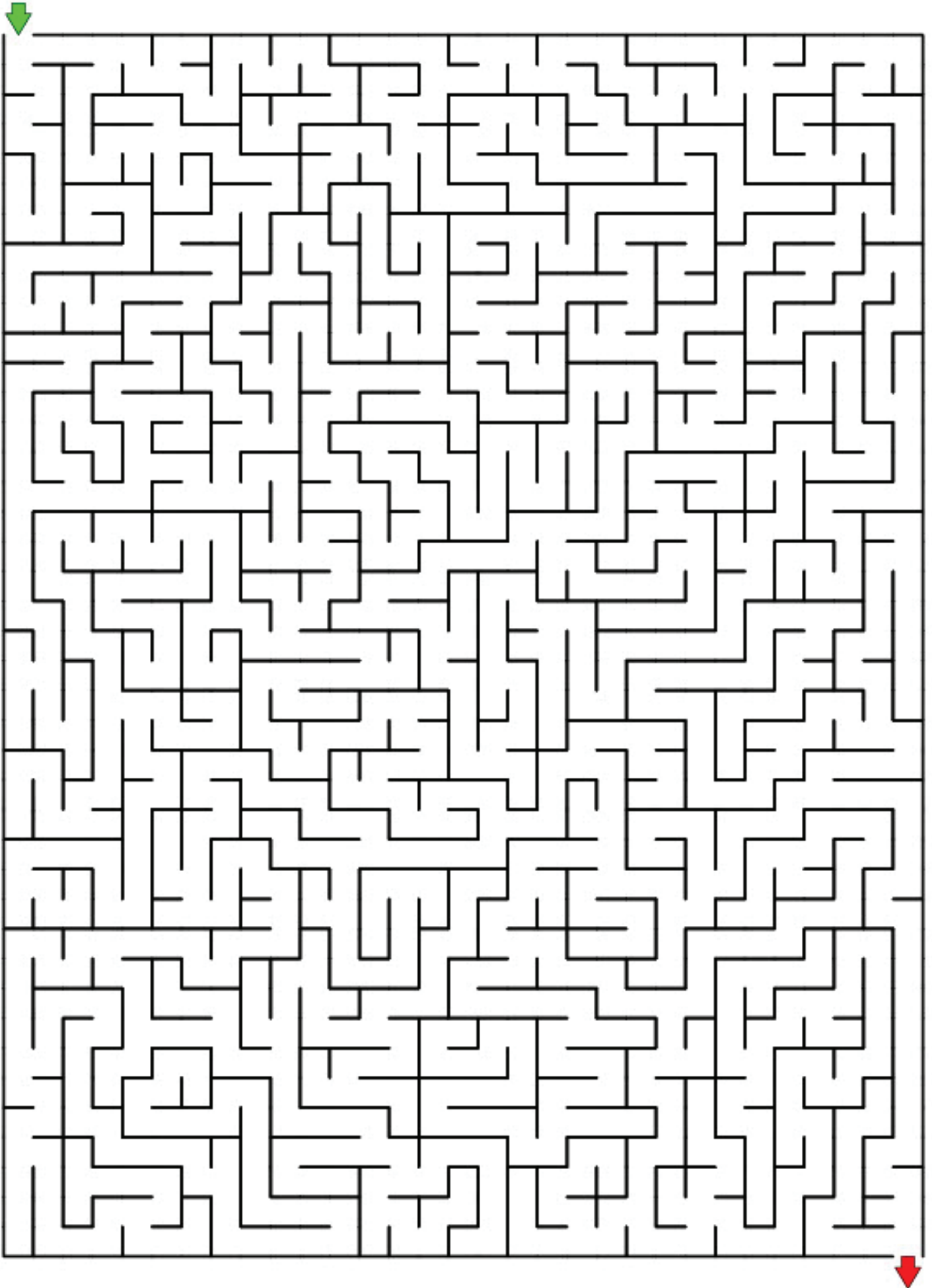


Barossa Village Residents' Association
A Voice for Residents

ANNUAL GENERAL MEETING

The AGM is scheduled for 1:30 pm on 8 OCT 24 at the Joy Rice Centre.

On 13 SEP 24 Nomination Forms for **cluster reps** and **president** will be distributed. Election of the **vice president** and **secretary** positions occur at the 12 NOV 24 meeting. Forms for both will be distributed on 18 OCT 24. We encourage you to apply for one or more of these positions and contribute to the Barossa Village Residents' Association.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>September 30</p> <p>8.30 - 4 pm (Pick up starts at 8.30am)</p> <p>Hahndorf Visit some German speciality stores, like the German Village Shop. Enjoy a stroll around Hahndorf.</p> <p>Lunch: Hahndorf Old Mill Hotel <i>Moderate/high levels of walking</i></p>	<p>October 1</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>2</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>3</p> <p>9.30am - 1.30pm "Living well with Dementia" Living with dementia fosters social interaction and a continued pursuit of meaningful activities. Our small group sessions, offers a supportive environment for this important journey. Speak with your Care Coordinator to discuss this further</p>	<p>4</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>7</p> <p>PUBLIC HOLIDAY</p>	<p>8</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>9</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>10</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>11</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>14</p> <p>8.30 - 4 pm (Pick up starts at 8:30am)</p> <p>Mannum Township Drive Enjoy a leisurely drive and take in the sights of Mannum Township, here you will learn the history of the town.</p> <p>Lunch: Picnic along the Banks, lunch supplied, Cost \$5 <i>Low levels of walking</i></p>	<p>15</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>16</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>17</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>18</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>21</p> <p>8.30 - 4 pm Pick up starts at 8:30am)</p> <p>Forsters Lookout Good photo opportunity to look at some of the Murray River Cliffs, enjoy, morning tea at the lookout.</p> <p>Lunch: Mt Pleasant Hotel <i>Low levels of walking</i></p>	<p>22</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>23</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>24</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>25</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>8.30 - 4 pm (Pick up starts at 8.30am)</p> <p>The Round House- 1874-76 at Murray Bridge The first substantial building in Murray Bridge and has significant historical value to the early development of the town. COST: \$5 entry</p> <p>Lunch: Murray Bridge Community Club <i>Moderate levels of walking</i></p>	<p>29</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>30</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>31</p> <p>WORKSHOP "Come and Try Mosaics" Come and complete a small piece of mosaic art and learn the method of creating pictorial art on a two-dimensional surface. All materials supplied. Please bring old cloths and an apron. Cost: \$20 (limited spaces) Joy Rice Centre, Scholz Ave - 12.30pm-3.00pm</p>	<p>1</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>4</p> <p>8.30 - 4 pm (Pick up starts at 8:30am)</p> <p>Rocky and Di's Mystery Tour Come along and enjoy a day of mystery, enjoy the sights as you travel to various destinations.</p> <p>Lunch: Mystery Destination. <i>Low levels of walking</i></p>	<p>5</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>6</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>7</p> <p>9.30-11.30am "Living well with Dementia". Individuals living with Dementia, brings an opportunity for individuals to socialise and the drive to continue to do the things that matter the most. Delivered in a small group setting and facilitated by the Wellbeing Coordinator.</p>	<p>8</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>11</p> <p>8.30 - 4 pm (Pick up starts at 8:30am)</p> <p>Port Wakefield Boardwalk Take time to wander the historical township and stretch your legs along boardwalks through the mangrove forest, to view the abundant bird life</p> <p>Lunch: Port Wakefield Hotel <i>Low levels of walking</i></p>	<p>12</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>13</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>14</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>15</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>18</p> <p>8.30 - 4 pm Pick up starts at 8:30am)</p> <p>Morgan Picnic Enjoy a relaxing day along the banks of the river, chance to enjoy the picturesque views of the river.</p> <p>Lunch: Picnic (lunch \$5) <i>Low levels of walking</i></p>	<p>19</p> <p>9 am & 10:30 am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30 - 4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45 pm- Level 3 Class 3.15 pm- Level 2 Class 3.45 pm- Level 1 Class</p>	<p>20</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>21</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>22</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>

Friday Café Menu - October

Community Connections Calendar

Date	Lunch	Dessert
11th October	Roasted Lamb Leg with Baby Potatoes & Steamed Vegetables	Apple Pie Bites & Ice Cream
18th October	Steak Dianne Mashed Potato & Mixed Vegetables	Chocolate Mudcake & Strawberries
25th October	Silverside, Mashed Potato & Colcannon with Bechamel Sauce	Pavlova with Fruit & Cream
1st November	Roasted Leg of Pork, Potato Bake & Greens	Fruit Trifle Cups
8th November	Butter Chicken & Rice with Pappadums	Panna Cotta & Passionfruit Coulis

Bookings are essential; please confirm your attendance by the Wednesday prior - Please phone the Lodge reception - 8562 0300 (option 2)

ILU Residents & Friends Activity Calendar - October

Activity	Date	Time	Location
Games Group	Every Wednesday	2:00 pm	The Joy Rice Centre
Happy Hour	Thursday 12th	4:00 pm	The Joy Rice Centre
Movies - Alternate Fridays	Friday 4th Descendants Friday 18th A Little Bit of Heaven	6:30 pm	The Joy Rice Centre
Art & Craft Group	Every Friday	3:00 pm	The Joy Rice Centre
The Bobby Dazzler Show - Facebook Live music	Search for the public Facebook group - The Bobby Dazzler Show for more details		As per Facebook Page
Music Night	Saturday 12th	7:00 pm	The Joy Rice Centre
Men's Group	Wednesday 2nd Wednesday 16th Wednesday 30th	1:30 pm	The Lodge/ Outings
Community Residents Market	Saturday 5th	9:00 am - 1:00 pm	The Reusch Center

Looking to bring a friend to an upcoming event? For further details about the activities, please phone the Lodge reception - 8562 0300 (option 2)