

Grapevine

August 2024



Above: Resident Artists Eulie King preparing her space for our SALA Art Experience Exhibition

JOIN OUR SALA LAUNCH!

August marks the arrival of SALA month, and we're excited to invite you to a truly special event! Join us on **Thursday, August 8th at 2 PM at The Lodge, 12 Scholz Avenue, Nuriootpa**, for the official opening of our Artist Experience Exhibition. This free event is open to everyone and includes an afternoon tea.

Meet the artists, discover their remarkable stories, and experience the vibrant creativity of our community.

This exhibition features an inspiring array of artworks created by artists spanning generations, from children to seniors. Each piece reflects a unique narrative and genuine passion for art. A highlight is the inclusion of works by our Residency artist, adding a heartfelt dimension to this exceptional collection.

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Barossa Village
people at our heart



CEO Update

Over the past month, life has taken some interesting twists and turns, deepening my understanding of what words like quality of life, dignity, choice, and respect truly mean. As an Aged Care Worker, we use these words almost daily. They guide us in the advice and support we offer to those who seek our care and guidance. However, it is only when circumstances call for it that a deeper understanding emerges, particularly in how these values assist decision-making.

In my personal experience, it has been the counsel of my family, friends, and colleagues, grounded in these values, that has provided me with the strength and resilience to support myself and my family

during a time of need.

Working in Aged Care, I have been a beneficiary of the unique compassion that only those in our field genuinely understand. I know many of you reading this publication have received the same care. When asked why I work in Aged Care, the answer is simple: "I get to help people." Many others at Barossa Village and across the industry share this same motivation.

August is a special month for those of us in Aged Care, particularly August 7th, which is Aged Care Employee Day. This day is not just a date on the calendar, but a powerful reminder of the caring and professional work of our staff. They are the backbone of our sector, working tirelessly to improve the lives of older Australians.

I want to take this opportunity to acknowledge the Barossa Village staff for their care, commitment, and compassion, and to say thank you for everything they do. I encourage you, if you would like to do the same, please don't hesitate; your words of appreciation are always welcomed and valued.

Stay warm, stay safe.

Ben Hall

Celebrating
60 years



Corporate & Community Services 14 Scholz Avenue, Nuriootpa SA 5355
The Residency 9 Atze Parade, Nuriootpa SA 5355
Postal Address PO Box 531, Nuriootpa SA 5355

SALA Community Artist Exhibition

Cover story continued.

The SALA exhibition runs from August 1st to 31st, Monday to Friday, 8:30 AM to 4:30 PM, at The Lodge, Barossa Village, 14 Scholz Avenue, Nuriootpa.

Don't miss the Official Launch Event on August 8th from 2 PM to 3:30 PM, where you can enjoy afternoon tea and celebrate the artistic achievements of our community. This captivating display of photography, painting, drawing, sculpture, textiles, mixed media, and more promises to leave a lasting impression and offers a glimpse into the talent and personal journeys of our artists.

Month long SALA Exhibition:

1-31 August | Mon-Fri | 9 am-3 pm
The Lodge - Barossa Village, 14 Scholz Ave, Nuriootpa

Official Launch Event:

8 August | Afternoon Tea | 2 pm-3:30 pm
The Lodge - Barossa Village, 14 Scholz Ave, Nuriootpa

We look forward to sharing this remarkable experience with you! Here's a glimpse of a few of our incredible artists on display.



Follow us on socials @barossavillage.org
Website: barossavillage.org Phone: 08 8562 0300

SALA Community Artist Exhibition



Art Group

This month the residents took to flower arranging. Flowers and pretty foliage were collected from the gardens to make individual flower arrangements with residents. Each resident added their own personal touch. It was a beautiful activity with gentle music going in the background and flowers blooming on the screen.



Artist in Resident Series

This month Chris Wilsdon – Wellbeing Coordinator was the Artist in Residents. Chris works each month with a resident to display their art. Outside of that she works with residents to try different art mediums and craft.

Chris is a Qualified Art Therapist and artist in her rite. Many of the residents were keen to see some of Chris's art and the different mediums that she can do. Needless to say they were impressed.



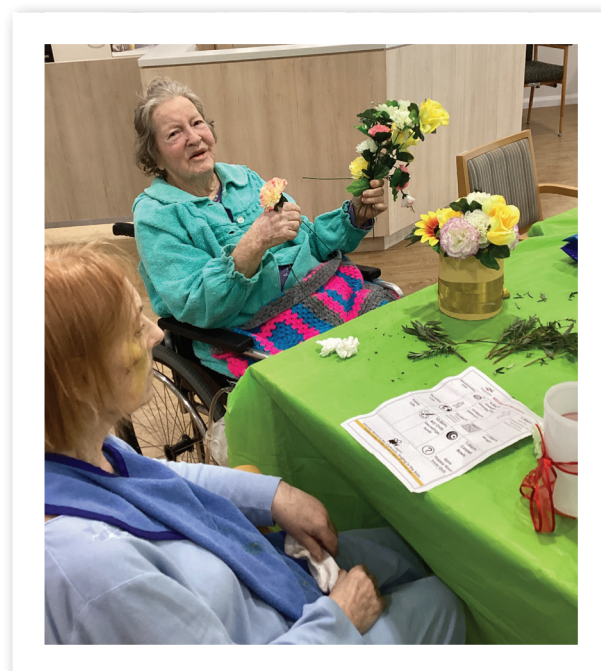
Residency Activities

Memory Support Unit Activities

A new activity program has begun in the MSU. Residents have a new program that incorporates music, exercise, reminiscing and sensory activities.

The program is based on the joy of interacting together and having fun. The first activity was propagating scented herbs for the garden combining a relaxing activity with a sensory element.

Everyone got involved. The Wellbeing Team are looking forward to running the new program.



Word Games

Word games is always a well-attended activity. The Wellbeing Team have been using the resources of Quality Aging Australia. The residents can play Wheel of Fortune style games, hang man, quizzes and more. Using this site has improved visibility and assisted residents who have hearing impairment.

More residents are attending the activity as they can see and hear more of what is going on. The race is always on to see who can solve the puzzles first.



Men's Group

The Mens' Group were thrilled this month with some new games. Axe throwing, magnetic darts, bean bag toss and more. The competitive spirit came out and it was game on!

The ladies will try this out soon for Womens Group and we are sure their competitive spirit will create some enjoyment.



Elvis Visit

Elvis rocked the house! Our residents had a blast singing along, striking poses, and grooving to the music. Thank you, Deon Symo Elvis LIVE, for making it an unforgettable day!

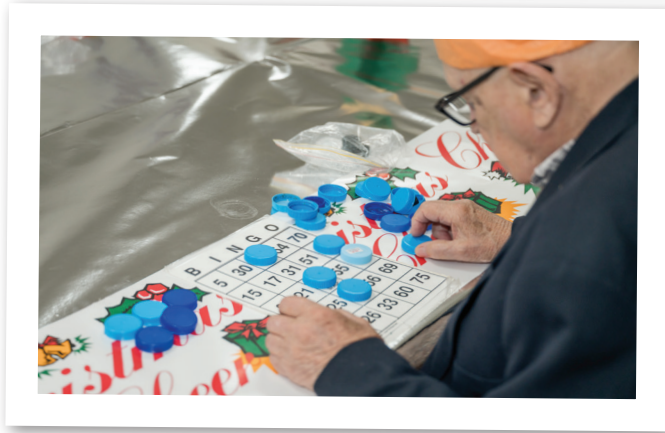


Christmas In July Celebrations





Christmas In July Celebrations





Thank you to everyone who attend and help to host our fantastic Christmas in July celebration!

Community Connections

Around Our Community

Crafting what more good days means to you

At Barossa Village, our ethos centers around creating “More Good Days” for our residents. We believe that each day holds the potential for joy, connection, and fulfillment.

To capture what truly makes a day special, we asked some of our community members: “What makes a good day for you?”

Here's what they had to say:



Helen: “Waking up every day”.

Julie: “Spending time with family and friends. Going away in the caravan”.

Helen: “Going out and about with family and friends. Dining out.”



Diane: “Being with friends, congenial, conversing with people, pleasure to be around people who take care of me, grateful each and every day, I have on this earth.”

Photography Workshop

Open to all

Join national award-winning and local professional photographer Rebekah Bianca for an immersive workshop where you'll learn to maximise the potential of your photography device. Whether you're a beginner looking to master your mobile camera, navigate settings, and share your photos, or you have a professional camera and want to enhance your image quality, this workshop has something for everyone. Rebekah will teach you essential skills to capture the best images. This workshop promises to be a valuable learning experience for all skill levels.

What to Bring:

The photography device you want to learn to use: mobile phone, tablet, or camera.

You will grow your understanding of lighting, navigating settings on your phone or camera and techniques to improve image quality.

- **Date:** Thursday, August 15th
- **Time:** 12:30 - 2:30pm
- **Location:** The Lodge -14 Scholz Ave, Nuriootpa SA 5355
- **Cost:** \$10 - payments now required at booking to confirm your spot

Book: 8562 0300 (option 2) or online: barossavillage.org/events



Kokedama Plant

Open to all

Learn the ancient Japanese art of Kokedama and create your own beautiful plant display! A Kokedama plant is a form of Japanese bonsai that involves growing a plant in a ball of soil covered with moss, which is then tied with string. The term "kokedama" translates to "moss ball" in English. This technique allows the plant to be displayed in a variety of ways, such as hanging, placed on a decorative tray, or set on a stand, creating a visually appealing and naturalistic display.

This unique workshop will teach you how to craft a Kokedama, appreciated for its simplicity, elegance, and the way it brings a touch of greenery into indoor spaces.

- **Date:** Thursday, September 26th
- **Time:** 12:30 - 2:30pm
- **Location:** The Lodge -14 Scholz Ave, Nuriootpa SA 5355
- **Cost:** \$15 - payments now required at booking to confirm your spot

Book: 8562 0300 (option 2) or online: barossavillage.org/events



What's On - Spotlight

THE CONSUMER ADVISORY BODY

Your Voice



Barossa Village Consumer Advisory Bodies

Upcoming meeting reminder

Independent Living Tuesday 10th
September at 10am at the Lodge

Community Care Wednesday 11th
September at 2.30pm at the Lodge

Residential Care Thursday 19th
September at 10.30am at the Residency

If you would like to attend, please contact
the reception on 8562 0300

Come and join the fun at ILU Games Group!

Join us every Wednesday from Social Games Group from 2 to 4.30 pm at the Joy Rice Centre, 14 Scholz Avenue. Have fun, share laughs, and play various card and board games. Gold coin donation, with tea and coffee included.

All welcome, phone 8562 0300 or just pop past next Wednesday.



Dementia
Support
Group

Dementia Support Group

Join our dementia support group to share experiences, access resources, and receive compassionate assistance. Together, we navigate the challenges of dementia caregiving with resilience and empathy.

- Tuesday, August 27th
- Starts 10 AM
- Barossa Village Residency: 9 Atze Parade, Nuriootpa
- Morning Tea Provided

RSVP by Monday, August 26th, to the Residency in person or by phone 8562 0300.

Scrabble

Join us for a fun game of Scrabble at the Barossa Council Library, Tuesdays at 2 PM.

Details

- Location: Barossa Council Library - 43-51 Tanunda Rd, Nuriootpa SA 5355
- Time: Every Tuesday at 2 PM
- Refreshments: Tea and coffee provided
- All are welcome!

For more information, please contact Dianne Craig on 7531 2025.



Volunteering

Why not join our Volunteer team?

At Barossa Village, our volunteers are a big part of our community, bringing joy and companionship to our residents. Volunteering makes a special difference in the lives of those who need it most, providing not just a service but friendship and support.

As a volunteer, you have the opportunity to:

Engage in friendly in-home visits or at our aged care facility
Participate in outings to local cafes, galleries, or parks
Help residents with hobbies and activities they enjoy
Support community interest groups and social gatherings

Here are just a few examples of the exciting opportunities we have available:

- Residency walking group
- Residency Memory Support Unit activities
- Wellbeing activities include BINGO, Bowls, Knitting Group, etc.
- Barossa Village OpShop
- Community Connections outing drivers

If you have a few hours a week to spare, we'd love to hear from you. We create a supportive, vibrant environment where residents feel valued and connected, creating more good days together! Contact us to learn more - 8562 0300

The Village
OP SHOP



Find us: Arthur & Gladys Reusch Community Centre | 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30 am - 3.00 pm

P: 8562 0300

Helpful Information

Did You Know?

The process of enquiring and being allocated an independent living unit?

We adopt an open, fair and transparent process in the application and allocation of our independent living units, which is particularly important during times of high demand.

If there is someone you know who may be interested, encourage them to make contact with our Client Liaison Officers on 8562 0300, and they will help through the process.

Applicants are asked to fill out an expression of interest form after which they are added to our waiting list. When a home becomes available that fits the preferences, and the application is next on the list, the applicant is contacted and the opportunity to become part of our community will be explored.

There is no cost associated with filling out an expression of interest; it's a simple way to get the process of rightsizing your home started.

Helpful Information

Book Exchange News

We are excited to announce that we have kindly received a donation of brand-new Mills and Boon books for our exchange. Feel free to visit and pick some up for a light read.

Additionally, we have new books arriving weekly for you to enjoy. Come visit The Lodge, 14 Scholz Ave, Nuriootpa Monday to Friday 8:30 AM - 4:30 PM. Happy reading!



All Welcome

Sundays 10.30am

Joy Rice Centre, Nuriootpa

0408 194 740

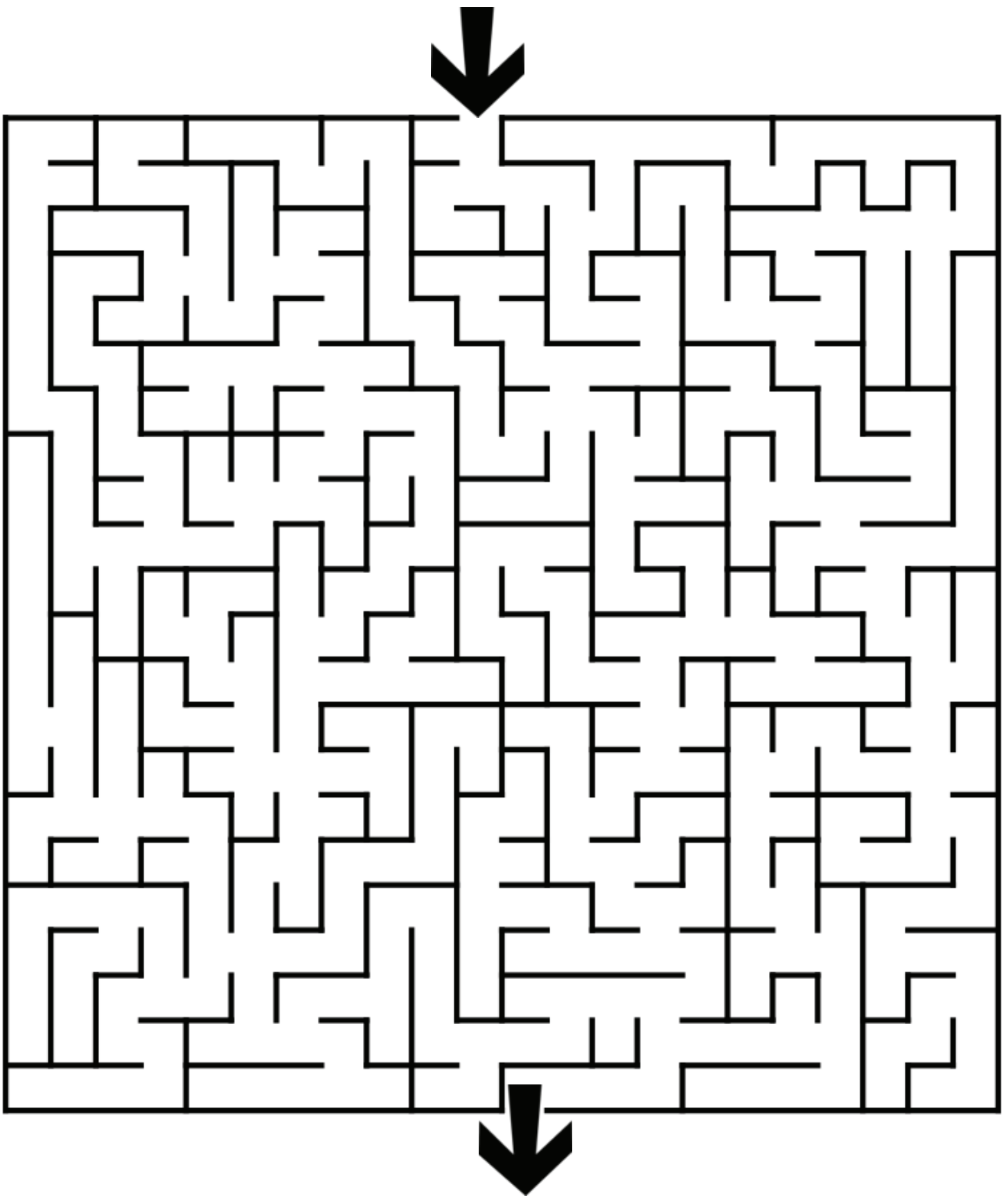


Hairdresser

Tuesdays: Residency | **Thursdays:** The Lodge

IRENE RICKARDS | 0414 607 135

in salon or can come to you!



MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1 August	FRIDAY 2
<p>8.30 am - 4 pm (Pick up starts at 8.30am)</p> <p>Worlds End, Redbank's, Burra Driving trail. Enjoy the scenery as we take a drive to view the ever changing landscape of our country side.</p> <p>Lunch: Burra Bakery</p> <p><i>Moderate levels of walking</i></p>	<p>10.30 - 11.30 am Fitness For Life BV Residency 9 Aize Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>1:1 Exercises with Allied Health Assistant</p> <p>Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>9.30 am - 11.30 am "Living well with Dementia"</p> <p>Living with dementia fosters social interaction and a continued pursuit of meaningful activities. Our small group sessions, offers a supportive environment for this important journey. Speak with your Care Coordinator to discuss this further</p>	<p>10 - 11.30 am: Mix and Mingle</p> <p>10 - 12.30 pm: BV Bowlers Group</p> <p>12.30 - 1.30 pm: Café Luncheon</p> <p>1:30 - 2.30 pm: All Aboard BINGO</p>
<p>8.30 am - 4 pm (Pick up starts at 8.30am)</p> <p>Rainmoth Gallery Waikerie and Silo Art. Supports local and interstate Artists</p> <p>Lunch: Waikerie Hotel</p> <p><i>Low/Moderate levels of walking</i></p>	<p>9 am and 10.30 am Fitness For Life BV Residency 9 Aize Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>1:1 Exercises with Allied Health Assistant</p> <p>Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>Individual/Small Group Social Support</p> <p>Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>10 - 11.30 am: Mix and Mingle</p> <p>10 - 12.30 pm: BV Bowlers Group</p> <p>12.30 - 1.30 pm: Café Luncheon</p> <p>1:30 - 2.30 pm: All Aboard BINGO</p>
<p>8.30 am - 4 pm (Pick up starts at 8.30am)</p> <p>SA Silo Art Visit Euclunda, Farrell Flat and Owen to see the large format art on the side of silos. Along the way a stop for Morning Tea</p> <p>Lunch: Owen Arms Hotel</p> <p><i>Low/Moderate levels of walking</i></p>	<p>9 am and 10.30 am Fitness For Life BV Residency 9 Aize Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>1:1 Exercises with Allied Health Assistant</p> <p>Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>WORKSHOP Photography</p> <p>Grow your understanding of lighting, navigating settings on your phone or camera and techniques to improve image quality.</p> <p>12.30pm-2.30pm - Joy Rice Centre, Scholz Ave</p> <p>Cost: \$10 paid up front (limited spaces)</p>	<p>10 - 11.30 am: Mix and Mingle</p> <p>10 - 12.30 pm: BV Bowlers Group</p> <p>12.30 - 1.30 pm: Café Luncheon</p> <p>1:30 - 2.30 pm: All Aboard BINGO</p>
<p>8.30 - 4 pm (Pick up starts at 9am)</p> <p>Saddleworth Historical District Society Museum Preservations and presentation of local history, a large collection of artefacts that reflect the heritage of the town and district.</p> <p>Lunch: The Rising Sun Hotel Auburn</p> <p><i>Low levels of walking</i></p>	<p>9 am and 10.30 am Fitness For Life BV Residency 9 Aize Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>1:1 Exercises with Allied Health Assistant</p> <p>Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>Faith Lutheran College Junior School "GLINT OF GOLD"</p> <p>Musical by the Junior School Matinee Performance</p> <p>Bookings essential - phone 8562 0300 (option 2). Limited numbers so book quickly</p>	<p>10 - 11.30 am: Mix and Mingle</p> <p>10 - 12.30 pm: BV Bowlers Group</p> <p>12.30 - 1.30 pm: Café Luncheon</p> <p>1:30 - 2.30 pm: All Aboard BINGO</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>26</p> <p>8.30 - 4 pm (Pick up starts at 8.30am)</p> <p>Anlaby Garden Tour Come explore the gardens of one of the oldest Merino Studs, established in 1839.</p> <p>Lunch: Bakery in Kapunda <i>Moderate levels of walking</i></p>	<p>27</p> <p>9 am & 10:30am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>28</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>29</p> <p>9.30am - 1.30pm “Living well with Dementia” Living with dementia fosters social interaction and a continued pursuit of meaningful activities. Our small group sessions, offers a supportive environment for this important journey. Speak with your Care Coordinator to discuss this further</p>	<p>30</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>2 September</p> <p>8.30 - 4 pm (Pick up starts at 8.30am)</p> <p>Graeme Claxton Reserve (Cadell) Barossa has some amazing views, bring your camera to capture great photos of the surrounding landscape.</p> <p>Lunch: Bring your own packed lunch. Drinks provided. <i>Low levels of walking</i></p>	<p>3</p> <p>9 am & 10:30am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>4</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>5</p> <p>9.30am - 1.30pm “Living well with Dementia” Living with dementia fosters social interaction and a continued pursuit of meaningful activities. Our small group sessions, offers a supportive environment for this important journey. Speak with your Care Coordinator to discuss this further</p>	<p>6</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>9</p> <p>8.30 - 4 pm (Pick up starts at 8.30am)</p> <p>Barossa Sights and Lookouts Barossa has some amazing views, bring your camera to capture great photos of the surrounding landscape.</p> <p>Lunch: Vine Inn Hotel <i>Moderate/ High levels of walking</i></p>	<p>10</p> <p>9 am & 10:30am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>11</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>12</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>13</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>
<p>16</p> <p>8.30 - 4 pm (Pick up starts at 9am)</p> <p>Cleland National Park Stop and feed the animals, listen to the keepers give a talk and take a stroll at your own pace.</p> <p>Lunch: Bring your own packed lunch. Drinks provided. Cost \$27 <i>Low/Moderate levels of walking</i></p>	<p>17</p> <p>9 am & 10:30am Fitness For Life BV Residency 9 Atze Pd Nuriootpa</p> <p>1.30-4.30pm Individual or Group Sessions Hydro Pool Group Exercise 2.45pm- Level 3 Class 3.15pm- Level 2 Class 3.45pm- Level 1 Class</p>	<p>18</p> <p>1:1 Exercises with Allied Health Assistant Speak with your Care Coordinator to arrange for a physiotherapist assessment, including a regular 1:1 visit from the AHA to implement a homebased exercise program</p>	<p>19</p> <p>Individual/Small Group Social Support Stay Connected with friends or people with similar interests, restart a hobby or learn something new. Discuss your options with your Care Coordinator to support your individual needs.</p>	<p>20</p> <p>10 - 11.30 am: Mix and Mingle 10 - 12.30 pm: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO</p>

Friday Café Menu - August

Community Connections Calendar

Date	Lunch	Dessert
2nd August	Roast Lamb with Pepper Sauce, Baby Potatoes & Veg	Panna Cotta with Mango Coulis
9th August	Beef Lasagne, Chips, Garden Salad & Coleslaw	Apple Pie Bites & Ice Cream
16th August	Apricot Chicken & Rice	Bread & Butter Pudding
23rd August	Silverside, Mashed Potato & Steamed Vegetables with Cheese Sauce	Pavlova with Fruit & Cream
30th August	Roast Pork with Apple Sauce and Roast Vegetable Medley	Mixed Berry Cheesecake

Bookings are essential; please confirm your attendance by the Wednesday prior -
Phone 8562 0300

ILU Residents Activity Calendar - August

Activity	Date	Time	Location
Games Group	Every Wednesdays	2.00 pm	The Joy Rice Centre
Happy Hour	Thursday 8th	4.00 pm	The Joy Rice Centre
Movies - Alternate Fridays	Friday 9th The Glen Miller Story Friday 23rd Elvis the Movie	6.30 pm	The Joy Rice Centre
Art & Craft Group	Every Fridays	3.00 pm	The Joy Rice Centre
Bobby Dazzler Live Shows on Facebook	See Facebook for live shows		As per Facebook Page
ILU Residents Social Club Meeting	Monday 12th	Meeting at 1pm	The Joy Rice Centre
Music Night	Saturday 17th	7pm	The Joy Rice Centre
Men's Group	Wednesday 7th Wednesday 21th	1.30 pm	The Lodge/ Outings
Community Residents Market	Saturday 3rd	9.00 am - 1.00 pm	The Reusch Center

For more information about the activities or bookings - Phone 8562 0300