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Above: Residency General Manager, Matt Kowald and Barossa Chef, Mark McNamara

## RESIDENCY 5-STAR DINING EXPERIENCE

Barossa Village hosted the "Our Barossa Family Dinner Series" at the Residency on August 1st. The event was a meaningful gathering for residents and families, featuring a carefully curated menu that not only delighted the senses but also thoughtfully accommodated the unique preferences and needs of the residents—offering an experience previously unattainable in conventional restaurant settings.

Led by Barossa Chef Mark McNamara, the dinner recreated a 5-star restaurant experience. Attendees praised the exceptional food and the chance to connect with loved ones. A highlight was celebrating Mrs Edna Kuchel's 99th birthday. The event went beyond a meal, fostering connections and community pride. Residency General Manager Matt Kowald emphasised the value of giving back to the community.

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### **CEO Update**

September is not all about sport

It's been an exciting time for Australian sport leading into September: you will know that the Diamonds netball team won the world cup, and who knows, by the time you read this, the Matilda Football Team may also be world champions; fingers crossed. As we approach the end of September, I hope your footy team is in the finals; I will have a relaxing September with the Hawks languishing at the bottom of the ladder.

But it's not all about sport. I am pleased to share that we are working with the Barossa Arts Festival management committee to be both a sponsor and an event location in 2024. This will be a fabulous opportunity for those budding artists in our community to showcase their talents and creativity. Hopefully, we will get the chance to have a featured artist on site to inspire others into artistic pursuits... more information to follow.

For now, I hope your team wins and that your brush strokes are straight.

**Ben Hall** 

### Thank you

### Thanks to Barossa Village Board Member: Mark George

Mark George has been a member of the Barossa Village Board since 22 August 2017, also taking on additional roles in various committees.

He has recently resigned from his position on the Board, and he will be missed. Mark is widely recognised as being committed, calm and considerate in his advice and generous with his time.

Those that have had the pleasure of engaging with Mark recognise him as both friendly and helpful in the way he carried out his duties, but most importantly, interested in who they were as people; it's always a pleasure when Mark comes to visit.

We would like to take this opportunity to say a big thank you to Mark for his contributions and wish him all the best for his future.



### **Extraordinary Experience**

Thanks to the dedicated staff, volunteers and supporters, the Residency was transformed, complemented by pianist Victoria Newbold's melodies, elegantly set tables adorned with flowers and candles and the anticipation of an exceptional evening.

Barb Storey, a Barossa Village Board Member and advocate for positive aging, orchestrated a collaborative effort. Creating inclusion opportunities for renowned winemakers, producers, and featured chef volunteered their time and resources to curate this special occasion. The intention was to create an unforgettable experience not only for the attendees but also for the contributors.

Barossa Chef Mark McNamara, with the collective efforts of Barossa Village's hospitality team, aimed to deliver a fine dining restaurant-quality experience. Mark McNamara shared, "I wanted it to be a restaurant quality meal that brought people together in a way that they can't normally achieve...".

The meticulously curated menu commenced with the delicate Maggie Beer Pheasant Farm Pate graced with fresh Barossa Truffle. Continuing with a creamy Smoked Salmon, Leeks, Potatoes & Chervil Chowder as the entrée. The pinnacle arrived with the 12-hour Slow Roast Shoulder of Lamb, accompanied by Creamed Celeriac, Buttered Baby Carrots & Broccolini. A divine finale of Caramel Flan adorned with Poached Rhubarb, followed by the refreshing notes of Persimmon & Young Ginger Fruit Jellies. Barossa Village Resident Mr Alan Hall said, "The food was spectacular; a step above," and Mr and Mrs Bob and Alva King responded, "We really appreciated the opportunity to have a special dining experience with our adult children", hoping that they get the chance to do it again really soon.

A particularly heartwarming touch was the celebration of Mrs Edna Kuchel's 99th birthday, with a spirited rendition of "Happy Birthday."

Reflecting on the event, Mark McNamara shared that he gained more than he gave, witnessing the energy and connection among the guests.

Residency General Manager Matt Kowald highlighted the broader impact: "It was great to give something special back to those who helped shape our remarkable community." The evening forged family connections, shared insights into Aged Care dining, and ignited pride among contributors who brought this extraordinary experience to life.







Corporate, Community& Retirement Services | 14 Scholz Avenue, Nuriootpa SA 5355 The Residency | 9 Atze Parade, Nuriootpa SA 5355 Postal Address | PO Box 531, Nuriootpa SA 5355

### **Meet our Community**



### Meet Mr Reg Martin

#### Barossa Village ILU Resident

My Musical Journey began at the age of 15 with two school mates after hearing Lonnie Donegan and his Skiffle group. We decided "that's for us". We names ourselves The Three Disks. This lasted about a week. We soon realised we could not play a note.

My cousin who was learning guitar at the time said to me come around and I will show you how to tune, and play a few cords on the guitar. After 6 months we formed Johnny and the Renegades. We played at local events.

After two years the group The Night Flyers wanted a singer.

They asked me to join them which I obviously agreed to. We played together for four years. One night after seeing a couple of my old band mates, we formed a trio called The Rain, playing all over many counties in England. Great memories.

After arriving in Australia in 1972 I applied to go on a TV show called New Faces. I appeared four times, getting into the final. I eventually became runner up to Peter Coombe. I think age was a factor in me not winning. I received a phone call from a Gentleman who asked if I could play guitar as a stand in. I did not hesitate. We played at the Elizabeth Hotel, this singer had hair down to his waist. After the show he came and shook my hand and thanked me. He introduced himself as Jimmy Barnes. I thought his voice sounded like sandpaper, not knowing his future.

We both lived in Elizabeth, I met him several times after and we became friends.

I decided I was getting older, and I decided just to play for entertainment, to see someone smile is more important than anything.

Ending up at the Barossa Village Happy Hour for some great times and great friends. I learnt never walk past your guitar, pick it up, it needs love as we all do. God Bless.





### Connections

### Independent Living Activity Workgroups

Over the winter months, it has been a challenging time for some of our residents to make it out to our community events and activities. We would like to extend an invitation to our ILU Residents to join a focus group to develop, promote and sustain ILU group activities.

Seeking people to represent:

- Movie Nights
- Art Group
- Happy Hour
- Men's Group



If interested, please contact either Tom or Kobus on 8562 0300.

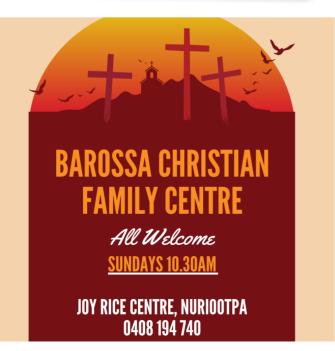
Once interest has been received, meeting dates will get set for each group activity.



### Thank you Annie Auld!

Recently, the MSU Residents were treated to the soul-soothing melodies of Annie's beautiful singing. A few others were keen to hear her sing and came along too.

Annie is a regular performer at Barossa Village and donates her time and music to the Residents. Her visits are truly cherished moments.





### **Residency Activities**





### Cooking classes are making a delicious comeback!

We're thrilled to announce the return of our much-awaited cooking classes, and what better way to kickstart than with a timeless classic?

We indulged in the warm nostalgia of old favourite jam drops, the delightful treats that have been a staple in households for generations.

### Embracing Beautiful Memories Together!

It was a heartwarming day when our wonderful Residents came together with loved photos, sharing a beautiful journey down memory lane.

Seeing the smiles, the twinkle in the eyes, and the genuine connections that formed was a beautiful reminder that every person's journey is a story worth listening to – a story of love, laughter, and sometimes a few tears. Each photograph held a piece of someone's heart, a chapter of their life that they bravely shared with all of us.

Thank you to everyone who participated and opened their hearts. Your stories have knitted us even closer together.



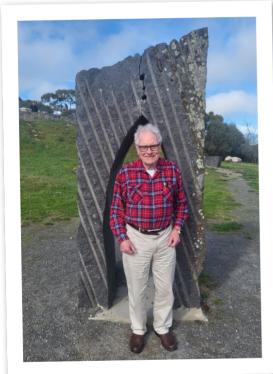


### **Connections Calendar Day Trip**





### Barossa Scenic Lookout Tour





Theo at the Heysen Trail at the top of Rifle Range Road.





### **Exciting News!**

Our Artist in Resident Series has officially launched.

We're absolutely delighted to announce the launch of our much-awaited Artist in Resident Series! Our mission is to shine a brilliant spotlight on the extraordinary talents of both our Residents and the wider community, creating a canvas of connection and inspiration that knows no bounds.

Leading the way was Alex McHendrie, a true inspiration at 94 years young and a former motor mechanic. A simple puzzle gifted to him during a Christmas celebration ignited a passion that has flourished ever since. Fond memories of lively puzzle races and his mother's timing have only fueled his love for these creations.

Alex's remarkable versatility shines through as he embraces puzzles of all themes, relishing each challenge they present.

Notably, his extensive knowledge of trains has led to the completion of a captivating model train, now proudly on display. Alex's stunning puzzle art and captivating Lego train creations have left us in awe. His skill in piecing together intricate designs at his age is a testament to the timeless power of creativity. The buzz around Alex's puzzle art has been nothing short of extraordinary! Some of his pieces are proudly displayed in our GH common areas, while others have found a new home adorning the walls of our Residents' rooms, spreading cheer and vibrancy to their walls.

And that's just the beginning! Over the next five months, we're thrilled to present a lineup of exceptional artists:

- Bistro Cheney Acrylic Painting
- Glenda Schultz Watercolours
- Bryan Forgan World-class Photography
- Brenton Raven Wood Whittling
- Peter Heuzenrohder Oil Painting

Join us in honouring their artistry, celebrating their stories, and embracing the powerful connections they create through their masterpieces.

Make sure to mark your calendars for the first Monday of each month at 2:45 pm as we unveil these incredible artworks in our Clubroom.

Your presence and support are truly invaluable to us. Let's come together to celebrate art, stories, and the wonderful unity that flows from them. See you at the upcoming event!





### **Residency Activities**

### **Meet Alex McHendrie**

Barossa Village Residency Resident

Our inspiring 94-year-puzzle artist, who proves that age is just a number when it comes to creativity and skill.







# Embracing Creativity in the Garden!

Evelyn and Shirley are unleashing their inner artists as they dive into the wonderful world of rock painting!

Their imaginations flow as they transform ordinary rocks into vibrant works of art that will soon find their place in the garden.

### **Residency** Men's Program

DATE	ACTIVITY TYPE	SPEAKER	TOPIC			
	SEPTEMBER					
4 <sup>th</sup> September	TINKER - Stepping Stones	Chris W	Making stepping stones for the garden.			
11 <sup>th</sup> September	MEN'S STORIES – Don's Journey.	Don Piro	Don's story of survival.			
18 <sup>th</sup> September	SPORT - Bocce on the green.	Staff	Team bocce – who's the nest player.			
25 <sup>th</sup> September	Rachels Horses TBC	Rachel	Meet with Rachel's therapy horse.			
OCTOBER						
2 <sup>nd</sup> October	TINKER – Bird Boxes	Chris W	Making Bird Boxes for the garden.			
9 <sup>th</sup> October	MENS STORIES – Classic Cars.	Arthur Radke Sharyn Nicholls Bruce Robinson (Via Sandra )	Classic Cars – Car Park			

### Announcements

### **Advanced Care Directive**

Barossa Village Sessions

On the **26th of September** there will be a presentation from the Barossa, Gawler & Light Advanced Care Planning Group on Advanced Care Directives at the **Joy Rice Centre at 1:30 pm**.

We will also provide follow-up sessions at **The Lodge** on the **17th and 24th of October by appointment.** 

Retired Solicitor Wyndham Rogers, Barossa Village Board member Trudy Vaughn, Registered Nurses Kath Hampel, Gayle Gerhardy and Felicity Hage will discuss how an Advanced Care Directive works and provide one on one consultation with anyone needing assistance.

Any members of our community, care programs and the wider community are most welcome to attend!

### YOUR LIFE — YOUR HEALTH — YOUR CHOICE

If you were unable to make decisions about your life, what would you want others to choose for you?

### An Advance Care Directive empowers you

Document your wishes, or nominate one or more substitute decision makers, with an Advance Care Directive. This is a binding document containing your instructions for future healthcare decisions to be made for you should you become unable to do so.

Contact the Home Assist team at The Barossa Council during business hours to arrange a free and confidential 45-minute consultation to assist you in completing your Advance Care Directive.



WHERE	Nuriootpa Library — 43	3-51 Tanunda Road	, Nurioot	pa	
BETWEEN	9.30am and 11.45am				
ON	July 1 <sup>st</sup> 15 <sup>tr</sup> 29 <sup>tr</sup>		12 <sup>th</sup> 26 <sup>th</sup>	September 9 <sup>th</sup> 23 <sup>rd</sup>	October 7 <sup>th</sup> 21 <sup>st</sup>
	November 4 <sup>th</sup> 18 <sup>th</sup>	December	2 <sup>nd</sup>		
CONTACT	Home Assist team – T Phone: 8563 8411	ne Barossa Council Email: <u>homeass</u>	•	37	

If you need to cancel your appointment on the day, please contact the Nuriootpa Library on 8563 8440 Follow up appointments are encouraged

Brought to you by the Barossa, Gawler & Light Advance Care Planning Group

For more information on Advance Care Directives, please visit <u>www.advancecaredirectives.sa.gov.au</u>

Supported by





Advance Care Directives

Your wishes for future care.

### Announcements

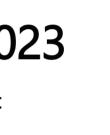
# Marananga Brass Band

presents

# "A Night of Music"

# Saturday 16th Sept 2023

Tanunda Show Hall, off Elizabeth Street 7.30pm sharp to 10.30pm



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Tickets \$30pp available through Lyn 0473 252 758

or the Barossa Visitor Centre at 66-68 Murray St Tanunda 8563 8334

(\$30 Adult + booking fee via BVC) (Primary School student \$15 via Lyn)

Tickets at the door, but bookings via Lyn or BVC preferred. Doors open 6.00pm. Seating at numbered long tables under host/booking name (list displayed at the door) with space between host groups, of which there may be several on each table.

### See door ushers to help you with seating arrangements.

BYO food, wine, other beverages for personal consumption. Van on site selling hot beverages - or BYO.

Bring a coat or knee rug – some heating in the Hall but it might still be a little cool. **Raffle on the night.** 

Face mask if you like, but not compulsory.

Wide variety of music from the Band and local Guest Artists. Come along and experience some Barossa musical hospitality!

### **'Our People' Word Search**

### **Grapevine September Puzzle**

Ν Ν U Q Т G R Q А Х Ε А Ε А Y Ρ Μ Μ J А F С R V V Е Q Е R Ρ R Ν W Η Ρ J R Μ А Ν D E Τ G Υ С С E S Ο E G Е W Ζ Κ Ν Т Ο D V L А L V T J F S Ρ Κ Н R Μ Н L L G Μ Κ Х Ν G Ν Κ В А С R Х А Ε R Т U С В Е D Ζ F R F Μ G Ο А Y Μ  $\bigcirc$ S U С Т Е F F F Н R Ζ Τ L Н R Ο L Ν L R А Ο В E Y Н E Ζ Е Ο Н Е R Y R Τ G U Ν R D Μ W А R Μ G Υ G F Е Κ G Н В L В А Ν А V L А Κ G Κ L Ν Т R E G R Е Ζ Т Ο Q W Ν Ο D L Κ Ρ Μ Τ Х А А Ο S Е Т J Μ Т D Е G Ε J G Т Х А D Ν L В Q W V Ν Ν R W 7 W Н V В S R Н Е Ρ Н R S Ρ U С Ν Η D Ν Ρ Т D S Ο Ε А Q Μ А R Т Ν Н R D D А V Ν Е С V Υ Υ Е S Ε R Ε С Ζ U L R Н D Ν Н Μ С R F Ζ S С D Е В Ζ Ρ J Е L Ο J Τ Т В А R L Х А Ο Е С Т R В W L Н U Κ Ο Ο R S В L Ν А Y Y J S Ρ S  $\bigcirc$ F Y Q Ρ D W L Ν А L А Ν Х В V Κ Κ J

Find the following words in the puzzle. Words are hidden  $\land \lor \rightarrow \leftarrow$  and  $\checkmark$  .

ALAN DAVIDSON HEUZENROHDER RAVEN ALEX DON KAREN REG ALVA KING **EDNA** SCHULTZ ANNIE **EVELYN KUCHEL** SHIRLEY BISTRO FORGAN MARK THEO GEORGE BOB MARTIN **BRENTON GLENDA MCHENDRIE** PETER BRYAN HALL

### **BVRA Update**

### BVRA Report August Meeting 2023

The meeting was held 8th August, with nearly every cluster represented which is pleasing as the next scheduled meeting is our AGM and cluster and the president's positions are up for nomination at that meeting.

Ben provided the meeting with an update of the Maintenance task for the year, which are at 1600 for ILU units and 1596 from within the Residency. There have also been some staff movements. He welcomed Tony Marklow and David Wilmot and farewelled Steve Sparrow.

He also provided an update on the assumed management of Talunga Village at Mt Pleasant in collaboration with the Barossa Council. There is a group of 10 units and funding is available so this will not be a cost burden on the Barossa Village. All cluster issues raised by your representative on your behalf have been noted by Ben Hall to be actioned as soon as possible. Ben apologised for the lateness of the Grapevine due to technical issues.

#### **BVRA AGM**

The BVRA Annual General Meeting will be held Tuesday, 10th October 2023 at 1:30 pm in the Joy Rice Centre with tea and coffee available.

The President and Cluster Representative positions become vacant and are required to be reelected for the next year. Copies of all nomination forms are available in the Residents' Book Exchange and we encourage you to apply for those positions.

Copies of the Minutes of Meeting have been distributed to Cluster Reps and a copy is available in the Residents' Book Exchange folder.

Karen Davidson, Secretary BVRA Mobile 0423 444 014



Barossa Village Residents Association A Voice for Residents

### **Notice of Annual General Meeting**

ILU residents are invited to attend at 1:30 pm on **Tuesday, 10 October 2023,** in the Joy Rice building.

Election of a President and Cluster Representatives will take place, as well as other general business.



Hairdresser

Tuesdays at the Residency  $\mid \textbf{Thursdays}$  at The Lodge

IRENE RICKARDS 8564 2195 | 0414 607 135

in salon or can come to you!

MONDAY	TIFSDAY	WEDNESDAY	THIIRSDAY	FRIDAY
August 28 <b>9 - 3.30/4 pm</b> Bicentennial Conservatory Moderate levels of walking Lunch: Walkers Arm Hotel	August 29 Joy Rice 10.00 – 11.00 am "Keep on Moving" Exercises Hydro Pool 1.30 – 3.30 pm Aqua Classes	August 30 Individual Social Support or Small Interest Groups Speak with your Care Coordinator to discuss your options and to support your individual needs	August 31 10 - 2:30 pm Eudunda/ Nuriootpa group: Held in Eudunda Day Trip: Waikerie Drive/Lookout Lunch: Bakery	1 10 - 11.30 am: Mix and Mingle 10 - 12.30 am: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO
<ul> <li>9 - 3.30/4 pm</li> <li>9 - 3.30/4 pm</li> <li>Applefields Orchard Shop @</li> <li>Karkoo Nursery in Oakbank</li> <li>Moderate levels of walking</li> <li>Lunch: Oakbank Hotel</li> <li>Lunch: Oakbank Hotel</li> <li>9 - 3.30/4 pm</li> </ul>	Joy Rice 10.30 - 11.30 am "Keep on Moving" Exercises Hydro Pool 1.30 - 3.30 pm Aqua Classes Joy Rice 10.30 - 11.30 am "Keep on Moving" Exercises	Individual Social Support or Small Interest Groups Speak with your Care Coordinator to discuss your options and to support your individual needs 13 Individual Social Support or Small	10 - 2.30 pm Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Quiz Races 114 10 - 2.30 pm	10 - 11.30 am: Mix and Mingle 10 - 12.30 am: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO 15 10 - 11.30 am: Mix and Mingle
Hills Sculpture Trail Mt Barker Moderate levels of walking Lunch: Great Eastern Hotel at Little Hampton	<b>Hydro Pool 1.30 – 3.30 pm</b> Aqua Classes	Interest Groups Speak with your Care Coordinator to discuss your options and to support your individual needs	Eudunda/ Nuriootpa group: Day Trip: Landseer Museum in Morgan Lunch: Bakery and picnic on the river	<b>10 - 12.30 am:</b> BV Bowlers Group <b>12.30 - 1.30 pm:</b> Café Luncheon <b>1:30 - 2.30 pm:</b> All Aboard BINGO
<b>9 - 3.30/4 pm</b> <b>P-3.30/4 pm</b> Heysen the Cedars (Self-Guided Tour) <b>Cost:\$17</b> Moderate levels of walking Lunch: Bring own lunch or buy from the Bakery	J <b>oy Rice 10.30 – 11.30 am</b> "Keep on Moving" Exercises <b>Hydro Pool 1.30 – 3.30 pm</b> Aqua Classes	20 Individual Social Support or Small Interest Groups Speak with your Care Coordinator to discuss your options and to support your individual needs	21 10 - 2.30 pm Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Movie Afternoon (Chocolates/Popcorn)	22 10 - 11.30 am: Mix and Mingle 10 - 12.30 am: BV Bowlers Group 12.30 - 1.30 pm: Café Luncheon 1:30 - 2.30 pm: All Aboard BINGO

September Community Connections Calendar - Enquiries 0488 220

September 25	September 26	September 2/	September 28	September 29
9 – 3.30/4 pm	<b>Joy Rice 10.30 – 11.30 am</b> "Keep	Individual Social	10 – 2.30 pm	<b>10 – 11.30 am:</b> Mix and
	on Moving" Exercises	Support or Small		Mingle
Mount Lofty Botanic Garden		Interest Groups	Eudunda/ Nuriootpa group:	
(Wear comfortable shoes/bring	Hvdro Pool 1.30 - 3.30 pm Aaua	1		
a camera)	Classes	Speak with your	Day Trip Out- Eve Spy Tour	Group
Moderate /High levels of walking		Care Coordinator		12 30 – 1 30 nm. Café
		to discuss your	Lunch: Mustery Lunch Shot	
		options and to		
		support your		1:30 - 2.30 pm: All Aboard
		individual needs		BINGO
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	Jov Rice 10.30 – 11.30 am "Keen	Individual Social	10 – 2.30 pm	10 – 11.30 am: Mix and
	on Movina" Exercises	Support or Small	-	Mingle
		Interest Groups	Endunda / Nurioetad areun:	
				10 – 12.30 am: BV Bowlers
PUBLIC HOLIDAY		Speak with vour	חפום ונו בטמטרומם	Group
	Classes			-
			AM: Better Balance Exercises	<b>12.30 – 1.30 pm:</b> Café
				Luncheon
		options and to	PM: Art n Crafty	1.30 - 2 30 am: All Aboard
		support your individual needs		BINGO
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9 – 3.30/4 pm	<b>Joy Rice 10.30 – 11.30 am</b> "Keep	Individual Social	10 – 2.30 pm	10 – 11.30 am: Mix and
"Exotic and Australian	on Moving" Exercises	Support or Small		Mingle
Animals"		Interest Groups	Eudunda/ Nuriootpa group:	10 - 12 30  cm; B// Bowlers
Corge Wildlife Bark	Hvdro Pool 1.30 - 3.30 pm Agua			<b>10 - 12.30 am:</b> BV BOWIEIS
	Classes	Speak with your	Dav Trip Out-Discovering Historic	Group
		Care Coordinator	Kapinda	12.30 – 1.30 pm: Cofé
Up close with your tavourite		to discuss your	2	
animals: \$18 entry tee		options and to		
Moderate/High levels of walking		support your	Potonya Deserve	1:30 - 2.30 pm: All Aboard
Lunch: BBQ on riverfront		individual needs		BINGO
16	17	18	19	00
9 – 3 30/4 nm	lov Rice 10 30 - 11 30 cm "Keen	Individual Social	10 - 2.30  pm	10 = 11 30 am: Mix and
"A trip to the River"	on Movina" Exercises	Support or Small		
			Endinoda / Nirricotoa aronne:	
Wdikerie Kiverront	Hvdro Pool 1 30 - 3 30 pm Adita		Edudiau/ Nollooipu group. Hald in Fridrinda	10 – 12.30 am: BV Bowlers
Come relax and enjoy the scenery		Speak with your		Group
the perfect way to enjoy the river and		Care Coordinator	AM/PM: Battar Balance Evercises	12 30 – 1 30 nm: Cafá
enjoy a game of lawn bowls.		to discuss your	in Colin Thiele Park	Luncheon
Low/Moderate levels of walking		options and to		
		support your individual paads	Picnic in the Park	<b>1:30 - 2:30 pm:</b> All Abound BINGO
LUNCN: BBQ ON INVERTIONT				

October (advanced notice) Community Connections Calendar - Enquiries 0488 220 205

## Friday Café Menu - September

Community Connections Calendar

Date	Lunch	Dessert
1 September	Silverside, mashed Potatoes, Greens & Mustard Sauce	Peach Cobbler & Custard
8 September	Braised Lamb Chops & Vegetables	Apple Crumble & Ice Cream
15 September	Beef Lasagne, Chips & Sa <mark>lad</mark>	Fruit Trifle
22 September	Corned Beef Silverside, Mashed Potato & Greens	Sticky Date Pudding & Cream
29 September	Roast Lamb Shoulder and Vegetables	Pavlova with Peaches & Raspberry Coulis

Bookings are essential; please confirm your attendance by the Wednesday prior - Phone 8562 0300

### **ILU Residents Activity Calendar - September**

Activity	Date	Time	Location
Games Group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 14th	4.30 pm	Joy Rice Centre
Movies - Alternate Fridays	Friday 1st: Million Dollar Baby Friday 15th: Skyfall Friday 29th: When we left the Earth	6.30 pm	Joy Rice Centre
Art & Craft Group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler Live Shows on Facebook	See ILU Social Club date for live show		As per Facebook page
ILU Residents Social Club Meeting	Monday 11th – Harmony performance	1.15 pm	Joy Rice Centre Bobby Dazzler
Music Night	Saturday 9th	7.00 pm	Joy Rice Centre
Men's Group	Wednesday 6th & 20th	1.30 pm	The Lodge/ Outings
Residents Market	Saturday 2nd	9.00 am to 1.00 pm	Reusch Center

For more information about the activities or bookings - Phone 8562 0300