

Grapevine

June 2023



Above: Lissy Amtsberg celebrated her 100th birthday

A CENTURY OF CELEBRATING!

Family, friends and Barossa Village staff gathered at The Lodge - Barossa Village on May 29th to honour Lissy Amtsberg's life, celebrating her 100th birthday, 40 years living in our Independent Living Community and 30 years of Volunteer service. The room buzzed with heartfelt conversations as loved ones enjoyed Lissy's compassion, friendship, and zest for life!

Through Lissy's acts of kindness, community involvement and dedication, She has positively impacted the lives of countless individuals, leaving an indelible mark on the community. The celebration also served as an opportunity to honour Lissy's immense contributions.

The room erupted in applause and cheers as the centenarian blew out the candles on a magnificent birthday cake. As the festivities continued, guests enjoyed the opportunity to reconnect and reminisce over shared stories and fond memories while marvelling at the incredible impact of Lissy. Thank you, Lissy; you are an adored member of our Barossa Village community.

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CEO Update

May is a month for important acknowledgements. On International Nurses Day (12-May), we took the opportunity to say thank you to our nursing and care teams for the vital and compassionate services they deliver.

Mother's Day (14-May), we wished all the fantastic women in our lives a truly special day; they certainly deserve it.

We closed out the month with National Volunteer Week, during which we acknowledged our volunteers for their generosity and commitment to helping create more good days.

No matter what role you play for the Barossa Village, my sincerest thanks for your effort, contribution and support. We cannot achieve great things without you.

Ben Hall

Collaboration Announcement

Pat's Cafe is Open

Savor Delicious Delights Just Steps Away!

Wendy Williams from Hot'N Frothy Coffees is responsible for the beautiful aroma of freshly brewed coffee wafting down the corridors; with this, we are thrilled to announce the reopening of our beloved Pat's Cafe at the Residency!

I CAN'T FULLY ESPRESSO MY EXCITEMENT - Ben Hall

Open on selected weekdays, with hours displayed at the cafe as we trial times to identify the ideal opening hours.

Purchase from the selection of delicious treats or hot beverages of your preference and join us as we create a warm and welcoming space for residents, families, and staff to indulge in tasty treats and heartwarming conversations.



Demintia Care

Why is community support for dementia care necessary?

Community support for dementia care is essential in providing a sense of belonging and reducing isolation for individuals, their families and caregivers, who often face unique challenges.

It promotes education, awareness, and access to valuable resources, empowering caregivers with practical knowledge and tools. Creates a supportive network of understanding individuals who can empathize, share experiences, and offer emotional support.

Ultimately, it fosters a compassionate environment where individuals with dementia can thrive, maintaining dignity and quality of life.

What should I do?

Join our FREE monthly Dementia Care Support Group and make a meaningful impact in the lives of individuals with dementia and their caregivers. Together, we'll provide understanding, support, and valuable resources. Don't miss this opportunity to make a difference.

Tuesday, June 27th, 10 am to 12 pm, at the Barossa Village Residency with morning tea included.

Book your attendance by Monday 26th June. for catering purposes.

For further information and bookings, Please phone 8562 0300.



Resident Stories

Meet Alan Hall

Barossa Village Residency Resident

I was born to Jim and Jean Hall on the 20th of December 1932 in Brighton. I have one brother Jim (Dec), and one sister Joan. We lived in a small house on the Brighton Esplanade. I attended two private primary schools - one in Brighton and the other at Somerton, which involved riding my bike for nearly 5 km. At ten years of age, I went to Prince Alfred College.

I decided to train for a teaching career at the Teachers College on Kintore Avenue. After attending Teachers College and University, in 1953, I was appointed to the one-teacher school at Galga, which had 12 students. 1957 I was transferred to Lucindale Higher Primary School, and in 1960, I moved to Yankalilla Area School. While at Yankalilla, I became friendly with Joy Nordback, who was teaching years 1 & 2.

I married Joy at the Methodist Church in Torrens Park in January 1963. Both Joy and I were appointed to Loveday primary school for a year. I was then appointed Deputy Principal at Lucindale, a familiar territory.

Joy had retired, and we were preparing to raise a family. We had three children Gillian, Tim and Phillip. We moved to Oakbank, where I served as Deputy Principal for two years and acting Principal for my third year.

In 1969 I became the Principal of Moonta Primary School for three years. I was offered the position of Principal in Darwin, where I stayed for two Years. After Darwin, I was offered a position at Nuriootpa, and I stayed for 17 years.



I played cricket, tennis, lacrosse, lawn bowls and football. During my football days, I was invited to train at Norwood; I played for Glenelg for one year and barracked for Sturt. I follow West Coast in the AFL. I spent many great times fishing at Port Hughes.

I was involved with the Bush Gardens and Meals on Wheels (20 years), was Vice president of the Angaston Main Street committee, started Barossa/Gawler prostate cancer support group and did several roles at Angaston Bowling Club. All of this led to receiving Citizen of the Year in 2004.

I am a keen gardener and enjoy almost all flowers. I have always had dogs, sometimes two or three. Friends are looking after my dog Emery.

BVRA Update

The next meeting is scheduled for Tuesday, 6 June 2023.

Australia's Biggest Morning Tea

Thank you for your incredible support and donations!

Your generosity at our recent fundraiser event has made a significant impact. On Thursday, 25 May, the Barossa Village hosted Australia's Biggest Morning Tea intending to raise \$1000.00 in honour of Sandi Evans, a much-loved member of our nursing team at The Residency.

For those of you who had the privilege to connect with Sandi, you would know that she was an extraordinarily kind and caring human with a particular passion and wealth of knowledge surrounding the care of our residents living with dementia.

With your immense generosity, we raised an impressive **\$1541.00** to provide essential resources, research and support to cancer patients and their families.

Thank you to Wellbeing Team for beautifully setting up the room and everyone who helped organise the day. Thank you to our Residents, staff, community and families for the combined efforts, including those who prepared the morning tea. We are truly grateful for your kindness and compassion.



New Initiatives

Wing Meeting

Barossa Village Residence Voice

Barossa Villages' first Residency Wing Meeting was held on Thursday, May 25th, and it was a great success. Each Residency wing connects to discuss important issues. Topics raised included: Staffing, Wellbeing Activities, Food and Hospitality and the facility. Residents discuss these topics with their elected Wing Representative responsible for conveying their voice to Barossa Village Management.

We have established this new initiative to foster a support network and engagement by recognising the invaluable wisdom, insights, and experiences that our Residents bring to our community. Involving our Residents in decision-making processes is vital for maintaining a resident-centric approach and continually improving the quality of care we provide.

The Wing Representatives will serve as a platform for open dialogue, collaboration, and mutual respect between our Residents, Staff, and Management. It will provide a direct channel for residents to share their thoughts, concerns, and suggestions for various aspects of our organisation's operations. Through this collaboration, we aim to create an environment where everyone's opinions are valued, enabling us to understand better and meet the diverse needs of our residents.

Barossa Village is committed to fostering an environment of inclusivity, respect, and collaboration where the voices of our residents are genuinely heard and integrated into our operations. We extend our heartfelt gratitude to our Residents for your participation. We look forward to working together to build an even stronger and more vibrant aged care community.



The Village
OP SHOP

♥

Located at the Arthur & Gladys Reusch
Community Centre | 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am - 3.30pm

P: 8562 0300

Thank you Sandra

Sharing your enjoyment for gardening

Thank you to Sandra Hausler for tending to the roses in the GH garden.

It was fantastic to hear the Residents in GH acknowledge Sandra in the first Resident Wing Meeting. Her efforts and dedication to pulling weeds and looking after this area have helped create a serene and delightful space for all to enjoy.



Paddock-To-Plate

A huge thank you to the Gardening Team for delivering 40 bags of potting mix for the gardens in CD!

We endeavour to cultivate a wonderful paddock-to-plate experience by growing fresh herbs and vegetables; our residents will enjoy nutritious and delicious meals from the garden. We look forward to updating you on this development.



Baby News!

Meet Tahli Normington

Introducing our newest member of the Barossa Village family.

The news many have been waiting for; Bec Normington, our Marketing Specialist, has welcomed her little baby girl into the world.

We're thrilled to announce the arrival of **Tahli Quinn Normington**. Born at 1:12pm, May 3rd, weighing 3320g (7.3lb).

Tahli is a precious bundle of joy, and we look forward to Bec bringing her for visits. With so many lining up for baby cuddles, we may need to keep her busy when we see her next.

Congratulations to you, Bec, your husband, Simon and your 2-year-old daughter, Harper on the newest member of your precious family.



Grapevine June Puzzle

O G D N G Q B N I I P R E S I D E N C Y J X E
G I H O M B O O K S G Q I A S S O R A B L Y H
A L X R X Q R E N O I S S A P M O C G T H E G
R H N M F R I E N D S Q A W G C H W N Y M W I
D A R I L Y C O O K I N G B N H E C I I O K B
E T E N G N I E B L L E W T I N B D T V V E M
N S T G A N I M A L S C K L L G S C N I I S P
S G H T J N O I T A R O B A L L O C I L E I U
K N G O Y C M U S I C P J E E S H F A L S C Z
V I U N Y W C Y I V Z A R F T I U E P A C R Z
O T A L V O L U N T E E R S Y X B R B G Y E L
U U L U D P W Y X K V E X P R L X C V E I X E
M O O G N I B J N R S R E W O L F E S E P E N
M C E V I T A E R C I Y J L T M T C L J Y N L
J K U G R A P E V I N E Y H S D V E D M B S C
Y F C A L A N C O U R A G E V N C R A F T S T

Find the following words in the puzzle.

Words are hidden     and .

ALAN	COURAGE	LAUGHTER	STORYTELLING
ANIMALS	CRAFTS	MOVIES	SURVEY
BAROSSA	CREATIVE	MUSIC	TAHLI
BINGO	EXERCISE	NORMINGTON	VILLAGE
BOOKS	FLOWERS	OUTINGS	VOLUNTEERS
COLLABORATION	FRIENDS	PAINTING	WELLBEING
COMPASSION	GARDEN	PUZZLE	
COOKING	GRAPEVINE	RESIDENCY	

Around Our Barossa Village Community

Animal Therapy

Residents were delighted with Old McDonald's Farm bringing their precious animals for our Animal Therapy Wellbeing Activity. Through interactive sessions and cuddles, these therapy animals uplift spirits, reduce stress, and create heartwarming connections, and as always, the Residents loved the experience. Furry companions have become cherished members of our Barossa Village community, providing unconditional love and emotional support.



Quality of Life Survey

In June, the Wellbeing Team is conducting the Quality of Life Surveys. The Survey aims to ensure that Residents have a voice and a say in their life at Barossa Village. The Survey is designed to gain feedback from Residents about their independence, social relationships, activities and pain and care management. The Quality of Life Surveys also create a star rating for Barossa Village and help to encourage others to come to a quality establishment.



Hairdresser

Tuesdays at the Residency

Thursdays at The Lodge

IRENE RICKARDS: 8564 2195 | 0414 607 135

in salon or can come to you!

MONDAY MAY 29	TUESDAY MAY 30	WEDNESDAY MAY 31	THURSDAY JUNE 1	FRIDAY JUNE 2
<p>9 – 3.30/4 pm</p> <p>Hazels Collectables at Munno Para <i>Low levels of walking</i></p> <p>Lunch: Café de Villis at Elizabeth</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am “Keep on Moving” Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Held in Eudunda</p> <p>AM: Better Balance Exercises</p> <p>PM: Eudunda SALA project Brain Teasers Rally Race</p>	<p>10 – 11.30 am: Mix and Mingle</p> <p>10 – 11.30 am: BV Bowlers Group</p> <p>12.30 – 1.30 pm: Café Luncheon</p> <p>1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Burra Railway Station and Morpheitt Engine House Museum <i>Moderate levels of walking</i></p> <p>Lunch: St Just Café Burra</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am “Keep on Moving” Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Day Trip</p> <p>- “Indulge in Chocolate” at the Chocolate Factory and Menz Fruit Choc Shop</p>	<p>10 – 11.30 am: Mix and Mingle</p> <p>10 – 11.30 am: BV Bowlers Group</p> <p>12.30 – 1.30 pm: Café Luncheon</p> <p>1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Public Holiday Monarchs Birthday</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am “Keep on Moving” Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Held in Eudunda</p> <p>AM: Better Balance Exercises</p> <p>PM: Eudunda SALA project Music and Karaoke</p>	<p>10 – 11.30 am: Mix and Mingle</p> <p>10 – 11.30 am: BV Bowlers Group</p> <p>12.30 – 1.30 pm: Café Luncheon</p> <p>1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Majestic Big Bend Cliffs and Big Bend Lookout <i>Low levels of walking</i></p> <p>Lunch: Swan Reach Hotel</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am “Keep on Moving” Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Day Trip</p> <p>- Munno Para Shopping Day</p> <p>- Lunch at the Food Court</p>	<p>10 – 11.30 am: Mix and Mingle</p> <p>10 – 11.30 am: BV Bowlers Group</p> <p>12.30 – 1.30 pm: Café Luncheon</p> <p>1:30 – 2.30 pm: All Aboard BINGO</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>June 26 9-3.30/4 pm</p> <p>Thrift Shopping at the Port</p> <p><i>(Moderate level of walking required)</i></p> <p>Lunch: Fasta Pasta Port Adelaide</p>	<p>June 27</p> <p>9-10am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 - 11.45 am "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30-3.30pm Aqua Classes</p>	<p>June 28</p> <p>Individual Social Support or Small Interest Groups</p> <p>"Speak with your Care Coordinator to discuss your options and to support your individual needs"</p>	<p>June 29 10-3.30pm:</p> <p>Eudunda/ Nuriootpa Group:</p> <p>Day Trip Out-</p> <p>: Mystery Tour and lunch at a Surprise location</p>	<p>June 30</p> <p>10-11.30am: Mix and Mingle</p> <p>10-12.30am: BV Bowlers Group</p> <p>12.30-1.30pm: Café Luncheon</p> <p>1:30pm-2.30pm: All Aboard BINGO</p>
<p>July 3 9-3.30/4 pm</p> <p>Adelaide Goal-(entry fee \$15.50)</p> <p><i>(Moderate level of walking required)</i></p> <p>Lunch: Bakery or Bring your own.</p>	<p>4</p> <p>Joy Rice 10.45 - 11.45 am: "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30-3.30pm: Hydro Exercise Classes</p>	<p>5</p> <p>Individual Social Support or Small Interest Groups</p> <p>"Speak with your Care Coordinator to discuss your options and to support your individual needs"</p>	<p>6 10-2.30pm:</p> <p>Eudunda/Nuriootpa Group:</p> <p>Held in Eudunda:</p> <p>AM: Better Balance Exercises PM: Eudunda SALA project/ : Board Games</p>	<p>7</p> <p>10-11.30am: Mix and Mingle</p> <p>10-12.30am: BV Bowlers Group</p> <p>12.30-1.30pm: Café Luncheon</p> <p>1:30pm-2.30pm: All Aboard BINGO</p>
<p>10 9-3.30/4/5 pm</p> <p>Explore Strathalbyn</p> <p>Full day Out</p> <p><i>(Moderate level of walking required)</i></p> <p>Lunch: Victoria Hotel in Strathalbyn</p>	<p>11</p> <p>Joy Rice 10.45 -11.45 am: "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30-3.30pm: Hydro Exercise Classes</p>	<p>12</p> <p>Individual Social Support or Small Interest Groups</p> <p>"Speak with your Care Coordinator to discuss your options and to support your individual needs"</p>	<p>13 10-2.30pm</p> <p>Eudunda/Nuriootpa Group:</p> <p>Day Trip Out-</p> <p>. Virginia Nursey : Lunch in the Cafe</p>	<p>14</p> <p>10-11.30am: Mix and Mingle</p> <p>10-12.30am: BV Bowlers Group</p> <p>12.30-1.30pm: Café Luncheon</p> <p>1:30pm-2.30pm: All Aboard BINGO</p>
<p>17 9-3.30/4 pm</p> <p>Meadsdays Lookout, near Crafrers</p> <p><i>(Low level of walking required)</i></p> <p>Lunch: Lunch at Lobethal Hotel</p>	<p>18</p> <p>Joy Rice 10.45 – 11.45am: "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30-3.30pm: Hydro Exercise Classes</p>	<p>19</p> <p>Individual Social Support or Small Interest Groups</p> <p>"Speak with your Care Coordinator to discuss your options and to support your individual needs"</p>	<p>20 10-2.30pm</p> <p>Eudunda/Nuriootpa Group:</p> <p>Held in Eudunda:</p> <p>AM: Better Balance Exercises PM: Eudunda SALA project : Express yourself through painting</p>	<p>21</p> <p>10-11.30am: Mix and Mingle</p> <p>10-12.30am: BV Bowlers Group</p> <p>12.30-1.30pm: Café Luncheon</p> <p>1:30pm-2.30pm: All Aboard BINGO</p>

Friday Café Menu - June

Community Connections Calendar

Date	Lunch	Dessert
2 June	Apricot Chicken & Rice	Apple Pie & Ice Cream
9 June	Silverside, Mash & Colcannon	Pavlova with Fruit and Whipped Cream
16 June	Chicken Parmi, Potato Bake & Vegetables	Panna Cotta with Mango Coulis
23 June	Beef in Dianne Sauce & Vegetables	Sticky Date Pudding with Butterscotch Sauce
30 June	Roast Lamb, baby potatoes & Peas	Peach Cobbler & Custard

Bookings are essential; please confirm your attendance by the Wednesday prior - Phone 8562 0300

ILU Residents Activity Calendar - June

Activity	Date	Time	Location
Games Group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 8th	4.30 pm	Joy Rice Centre
Movies - Alternate Fridays	Friday 9th Friday 23rd Movies to be announced	6.30 pm	Joy Rice Centre
Art & Craft Group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler Live Shows on Facebook	See ILU Social Club date for live show		As per Facebook page
ILU Residents Social Club Meeting	Monday 12th Doug & Garry	1.15 pm	Joy Rice Centre Bobby Dazzler
Music Night	Saturday 17th	7.00 pm	Joy Rice Centre
Men's Group	Wednesday 14th & 28th	1.30 pm	The Lodge/ Outings
Residents Market	Nil in June	9.00 am - 1.00 pm	Reusch Center

All activities are subject to COVID restrictions.

For more information about the activities or bookings - Phone 8562 0300