

Grapevine

May 2023



Above: Barossa Village 'More Good Days' float for the 2023 Barossa Vintage Parade

IT WAS INDEED A GOOD DAY!

Participating in the Barossa Vintage Festival Parade was an exhilarating experience filled with joy, excitement and a tremendous expression of community collaboration. The cheers and waving crowd, the colourful floats, music, costumes and the energy of the staff and volunteers created unforgettable memories of fun and connection.

Following the parade, the fun continued with the Nuriootpa Town Day. Our ILU Residents host a large community interaction area with knitting lessons, painting and virtual reality experiences. They were highly valued, and the activities were enjoyed by many.

It was a fabulous day! Thank you to everyone who made it possible, staff and their families who volunteered their time, Kevin Lange for using his trailer, Phylip and Shirley Nash representing the Barossa Village as our traffic marshal, Inge Fimmel, Eulie King, Giesla Irlam and Bistro for facilitating the Nuriootpa Town Day activation area as well as Heather Parker for supplying her plants for decorations.

IN THIS ISSUE

Congratulations.....	2
Dream Come True.....	4
Meet Coral.....	5
Recycling Project.....	8
Event Highlights.....	12
Calendars.....	16



CEO Update

I hope everyone has had the chance to watch the launch video of our new core values: **collaboration, creative thinking, courage** and **compassion**; if not, check it out on YouTube @barossvillage3616.

We call the values 'new', but they were selected as they are already intrinsic to our work. Our values give us the necessary focus and keep us accountable, with them being front of mind in our actions and decision-making.

Over the past month, I've been thinking about how we 'collaborate' with local businesses. We have lots of wonderful relationships that support us in what we do. Most recently, most will know that Mehl Sourdough will be joining us at the Lodge, working out of our refurbished kitchen. I hope to be soon able to announce a new provider revitalising 'Pats Café' at the Residency both bringing services that our community can enjoy.



A highlight has been our participation in this year's Barossa Vintage Festival. The Vintage Parade, Living Library Exhibition and Nuriootpa Town Day showcased how our values come together for the community. It was our absolute pleasure to be a part of this festival season for the community – it's been missed in recent times.

Ben Hall

Congratulations Phylip Nash



Phylip Nash was awarded the Tanunda Bowling Club Championship Men's Singles Title for 2023 at the age of 80.

He has been competing for, on and off, 40 years and said he was humbled by the award, commenting he plays for the comradeship and the opportunity to meet new people.

Top image: Phylip photographed with Runner-Up Darryl Gear.

Lower image: Phylip receiving award.

Collaboration Announcement

Introducing

Mehl Barossa Made Sourdough

Collaborating with local businesses to support growth and development is marvellous, with the added benefit of having these services connected with our immediate community.

We look forward to a long partnership with Mehl Barossa Made Sourdough and announcing ways to purchase freshly baked goods through The Lodge.

It's something we kneaded!

"We are so excited to move into our new kitchen and join the Village! It's the next step in our business, and thank you again for all your help and generosity so far."

- Martin Ritzmann, Mehl Barossa Made Sourdough.



A Dream Come True

Hazel Howitt's special news

Tom Herring visited Hazel Howitt and shared her remarkable story. Hazel is in feeble health and is terminally ill. During their conversation, Hazel shared her deep connection and love for her Sister.

She shared how the one thing in life she wants more than anything is to see her Sister again, holding her, before she passes. Unfortunately, Hazel cannot travel; her Sister is 89 and lives in England.

Due to the great distance, Hazel and her Sister Skype regularly, including FaceTiming multiple days a week. Hazel has a special pillow she sets up to talk to her Sister, expressing that they place their hands on the screen on each call to connect in the sweetest way they know how.

Tom returned to see Hazel a few days later and was thrilled beyond measure to see her Sister, who arrived unannounced just the day before.

Their family had been planning the surprise visit for some time and had arranged every detail without Hazel knowing.

Hazel was overwhelmed at what was thought to be an unobtainable wish; now she has the joy of holding her Sister tight as she stays with her for a month.

What a beautiful act and display of true happiness. Bring such joyous news into your hearts; dreams can come true!



Celebrating 70 years of marriage



Congratulations, Bob and Alva King, who celebrated their incredible Platinum Wedding Anniversary of 70 years on April 11th.

Married April 11, 1953 at St Margaret's at Woodville.



Meet Coral Baverstock

Barossa Village Residency Resident

I was born in the old Tanunda private hospital on Fiedler Street: the first child and only daughter of Cliff and Amelia Laycock. My brother Richard was born some years later, completing our family unit.

I grew up in the family home in Jane Place, opposite St Johns church, and lived there until my marriage to George Baverstock. After living locally for so long, George and I once married. We moved a few times, living in Berri, then Kingston and Alice Springs, spending several years in each place. The final move was to Tanunda, where George, as an employee of the ANZ bank, worked until retirement.

I spent many happy times in the family shack at Morgan, with many adventures and lots of time spent fishing and swimming. I loved swimming and was proud that I could swim across the river and back again.

My cousin, who was a hairdresser at Gawler, convinced me to learn hairdressing and to work with her; I followed that path, working later for myself in a home setting.

My work days were very long, seeming exceptionally long in winter. Tanunda had a train service in those days, and I caught the 7.00 am train each morning.

On arrival at Gawler, I needed to walk the entire length of the main street, plus a few more streets after that, to the home salon of my cousin. At night I would arrive at the Tanunda railway station around 7.00 pm, where my brother Richard would be waiting for me to “donkey” me home on the back of his bike.

My father was a tremendously charismatic man, and a wonderful singer, performing in many local events. I admired him immensely; he was my hero! We were soulmates and did everything together.

I was a keen tennis player, and a few days after a particular Lyndoch game, I received a hand-delivered letter addressed to me. The letter was from this unknown man George Baverstock, who had watched me play tennis and invited me to a dance. I was embarrassed to read the letter. Mum looked at the letter, which was causing such a stir, and commented on George’s beautiful handwriting, saying he must be a nice man, and told me to phone him. And that was the beginning!

George and I had four children. Peter, who lives locally; David, who met a girl when he was back-packing in Portugal, married and settled in that country; Robin, who lives in Pt. Douglas and Andrew, who lives in Adelaide.

My father was very involved in church choir singing, but my mother was the Christian influence in our home.

My hobbies and interests include piano playing, which I began at 6. In my younger days, I was a keen tennis player and swimmer, and I enjoyed fishing. I played bridge for many years. I am an avid reader, enjoy gardening and watching TV.



Preventing Dementia

Free online course

Enrolments are now open for the next Preventing Dementia MOOC, a free online course offered by the Wicking Dementia Research and Education Centre.

The Preventing Dementia MOOC is suited to everyone - whether you are an individual interested in brain health and/or dementia risk reduction or an allied health professional, clinician, aged care service provider or health professional.

It's never too early or too late to learn more about reducing your risk of developing dementia.

- It's **FREE**, and you can enrol today
- **Course opens on Tuesday, 16 May 2023**
- Duration is four weeks, with an estimated effort of 2 hours per week
- You can learn day or night, at any time, anywhere
- Access the course on your smartphone, tablet or computer
- Receive a personalised certificate on completion.

Enrol today <https://mooc.utas.edu.au/course/32>

Monthly Dementia Group

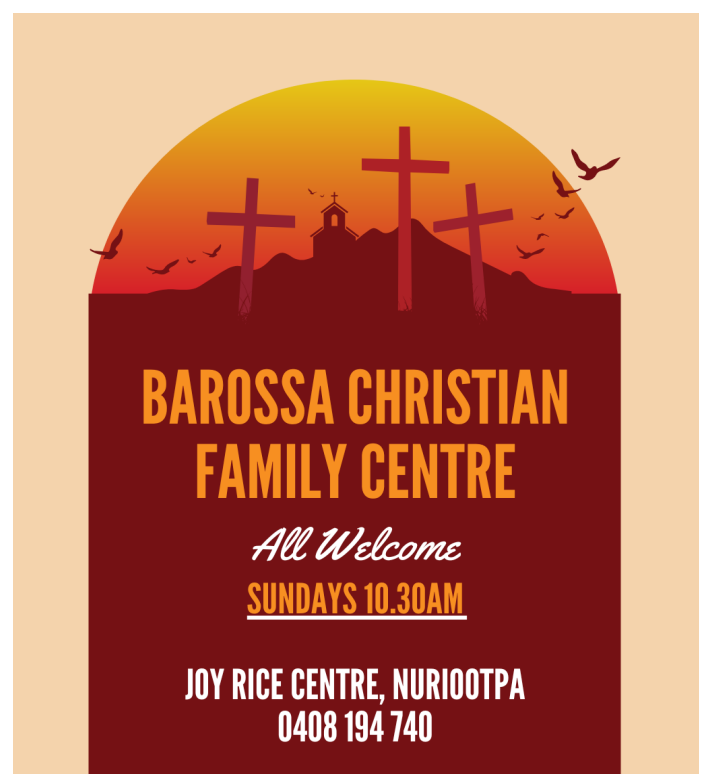
Dementia Community Support Network

Barossa Village offers a free monthly Dementia Support Group open to the general public because we understand that the journey for a carer of someone with dementia is challenging, complex and often lonely.

We also know that the lived experience is invaluable in providing others with support and ideas for managing day-to-day dementia and self-care. Barossa Village is grateful for the support that carers continue to provide in the aged care facility.

The invitation extends to all community members. We encourage you to attend and are welcome to bring family members or anyone within your support network.

Next event, **Tuesday, May 23rd**.
Morning tea provided
Bookings, Phone 8562 0300





Barossa Vintage Festival Exhibition

Oral Histories of the Barossa

Thank you to all those who have helped create this sensational collection.

What an unforgettable experience celebrating Barossa's lived history! The exhibition created an immersive atmosphere with a unique and captivating oral and visual presentation showcasing Residents' personal narratives from our Barossa Village Residential Aged Care Facility.

Through fascinating art installations and powerful storytelling, the general public was allowed to explore the rich and diverse portrayals of people who contributed to shaping the past, present, and future of the Barossa Valley community.

If you missed it or are looking to share the experience with others, the visual boards will be on display at the Residency soon, and the audio stories are available through our website - barossavillage.org



Barossa Vintage Festival Living Library Exhibition

ALAN HALL BORN 20.12.1932

Alan has devoted his life to helping others. He was Nuriootpa Primary School principal for 17 years, a Meals on Wheels volunteer for 25 years and awarded Citizen of the year in 2004.



“ I supported Sturt, I played for Glenelg in the morning and would go barrack for Sturt in the afternoon! ”



BEVAN ROENNFELDT BORN 16.09.1940

Bevan grew up on the family farm at Greenock. Bevan shares early childhood memories of life on the land, Gnadensfrei Church and the Marananga brass band.



“ The farm became modernised in the early 1950s, power was connected and a hot water system and pump were installed and power in the sheds meant lights were available. ”



ELIZABETH MUELLER BORN 14.08.1935

A Seppeltsfield girl whose ancestors were originally from Prussia, Elizabeth reflects on early memories as a Marananga Primary School student during WWII.



“ I remember my first kiss. I know exactly where it was, under the pine tree at Marananga school. ”



GLENDA SCHULTZ BORN 12.12.1935

Growing up in Keyneton with 12 siblings, Glenda remembers the first baby born in the Tanunda Hospital where she worked as one of five of the first trainee nurses.



“ It was a 14 bed hospital at that time, Matron Tscharke was a wonderful Matron. ”



LEON WILKSCH BORN 03.08.1935

Born in Angaston, Leon reflects on life growing up on the outskirts of Moculta, working as a self employed Barossa builder and over 35 years service with Rotary.



“ I had 4 sisters and 2 brothers. This was before TV, they had to do something to keep themselves occupied! ”



Living Library Display Boards

Boards will be relocated for display at the Barossa Village Residency, 9 Atze Parade Nuriootpa.

To listed to the Resident stories, visit <https://barossvillage.org/>

LEWIS HAUSLER BORN 12.08.1945

A Eudunda butcher for 40 years and community volunteer, Lewis was a keen fisherman, traveller and a dedicated member of the Eudunda RSL.



“ I was an active member of the RSL and would volunteer to help Sandra with catering for many functions. ”



ROMA BRAY BORN 21.07.1933

Roma's memories include working at the Adelaide Markets pre 1940 with her father, early Vintage Festivals and the first time she met her husband Kevin.

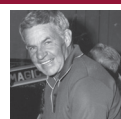
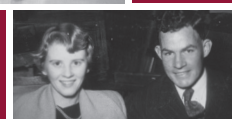
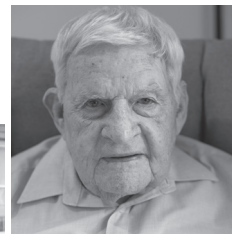


“ 1940 I started school. I wanted to be a school teacher. Dad always said you need to teach the veggies to grow! ”



ROBERT (BOB) KING OAM BORN 06.04.1928

Robert shares his stories of the Nuriootpa Swimming Pool, his years working at the Penrice Quarry, many community activities and early Vintage Festivals.



“ 1988 citizen of the year. I never expected it! ”



SANDRA HAUSLER BORN 13.05.1947

Born in Mitcham, SA. Sandra shares her stories of being a homemaker, community volunteer, ag show judge and keen traveller who also loved fishing with husband Lewis.



“ One year we had 66 entries in the AG show and that was just from Lewis, myself and our daughters. ”



MILTON MATERNE BORN 19.10.1934

Milton grew up on the family farm just outside Greenock. He recalls air raid trenches at Greenock Primary School and pruning techniques in the vineyard.



“ If we drove anywhere, the lights on the truck were only a narrow strip about 2 inches wide! ”



New 10c Community Recycling Project

Refundable containers

10c cans and bottle bins are now available

We are starting to promote our community recycling project to encourage ourselves and others to place their refundable cans and bottles in the particular bins provided.

In addition to the recycling benefit, monies raised support us in providing quality services and care to the older people within our community, building positive wellbeing and supporting more good days.

Bins are now located out the front of the Lodge and in the staff car parking area at the rear of the Residency – feel free to deposit your refundable containers in these bins at any time.

To extend this initiative, we will reach out to other local businesses to place our bins at their place of business, with funds raised redirected to the Barossa Village.

In essence, it is a small and simple way to partner, collaborate and donate across the business without effort and contribute to community outcomes.

Please collect your 10c refundable bottles and cans, drop them off at your nearest bin as often as possible, and share the news! We would love community collaboration and engagement in this new exciting initiative.

Thank you for your support!



Hairdresser

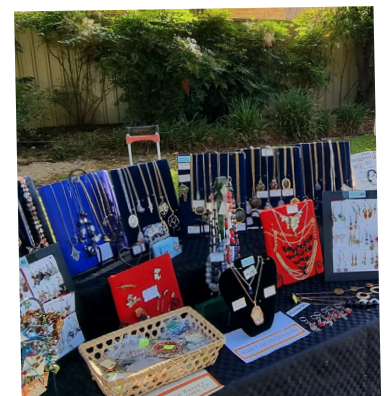
Tuesdays at the Residency
Thursdays at The Lodge

IRENE RICKARDS: 8564 2195 | 0414 607 135
in salon or can come to you!

Around Our Barossa Village Community

First-row images from left to right: Sandra Hausler attending the Semaphore Kite Festival, Harry Gibney (middle), Ian Ross Tinker Shed (right).

Second-row images from left to right: Thursday Connections group at Tanunda Bakery and Residents and Friends Community Market displays at the Reusch Centre, 24a Murray Street Nuriootpa, continuing on the third row.





April 2023

At our meeting, CEO Ben Hall showed us a short, well-produced video promoting the values of the Barossa Village. It is intended to be used for marketing. Ben advised that a new gardener, Tony, had been appointed and that the maintenance team was working on a backlog of outstanding maintenance issues.

The BV management team, he said, is working on pricing to ensure consistency between rental and licence-for-life contracts. Any changes will not affect those of us with current contracts.

Also, according to Ben, Mehl Sourdough bakers will be occupying the bakery building on Scholz Avenue soon, and residents will be able to buy products from them.

At the meeting, Ben distributed a poster inviting cluster reps to attend an information session about the current changes to the Retirement Villages Act that is scheduled for 1 May 23. Previous information about this was emailed to all cluster reps some days ago. The public is invited to make submissions directly to the review group and not to Barossa Village, which may make a corporate submission if considered necessary.

Having not seen Tom Herring for some time, we were delighted that he could take time out from his busy role working on changes to the Commonwealth's Home Care Packages. This is ongoing, and Kobus Strauss has been appointed to help Tom with his various roles. Some of you will already have met Kobus, who assists at our fortnightly Mens' Group meetings and volunteers at the Opportunity Shop.

Several cluster maintenance issues were raised, and Ben addressed these at the meeting. Details of these may be read in the Minutes of Meeting available through cluster representatives or in the Residents' Book Exchange BVRA file.

The next meeting is scheduled for **Tuesday, 6 June 2023.**

President
Robin Henry
0404184474 | robin-henry@outlook.com

The Village
OP SHOP

Located at the Arthur & Gladys Reusch
Community Centre | 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am - 3.30pm
P: 8562 0300

Australia's Biggest Morning Tea

You are invited to join us Thursday, 25 May, for Australia's Biggest Morning Tea. Held at the Residency, 9 Atze Parade, Nuriootpa, from 10 am.

We aim to raise \$1000.00 in honour of Sandi Evans, a much-loved member of our nursing team at The Residency. For those of you who had the privilege to connect with Sandi, you would know that she was

an extraordinarily kind and caring human with a particular passion and wealth of knowledge surrounding the care of our residents living with dementia.

Please bring a plate of food to share and a financial donation to support this cause. The event is open to the general public, RSVPs required by Monday 22, May.



You are invited to our Australia's Biggest Morning Tea. Let's get together and enjoy a cuppa so we can support those impacted by cancer.

Host Barossa Village

Where The Residency, 9 Atze Parade, Nuriootpa

Date Thursday, 25th May

Time 10am

Details In memorie of Sandi Evans, please partner with us to raise \$1000. Donation on the day

RSVP by Monday 22nd May

Phone/Email 8562 0300



Event Highlights - High Tea Dance



We had a fun day together on Thursday, 20th of April at the High Tea Dance at Angaston Town Hall. We had approximately 80 people join us for the event. Mr DJ Ben Ford kept everyone's feet tapping with lots of wonderful music.

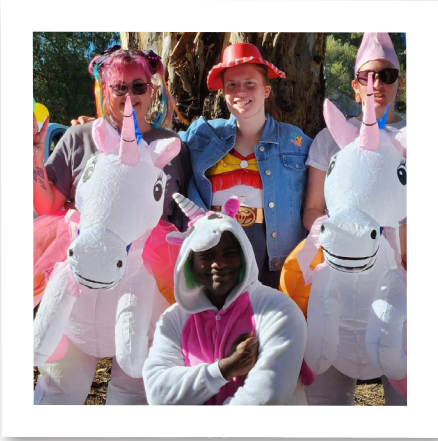
Best Male Dancer went to Tom Falconer. Best Female Dancer went to Penny Brown. Best Dressed Male went to Kevin Prouse, and Best Female to Dianne Craig.

Thank you to the Stall holders for joined us.

- ARAS
- Diabetes SA
- Barossa Hearing
- Advance Care
- Directive Group
- Better Life in Country SA
- The Rex
- True North Yoga
- Barossa Council



Barossa Vintage Festival



Grapevine May Puzzle

G O C K Y T N O I S S A P M O C J L R Z F J P
 M I W X P C L V O L U N T E E R S O Z N A E T
 P D H T S O A E I I S B C O U R A G E S N X G
 C R S H S L V T E A N A S H D E M E N T I A N
 R E O G E L I F S O P Z P S T N E D I S E R I
 E A T I N A T A Z O F P I X A N O I S U V B L
 A M O L D B S R Z J Y F R W X O Y R O T S Y C
 T S H H N O E C F D W U R E M I L N P H G P Y
 I M P G I R F M H C O N N E C T I O N S A R C
 V A K I K A L J O E I L E L H I Q Q G Y R E E
 E R V H O T C C I S U M T N C B A O M P D T R
 E K A O K I E G A T N I V P X I Z T J U N H T
 T E L M Y O D U P M E H L P W H D F I I A G K
 S T U W E N Y E J U L I A P U X N T P O S U S
 C S E D E J D D E J L A R O C E Z W V Q N A N
 L G N G C P A R A D E D P A S T A Z Q Z D L E

Find the following words in the puzzle.

Words are hidden     and .

APPRECIATION
 COLLABORATION
 COMPASSION
 CONNECTIONS
 CORAL
 COURAGE
 CRAFT
 CREATIVE

DEMENTIA
 DREAMS
 EXHIBITION
 FESTIVAL
 FUN
 HIGHLIGHT
 JULIA
 KINDNESS

LAUGHTER
 MARKETS
 MEHL
 MUSIC
 NASH
 PARADE
 PASTA
 PHOTOS

RECYCLING
 RESIDENTS
 SANDRA
 STORY
 TEA
 VALUE
 VINTAGE
 VOLUNTEERS

National Volunteers Week - May 15-21

The Barossa Village would like to take a moment to express my heartfelt appreciation for our Volunteers.

Your invaluable contribution to our organization. Your dedication, commitment, and hard work are the foundation of our success. Whether you gave your time, expertise, or resources, your generosity has made a significant impact on our mission. Thank you, we admire you and your kindness.

Please keep an eye out for an invitation to a celebration event soon to follow.



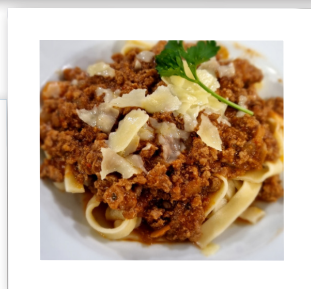
Fun in the Kitchen

We have had some fun in the Residency kitchen! From collaborative cooking sessions to shared laughter, it's a space where creativity thrives, teamwork flourishes, and delicious success is served.

The Great Cook-Off between Dave and Adam, although Adam hand-made the pasta, Team Dave was crowned as the winner with the Residents voting for his

Prawn Liguinie. If you missed the action, visit our Facebook for the hilarious video recap.

Our vines around the Village with our Shiraz grapes were ready for harvest, meaning it was time for some special treats! The delightful Julia Dalby spent many hours preparing the delicious Rote Grutse, Barossa's own signature dish. The Residents were overjoyed; thank you!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 9 – 3.30/4 pm</p> <p>History Tour of Port Adelaide <i>Low levels of walking</i></p> <p>Lunch: British Hotel at Port Adelaide</p>	<p>2 9 – 10 am Bush Garden Walk (gold coin) Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>3 Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>4 10 – 2.30 pm</p> <p>Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Eudunda SALA project Self-Care: Pamper Yourself</p>	<p>5 10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>8 9 – 3.30/4 pm</p> <p>Clare St Art, Murals and Sculptures <i>Low levels of walking</i></p> <p>Lunch: Clare Hotel</p>	<p>9 9 – 10 am Bush Garden Walk (gold coin) Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>10 Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>11 10 – 3.30 pm</p> <p>Eudunda/ Nuriootpa group: Day Trip - Quiz and Game day at Mt Mary Hotel</p>	<p>12 10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>15 9 – 3.30/4 pm</p> <p>Murray Bridge Sight Seeing <i>Low levels of walking</i></p> <p>Lunch: Murray Bridge Community Club</p>	<p>16 9 – 10 am Bush Garden Walk (gold coin) Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>17 Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>18 10 – 2.30 pm</p> <p>Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Eudunda SALA project WII Sports-Interactive Game</p>	<p>19 10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>22 9 – 3.30/4 pm</p> <p>Bay Discovery Centre Glenelg <i>Moderate levels of walking</i></p> <p>Lunch: Broadway Hotel at Glenelg</p>	<p>23 9 – 10 am Bush Garden Walk (gold coin) Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>24 Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>25 10 – 3.30 pm</p> <p>Eudunda/ Nuriootpa group: Day Trip - Truro Op Shop - Bakery Luncheon</p>	<p>26 10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>

MONDAY MAY 29	TUESDAY MAY 30	WEDNESDAY MAY 31	THURSDAY JUNE 1	FRIDAY 2
<p>9 – 3.30/4 pm</p> <p>Hazels Collectables at Munno Para <i>Low levels of walking</i></p> <p>Lunch: Café de Villis at Elizabeth</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Eudunda SALA project Brain Teasers Rally Race</p>	<p>10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Burra Railway Station and Morphett Engine House Museum <i>Moderate levels of walking</i></p> <p>Lunch: St Just Café Burra</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Day Trip - "Indulge in Chocolate" at the Chocolate Factory and Menz Fruit Choc Shop</p>	<p>10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Public Holiday Monarchs Birthday</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Held in Eudunda AM: Better Balance Exercises PM: Eudunda SALA project Music and Karaoke</p>	<p>10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>
<p>9 – 3.30/4 pm</p> <p>Majestic Big Bend Cliffs and Big Bend Lookout <i>Low levels of walking</i></p> <p>Lunch: Swan Reach Hotel</p>	<p>9 – 10 am Bush Garden Walk (gold coin)</p> <p>Joy Rice 10.45 – 11.45 am "Keep on Moving" Exercises</p> <p>Hydro Pool 1.30 – 3.30 pm Aqua Classes</p>	<p>Individual Social Support or Small Interest Groups</p> <p>Speak with your Care Coordinator to discuss your options and to support your individual needs</p>	<p>Eudunda/ Nuriootpa group: Day Trip - Munno Para Shopping Day - Lunch at the Food Court</p>	<p>10 – 11.30 am: Mix and Mingle 10 – 11.30 am: BV Bowlers Group 12.30 – 1.30 pm: Café Luncheon 1:30 – 2.30 pm: All Aboard BINGO</p>

Friday Café Menu - May

Community Connections Calendar

Date	Lunch	Dessert
5 May	Roast Pork & Roasted Vegetables	Strawberry Trifle
12 May	Butter Chicken & Rice	Lemon Tarts & Whipped Cream
19 May	Roast Beef & Vegetable Medley with Yorkshire Puddings	Apple Crumble & Ice Cream
26 May	Cottage Pie	Chocolate Mud cake with Warm Chocolate Ganache & Ice Cream

Bookings are essential; please confirm your attendance by the Wednesday prior - Phone 8562 0300

ILU Residents Activity Calendar - May

Activity	Date	Time	Location
Games Group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 11th	4.30 pm	Joy Rice Centre
Movies - Alternate Fridays	Friday 12th Friday 26th Movies to be announced	6.30 pm	Joy Rice Centre
Art & Craft Group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler Live Shows on Facebook	See ILU Social Club date for live show		As per Facebook page
ILU Residents Social Club Meeting	Monday 8th Games	1.15 pm	Joy Rice Centre Bobby Dazzler
Music Night	Saturday 20th	7.00 pm	Joy Rice Centre
Men's Group	Wednesday 3rd, 17th & 31st	1.30 pm	The Lodge/ Outings
Residents Market	Saturday 6th	9.00 am - 1.00 pm	Reusch Center

All activities are subject to COVID restrictions.

For more information about the activities or bookings - Phone 8562 0300