

Grapevine

February 2023



Above: Board member, Matt McCulloch and Gardening Leading Hand, Steven Sparrow.

NEW FACILITIES IN ACTION!

There is a positive buzz at the Residency, witnessing the new \$6M extension in use. The leading-edge facilities are instrumental in creating innovative best-practice dementia, rehabilitation and respite care solutions. The care-centred design is already actively meeting the needs of our community with visible progress reported.

The Barossa Village, Allied Health team are especially excited by the development, receiving great feedback from the achievement of the first gym session completed Wednesday, 11 January.

“It is well worth the time and effort. If people are committed to their program, they will achieve their goals”, first gym attendee, Ian Ross encouraging others.

The progress continues with the freshly completed landscaping features numerous fruit trees, planted by the Barossa Village Board, Gardening team, and others who attended the facilities opening. Purposefully created to enhance the facility, growing to offer a vibrant outdoor wellbeing retreat: a sensory and edible landscape.

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Barossa Village
people at our heart



CEO Update

Welcome to 2023! I hope you had a great festive season and had a chance to spend some time with loved ones.

We are in great anticipation for what this year will bring, whilst we are challenged with the number of reforms coming

forward, we are confident that our skilled and professional team will be doing their best to provide the highest quality services.

What is exciting is that we can already see our efforts across 2022 bearing fruit. Many of our clients are already making use of the expanded residency facility with amazing feedback.

New ILU clients living in our new homes on Scholz Avenue, and Heidrich Courts, but most importantly a growing workforce with many new people joining what is already a fantastic team. , some of whom you can read about in this edition of the Grapevine.

Ben Hall

Staffing Updates

Don't forget about our new initiative, **Village Stars!**

To ensure we have the strongest workforce now and into the future, we launched Village Stars! A bonus \$100 cash incentive for each successful candidate a staff member recognises and refers to apply for a position within the Barossa Village.

Many of our best team members have come to us via the recommendation of Barossa Village employees. This is how we are highlighting and valuing your contribution.

Through the Village Stars program, candidates who apply for a position and are successful will be asked how they heard about the Barossa Village.

- If the candidate states that they were encouraged by a current Barossa Village employee, and names them, upon appointment, that existing employee will receive \$50 in their next pay.
- A further \$50 will be paid on completion of the new employee's 6-month probation period to the existing employee.

View the current employment vacancies via the Careers page on our website barossavillage.org or scan the QR code

scan me for career updates



Corporate, Community & Retirement Services | 14 Scholz Avenue, Nuriootpa SA 5355
The Residency | 9 Atze Parade, Nuriootpa SA 5355
Postal Address | PO Box 531, Nuriootpa SA 5355

Meet Alana Morgan

Workplace Health, Safety and Return to Work Coordinator

Barossa Village is pleased to introduce Alana Morgan who commenced in her role on the 7th of November 2022.

Born in Adelaide, Alana moved to the Barossa in 2021 to be closer to her partner who lives in Angaston. Very quickly she fell in love with the area and sees the Barossa as such a great place to live. "It's the community", she says, "they're wonderful and it's such an amazing place to raise a family".

Alana's life is full, working in her new role, as well as taking care of her 15-month-old daughter, Adelaide, who is mad about animals. Having recently visited the zoo, Adelaide has perfected the art of roaring like a lion.

With experience working in safety and injury management for a number of years, and previously at Bedford Group, Alana shares that her passion is helping people. She is drawn to the quest of setting up environments that support people to work safely. It is her basic belief that everyone should come home from work the same way they came to work. She recognises that there will be occasions where people sustain injuries at work and enjoys the challenge of supporting individuals back to health through comprehensive injury management.

She recalls a former employee that was injured at work and required surgery. "She wasn't coping very well", Alana says, "She was struggling with the injury and felt that she would never get back to full fitness. Her mental health and wellbeing were suffering. I ramped up the one-on-one support for her, investing hours in rehab and base level counselling. She began to improve and over time returned to full health".

Alana shares that every time she went to the site, she would hear this cry of "ALANA" and she'd look around only to see this employee waving their hands above their head showing that they had fully recovered and in a great place.

We are thrilled to have Alana on board at Barossa Village and believe she will add great value, expertise and support.

Welcome, Alana!



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To receive your digital copy, simply email to join the subscription list

Email: enquiries@barossavillage.org

Meet Betty Seelander

Resident of the Barossa Village Residency

I was born on the 11th of March 1930 to William and Ettie at Curramulka Hospital. Curramulka is a town on the Yorke Peninsula not far from Port Vincent.

I have 6 brothers and 6 sisters' (only 1 sister left), we grew up and went to school at Curramulka where I went to grade 7.

I married Ronald Seelander on the 4th of October 1952.

I have four children, Robert, Mark, Wendy and Dianne. I also have a wonderful daughter-in-law Marg, who has been my main carer. I have 7 grandchildren Pete, Jason, Sallyann, Amy, Kate, Tim and Mark.

I lived at Penrice before moving to Nuriootpa for 5 years and now at Barossa Village. I am very happy living at the Residency.

I have travelled to the Northern Territory. I worked as a shop assistant, at Orlando Wines in the canteen and bottling line and also worked in the vineyard.



My friend Frieda Atze also lives here in Barossa Village, and we are lucky enough to be in the same wing.

I have enjoyed gardening and was a member of the Angaston Garden Club. In my younger years I played netball, football and even cricket.

I did a lot of knitting when the children were young now, I enjoy doing adult colouring and word search puzzles.



Hairdresser

Tuesdays at the Residency
Thursdays at The Lodge

IRENE RICKARDS
8525 2376 | 0414 607 135
in salon or can come to you!



BAROSSA CHRISTIAN FAMILY CENTRE

All Welcome
SUNDAYS 10.30AM

JOY RICE CENTRE, NURIOOTPA
0408 194 740



Meet Kobus Strauss

Community Planning Coordinator

On the 14th of November, Kobus Strauss commenced his role at the Barossa Village, where he works with a team of planners to schedule services for our community clients.

A quiet, gentle and kind man who has had a remarkable journey. Born in South Africa, the youngest of four children, Kobus lived with his gamekeeper father and his mother, who managed a tourist chalet and 3 sisters in a Game Reserve called Umfolozi which was situated approximately 300 kilometers from Durban. He would spend the majority of his days as a child with either his Zulu nanny, Gertrude who would teach him basic household and cooking skills or with Gertrude's husband, Hlabisa's, the Zulu gardener who would take him into the bush and educate him in hunting, gathering and survival skills. Kobus looks back on these days living in the 1800s stone home speaking predominantly Zulu with a sense of joy and happiness. He recalls the sense of pride he had in the work his father was doing in trapping approximately four to five hundred African Rhinos who would be relocated to other game reserves for safety and breeding. The actions of his father in many ways contributed to the ongoing sustainability of the Rhino in South Africa.

Heading off to primary school and then

high school was in itself an adventure. The remoteness of the family home meant that as a young boy, Kobus would need to spend the majority of his time in boarding schools, coming home only in the holidays.

Having left school and spending a few months helping his cousin on a dairy farm, Kobus was conscripted into the South African army at 18 years of age. He reflects back on his early years in the army as challenging but enjoyable. He felt that the army was pivotal in assisting him to truly understand himself, learning very quickly that he could achieve anything he set his mind to, he just had to focus, set his goals and go hard at it. These attributes contributed to his ability to be selected for the South African Special Forces. An elite force that was key to South Africa's security. When asked about his experiences as a Special Forces soldier, he says that the unit was responsible for intelligence gathering and hostage rescue.

It was clear during our chat that he has experienced a lot and with that comes a certain burden. He shares that over time he navigates these challenges by remaining positive, continuously thinking of what's positive in the world.



In 2001 Kobus made his way to Alice Springs with his Australian wife having met her while on a Safari. He quickly settled into life in Australia, securing a job with Centre Link as a Customer Service Officer. After 21 years in Alice, he moved to Adelaide in 2022 to be close to his oldest daughter who is a veterinary student at Roseworthy College, and we are glad he did.

We are delighted to welcome you, Kobus!



True North Yoga is a purpose-built studio in Tanunda designed to provide a relaxing place for you to press reset, stretch out, inspire your day and breathe a little mindfulness into life. From yoga classes to retreats, massage, nutrition, meditation and more; they are community driven and support their customers on the path of holistic wellbeing.

Being one of the group of Barossa Village staff who recently attended a Monday morning Yoga class, I can enthusiastically declare that it was a fabulous experience. In fact, I hadn't felt so good in a long time. The TNY staff were excellent and catered the exercises to the individual's physical abilities.

We are seeking interest from residents in our community who would like to give it a go. 2023 could be the year of wellbeing and this is a great opportunity to start it off in a fun and fulfilling way.

To discuss further, Phone the Barossa Village on 8562 0300 - Option 3



Tom Herring
Integrated Care
Development Coordinator

The Villager

Read online or contact us for your FREE copy of our new quarterly magazine. The Villager Summer 2022/2023 edition is out now!

Full of informative articles, helpful tips, great features and in large print for easier reading.



Phone 8562 0300 or read online barossavillage.org/news

Residency Outdoor Bowls

Our residents have been enjoying the lovely morning sunshine with games of outdoor bowls.

This resident lead activity was suggested by Alan Hall, with the Wellbeing team supporting to get the program up and running.

It was a delight to see the group connect, laughing and having fun together.

The bowls group has continued to grow each week, and we welcome anyone wanting to attend.



The Village

OP SHOP

♥

Located at the Arthur & Gladys Reusch
Community Centre | 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am – 3.30pm




P: 8562 0300

Volunteers wanted!
Phone 8562 0300 to join our amazing Op Shop team.

Word Search Puzzle

Grapevine February Puzzle



Find the following words in the puzzle.
Words are hidden     and  .

- | | | | |
|-------------|---------------|-----------|------------|
| ALANA | FEBRUARY | OUTDOORS | VOLUNTEERS |
| BETTY | FUN | RESIDENTS | WELLBEING |
| BOWLS | GRAPEVINE | STARS | YOGA |
| CARE | HEART | SUNSHINE | |
| COMMUNITY | JOY | SUPPORT | |
| CONNECTIONS | KOBUS | THRIVE | |
| DELIGHT | LAUGHTER | VALUE | |
| FACEBOOK | OPPORTUNITIES | VILLAGER | |

Monday	Tuesday	Wednesday	Thursday	Friday
9am – 3pm Fringe: Ssekabira Robert Visual Art (City) Lunch Walkers Arm Hotel (lunch Bundle) 27	9am – 10am Bush Garden Walk (gold coin) 10:30am – 11:30am Joy Rice: Low impact cardio workout 1:00pm – 3:00pm Joy Rice: Easy Sweet Teats with Di Williamson 1:30pm – 3:30pm Barossa Village Hydro Pool: Aqua Classes 28	Afternoon Small Interest Groups 1	10am – 2:30pm Eudunda Better Balance Exercises & Explore water colour paints (PM) Nuriootpa Keeping Connected – starting in March 2	10am – 11:30am Mix and Mingle 10:30am – 11:30am BV Bowlers Group 12:30pm – 1:30pm Café Luncheon 1:30pm – 2:30pm All Aboard BINGO 3
9am – 3pm Discover the Heritage Buildings in Henley Lunch Henley Beach Hotel 6	9am – 10am Bush Garden Walk (gold coin) 10:30am – 11:30am Joy Rice: Low impact cardio workout 1:00pm – 3:00pm Joy Rice: Macramé Key Ring with June 1:30pm – 3:30pm Barossa Village Hydro Pool: Aqua Classes 7	Afternoon Small Interest Groups 8	10am – 2:30pm Eudunda Day Trip–Manuka Native Nursery Nuriootpa Keeping Connected – starting in March 9	10am – 11:30am Mix and Mingle 10:30am – 11:30am BV Bowlers Group 12:30pm – 1:30pm Café Luncheon 1:30pm – 2:30pm All Aboard BINGO 10
9am – 3pm Bon Accord Mining Museum in Burra. Some walking required (\$4 entry) Lunch Burra at St Just Cafe 13	9am – 10am Bush Garden Walk (gold coin) 10:30am – 11:30am Joy Rice: Low impact cardio workout 1:00pm – 3:00pm Joy Rice: Wet Felting with June 1:30pm – 3:30pm Barossa Village Hydro Pool: Aqua Classes 14	Afternoon Small Interest Groups 15	10am – 2:30pm Eudunda Better Balance Exercises/ Popcorn & Movie (PM) Nuriootpa Keeping Connected – starting in March 16	10am – 11:30am Mix and Mingle 10:30am – 11:30am BV Bowlers Group 12:30pm – 1:30pm Café Luncheon 1:30pm – 2:30pm All Aboard BINGO 17
9am – 3pm Fringe: Gawler Art Exhibition Lunch: Gawler Arms Hotel 20	9am – 10am Bush Garden Walk (gold coin) 10:30am – 11:30am Joy Rice: Low impact cardio workout 1:00pm – 3:00pm Joy Rice: Card Making with Di Williamson 1:30pm – 3:30pm Barossa Village Hydro Pool: Aqua Classes 21	Afternoon Small Interest Groups 22	10am – 2:30pm Eudunda Day Trip– Kapunda Park & Kapunda Museum (\$3) Nuriootpa Keeping Connected – starting in March 23	10am – 11:30am Mix and Mingle 10:30am – 11:30am BV Bowlers Group 12:30pm – 1:30pm Café Luncheon 1:30pm – 2:30pm All Aboard BINGO 24

Friday Café Menu - February

Date	Lunch	Dessert
3 February	Chicken parmi, potato bake & vegetables	Sticky date pudding with butterscotch pudding
10 February	Apricot chicken & rice	Chocolate panacotta with strawberry compote
17 February	Silverside, vegetables & cheesy mustard sauce	Bakewell tart
24 February	Roast beef & yorkshire pudding	Apple crumble

ILU Residents Activity Calendar - February 2023

Activity	Date	Time	Location
Games group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thur 9 February	4.30 pm	Joy Rice Centre
Movies: Movie to be announced	Fri 10 February Fri 24 February	6.30 pm 6.30 pm	Joy Rice Centre
Art & Craft group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler live shows on Facebook			As per Facebook page
ILU Residents social club meeting	Mon 13 February	12.00 pm	Joy Rice Centre
Concerts at Joy Rice	Nil February 2023	6.30 pm	Joy Rice Centre
Men's group	Wed 8 February Wed 22 February	1.30 pm	The Lodge
Residents Market	Sat 4 February	9.00 am - 1.00 pm	Reusch Center
Barossa Village Residents Association	Tue 7 February	1.30 pm	Joy Rice Centre

All activities are subject to COVID restrictions.

For more information about the activities Phone Reception on 8562 0300

Or visit the Client Zone at barossavillage.org