

Grapevine

January 2023



Above: ICA Team Leader Kate Milroy and assisted living resident Paddy Carter

MODERNISING HOME CARE

A recent directive from the Commonwealth Government outlined that community care service providers must cap their management and coordination fees for aged care clients at 20% and 15% respectively.

Barossa Village will be reducing management and coordination fees to 0% and 6% alongside setting service pricing within industry benchmarks.

"We are keen to ensure clients are able to maximise their home care package and our new fee and pricing structure will support clients receiving the hours of services they need to live and age well," says CEO Ben Hall.

Changes are set to come into effect from 1 January 2023. Clients effected by the changes have already been notified directly in writing and the Community Care team will be making individual phone contact with all clients over the coming weeks to ensure the changes are understood.

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HAPPY NEW YEAR



Barossa Village
people at our heart



CEO Update

The last few weeks of 2022 were certainly busy as we announced the roll out of a reduction in home care management and coordination fees in response to the Government's community care fee cap directive.

Alongside this change came the introduction of a 'Star Rating' system for all aged care homes in response to recommendations arising through the Royal Commission into Aged Care Quality and Safety.

While change can sometimes be confusing and unsettling to navigate, we welcome each of these changes within the aged care industry as we know it will bring greater benefits to not only those within our Barossa Village community but older people generally.

We are excited for what 2023 will bring as we continue to grow, focusing on our ethos of 'people at our heart'.

Ben Hall

Staffing updates

We are a growing organisation and are regularly recruiting new talent. We are currently looking to fill the following roles:

- Community Care Manager
- Marketing and Communications Specialist
- Registered Nurses (more than one position available - graduate and experienced Nurses are encouraged to apply)
- Kitchenette Server
- Housekeeper
- Gardener

If you or someone you know would be a good fit for any of these roles get in touch with our HR Team (Dave Rundle & Trish Price) on 8562 0300 or go to barossavillage.org for more information.

Corporate, Community & Retirement Services

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The Residency

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[@barossavillage.org](https://www.facebook.com/barossavillage.org)

Worried about your wellbeing?

Free phone and
online counselling

Call 1300 032 186
saregionalaccess.org.au

**REGIONAL
ACCESS** 



Flying in a Jumbo 400 long range aircraft with 360 passengers aboard they took off, flying 4 hours before any ice masses could be seen.

Sandra remembers the scenery fondly, "there was awesome scenery, with snow covered mountains and glaciers all glistening white in the brilliant sunshine."

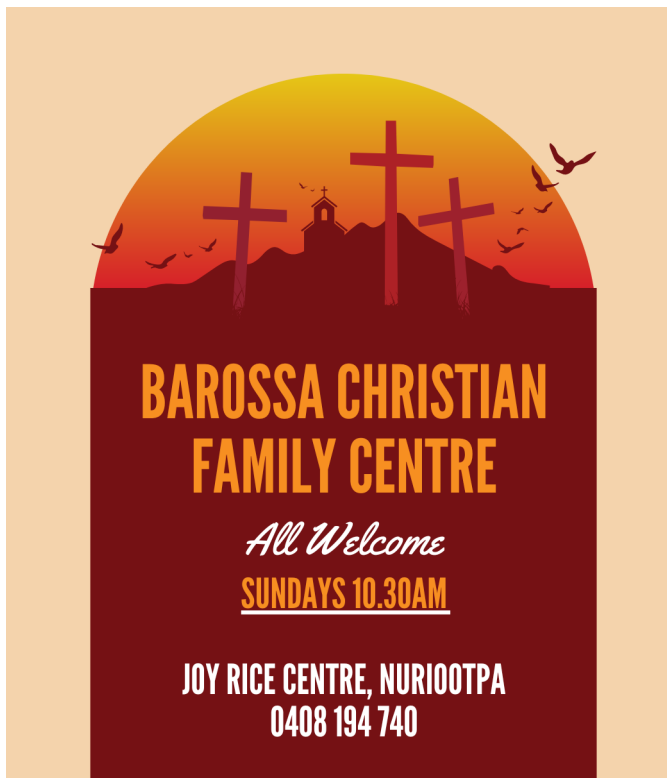
There was information provided from experts who had worked at various bases in the Antarctica. Lew remembers "the clear air and pristine conditions of Antarctica made viewing amazing and indescribable, the coastal plateau of Antarctica rises to 6000ft above sea level and was an icy wonderland".

In total they covered 11,000km in 11 hours, starting the day being served breakfast and ending the day with dinner on the way home. It was an amazing experience they will never forget.

Meet Lew & Sandra Hausler

In February 2004 Lew and Sandra Hausler of Eudunda took a trip of a lifetime, taking the Channel 9 Antarctica Sightseeing Flight with host of the day Keith Martyn.





 A photograph of the cover of "The Villager" magazine, Summer 2019 issue. The cover features an elderly couple in a garden. Text on the cover includes "BAROSSA VILLAGE PRESENTS", "The Villager", "SUMMER 2019", and "BAROSSAVILLAGE.ORG".

Barossa Village's new quarterly magazine
The Villager is out now!

Full of informative feature articles and
in large print for easier reading.

Residential Care

The Royal Commission into Aged Care Quality and Safety highlighted the need for a simple and transparent way to compare the quality of aged care homes. Therefore, a 'Star Rating' system has been introduced which is based on measurable information about service quality.

Just prior to Christmas all aged care home received an overall Star Rating along with a rating against four sub-categories:

- Residents' Experience – residents are interviewed about their overall experience of their aged care home = 33% of overall rating
- Compliance – regulatory decisions by the Aged Care Quality and Safety Commission including compliance with the Aged Care Quality Standards = 30% of overall rating
- Staffing – the amount of care received from a registered nurse, enrolled nurse or personal care worker to each resident in an aged care home compared to the average care targets set by the Australian Government = 22% of overall rating

- Quality Measures – information about five crucial areas of care: falls and major injury, unplanned weight loss, pressure injuries, medication management and the use of physical restraint = 15% of overall rating

The introduction of Star Ratings is a key milestone in the aged care reforms and will deliver a range of benefits, including:

- transparency about the quality of care in all aged care homes
- an easy way to compare the quality of aged care homes using the free 'Find a provider' tool on the My Aged Care website
- nationally consistent quality measures to monitor, compare and improve aged care
- providers will be engaged to continuously improve their Star Ratings, improving the quality of care for older Australians.

For more information about Star Ratings go to myagedcare.gov.au/find-a-provider



Dorothy, Sandra and Mavis show off their Rudolph biscuits at The Residency.



Last month our Community Connections group took a trip to Santa's Cave at Waikerie to see the fun, festive display.



Hairdresser

Tuesdays at the Residency
Thursdays at The Lodge

IRENE RICKARDS
8564 2195 | 0414 607 135
in salon or can come to you!



The Village

OP SHOP

at the Arthur & Gladys Reusch
Community Centre
24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am – 3.30pm

P: 8562 0300

Top Tips

Stay cool this Summer

Older people are at a higher risk of heat-related illness, especially if you have a medical condition, or take certain medicines. Due to the physical changes associated with ageing you may be less likely to notice if you are becoming overheated or dehydrated, and are less able to regulate body temperature by perspiring. Keep your cool this Summer with these tips:

- Drink plenty of water, even if you don't feel thirsty
- Avoid using your oven or stove – it can unnecessarily increase the temperature in your home
- Use an air-conditioner – if this isn't possible put a wet cloth around your neck, your feet in cool water, or take a trip to an air-conditioned public space like the local library for respite
- Avoid going outside in the hottest part of the day (usually between 10am – 3pm)
- Arrange for a friend or relative to check in on you, or register with the free Red Cross Telecross REDi service on 1800 188 071

Healthy new years resolutions

1. Eat more nutrient-dense foods such as fruit, veg, wholegrains and lean meats
2. Engage in a variety of physical activity including aerobic, strengthening, balance and flexibility
3. Think positively
4. Learn something new
5. Help other people / volunteer
6. Engage in the arts
7. Stay connected and make new friends
8. Share a laugh

January Community Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED	6 CLOSED
9 Out and About at the Movies	10 9am - 10am Bush Garden Walk (gold coin) 10.30am - 11.30am: Resistant Band Workout Hydro Pool 1.30am - 3.30pm Aqua Classes	11 Afternoon - Small Interest Groups	12 Nurioopta Keeping Connected Program Eudunda 10.30am - 11.30am: Better Balance 1pm - 2.30pm: Painting at Worlds End Gorge	13 10am - 11.30am: Mix and Mingle 10am - 11.30am: BV Bowlers Group 12.30pm - 1.30pm: Café Luncheon 1:30pm - 2.30pm: All Aboard BINGO
16 Out and About at Henley Beach, lunch at Henley Beach Hotel with jetty walk	17 9am - 10am Bush Garden Walk (gold coin) 10.30am - 11.30am: Low impact cardio workout Hydro Pool 1.30pm - 3.30pm Aqua Classes	18 Afternoon - Small Interest Groups	19 Nurioopta Keeping Connected Program Eudunda 10.30am - 11.30am: Better Balance 1pm - 2.30pm Local sight seeing	20 10am - 11.30am: Mix and Mingle 10am - 11.30am: BV Bowlers Group 12.30pm - 1.30pm: Café Luncheon 1:30pm - 2.30pm: All Aboard BINGO
23 Out and about in the Barossa – chocolate, cheese and wine	24 9am - 10am Bush Garden Walk (gold coin) 10.30am - 11.30 am: Resistant Band Workout Hydro Pool 1.30pm - 3.30pm Aqua Classes	25 Afternoon - Small Interest Groups	26 Australia Day CLOSED	27 10am - 11.30am: Mix and Mingle 10am - 11.30am: BV Bowlers Group 12.30pm - 1.30pm: Café Luncheon 1:30pm - 2.30pm: All Aboard BINGO
30 Out and About in Morgan / Mount Mary for lunch	31 9am - 10am Bush Garden Walk (gold coin) 10.30am - 11.30am: Low impact cardio workout Hydro Pool 1.30pm - 3.30pm Aqua Classes			

Friday Café Menu - January

Date	Lunch	Dessert
13 January	Beef lasagne with tossed salad and garlic bread	Strawberry trifle
20 January	Country chicken pie with vegetables	Peach cobbler with custard
27 January	Braised lamb chops	Bread and butter pudding
3 February	Apricot chicken with rice	Sticky date pudding with butterscotch sauce

ILU Residents Activity Calendar - January 2023

Activity	Date	Time	Location
Games group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thur 12 Jan	4.30 pm	Joy Rice Centre
Movies	Fri 6 Jan	6.30 pm	Joy Rice Centre
	Fri 20 Jan	6.30 pm	
Art & Craft group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler live shows on Facebook		1.15 pm	As per Facebook page
ILU Residents social club meeting	Mon 13 Feb	12 noon	Joy Rice Centre
Concerts at Joy Rice	Sat 14 Jan	6.30 pm	Joy Rice Centre
	Sat 28 Jan		
Men's group	Wed 11 Jan	1.30pm	The Lodge
	Wed 25 Jan		

All activities are subject to COVID restrictions.

For more information about the activities phone Reception on 8562 0300

Or visit the Client Zone at barossavillage.org