

Grapevine

December 2022



Above: CEO Ben Hall, Chairperson Helen O'Brien and Member for Barker Tony Pasin, MP.

'RESIDENCY 21' LAUNCH

On Monday 14 November we celebrated the official opening of 'Residency 21' - the \$6M extension of The Residency which has taken almost two years to complete.

The extension links seamlessly with our existing 100 bed facility, bringing capacity to 121 beds, and enables direct internal access to the hydrotherapy pool. The facilities have been designed with person-centred, best-practice dementia, rehabilitation and respite care in mind.

"It's an exciting new chapter in the Barossa Village story. As a community owned organisation we are proud to be growing with the needs of our community and innovating solutions," says CEO Ben Hall.

Special guests in attendance at the launch event included Member for Barker Tony Pasin, MP and The Barossa Council Mayor Bim Lange.

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Barossa Village
people at our heart

COMING SOON: Barossa Village's NEW quarterly magazine 'The Villager' will be released mid-December!



CEO Update

As the end of the year approaches it's important to take a moment to reflect on 2022.

In May we faced a significant COVID outbreak within the Residency, the management of which is a credit to our dedicated staff, many of which went 'above and beyond' during this time.

Just a few months later in July we celebrated and farewelled retiring CEO Simon Newbold. I'm grateful for the encouragement that the Barossa Village community has provided as I have settled into the role of CEO - it's hard to believe it's been almost six months already!

Launching the Residency extension last month was a definite highlight, seeing such a significant project reach completion is always satisfying!

You will notice the Grapevine has taken on a new format to reflect it's position as our community newsletter. We we also launch a new quarterly magazine, The Villager, which will include in-depth feature style articles.

Have a safe and enjoyable festive season!

Ben Hall

Staffing updates

Welcome to the following new staff members

September:

- Olivia Robinson - Residency
- Jiabao Cui - Residency
- Stephen Mardle - Lodge
- Jordan Milmo - Lodge

October:

- Kishiyo Rundle - Residency
- Joanne Block - Residency
- Virginia Dohnt - Lodge

November:

- Kim Smith - Residency
- Alana Morgan - Residency
- Verena Tarard - Residency
- Sonia Harding - Residency
- Jacobus Strauss - Residency
- Carol Brown - Residency

Corporate, Community & Retirement Services

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The Residency

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Meet Anita Koop

Anita was born in Mount Gambier and grew up in Wandilo where she attended primary school, before going to high school in Mount Gambier.

In 1968 Anita married Don Koop from Glen Coe. Together they moved to Adelaide in 1976, Don had a driving job with SA Dental and Anita was a Personal Assistant to the CEO of SA Water. Anita also worked in numerous other government departments including community welfare during that time before taking on a similar role at Hillcrest Hospital supporting the team of Social Workers and Psychologists.

A new mental health service was then established in Flexitow so she transferred to this location, and eventually ended up working as a Personal Assistant in the Department of Premier and Cabinet.

Anita has two sons, Troy, who lives in Perth



and Justin who lives in Nuriootpa. Don passed away five years ago, and just last year Anita decided to relocate to a Barossa Village Independent Living Unit to be closer to her family. Anita enjoys handicrafts, particularly sewing and enjoyed playing hockey in her younger years.



Meet Eileen Laubsch

Eileen was born in 1927 in Eudunda and grew up with 11 siblings at Freshwater Creek. She met her husband Mervyn at youth group, and before they married

in 1954 they worked in Barmera picking grapes, packing oranges and cleaning the local wineries.

Eileen and Mervyn lived at Light Pass and had seven children - Marilyn who lives in Sydney, Heather, Wendy, Geoffrey who all live locally, Roger who lives in Bendigo and Brenton who lives in Western Australia, and is a grandmother of eight.

After Mervyn passed away Eileen, who played the piano accordion, with her sister and three other women started a band called the 'Valley Entertainers', playing at socials and parties for many years around the Barossa.

Eileen once won first prize at Tanunda show for bread baking, she enjoys collecting blue, green and pink glass and one of her prize possessions is a bell from Austria.

Community Care

Community Coordinator, Katie Hill, recently realised a life-long dream of taking part in the Adelaide Christmas Pageant, with the Summer Holiday float dressed as a police officer.



With Christmas rapidly approaching and the increase in festive engagements outside of routine, please take a moment to notify the Planning Team so we can ensure services are scheduled appropriately.

Our phone options menu has changed - when contacting Barossa Village you will now be given the option to connect directly to the Community team by pressing '2'. You will then speak directly with Community Services Officers Nicole Davis or Virginia Dohnt.

Residential Care

The Residency has navigated another COVID outbreak which impacted 35 residents and six staff. Pleasingly all residents which tested positive for COVID did not get particularly unwell due to the swift administration of anti-viral medications and the support of our skilled nursing and medical team. There was a reduction in visiting, but not a complete lockdown which proved to be successful in supporting

the mental health of all involved.

Visiting requirements of completing a RAT kit and wearing a mask will continue until at least 16 December as directed by SA Health. It is predicted that the peak of the current wave of COVID infections in the community will occur within the first week of December, so we urge you to consider wearing masks in your day-to-day life.

Barossa Village

Residents & Friends Community Market

Saturday 3 December
9am - 1pm

Reusch Centre
24a Murray Street Nuriootpa



In this place

A CHRISTMAS CELEBRATION

KaDenCe

KAPUNDA AND DISTRICTS CHOIR

At the Greenock Institute
10th Dec at 2pm

At Christchurch Kapunda
11th Dec at 7pm

Entry by donation

Enquiries Marilyn 0402 847 418

Around the Village

The 'Great Gatsby' theme dance at the Residency last month was a night to remember!

Residents and staff had fun dressing up within the Gatsby era and enjoyed music curated by DJ Ben.



Please note: Minutes of the Barossa Village ILU Social Club, Barossa Village Residents' Association and Barossa Village Residents' Representative Group will no longer be published in the Grapevine. Digital copies are available to download from barossavillage.org in the 'Client Zone' or directly from the respective group Secretary. Alternatively, hard copies can be obtained from Reception at The Lodge, or can be viewed within the Residents' Book Exchange.



Hairdresser
 Tuesdays at the Residency
 Thursdays at The Lodge

IRENE RICKARDS
 8564 2195 | 0414 607 135
 in salon or can come to you!

The Village
 OP SHOP



at the Arthur & Gladys Reusch
 Community Centre
 24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am – 3.30pm

P: 8562 0300

Tips & Trivia

Reducing festive season stress

While the festive season is a time for joy and celebration, it can also bring additional stress. Some quick tips for taking care of yourself during the 'silly season':

- ✓ Make time for yourself
- ✓ Know your priorities
- ✓ Make space for grief if you are missing someone
- ✓ Reflect on what you are grateful for
- ✓ Take time to meditate / listen to music / deep breathing

Aussie Christmas trivia

- The hottest Christmas Day was in 1971, reaching 40.7 C at 3pm
- The coldest Christmas Day was in 1968 reaching only 16 C
- Last year Australians spent an estimated \$63.9 billion on Christmas
- Australians eat 120 tonnes of prawns and 70,000 dozen oysters and 4.5 million Turkeys at Christmas
- Santa has 4,836,300 children to visit Christmas Eve in Australia this year
- Barossa Village Care Coordinator Katie Hill was in this year's Adelaide's Christmas Pageant

December Community Connections Calendar

Monday at St Hugh's Anglican Church	Tuesday	Wednesday	Thursday at Joy Rice	Thursday at Ward St Eudunda	Friday
			1 10.30am Exercise for Fun 1:30pm Travel Through Norway	1 10.30am Exercise for Fun 1:30pm Colin Thiele Park Games	2 10.00am Circle of Friends BOWLS Competition 12.30pm Friday Café Lunch
5 10.30am Exercise for Fun in the Park 1:30pm Picnic in the Park	6 9.00am Port Parham Lunch Lower Light Hotel	7 Tinker Shed	8 10.30am Exercise for Fun 1:30pm Christmas Bake and Take	8 10.30am Exercise for Fun in the Park 1:30pm Picnic in the Park	9 10.00am Circle of Friends BOWLS Competition 12.30pm Friday Café Lunch
12 10.30am Exercise for Fun XMAS 12:30pm Christmas Luncheon With Party Games.	13 9.00am Waikerie Santa's Cave Lunch Waikerie Hotel	14 Tinker Shed Christmas Party	15 10.30am Exercise for Fun 1:30pm DOUG VENNING SINGING Christmas Party	16 10.30am Exercise for Fun XMAS 12.30pm Christmas Luncheon With Party Games.	17 10.00am Circle of Friends 12.30pm CHRISTMAS FESTIVE LUNCHEON BINGO
19 XMAS CLOSURE	20 XMAS CLOSURE	21 XMAS CLOSURE	22 XMAS CLOSURE	22 XMAS CLOSURE	23 XMAS CLOSURE
26 XMAS CLOSURE	27 XMAS CLOSURE	28 XMAS CLOSURE	29 XMAS CLOSURE	29 XMAS CLOSURE	30 XMAS CLOSURE

Friday Café Menu - December

Date	Lunch	Dessert
2 December	Silverside with mashed potato and steamed vegetables	Lemon self-saucing pudding with ice cream
9 December	Roast lamb and vegetables	Lamington with jam and cream
16 December	Chicken mignon, scalloped potato and greens	Apple and rhubarb crumble with custard
23 December	Roast turkey and vegetables	Strawberry cheesecake

ILU Residents Activity Calendar - December 2022

Activity	Date	Time	Location
Games group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thur 8 December	4.30 pm	Joy Rice Centre
Movies:	Fri 9 December	6.30 pm	Joy Rice Centre
	Fri 23 December	6.30 pm	
Art & Craft group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler live shows on Facebook		1.15 pm	As per Facebook page
ILU Residents social club meeting	Mon 12 December	1.15 pm	Joy Rice Centre
Concerts at Joy Rice	Sat 17 December	6.30 pm	Joy Rice Centre
Men's group	Wed 14 December	1.30pm	The Lodge
Residents & Friends Community Market	Sat 3 December	9am-1pm	Reusch Center

All activities are subject to COVID restrictions.

For more information about the activities phone Reception on 8562 0300

Or visit the Client Zone at barossavillage.org