

July 2022

Grapevine

Barossa Village's community news

- ♥ Farewell CEO
Simon Newbold
- ♥ Stay safe from
scammers
- ♥ Research
project passion



Welcome



Barossa Village
people at our heart

**Corporate, Community
& Retirement Services**

Barossa Village
14 Scholz Avenue
Nuriootpa SA 5355

The Residency

9Atze Parade
Nuriootpa 5355

Postal Address

PO Box 531
Nuriootpa SA 5355



The Grapevine is printed on
100% recycled paper.



Read the Grapevine online
barossavillage.org



Follow us on Facebook
[@barossavillage.org](https://www.facebook.com/barossavillage.org)



share your story with us
enquiries@barossavillage.org

On our cover:
Retiring CEO Simon Newbold

Contents

The one that got away	4
ILU Updates	6
Changes coming to home care	8
Farewelling Sue and Carol	8
Meet ILU Resident Mike Fowler	9
Stay safe from scammers	10
Groups return at the Residency	12
Winter find-a-word	13
Research project passion	14
Meet resident Milton Materne	15
Volunteering: a way of life	16
Way to warm your Winter days	18
Community Connections calendar	19
July Cafe Menu	20



Early bird copies of the Grapevine are sent out via email before copies are delivered to mailboxes. Join the list!

Email enquires@barossavillage.org

From the CEO



It is with much sadness but also with much pride that I write my last CEO article in the Grapevine after being with Barossa Village for over 13 years.

It is a great opportunity for me to reflect on my time at Barossa Village and reminisce on the wonderful relationships that I have been so fortunate to have developed over these years, including staff members, Board members, residents, clients and volunteers. Many are still here, but of course many are no longer with us. However, they have all had a positive influence on my life professionally and personally. I truly believe that I am a better person now than when I first arrived because of many of you.

It is people that matter, through the decisions we have made, the strategies implemented, and the infrastructure invested in, all has been done with the best interests of the people we serve. I truly believe in our mantra of people at our heart' and this will continue well into the future.

Through the relationships I have developed I have learned humility, empathy and not to pass judgment. Everybody has a story - some are filled with adventure, some are filled with adversity, and many with both. An example of this was taking Lissy Amtsberg to both Kapunda High School and Faith Lutheran College where she spoke about her time in Berlin during WW2 to a packed house of students and teachers, who listened in awe as Lissy recounted her life in extremely difficult circumstances in wonderful detail and with humility. Victoria and I often reflect on this and the positive impact it had on many students.

My time at the monthly ILU Happy Hours has been so much fun. The comradery, genuine care and inclusion from this group has kept it going from strength to strength and has become part of the social fabric for many of our ILU residents. Whilst my BBQ skills are not extraordinary, I have always had positive comments from the gathering!

It has not always been smooth sailing at Barossa Village. Aged care is never easy and always underfunded. We have also made some mistakes in the past, but we have a resilient team of highly skilled employees that continue to come to work, support each other and provide exceptional care. I have been extremely fortunate to be involved with a great team of people. I want to thank each and every one of you sincerely for the work you do. I have very special memories.

I would also like to thank the Board for their support, confidence and allowing the organisation to be courageous, to continue to grow and to invest in the future, ensuring the organization is financially secure to meet community demand. Their wisdom and guidance is a rarity in this sector.

There are always some work relationships that develop over time with individuals that become very special and I have been so fortunate to have had many of these. I am so grateful to them for their loyalty, friendship and sincere interest in the people around them.

The July ILU Happy Hour is on 14 July, the day before I retire and I would love to see you there so I can thank you and say goodbye - have a meal and have some fun!

I wish you all good health, happiness and hope the future is kind to you. No doubt I will see you in or out in the community! You are in very safe hands with Ben and his team, and I look forward to observing from a distance how this wonderful organisation continues to grow and be very special.

Yours sincerely,

Simon Newbold
Chief Executive Officer





The one that got away

As this will be the final edition of the Grapevine before Simon begins his retirement I'd like to say thanks to the Chief for his leadership of the Barossa Village and personal support that he has extended to everyone within the team, including myself.

I know that he hopes to get some fishing in as part of his retirement so I thought I would do a Top 3 count down of my favourite places to go fishing in South Australia ... a short list that he can always refer to if he's looking to find the one that got away...

3. Sir Josephs Banks group of Islands off of Tumby Bay

My childhood Easter holidays were spent every year at the Tumby Bay Caravan Park with other families involved in the Steel City Sport Fishing Club. I remember that the trip to the islands by boat would be a bit rough, but once in the shelter of rocky outcrops at the end of the Spencer Gulf King George would always pay a visit.

2 Black Point, near Point Lowly.

From one end of the Spencer Gulf to the other, Black Point near Point Lowly is classic rock beach fishing, and at 4am in the morning, when you could still fish for snapper, this is where as an 11 year old I caught an Australian record 11.94kg snapper to win the Whyalla Fishing Competition and take out the special prize of a fiber-glass cast of the winning fish (only if a junior was to win).

Check out the photo - you can see the graze on the side of the fish where it was landed on the rocks.

1 Locks Well Beach

It's changed since I was last there, when you had to navigate your way down the cliff face with a suspended chain in your left hand and surf rod in your right, but what hasn't changed is the sunrise. My Dad and I would make our way down the beach before sun-up, find our spots and fish in to the dark with only the sound of the crashing waves telling us the ocean was there. Fish or not, this is one of my favourite places to go fishing with the sunrise casting long shadows of dark silhouettes across the golden sand just before rods start to bend.

Simon, all the best in your retirement. Thanks for everything and may you always have tight lines.

Ben Hall

**General Manager
Service Delivery**



COVID-19 information

sahealth.gov.au | 08 8226 6000
SA COVID-19 Mental Health Support
Line 1800 632 753 (8am-8pm, 7 days)

health.gov.au
Coronavirus Health Information Line
1800 632 753

Don't wait, get vaccinated

Book at sahealth.gov.au

Masks and QR / sign in are a requirement to enter The Lodge*, the Residency*, Joy Rice Centre* and the Arthur & Gladys Reusch Community Centre.

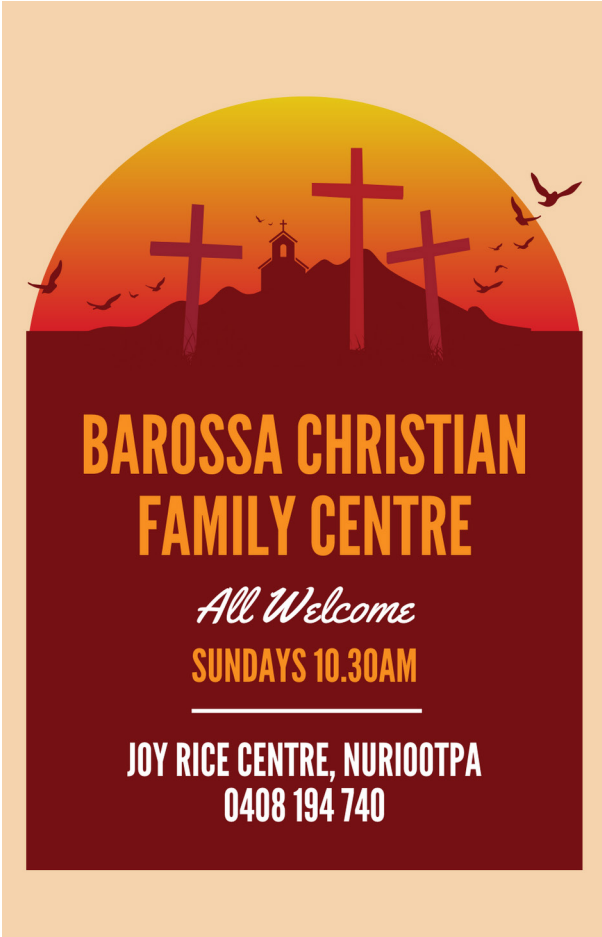
*Proof of vaccination is also required.



Hairdresser

Tuesdays at the Residency
Thursdays at The Lodge

IRENE RICKARDS
8564 2195 | 0414 607 135
in salon or can come to you!



BAROSSA CHRISTIAN FAMILY CENTRE

All Welcome
SUNDAYS 10.30AM

JOY RICE CENTRE, NURIOOTPA
0408 194 740



The Village

OP SHOP

at the Arthur & Gladys Reusch
Community Centre
24a Murray St, Nuriootpa

Open Wednesday to Friday
9.30am – 3.30pm

P: 8562 0300

New volunteers always welcome!

ILU community updates

Movie nights to become matinees

As the cold Winter nights have set in, Movie Matinee events will be trialled from 8 July on alternate Saturday afternoons from 2pm to 4pm, in lieu of Friday night movies. Transport will still be available and we will call the usual attendees during the working week to confirm arrangements.

Concert night and music night

Concert Night, hosted by ILU resident Tom Falconer, will also move to a Saturday afternoon, along with the introduction of a music group, replacing the Vinyl Spin group. Refer to the ILU activity calendar for more information.

Wine Group, Resident Markets & High Tea Dance Delayed

The Wine group which had its first gathering back in May has deferred meetings until Spring, we plan to revisit this opportunity in September.

The next Residents and Friends Market will be 13 August.

The High Tea Dance & Information session has been postponed until September with more information coming soon.

New Barossa Hospital plans

We hosted another community webinar on the new Barossa hospital on Thursday 23 June at the Joy Rice Centre. Progress on the business case has been ongoing since the last successful community webinar held in February. Information included:

- Progress on the full business case
- Completed clinical and services planning
- Community and consumer engagement

Farewell Mr Simon Newbold

Simon has been a great CEO and an awesome presence at Barossa Village and a great friend to many of the ILU residents and staff. On behalf of the Retirement Living sector we wish you very best with our utmost respect and gratitude. Your passion for Barossa Village, your commitment and your service have been amazing. Thank you so much Simon!

Tom Herring

Integrated Care Development Coordinator



Barossa Village ILU Social Club 13 June meeting summary

Kevin opened the meeting at 1.30pm, welcoming 14 members, including Jean Higgenbottom, Judy Richardson, Judy Clarke, Pauline Farrell, Bette Kempton, Helen Roesler, Vi Mitchell, Kevin Prouse, Jackie Chapman, Bev Reid, Nita Jones, Jeanne Whitelaw, Magda Lausberg and Rita Jury. No apologies were received.

Vi moved that the minutes of the last meeting be accepted, Judy seconded, motion carried.

Business arising

- Judy Richardson proposed meetings to commence at 2pm and 2.15pm. Majority agreed, the change of time will commence after the AGM. We will have the entertainment in the movie end starting at 1.30pm. Magda asked if there were other rooms that we could use where there was a kitchen.
- AGM will be held on 11 July with a lunch, short ordinary meeting and an auction from about 12 noon. Members are asked to bring a salad.
- August meeting entertainment will be by Mike aka Mr Bobby Dazzler from 1.30pm
- Vi moved that financial report be accepted, Nita seconded, motion carried.
- Vi moved a request for \$50.00 petty cash be accepted, Bev seconded, motion carried.

The meeting closed at 2 pm. New members are always welcome.

ILU Residents Activity Calendar - July 2022

Activity	Date	Time	Location
Games group	Wednesdays	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 14 July	4.30 pm	Joy Rice Centre
Movies:			Joy Rice Centre
Finding Your feet	Saturday 9 July	2.00 pm	
Poms	Saturday 23 July	2.00 pm	
Art & Craft group	Fridays	3.00 pm	Joy Rice Centre
Bobby Dazzler live shows on Facebook			As per Facebook page
ILU Residents social club meeting	Monday 11 July	12.00 pm	Joy Rice Centre
Concerts at Joy Rice: Simon & Garfunkel Live in Central Park	Saturday 16 July	2.00 pm	Joy Rice Centre
Music group	Saturday 30 July	2.00 pm	Joy Rice Centre
Men's group	Wednesday 13 July Wednesday 27 July	1.30pm	The Lodge / outing

Barossa Village Residents Association (BVRA)

8 June meeting summary

CHSP services

Flora Fielder, Community Care Manager, outlined changes to the CHSP services and the rationale around these changes and apologised on behalf of Barossa Village if confusion had occurred around the correspondence previously sent to clients. Flora will continue to provide regular updates to BVRA, and plans to address residents in each residential cluster over the coming months.

Home Care Packages (HCP)

Flora Fielder addressed questions regarding transport, the expected timeline for new packages to be approved, and changes the Federal Government will be implementing from mid-2023 as to how home care is assessed, funded and delivered. An information session will soon be held to address these matters.

Maintenance and service delivery

Ben Hall, General Manager Service Delivery, reported on the progress of the new residency accommodation construction. COVID continues to impact staffing and therefore maintenance and service delivery. Maintenance issues are being prioritised regarding safety and urgency at present.

Cluster Issues

Atze - Council have been approached regarding implementation of a 'no parking line' along Atze Parade. Council have declined this request.

Amstberg - residents and trades continue to work together ensure driveway access during unit refurbishment is not restricted.

Maria St - air conditioner cleaning procedure outlined - usually done via vacuuming.

Scholz Ave - confirmed smoke detectors are checked annually around daylight savings and documented by Barossa Village.

Hill St - footpaths cleaning requests are being processed and will be completed as time allows.

Kapunda Rd - driveway flooding noted and trees to be trimmed to prevent blockages and trip hazard.

Changes coming to home care

The Australian Government will be changing the way care at home is assessed, funded and delivered, through implementing a new scheme called 'Support at Home', which is proposed to commence from 1 July 2023.

'Support at Home' will bring some exciting changes, and Barossa Village are looking forward to working with you through out the transition. As we work toward this change we will provide regular updates, hold information sessions and speak with you 1:1 over the coming year about what these changes mean for you - our goal is to make the transition to the new system as smooth and stress free as possible for you.

As always we remain committed to providing you with the care you need to remain independent and safe in your home.

If you would like to give feedback on the design of the 'Support at Home' scheme, or get involved in any other aged care reform consultations go to the Departments of Health's website agedcareengagement.health.gov.au

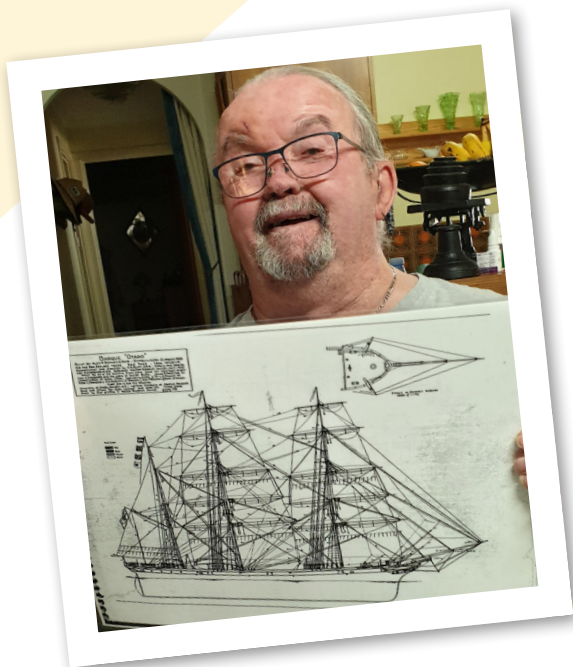
Farewelling Sue and Carol



The Residency team recently farewelled two long serving staff members, Sue Berndt who commenced with Barossa Village in 1973, and Carol Chammen who commenced in 1987. Both have been an integral part of the Barossa Village team and we are grateful for their loyal service. Congratulations and all the best on your retirement Sue and Carol!

Left image: Sue Berndt and Carol Chammen. Top right image: Matt Kowald, Carol Chammen, Adam Mountford, Sue Berndt and Simon Newbold. Bottom right image: Shiv Murti, Gina Weston, Britany Prichard, Sue Berndt, Carol Chammen and Holly Redemski.

Meet ILU Resident Mike Fowler



ILU Resident Michael Fowler's love for shipping and the maritime industry developed at an early age. Mike and his family lived in a city called Barry, eight miles from Cardiff, South Wales. The working life of a man in that place, at that time was either down in the coal mines or you went to sea. Mike's father worked aboard the ships and when he came into port Mike and his family would go down to meet him. Invariably Mike would be taken aboard and would go up to the wheelhouse where he had a grand overview of the ship and all goings on aboard.

At the docks they would go to a favourite restaurant, run by a West Indian woman "She used to plonk me up on a stool where she would feed me curry and rice, and I fell in love with that food".

Mike and his family came out to Australia in 1955 and Mike remembers this as a great seafaring adventure, stopping in Malta and going through the Suez Canal. They landed in Adelaide and were met by Mike's Uncle. He picked them up in a ute where most of the adults got in the cabin but Mike and the other kids and "my rather large Aunt" were seated in the back tray of the ute, on a mattress with blankets, where they drove all the way from Port Adelaide to Port Lincoln.

"For many years my adventures were down at the docks in Port Lincoln. The first thing I would do is look at the bow to see the name of the ship. One day I was inspecting a ship that was called The Chumley. This voice came down from above "would you like to see the ship sonny"? It was the Captain and he took me to the Captain's safe and gave me hundreds of foreign notes from all around the world. Then he got the Chief Engineer to show me from the top to the bottom of the ship.

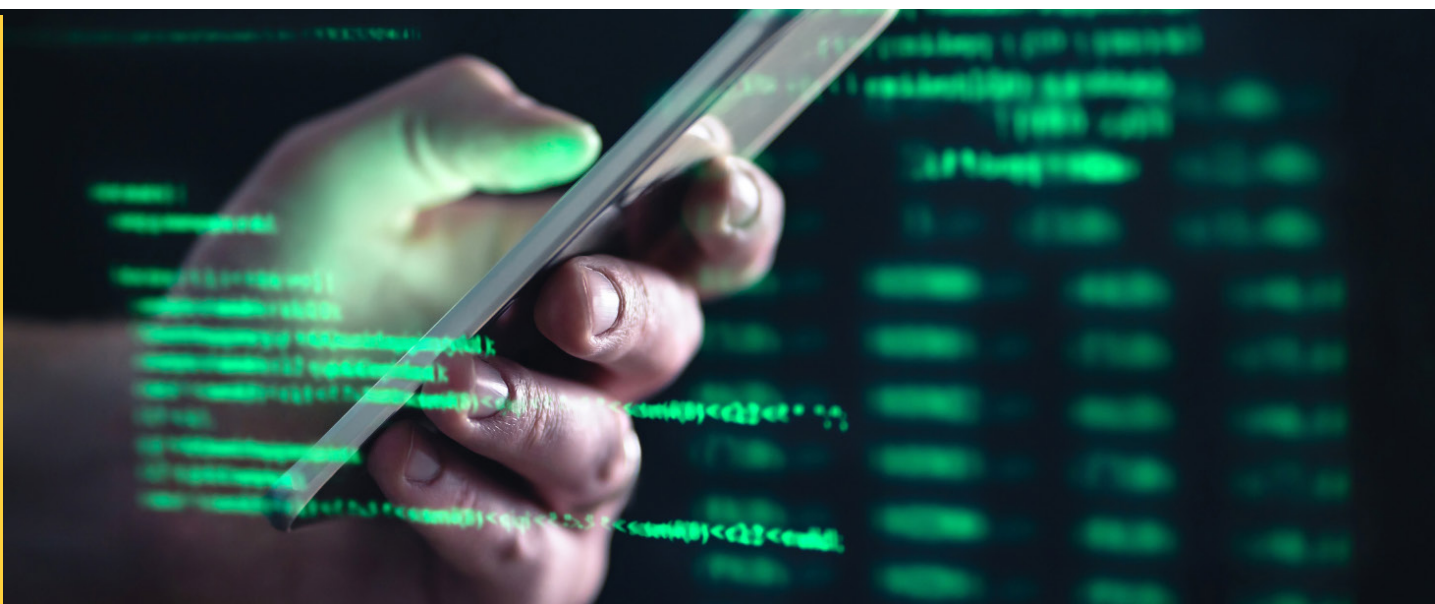
down the driveshaft of the ship and seeing the inside workings of the propeller system."

Later in life Mike and his wife Carol were living in Wollongong where Mike was employed by a company called Costalis and his job was to go out to the ships often before they came into port to resupply them with pre ordered items. "They would often anchor at Port Botany and I would go out to the vessel to deliver the goods they had ordered". It was a challenging job because the ships would come in at all hours of the day, seven days a week. One time Mike had an order to deliver a carton of scotch whiskey to the Master on a large fuel tanker. The sea was rough that day and as the swells rose and fell Mike had to time his jump from the smaller boat he went out on to the much larger boats gangplank. He had to carry a 30 kilo box up 13 stories of decking! During another delivery Mike's wife Carol recalls seeing him way up on the top deck waving at her as the ship had already begun its maneuvers to depart the dock. Mike couldn't find his way out but the Captain sent someone to help him and when they got to the bottom the gangplank was just beginning to swing away. Carol started waving to Mike and saying "farewell Mike". There was only one thing for it....Mike had to jump, fortunately he made it without having to go for a swim.

Mike's passion for ships has continued over the years and he recently came into possession of a magnificent scale model of the Barque Otago. This was a great surprise for Mike and it's the jewel in the crown of his collection. Mike has researched the vessel thoroughly and enjoys looking at while reminiscing his maritime adventures in his excellent Man Cave.



Mike's model of 'Otago'



Staying safe from scammers

We have been made aware that sadly some of our clients have been victims of scams, so we have sought information from the ACCC on how they work and how to protect yourself.

Scams target people of all backgrounds, ages and income levels across Australia, and can often succeed because they look like the real thing. Scammers are getting smarter and taking advantage of new technology, new products or services and major events to create believable stories that will convince you to give them your money or personal details.

Older people can often be an attractive target as they may have more money and accumulated wealth than other age groups, and may be viewed as being less familiar with the Internet and technology. Or maybe be targeted via their use of dating sites or social media, with scammers taking advantage of their inexperience with these sites and their often vulnerable emotional state.

Door-to-door & home maintenance scams

While many legitimate businesses sell things door-to-door, scammers also use this approach. These types of scams generally involve promoting goods and services that are of poor quality, not delivered at all, or charging for services you did not agree to. They may pretend to conduct a survey to obtain personal information, or to disguise their sales pitch until they have been talking to you for a while.

Warning signs of a door-to-door / sales scam

- Visiting late at night, or again after you have said 'no'

- Don't provide you with identification contact information, written quotes or receipts
- May demand that you decide whether to accept their offer on the spot
- May ask for a deposit or full payment with cash or credit card
- Do not inform you of legal rights, including rights to a cooling-off period.

Protect yourself

- Don't be pressured into making a decision. Scammers often try to create a sense of urgency through short deadlines, fake emergencies or threats of legal action.
- Be suspicious of requests for money – even if they sound or look official. Government departments will never request money in order to claim a rebate
- Scammers often ask you to use an unusual payment method, eg: preloaded debit cards, gift cards, iTunes cards or virtual currency such as Bitcoin
- Verify the identity of the contact by calling the organisation directly with contact details you have sourced yourself
- Don't respond to phone calls or emails offering financial advice or opportunities
- Be wary of people you meet via social media or online dating who quickly profess strong feelings and try to move communication with you away from the site
- Be suspicious of unexpected emails or letters advising you how to claim an inheritance or competition prize. Never give out your personal details and seek advice from an independent professional.



Dating scams target users on dating apps, websites or social media, pretending to be a prospective companion, preying on emotions to obtain money, gifts or personal information.



Investment scams involve promises of big payouts, quick money or guaranteed returns - if it seems too good to be true, it probably is.



Unexpected prize and lottery scams operate by asking you to pay a fee in order to claim a prize or winnings from a competition or lottery you never entered.



Inheritance scams offer you a false promise of an inheritance, luring you to give money, bank or credit card information.



Rebate scams try to convince you that you are entitled to a rebate or reimbursement from a trusted organisation (eg: government)

Case study: How Steve lost \$200,000

Steve is a 65-year-old who lives alone in retirement. Not long after his wife's death, he received an unexpected call about an investment opportunity. The cold-caller sounded very professional and seemed to have excellent knowledge of investment matters. They answered all of Steve's questions and their initial contact was followed up with calls from 'senior advisors'.

There are no shortcuts to wealth. If you receive unsolicited calls or emails, hang up or delete them immediately.

As Steve's superannuation funds weren't doing so well, he decided to explore this new investment opportunity and did not think about discussing the investment with anyone else.

Always seek independent financial advice before making an investment.

Over the next 12 months, Steve made a number of transfers to the 'investment professionals', initially starting with \$10,000. He was referred to a very professional looking website and set up a login account, which showed his money increasing in value as the market 'went up'. Confident the system was working, he invested more money, to a total of \$200,000.

He only realised that the investment scheme was a scam when the website went down and he could no longer access his account or contact the offshore group by phone.

He then did some research and discovered the company was fake and not registered with the Australian Securities Investment Commission (ASIC) but he was too embarrassed to tell anyone or report it to police. He was contacted by police after they discovered his name on bank transfers made to known fraudsters.

Since learning of the scam, Steve was again contacted by criminals, with offers to help him get his money back from the original investment. This time Steve contacted police, who explained this was a 'follow up scam' and warned him that he may receive more calls like this.

**The story above is based on one or more real scam reports received by the ACCC. For privacy purposes the names and images of victims have not been used.*

Groups return at the Residency



Top image: group bingo

Below left image: group exercises



With the easing of COVID restrictions within the Residency larger group lifestyle activities have returned. It has been fun to be together again, enjoy each other's company, get very competitive with indoor bowls and enjoy our large group exercise classes again! We have also welcomed back our local pastors who are leading our popular worship services.

Barossa Village Residence Representative Group 2 June meeting summary

- **Residency extension** - completion scheduled for late July. Adam and Lisa will organise small group tours of the upper level.
- **Food and menus** - good feedback on menu changes. A Chef Manager will soon be appointed. If issues are experienced with meals, raise this with hospitality staff when being served.
- **COVID restrictions** - Visitors must be fully COVID and Flu vaccinated, wear a mask and complete a negative RAT before entry. Limit two visitors per person. Matt expressed thanks for everyone's support and cooperation during the recent lock down, and he will follow up on the omission of the memo to C/D wing residents regarding reopening.
- **Hydrotherapy pool** - staff are drafting a schedule and pricing of group sessions, with the view to keeping costs for residents as low as possible. A link between buildings to access pool was also raised.
- **Showers** - Ben will monitor water temperature and pressure
- **Insects** - air curtain will be trialled in E/F area to decrease incidence of mosquitoes and other insects entering the building during the warmer months.
- **Noise** - stoppers on furniture to decrease noise are being trialled and Adam will address resident care needs relating to noise incidences with care staff to implement strategies.
- **Access taxis** - Matt will contact both local taxi companies for clarification on wheelchair access.
- **Volunteers** - returning to assist with programs.
- **Groups** - group activities such as bowls and bingo are returning to the Clubroom.

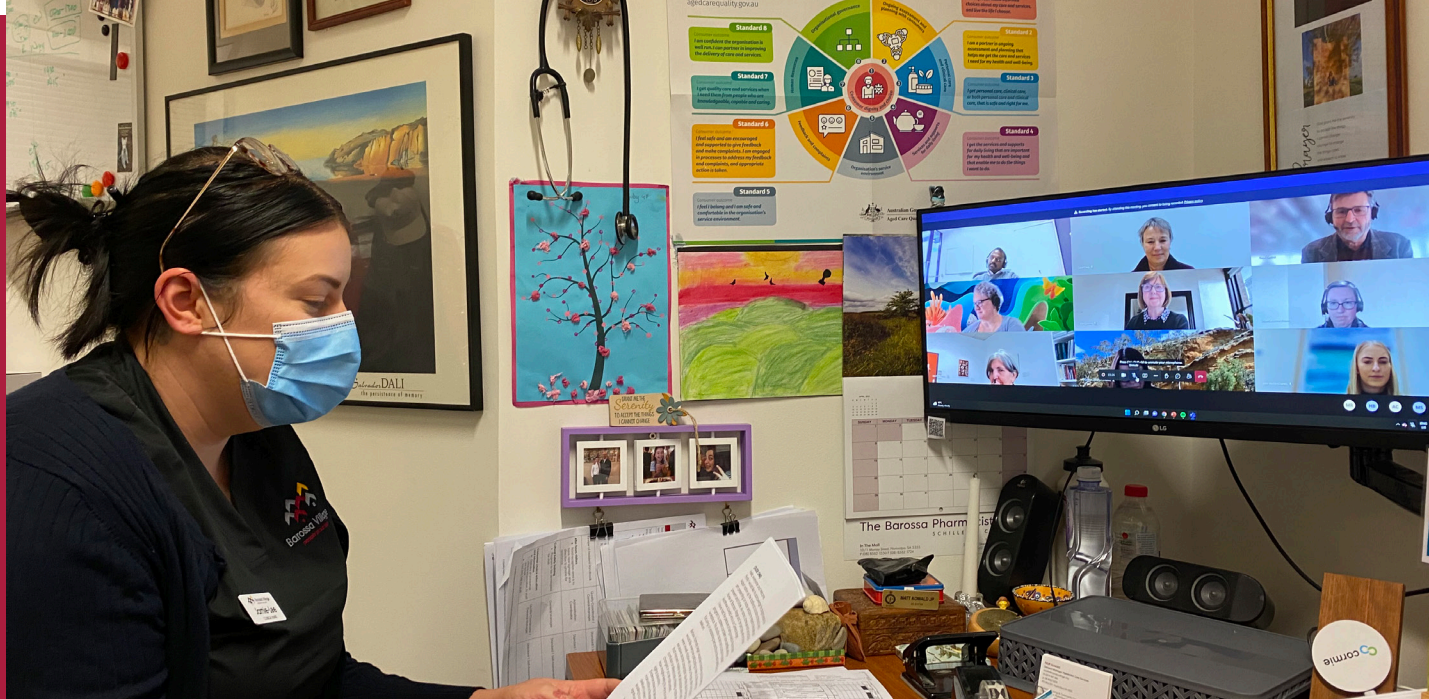
Winter find-a-word

K O A X M G U P N Q D S H O V E L C W F I T
Z B N I R E T A E W S O J S Y A D I L O H K
A J T Q H V I M O G T L B R N P X U G E F C
N T F S O L S T I C E G E I A H R B D L R X
S D E Z C U B N H L Y P V M F R T A Q W O P
L I B U K H F O A U P R T D I L S N E G Z O
W G R D E L C I C I M X A E P T O H T S E B
H I N F Y O K G L O V E S U M C R D I P N L
S R X I L B W S P H U F N T R K A E B J Q Y
C F P A D E C E M B E R O Z H B N G T A S N
A H T O G R Q H F T L I W V D A E K S N P A
R E K L W H A P U N O T S B G J C F O U I M
F C V B E K J O D X N Q H G L Y S W R A T W
M A S G U N E M B K G Z O P W I B Q F R L O
U L O K F T N H S W J B E C S A Z P V Y G N
E P D T I C G A E R O M S F L B K Z H C A S
Q E J H B I D U L T H N Y L G N I T A K S M
A R W O E P N B Z F N C S X J O H M U R V G
B I C L R M H G Q P S E K A L F W O N S D U
Y F S N V T E K C A J H D Q Z I P L X M B R

blizzard	frostbite	igloo	skating	snowman
December	frozen	jacket	skiing	snowshoes
February	gloves	January	sleigh	solstice
fireplace	hockey	longjohns	slippery	sweater
flannel	holidays	mitts	snowballs	toboggan
flurries	hot chocolate	scarf	snowboarding	whiteout
frigid	icicle	shovel	snowflakes	wintertime



Copyright © 2020 Tree Valley Academy



Jamie Lee delivering her pitch

Research project passion

The Aged Care Centre for Growth and Translational Research is a \$34M government funded project which aims to take research and put it into practice.

Aged care businesses had the opportunity to nominate a person to be trained in the delivery of innovation and a project which will be impactful to the aged care industry. As a highly competitive program with many applicants we are proud that Barossa Village's Jamie Lee Hunt, Clinical Nurse at the Residency, has been selected for this opportunity.

The training involved a five-week intensive program developing an understanding of clinical evidence. At the completion of the training Jamie Lee was required to present her project to the senior academics of the centre - a panel of highly respected international researchers and educators.

As Jamie Lee's project sponsor, together we decided to investigate delirium, which is a transitory state where people get confused and is often caused by an infection or pain. Delirium is often confused with dementia and depression; in fact, you can have all three at once. There is a significant number of people who have a delirium that might be admitted to an aged care facility inappropriately because they have not been treated effectively or early enough.

From Jamie Lee's training we plan to investigate what tool is best to assess if someone has the early stages of a delirium and also if there is a risk tool that would be effective in the pre-screening for risk of developing delirium.

I can hear you ask why is this so important? If you develop a delirium and it is not treated you are much more likely to fall or be involved in an incident which could potentially decrease your quality of life and increase the level of care required from others.

But back to Jamie Lee! Jamie Lee began her career at Barossa Village as a Care Worker, then became an Enrolled Nurse before training to become a Registered Nurse. It has been a joy to watch her develop at the Residency and she is always positively engaged with staff and residents. She is thoughtful and kind and has a down to earth attitude which make people feel at ease. Although Jamie Lee was nervous about this opportunity she delivered her pitch flawlessly and passionately.

Jamie Lee is just one of the staff who are developing a career at Barossa Village and is truly have people at their heart. I very much look forward to seeing this project through and working with Jamie Lee and the team to make a difference.

Matt Kowald

**General Manager
Integrated Care**



Meet Resident Milton Materne



In the years 1858, 1867 and 1868 six of the twelve children of Michael and Anna Materne of Ostritz near Züllichau, Prussia emigrated to South Australia. Thus beginning the Materne story in Australia. Milton Materne's Great Grandfather, Wilhelm Materne was one of the six children, arriving in Australia in 1858. Wilhelm originally worked on a sheep station at Keyneton, before purchasing what would become the Materne family farm in Greenock.

This is Milton Materne's story.

I was born on the 19th October 1934 to Adolph Gerhard and Lora Martha Materne at Kapunda. I am the second oldest of six, my siblings are Desmond, Elizabeth, Gilbert, Roy and Keith who are twins. Sadly Keith has passed away. I grew up at Greenock, went to Greenock Primary School and completed one year at Nuriootpa High school. Like most of us in those days we left school to help our fathers out on the farm and I left school at 14 to help dad run the vineyard. We employed 16-17 year olds to pick grapes, some complained that it was too hard so I would have to do it. I remember one year we had a heavy vintage and finished picking grapes on the 19 May as it was a late vintage, and a week later we started pruning!

At 26 years of age I married Margaret Isabella Nitschke in February 1961 at Nain Lutheran Church - the first Lutheran church built in the Barossa. Margaret and I both lived at Greenock, went to the same school and the same church. Margaret also picked grapes for my Dad. Margaret's family own Nitschke chaff. We had three children Joanne Louise, Sandra Terese and David James.

Joanne married Michael Fechner and live at Angaston, Sandra married David Neindorf and live at Waikerie, David married Angela and live at Greenock on the farm. I have 10 grandchildren and two great grandsons.

Farming has been in my family for many generations, and I am fortunate that now my son David, and my grandson, Hayden continue to farm our family property. I spent my life working on the land, growing vines, pruning, picking and also planting crops and looking after sheep. We grow Shiraz, Mataro, Grenache and Cabernet Sauvignon varieties and have sold our grapes to Kaiser Stuhl Winery when they were still operating, Penfolds and Seppeltsfield. I always enjoyed the variety of work as a farmer and being out in nature. I have many memories of standing out in the cold pruning vines!

I was a member of the Greenock CFS, and am now a life member. I used to love playing table tennis at the Greenock Hall, I never won much, but it was good fun!

I travelled to Germany to look up my heritage and was lucky enough to have a third cousin, Hardi, who lives in Germany who was able to help. During this visit we went back to the Materne ancestral home in Ostritz, which is now in Poland and the village is now called "Ostrzyce". The house survived the Second World War and has a Polish family living in it. When we visited we were lucky enough to go inside and have a look through the house. I have also travelled to Papua New Guinea, Kangaroo Island and all around Australia.



Milton visiting his ancestral home in Ostrzyce



Volunteering: a way of life

Volunteering is a vital part of the Australian way of life — generating great community spirit and helping to make our neighbourhoods welcoming and inclusive. Volunteers are an integral part of Barossa Village and we welcome young and old and all skills and experience levels to volunteer.

Gardening

Do you love gardening, and have an hour a week to spare? We are looking at forming a gardening group among our residents at the Residency and are looking for like-minded individuals to assist in the garden with our gardening group.

Choir

The legendary composer Leonard Bernstein once said that “music can name the unnameable and communicate the unknowable.” It is always heart-warming to see a person’s face light up when they hear a favourite song from their youth, or one that reminds them of friends and family. And a growing body of research shows that music doesn’t just help people feel good — it motivates the mind and fuels the body, in ways both large and small.

We need your singing skills. Many of our residents once sang in choirs around the Barossa and we want our corridors again ringing with the sound of singing. What’s the problem I hear you ask? Well if you’ve heard me sing, you’d know the answer to that question! We are after a person who can hold a note and has a love of working with people to sing a song. Sound like you, then please get in touch.

SA Volunteer Awards

The South Australian Volunteer Awards recognise the invaluable work that volunteers, volunteer managers, community organisations and businesses contribute to the community, presented at an awards evening in May at the Adelaide Convention Centre in the following categories:

The Joy Noble Medal. South Australia’s highest distinction for an individual volunteer - won by Monique Bareham for her work as a consumer advocate in cancer survivorship and lymphoedema patient care.

‘The Andamooka’ Community Project Award - won by Paid 4 U Cafe, the first pay it forward cafe in Adelaide where the homeless or financially struggling families are welcomed and is fully volunteer operated.

The Excellence in Volunteer Management Award - won by Amanda Parker for excellence in management of the South Australian Volunteer Ranger Program.

The Premier’s Award for Corporate Social Responsibility - won by the RAA Group for the Foodbank RAA Mobile Food Hub to providing food relief to those in need in regional SA.

Lisa Ognjanovic

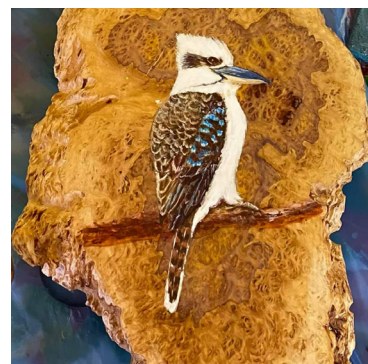
Community Development Officer



COMMUNITY LIFESTYLE PRESENTS

TUESDAY MARKET STALLS

Ria Art Creations
Sharon's Crochet Toys
June's plants and Produce
Ladka Fabulous Fittings (bras)
Antonietta Giftware



Tuesday, 19th July, 2022 | from 10 am
Joy Rice Centre

**BOOKINGS ESSENTIAL - HALF DAY OR
FULL DAY WITH LUNCH**
CALL LIFESTYLE TEAM ON 8562 0300

Enjoy shopping? Join us for the community lifestyle market stall day on Tuesday 19 July! Enjoy the opportunity to purchase some fantastic items for family, friends or a gift just for you. After purchasing your goodies join us for a chicken and salad lunch - bookings essential so please indicate if you plan to attend for the morning or the day with lunch.



Ways to warm your Winter days

TV - *Grace and Frankie* is a comedy series on Netflix about two friends in their eighties facing life's challenges together

Ted Talks – (On YouTube) - *Jane Fonda: Life's Third Act* is an entertaining, inspiring talk about living a meaningful and joyful life as we age

Book – *Tyll* by Daniel Kehlmann is based on German folklore. Tyll, a travelling performer is an entity all to his own. A personification of freedom and a master of charm and mischief, he holds a strange hypnotic power over those whom he encounters. This fantastical story follows the adventures of Tyll through 17th century Europe.

Podcast - 'Conversations' on ABC radio. The 'Conversations' podcast draws you deeper in the life story of someone you may or may not have heard about - someone who has seen and done amazing things.

Radio show - Well we really have no choice here but to plug our own General Manager's Show! 'Musical Meanderings' with Matt Kowald on Wednesdays 8 – 10pm on BBBFM plays music from a different year each week from 1920s - 2010s.

Remember, it's important to have a twinkle in your wrinkle!

Community Connections Calendar

Monday at St Hugh's Anglican Church	Tuesday	Wednesday	Thursday at Joy Rice	Thursday at Ward St Eudunda	Friday
					1 10.00am Circle of Friends BOWLS Competition Friday Café Lunch
4 10.30am Exercise for Fun 1pm Rocky & Di Travel Talks	5 9.00am Gawler Heritage Trail Lunch Willaston Hotel	6 Tinker Shed	7 10.30am Exercise for Fun 1:30pm America 4 th July	7 10.30am Exercise for Fun 1.00pm The Cooking Club	8 10.00am Circle of Friends BOWLS Competition Friday Café Lunch
11 10.30am Exercise for Fun 1pm Photo Puzzle Race	12 9.00am Kapunda Historical Museum x3 Lunch Clare Castle Hotel	13 Tinker Shed	14 10.30am Exercise for Fun 1:30pm Winter Wacky Words	14 10.30am Exercise for Fun 1pm Photo Puzzle Race	15 10.00am Circle of Friends BOWLS Competition Friday Café Lunch
18 10.30am Exercise for Fun 1pm A Taste of Sweden: Swedish Treats	19 10.00am Market Stall Day Lunch Chicken and Salad	20 Tinker Shed	21 10.30am Exercise for Fun 1:30pm DOUG VENNING SINGING	21 10.30am Exercise for Fun 1pm SALA Project	22 10.00am Circle of Friends BOWLS Competition Friday Café Lunch
25 10.30am Exercise for Fun 1pm The best or worst advice my parents ever gave me	26 Xmas in July "ELVIS" Lunch Gawler Cinema	27 Tinker Shed	28 10.30am Exercise for Fun 1:30pm Christmas in July	28 10.30am Exercise for Fun 1pm SALA PROJECT Final Day	29 10.00am Circle of Friends BOWLS Competition Friday Café Lunch



Friday Café Menu - July

Date	Lunch	Dessert
1 July	Shepherd's pie with potato bake, steamed carrots and peas	Apple pie bites with custard
8 July	Braised beef in red wine served with creamy mash potato, roast pumpkin and green beans	Bakewell tart
15 July	Braised lamb served with vegetables and gravy, roast potato, steamed carrots and broccoli	Oreo cheesecake
22 July	Roast chicken thigh with gravy, roast root vegetables, roast potato and peas	Orange and honey sponge pudding with custard
29 July	Corned silverside with bechamel sauce, potato bake, roast carrots and sprouts	Sticky date pudding with custard