

October 2021

Grapevine

♥ Annual Dance Gets Groovy

♥ Jerry Shares His Brave Journey



Barossa Village
people at our heart

From the CEO



Life is all about family, friends and community and it was great to see wonderful turnouts at the ILU Happy Hour and Residency Annual Dance, with fun themes.

Cowboys and cowgirls enjoyed Reg Martin on the guitar and singing, Ross Bassham our resident DJ, and a line dancer showing us how it's done. October's Happy Hour will be a Rock and Roll theme so come along and have some fun. We will be cooking hamburgers and hotdogs this time.

Meanwhile, the Residency had its annual dance with a "I Heard it on the Grapevine" theme (very appropriate), with incredible props made by our staff for the enjoyment of our residents, their families and our staff, and entertainment by the ever popular DJ Ben.

The community is embracing our new hydrotherapy pool. It is a great way to manage pain, revitalise our core strength and support any muscular or joint rehabilitation. Our 19 bed expansion of

the Residency is gaining momentum after a very wet winter, with foundations down and construction taking shape. We are also close to starting the build on another three independent living units on Scholz Ave, once final council approvals have been gained.

Whilst I am incredibly proud of what we are doing and the infrastructure we are investing in, the true worth of what we do is in the value it contributes to the community. Barossa Village has a very clear mantra; everything we do is about keeping people connected, healthy and living the best life possible. Our highly skilled staff continually try to deliver innovative and meaningful services and infrastructure supports.

I am also pleased to report that all our employees have received at least their first dose of the COVID vaccine with the aim to be fully vaccinated by October. We are now encouraging all our volunteers, contractors and clients to also get vaccinated. If we all roll up our sleeves, we will protect ourselves, our family and our community.

Despite the stress of COVID-19 hanging over us on a daily basis, Barossa Village staff continue to work tirelessly, and I don't underestimate the impacts on our staff, volunteers and you, our clients. I am confident that we will get through this situation, but as always, we have to be careful. Remember to socially distance, QR code and follow the SA Health guidelines.

We have several Annual General Meetings in October. The Barossa Village Residents' Association will hold theirs at the Joy Rice Centre on the 13th of October; an opportunity to hear from the committee,

meet with management, Board Members and staff, and to re-elect members.

The Barossa Village Annual General Meeting is on October 26, also at the Joy Rice Centre and everybody is welcome. It is a good opportunity to meet our new and existing Board Members.

As always, if any of you have any issues or feedback of any nature and would like to discuss them in more detail, give me a call on 8562 0300 at any time.

Cheers

Simon Newbold

Chief Executive Officer

COVID-19 Resources

For facts, information and updates about Coronavirus please use the following resources:

Australian Government Department of Health

www.health.gov.au

Coronavirus Health Information Line: 1800 020 080

Stay informed with the "Coronavirus Australia" government app in the Apple App Store or Google Play

SA Health

www.sahealth.sa.gov.au

p. 08 8226 6000

SA COVID-19 Mental Health Support Line: 1800 632 753

(available 8.00am to 8.00pm, 7days a week)

Regular updates are also available on the Barossa Village website:

www.barossavillage.org and our Facebook page.

Don't Wait, Get Vaccinated

Book your COVID vaccination at:

www.sahealth.sa.gov.au

QR Coding or Signing in on entry is mandatory at The Lodge, The Residency, the Joy Rice Centre and the Arthur & Gladys Reusch Community Centre.

Jerry's Journey

Within our ILU community, Barossa Village has incredibly compassionate residents, and Jerry Rogers is just one of many, with a story to share.

Earlier this year, Jerry experienced health complications and after visiting his GP, having numerous tests and scans, it was a shock to discover he had a diagnosis of lung cancer. Going into Hospital on June 1 to have surgery and remove the growth, post-surgery Jerry learned that a much larger than anticipated section of his lung had been removed.

Returning home by the end of the week, Jerry spent much time contemplating, "How do I beat this thing?" He felt that he needed to take ownership of the situation and changing the narrative to, "What am I going to do about it?"

Jerry moved forward with recuperative exercises and building himself back up again. Recent tests have shown that there is no sign of cancer in his body.

With his wife Judith by his side, Jerry will take part in this year's "We Walk for Cancer" fundraiser on Sunday the 10th of October. To build up his fitness and strength for the event, Jerry has started a walking regime. The fundraising walk starts at 1 pm in Nuriootpa and ends in Tanunda, with a 7 km or 14 km option on the day. To register for the walk, the entry fee is \$20.00 and there is more information on the Barossa Area Fundraisers for Cancer website www.baffc.com.au



If you're an experienced walker or looking to get fit, this is a great community event to be a part of.

Despite facing huge adversities this year, Jerry and Judith continue to be proactive and positive.

"You just have to get out there and grab life by the neck and get on with it," shares Jerry.

If anyone in our community is dealing with cancer, Jerry is more than happy to meet with you to have a talk about it.



The Barossa Village Ladies' Auxiliary Inc.

Spring Afternoon Tea

Wednesday, October 27 from 2.00pm
Vine Inn, Nuriootpa

Tickets \$25.00 (Limited)

Guest Artist: Matt's Musical Meandering
Lucy Door Prizes
Major Raffle Draw

For information and tickets, contact
Sandra Johnston - 8565 7025
Jeanette Kennedy - 0419 995 681

Proudly supporting & subscribing to the general welfare of the Residents of the Barossa Village Residential Aged Care Facility, The Residency.

Independent Living Community Update



Bushfire and Emergency Planning

It's that time of year again when we encourage everyone to review their bushfire plan and emergency plans prior to the onset of summer. We have an Independent Living Unit Vulnerable Residents register and resources to assist with bushfire and emergency planning. If you feel your situation has changed or you want to be included on the register please contact me. Carl Helbig and I will be visiting unit clusters to discuss this important issue. We also will be reviewing existing emergency planning to accommodate the ongoing COVID situation and how this may effect planning. Please refer to the ILU Bushfire and emergency planning sessions chart (opposite) for session times near you.

Rock and Roll Happy Hour

We had a fantastic Happy hour last month with a Country Music themed evening. Lots of people dressed up and Reg Martin performed live music (well done mate)

and Ross Bassham kept everyone's feet tapping with lots of great music from his vinyl collection. October's Happy hour on the 14th will be the 7th anniversary of the Happy Hour at the Joy Rice Centre, so please come along to celebrate with us. We will be having a Rock and Roll 1950's theme, serving burgers and hot dogs, instead of our usual sausage sizzle.

Sushi Class

Last month half a dozen ILU residents experienced a great Sushi making session with Kish Rundle. Well done Kish, everyone really enjoyed it. Pictures on the opposite page show what a fun morning the group had learning to make Sushi.

On Monday the 18th of October, Prudence Gill from Tanunda Café, Pulp and Thread, will be hosting a cooking demonstration from 10.30 am at the Joy Rice Centre, making an awesome Moroccan chicken dish. You will be provided with a copy of the recipe and get to share the lunch post demonstration. Numbers are limited so give me a call to book a seat.

Wellbeing Survey

A couple of months ago I mentioned in my article that we would be conducting a wellbeing survey in the ILU Community. This will take place during October and I'm looking forward to contacting all of you with brief questionnaire. While participation is completely optional, we would much appreciate your contribution.

Unwanted Phone Calls

There are so many scam calls these days and we're all fed up with them.

The Do Not Call Register won't stop scam calls but is a great way of reducing unwanted telemarketing calls. It's free and managed by Australian Communications and Media Authority (AMCA) Scam Telecommunications Task Force. They have blocked 200 million scam calls since the start of the year, although many are getting through. Telemarketers are required to check numbers against the register before they call, so you should notice less calls after about 30 days. If you get a telemarketing call after registering, you can report it to ACMA. Breaches can lead to hefty fines.

Organisations exempt from the Register include registered charities, educational institutions, Government bodies, registered political parties, social researchers and opinion pollsters

Scam calls are different. They are usually intent on getting your money or information. The best advice is to simply hang up and not give out any information. You can also block numbers on your phone.

Unfortunately there is no quick fix, but the Scamwatch website is worth checking out and you can report a scam call. Go to www.scamwatch.gov.au

If you would like a printed copy of their information please let me know.

Tom Herring

Integrated Care Development Coordinator





ILU Residents Activity Calendar*

October 2021

Activity	Date	Time	Location
Games Group	Wednesdays 6 th , 13 th , 20 th , 27 th	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 14 th 1950's Rock n Roll theme	4.30pm	Joy Rice Centre
Movies	Alternate Fridays 8 th Never too late 22 nd Florence Foster Jenkins	6.30 pm	Joy Rice Centre
Art & Craft Group	Fridays	3.00 pm	Joy Rice Centre
Men's Group	Wednesday 13 th & 27 th	1.30pm	Various
Bobby Dazzler Live Shows on Facebook	Also see ILU Social Club		
Walking Group	Tuesdays and Thursdays Fine weather only	9.30am	Coulthard Reserve Nuriootpa
Vinyl Record Club	Saturday 28 th	7.00pm	Joy Rice Centre
ILU Residents Social Club Meeting Ordinary meeting & musical entertainment	Monday 11 th Bobby Dazzler show live	1.15pm	Joy Rice Centre
Concert Night Joy Rice Centre	Saturday 16 th The Eagles	6.30pm	Joy Rice Centre
Cooking class	Monday 18 th	10.30 am	Joy Rice Centre
Residents Market	Saturday 9 th	9am- 1pm	Arthur & Gladys Reusch Community Centre Nuriootpa

* ALL ACTIVITIES SUBJECT TO COVID RESTRICTIONS

For more information about these activities phone Reception on 08 8562 0300

Or visit the Client Zone at www.barossavillage.org



BUSHFIRE & EMERGENCY PLANNING SESSIONS 2021-2022 SEASONS

Date / Time	Cluster	Meeting Place
Monday 18 th October 2021 1:30pm – 2:15pm	Penrice Road Cluster River Road Cluster Scholz Avenue Cluster Maywald Ct Cluster Heidrich Ct Cluster	Joy Rice Centre
Wednesday 20 th October 2021 1.00pm – 1.45pm	Maria Street Cluster	Middle Carpark
Wednesday 20 th October 2021 2.00pm – 2.45pm	Basedow Road Cluster	Rear Gazebo
Wednesday 20 th October 2021 3.00pm – 3.45pm	Angas Street Cluster	Cluster Driveway
Wednesday 20 th October 2021 4.00pm – 4.45pm	Magnolia Street Cluster	In the Front Gazebo
Thursday 21 st October 2021 1.00pm – 1.45pm	Humberdross Way Cluster	Humberdross Way door to door
Thursday 21 st October 2021 2.00pm – 2.45pm	Atze Parade Cluster Kellet Court Cluster Moppa Road Unit	Kellet Court/Atze corner
Thursday 21 st October 2021 3.00pm – 3.45pm	The Pines Cluster	In the Middle Gazebo
Thursday 21 st October 2021 4.00pm – 4.45pm	Amtsberg Court Cluster	Middle Carpark
Thursday 28 th October 2021 1.00pm – 1.45pm	Old Kapunda Road Cluster	In the Gazebo
Thursday 28 th October 2021 2.00pm – 2.45pm	Second Street Cluster	Middle Driveway
Thursday 28 th October 2021 3.00pm – 3.45pm	Krieg Street Cluster	Front Carpark
Thursday 28 th October 2021 4.00pm – 4.45pm	Buna Terrace Clusters x 3 Kokoda Road Cluster	6 Buna & then across from the Bowling green
Monday 1 st November 2021 1.30pm – 2.30pm	North Street Cluster 11 Schilling Street Cluster Schilling/Hill Street Cluster	St Hughes Hall (corner of Schilling and Hill Streets)
Monday 1 st November 2021 3.00pm – 3.45pm	El Alamein Cluster Sheard Crescent	Gum Trees by School Boundary

Property and Infrastructure



Community Hydrotherapy Pool Officially Opened

It's great to bring this project to a close and I certainly hope that if you haven't already, please take the chance to experience the benefits of what we have built.

If you ever have any questions please do not hesitate to get in touch.

Stay safe.

Ben Hall
General Manager,
Service and Delivery

A small gathering was held on Tuesday, 21st September at the Hydrotherapy Pool for the official opening by Tony Pasin MP, Federal Member for Barker.

After several attempts to organise an opening earlier in the year, we appreciated having Mr Pasin celebrate with us the successes of the project team involved to create such marvellous piece of 'social-capital'; a facility that is not replicated anywhere else in the region.

Mr Pasin MP, pictured right, cutting the ribbon at the official opening, praised Barossa Village on our capacity to deliver such an impressive facility for the benefit not only of our organisation, but also for the general public as a community service that focuses on health and wellbeing in a dignified setting.



Doors Open to Information Centres

Over the past 12 months, Barossa Village has work shopped ways to make information about retirement living, in home care, My Aged Care, Assisted Living and Residential Living more accessible to the community.

The result of this planning is the Barossa Village Information Centre located in the Arthur and Gladys Reusch Community Centre in Nuriootpa and a Gawler office operating from a business hub, with a focus on community care.

You may already be familiar with the Information Centre through visits to The Village Op Shop and BBBfm, or having attended one of the many community activities at the Centre, including our very own Residents' Community Market.

"The Reusch Centre in the heart of Nuriootpa was a no brainer as a location for an Information Centre," explains Sales and Marketing Manager, Daniela Hongell.

"We renovated a previously underutilised office into a bright and welcoming reception space with private meeting rooms, open from Wednesday to Friday."

"Here, people can walk in without having to make an appointment and talk to staff about their needs or it could be a query about volunteering or working for Barossa Village."

"Staff really enjoy the vibrancy of working in this space where they can help people with their enquiries or greet customers of The Village Op Shop."



Clare Pietsch, Community Care Manager, at the Business Hub Gawler, where information about Barossa Village will be available.

"We invite you to pop into the Centre and have a chat to either Simon, Dave, Carol, Tom, Lisa or myself, who rotate on a fortnightly roster."

In Gawler, we're helping to make Barossa Village more accessible to our clients and in home care service providers who are located in the southern areas of the Barossa, with the opening an office on Murray St.

"Open from Wednesday to Friday, our community care managers, Matt Kowald and Clare Pietsch are excited about this opportunity for their team," says Daniela.

"This will also be a walk in office, where people will be assisted by Caron, Fiona and Clare from our community care team."

"It's an exciting phase for growing the awareness of our brand and offer of services across the Barossa region."

People and Culture



Positive Response to Staff Engagement Survey

someone and telling others how great it is to work here. Staff are inspired to do their best work every day. Our area of improvement is related to "Stay", which reflects the challenges of working in the aged care sector and ensuring people are committed to staying in the organisation for the long term.

We'll be working with focus groups to better understand the responses of staff to some questions, and then developing an action plan with initiatives to build on our current engagement result.

David Rundle

General Manager, People and Culture

In August, Barossa Village launched the 2021 Staff Engagement Survey.

From over 240 staff at Barossa Village, we received 143 completed surveys. The survey was made up of 51 questions relating to 'Say', 'Stay' and 'Strive' and the remaining 45 questions asked about leadership, pay, working environment, co-workers, work processes and client relationships, just to name a few.

So how did Barossa Village score in the survey? We are happy to report that we achieved a score of 64%, which means our staff are in the "Engaged" zone." Other zones included Best Practice, Indifferent, Disengaged and Terminal.

Staff ranked Barossa Village highly for recommending the organisation to

Barossa Village Independent Living Units

Social Club Notes

September 2021

The meeting for September was held on the 14th starting at 1.15 p.m. with thirteen members attending.

Kevin, our president, welcomed everyone who made the effort to come along.

Those who attended were Doug Fisher, Ros. Hayward, Vi. Mitchell, Jackie Chapman, Judy Clarke, Judy Richardson, Nita Jones, Bev. Reid, Jeanne Whitelaw, Mazda Lausburg, Jean Higginbottom, Kevin Prouse and Helen Roesler.

Apologies were sent from Rita Jury, Yvonne Wuttke and Bette Kempton.

Carol McConnachy indicated that she would not be able to attend for the rest of the year and hoped to be able to attend again in the new year.

There were no birthdays celebrated this month.

Jackie read the minutes for the previous month. Judy Richardson moved they be accepted and Jean seconded the motion.

Business arising from the minutes: We will accept the offer from The Brauhaus at \$25.00 per head and it was decided that we are financially able to pay for all members who are fully paid up for the year. Proposed by Vi and seconded by Judy Clarke. All agreed. Members still pay for their own drinks.

We have not heard from The Stockwell Hotel who don't open on Monday and Tuesday so we will not pursue that option. We will arrive at 12 noon for the Christmas lunch. Please indicate between now and the lunch if a ride is required to Angaston. The lunch will be held on the second Monday in December.

That being 13th. Please make a note in your diaries.

Doug asked if his daughter could come along as his carer. Yes, she sure can.

There was no correspondence.

Vi gave the financial report and asked that it be accepted. Jean seconded the motion and all agreed.

We then had a minute's silence to remember Keith Graetz who passed away recently. He was a member since his came to Nuriootpa from Swan Reach.

The next meeting will be on October 11th at 1.15 p.m. Please bring a plate of afternoon tea to share and we will be entertained by Mike of Bobby Dazzlers.

Meeting closed at 1.35 p.m.

Harmony entertained us for about an hour with songs from Mamas and Papas, Elvis Presley, The Gershwins, A lovely song called "I'll always be your friend", and with top hats and canes sang "Puttin' on the Ritz". Afternoon tea and a nice chat with the ladies was enjoyed.

Jackie Chapman (Secretary)

Community Lifestyle

More Than Tinkering

Tinkers Shed is open every Wednesday morning at the Lions Shed on Research Rd in Nuriootpa. It's a great space for men to get together, use their skills and socialise. Among their projects are phone holders, plant stands and cheese boards which are made to be sold in our shop at the Residency, which is a great initiative.

Did you know that you can get funding through Commonwealth Home Support Program to attend Tinkers Shed? For more information please contact Vanessa on 8562 0300 for assistance to access My Aged Care.

Exercising in Nuriootpa

As of October, our Thursday exercise group will be held at The Joy Rice Centre. Join our "Exercises for Fun" with a focus on falls prevention and balance in the morning followed by an afternoon of programs where you can socialise with other members of the group.

On With the Show

With news that the Adelaide Show had been cancelled, we decided to hold our very own Barossa Village Show. Clients enjoyed show games and received a show bag.

Murder Mystery

It was a Monday afternoon program in Angaston with a difference, where clients dressed up and experienced the intrigue of a Murder Mystery.

Mystery Drive

The surprises for our Community Lifestyle clients continued with the Tuesday group taken on a Mystery Drive lunch to the St Mary's Hotel (pictured).

These are snapshots of the programs Barossa Village offers to promote wellbeing, engagement,

fun, health and building social networks.

Ask today and find out how you can be part of the community lifestyle programs. Find out more on 8562 0300.

You can view our monthly program calendar in the Grapevine or on our website at www.barossavillage.org



Community Development

RU OK To Ask for Help?



September saw Barossa Village mark R U OK day, along with many other organisations across Australia.

I have been reading Brené Brown, a lecturer and researcher in leadership, and would like to share her observations of seeking help, particularly when experiencing loss.

Brené says, "Many of us are willing to extend a helping hand, but we're very reluctant to reach out for help when we need it ourselves." She observes that the world is divided into "those who offer help" and "those who need help." Brené reflects, "The truth is that we are both. Need is the most beautiful compact between humans."

She also shares, "You would think the universal nature of struggle would make it easier for all of us to ask for help, but in a culture of scarcity and perfectionism, there can still be so much

shame around reaching out, especially if we're not raised to understand the irreducible nature of human need."

"To know pain is human. To need is human. And, no amount of money, influence, resources, or sheer determination will change our physical, emotional, and spiritual dependence on others."

These valuable resources are at hand:

Beyond Blue 1300 22 4636, 24 hours/7 days a week

FriendLine supports anyone who's feeling lonely, needs to reconnect or just wants a chat. 1800 424 2877 days a week, or chat online with one of their trained volunteers.

Lifeline provides 24-hour crisis counselling, support groups and suicide prevention services. Call 13 11 14

MensLine Australia offers professional telephone and online counselling services to Australian men. Call 1300 78 99 78, 24 hours/7 days a week, chat online or organise a video chat.

MindSpot a free telephone and online service for people with anxiety, stress, low mood or depression. It provides online assessment and treatment for anxiety and depression. MindSpot is not an emergency or instant response service. Call 1800 61 44 34.

Open Arms Veterans and Families Counselling with 24/7 free and confidential counselling for anyone who has served at least one day in the ADF, their partners and families. Call 1800 011 046.

Lisa Ognjanovic

Community Development Officer

Electric Bed for Sale

One of our residents is selling an electric bed, in great condition, Asking price \$500.00.

For details please contact The Lodge on 8562 0300 option 2 and ask for Katie.



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RSL
Tanunda Sub Branch

Join Us for Happy Hour
Every Friday at 5 pm at The Hut, Tanunda Sports Complex, 18 Bilyara Road, Tanunda.

On alternative Fridays we have a two-course meal for \$10 per head, first-come first-served. Everyone is welcome. Further information from Robin on 0404184474 or at our internet site: <https://rsltanunda.blogspot.com>



Kapunda Lifestyle Program Open Day

Thursday, October 7, 10am until 2:00pm
Kapunda Senior Citizen's Club
5 Chapel St Kapunda

Find out about the Lifestyle Services offered by Barossa Village in Kapunda on Thursdays. Our Leisure and Health programs are facilitated by qualified staff.

Come along to the Open Day and give us your ideas!

Ask about the lunch option if you stay for the day during our Thursday programs. Transport to and from the centre is also available.

Staff and Coordinators will be on hand throughout the day to assist with information about funding through My Aged Care.

For more information please contact

Community Lifestyle on 8562 0300

A representative from Kapunda Senior Citizens Club will also be available to discuss the programs they offer and how to join them.

For more information contact

admin@kapundaseniors.com.au

or 0418824680

Programs in other towns include Falls Prevention and Balance exercises, Wine & Cheese afternoons, Guest Speakers, Quiz afternoons, Murder Mystery afternoon, individual programs in your own home.



ILU Residents are Invited
to the
Barossa Village Residents'
Association (BVRA)

2021 Annual General Meeting

1:30pm-2:30pm

Wednesday, 13th October

Joy Rice Centre, The Lodge

14 Scholz Ave, Nuriootpa

Matters of Business to include:

Adoption of Minutes - Previous AGM

ILU Retirement Living Report

Address from Barossa Village CEO

Motion to accept reviewed Constitution

BVRA President's Address & Report

Presentation of 2021/22 Maintenance Fees

Election of ILU Cluster Representatives 21/22

Election of BVRA President for 2021/22

Hairdresser

Tuesdays:

The Residency

Thursdays: The Lodge

**Phone Irene Rickards for
an appointment or she
can visit you.**

**Phone 8564 2195 or
0414 607 135**

Barossa Christian Family Centre

**We welcome everyone
to our services each
Sunday, 10.30am at
the Joy Rice Centre,
Nuriootpa.**

**For more information
contact 0408 194 740**

Friday Café Menu

October 1

Main: Sweet & sour pork served with steamed rice, roast carrots and broccoli

Dessert: Chocolate and mint cheesecake

October 8

Main: Roast beef served with roast potato, roast pumpkin, green beans & gravy

Dessert: Apple crumble pies served with custard

October 15

Main: Roast leg of lamb served with roast potato, roast carrots, peas and gravy

Dessert: Fruit flan

October 22

Main: Roast chicken thigh served with béchamel sauce, mash potato, steamed carrots and broccoli

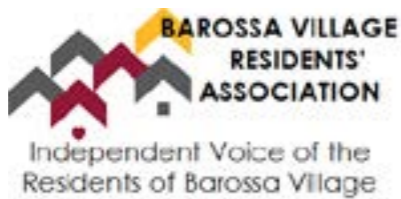
Dessert: Sticky date pudding served with custard and caramel sauce

October 29

Main: Braised beef in red wine gravy served with mash potato, roast pumpkin and peas

Dessert: Steamed apricot jam pudding served with custard

**Bookings are essential. Contact
Reception at The Lodge on 8562 0300**



MINUTES of the ANNUAL GENERAL MEETING of BVRA

Held WEDNESDAY 14 OCTOBER 2020 at 1.30 pm at Joy Rice Centre.

ATTENDANCE: Chairman Tom Falconer welcomed 52 ILU occupiers, with CEO, Simon Newbold, Chair BV Inc, John Angas, General Manager Services Ben Hall, and Care Coordinator, Tom Herring.

APOLOGIES: Anne Robins, Rosemary Shearer, John Reusch, Kevin Prouse, David Hussey, Errol James,

MINUTES – distributed in Grapevine. Moved – Maggie Hughes, Seconded Jenny Lythgoe – carried.

CHAIRMAN'S ADDRESS – Tom reported on a difficult year with Covid halting many activities, now resumed under safe procedures. He thanked Ben for bringing systems into play that will ensure maintenance programs are regular and effective and Tom Herring for his untiring concern for our care and wellbeing. BV's regular communications during Covid were greatly appreciated – how lucky are we to live in South Australia and in Barossa Village.

Board Chairman John Angas and CEO Simon Newbold. John spoke of the Board's updating of its Strategic Plan 2020-2030, important aspects of which are

- To expand all aspects of the business
- To strengthen the financial position to ensure positive and high quality retirement and aged care living
- To develop a skilled and responsible workforce.

Simon enlarged on these and paid tribute to everyone in Barossa Village pulling together in trying times. It is a credit to the staff that with the Barossa having 40 Covid cases in March, not one of the 800 clients or 270 staff was affected by it. He expanded the initial 3-year Plan for the continued growth and expansion of services. New members Matthew McCullough and Helen O'Brien bring new skills to the Board. Ben Hall, tackling big projects like the hydrotherapy pool and 21 more Residency beds, has also ensured many ILUs are being updated, with landscaping and the new bar and courtyard development making Joy Rice surrounds a premier area. The new website is active with a marketing campaign bringing Barossa Village to community attention. \$700,000 has just been committed to new phone and technology systems. All this is made possible by the people across the organization and by careful use of financial resources – a sixth year of operating surplus. Since 2015 \$22 million has been spent on infrastructure. A fulltime Community Development Officer has been appointed to work with volunteers and the Op Shop. Heritage Park Master Plan is next. Simon acknowledged late production of Grapevine, undertaking to ensure it get back on track.

Tom Herring – Tom remembered with respect the ILU residents who have died since our last meeting. He praised the goodness he saw amongst residents looking after each other during Covid time. The ability of Barossa Village to quickly introduce new services like shopping and meals, with free delivery, showed the organization has the capacity to adapt when a need arises. Thanks to Carl Helbig for his education sessions on cyber security and technology, all done in his own time for the safety of residents, and to Ben for distributing Covid information. In future the website "Client Zone" will get us information quickly. Presently undertaking emergency planning for vulnerable residents, especially updating bushfire safe plans – with a CFS information session to be held on 12 November. In 2021 Tom aims to visit every unit to build up a "community voice" - an awareness of what is important to each resident. Tom encouraged all residents to complete the authorization form for Barossa Village to give contact details to their Cluster representative.

Ben Hall – reported on many changes introduced in last 12 months, including matching horticultural practices to seasonal changes. The garden team works on a six weekly cycle and also attends to preventive maintenance as their time allows. Other workers will continue with maintenance cycle and if a resident misses the visit, a return visit at a suitable time will be arranged. The "rejuvenation" of the Scholz precinct has begun with the demolition of some units assessed as being unsuitable for updating. The character of the area will be retained with a housing plan soon to be drawn up. Refurbishment continues for several ILUs to lift the quality of retirement housing. Ben also gave an update on the hydrotherapy pool as a community asset, on track for completion March 2021, with a further \$50,000 SA Government grant allowing a high quality change room/toilet facility. The new 21 beds at

the Residency should be completed by August 2021. Ben acknowledged Clare Pietsch (Integrated Care) and Leanne Kleinig (Admin/Finance) and their teams, whose backroom work makes all this possible.

Ben presented the financial statement and budget and announced the maintenance fee for the coming 12 months will be \$194.00. Chairman sought a motion that residents "note that it has received Management's Report on Maintenance Expenditure, Maintenance Budget and setting of the Maintenance Fee for the forthcoming year". Rudy Koenders commented to ask if these statements had been discussed with the Association as required by 2016 amendments to the Act. As this had not occurred Mr Koenders moved/seconded Yvonne Wuttke, "that this motion be not now put until it complies with Section 33 and 39 of the Retirement Villages Act 2016". Jeff Devonish raised a point of order that we did not have the power to change the accounts or the maintenance fee in any event, but the motion was put and carried. A further meeting will be called.

MANAGEMENT COMMITTEE NOMINATIONS: Carmel thanked all reps and proxies and welcomes 5 new members. She declared the following residents nominated by their Cluster duly elected.

ANGASTON

Schilling Street/North:	Julie Smith	Kath O'Toole
Hill Street:	Gayl Sanderson	Barbara Emmel

TANUNDA

Angas Street:	Anne Robins	Julia Russell
Basedow Hof:	David Hussey	Errol James
Maria Street:	Carmel Devonish	Jenny Lythgoe
Magnolia Street:	Robin Henry	Malcolm Gunn

NURIOOTPA

Atze/Kellett/Humberdross:	Shirley Nash	Phylip Nash
Buna/Kokoda:	Pat Reusch	
El Alamein/Sheard:	Elsja Wilton	
Amtsberg, Greenock Rd:	Sandra Johnston	
The Pines, Greenock Rd:	Maggie Hughes	Jackie Chapman
Old Kapunda Road:	Ben Van Gasteren	
Park Avenue:	Ingeborg Fimmel	
River Road:	Tom Falconer	Mike Reglar
Scholz Ave:	Bob Sandercock	Ros Hayward
Penrice Road:	Christine Bassham	Rita Dury

GENERAL BUSINESS. BVRA Constitution. The BVRA was formed in 2011 with guidance from the SA Retirement Villages Association. A review is timely. The Management Committee recommends to this meeting "That in its 10th year of operation a Review be carried out of the BVRA Constitution, with all residents invited to participate, to be conducted in the first six months of 2021." Moved Secretary/seconded Angie Falconer. Carried.

ELECTION OF CHAIRPERSON: Simon called for nominations from the floor. There being none Rudy Koenders proposed Tom Falconer, seconded Ross Bassham, for a third term as allowed in Clause 4.15 of the Constitution, for the next 12 months.

Meeting closed at 2.45pm, next AGM - Wednesday 13 October 2021 at 1.30pm.

Chairman

Secretary

Date



NOTICE OF ANNUAL GENERAL MEETING

NOTICE IS HEREBY GIVEN that the ANNUAL GENERAL MEETING of members of Barossa Village Incorporated will be held on Tuesday 26th October 2021 in accordance with Rule 18.1 of the Constitution.

THE MEETING WILL BEGIN AT 7:00 P.M. and will be held in the Joy Rice Centre of the Barossa Village Lodge at 14 Scholz Avenue, Nuriootpa.

Retiring Board members who are eligible and who have offered themselves for re-election are:

John Angas

Sally Collings

Barbara Storey

Retiring Board members

David Quodling

In accordance with Rule 10.6 of the Constitution, any other members of the organisation wishing to stand for election need to be nominated by two other members and have their signed nominations submitted to the Chief Executive Officer at least fourteen days prior to the meeting.

Simon Newbold

CEO & Secretary to the Board

The Barossa Through John's Eyes

Barossa Village residents have many hidden talents, none more so than Nuriootpa photographer, John Day. You may have seen John's photos featured in this year's Barossa Village calendar and in the pages of our annual report. John has once again, been out and about across the region capturing stunning images of the Barossa. He was kind enough to share his shots with Barossa Village, some of which you'll see featured in this year's annual report. In the meantime, we couldn't help preview some of John's photos with our Grapevine readers.



Nuriootpa ILU Resident, Magda Lausberg dropped into Barossa Village to share a great story about her friend Catherina, who turned 109 and is an inspiration to her friends and family.

Catherina is South Australia's oldest person and a self described "gym junkie" who works out three times a week and only recently moved into residential care in Adelaide after breaking her hip testing her grandson's skateboard. Catherina's story was featured in The Advertiser.

Magda is pictured with Catherina when they caught up recently at Magda's home. She proudly describes her dear friend as "incredible for her age."

Residential Lifestyle

Thanks from Zane

We enjoyed having Zane Eagland, a work experience student, spend time with Barossa Village, learning about aged care. Zane had these kind words to say about his time at Barossa Village:

"I'd like to thank everyone for making my time at Barossa Village a very educational and enjoyable experience, particularly the lifestyle team and the residents who I worked with. I will carry these experiences with me throughout my career in lifestyle."

Show Day for Residents

In the absence of this year's Adelaide Show, we created our own Show Day at the Residency with show bag giveaways and prizes to win at our very own sideshow alley. Residents took turns at the clown game, knock over cans, darts and quoits. Topping off the day was lots of yummy food including scones with jam and cream, dippy dogs, fairy floss and donuts. A highlights reel of past events at the show was displayed on the big screen.

Annual Dance

This year's theme for our Annual Residents' Dance was "I Heard it on the Grapevine" with our very own award winning DJ Ben played music from the much loved 60s era.

Residents and staff dressed up to the nines to attend the event. The Lifestyle team volunteered their time to bring this once a year event to life and their groovy decorations were amazing, adding to the atmosphere on the night. Pictured top right are Shirley and Betty; bottom right are Frieda and Rina.

Plant Pot Decorating

What a fun afternoon for everyone, showing off their artistic talents and decorating plant pots, to be filled with flowers just in time for spring.



Pictured clockwise from top left are Betty and Hazel enjoying their show goodies; Betty takes aim in the clown game; pot decorating in action; Mavis with her finished pots; John and Glenda at work on their pots.



Gretel, A Barossa Village Icon



I've been at Barossa Village for nearly 8 years and over this time I have seen people come and go, buildings change and systems implemented, but the one constant has been Gretel the cat.

Gretel is an older lady; she is not as fast as she used to be, she often struggles to get up, but she is always there. This year Gretel has been spending a lot more time inside. It used to be that she was just in at night. Gretel has her favourites (people), spending time wandering in their offices, going into rooms and in the evening sleeping on beds. A way to Gretel's heart is her stomach: Residents and staff find little treats or special food for Gretel.

Often Gretel is seen sitting at the front door, watching and waiting. She is joined by residents and visitors. Unsure if she wants to go out or stay in. Sometimes she is just watching. Gretel is best known for

appearing in the car park. When visitors pull up they'll see her in the garden, blending in having a snooze. Then magically when visitors return to their car, Gretel will be sleeping on a warm bonnet. I've had many visitors of residents who are no longer with us ask about Gretel. She's an icon at Barossa Village.

Animals are so important to us all and our wellbeing. They are our silent partners and companions, hearing our thoughts and troubles, never judging, just listening. They let us look after them, giving us the opportunity to think about something outside of our own troubles and experiences. When people come into aged care, often they have to give up a beloved family pet.

A University of South Australia study and a submission to the Royal Commission found, "While 64 per cent of Australian households have a pet, a 2018 Animal Welfare League report found that only 18 percent of residential aged care facilities allowed residents to live with a pet".

It is not practical or feasible for a resident to have their own pet in our high care environment. When we have tried this, it has been very difficult for the resident to look after the pet and often caused both animal and resident a lot more stress.

That's where Gretel comes into the picture; she is the pet you have when you don't really have a pet. She fits the experience of cat ownership in the country. Cats are

outside, they kill mice and if they rub up against your leg, you give them a pat.

We have lots of animals come into the facility. Some of these are pets used to live with a resident but now live with other family members, others are just visiting because they are nice to look at and touch.

I don't know what this place would be like without Gretel. I don't look forward to the day when she won't be waiting at the

door. Until that day, say hi to Gretel when you see her, she won't acknowledge you, but it's OK, because that's what cats do!

Matt Kowald
General Manager
Integrated Care Services



Resident, Milton, shares a moment with Gretel, "Residency cat" and Barossa Village icon.

Resident Profile: Sandra Raven

Family and faith have both played an important roles in Sandra Raven's life

Born to Tom and Dorothy Tomlin in 1952 at Glenelg, Sandra says she was always very closest to her parent, being the youngest of five children, including three sisters Valda, Edith, Marlene and one brother Robert.

Sandra grew up at Camden Park, attended Camden Park Primary School and Vermont Girls Technical High School.

Childhood was filled with great memories of fantastic times. "My parents owned a shack at Black Point on the Yorke Peninsula and I remember spending many long weekends and holidays at the shack with my family," Sandra remembers.

After leaving school Sandra worked in different jobs, including wiring parts for cars at a factory, in cafes and Delis. "I later volunteered at a Lutheran Nursing home doing individual visit, reading the bible to residents and reminiscing."

Sandra married her first husband Graham at a Registry Office in 1968 and were married for 20 years, having two children Faith and Dwayne. She is grandmother to Wade and Crystal.

"I met Brenton at the MS swimming pool and he is the love of my life; we married in 1992 at Salisbury and do as much as we can together."



Sandra is a reader, mainly enjoying Danielle Steele novels, women's magazines and doing word search puzzles.

"My faith, attending church services and bible study are very important to me and I listen to Church music, hymns, country and pan pipe music.

"I love living at Barossa Village and being able to spend time with my sister Edith and my soul mate Brenton."



Barossa Village Residents' Representative Group

MINUTES of Meeting to be held on 2nd September at 10.30am in the Club Room

Chairperson: Julie Cartwright Minute Secretary: Maggie Hughes	
Residents: Valda Brinkley, Jeff Virgo, Trevor Reu, Doris Kubisch, Janet Lock, Brenton Raven, May Carter.	
Staff: Sue, Ben, David, Matt.	
Family Members: Rhonda.	
Apologies: Bob King Guest Speaker: Thean & Jane from Quality Connections Project	
Business arising from Minutes.	Action:
Residency extension	Ben update. Many hold ups due to the wet weather. Top slab laid also concrete path. Organize group tour when weather permits.
Service Promise	David update. Creating a welcoming environment at reception. Acknowledge you on entry with a friendly greeting when possible. Attend to you in a professional manner with a willingness to help.
Buddy Training	In progress, designed to help coach new staff in the "Barossa Way "and service delivery expectations.
Menu Issues	Executive Chef Carl Withey was on site as a consultant to address menu issues. Acknowledged the catering staff are excellent and has highlighted issues that need to be addressed to improve presentation, quality, menu design and dietary needs. Food Focus group to be formed.
COVID Updates	Matt update. All vaccinations completed by the 4 th of September. All precautions are in place with singing still banned, watching for possible new restrictions if we have a Delta infection in SA.
Staff shortages	Still very hard to cover for staff who call in sick overnight, and at high times of client demand.
Maintenance requests, what is a reasonable response time?	The nature of the request depends on the response time; urgent jobs take priority with smaller maintenance taking a little longer.
General Consumer Feedback	
Sunday Afternoon Movies	To be commenced.
Catering for individual dietary needs.	Tailored for resident's needs in care plan.
New Business	
Visitors Thean and Jane, Dignity in Care	10 Dignity in Care Principles tabled. Defining Dignity and providing care that supports self- respect and personal choices.
Terms of Reference tabled	No changes required.
Annual Dance	16 th September 6 – 7:30pm
Guest speakers	ARAS 8 th September 2pm Barb Storey (Baron and Board member) 22 nd Sept at 2pm
Next Meeting Thursday 7th October 10-30 am in	The Club Room

Community Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Find this calendar on our website at www.barossavillage.org				1 10.00am Circle of Friends Friday Café Lunch Bingo
4 PUBLIC HOLIDAY CLOSED	5 9.00am Kapunda Drive Lunch Sir John Franklin Hotel	6 9.00am Tinker Shed	7 10.30am Joy Rice Centre Exercise for Fun Octoberfest	8 10.00am Circle of Friends Friday Café Lunch Bingo
11 St Hugh's Anglican Church 10.30am Exercise for Fun 1pm Luncheon Party Game Day	12 9.00am Garden Grove Nursery Lunch Fasta Pasta	13 9.00am Tinker Shed	14 10.30am Joy Rice Centre Exercise for Fun 1:30pm Chuckles and Laughs	15 10.00am Circle of Friends Friday Café Lunch Bingo
18 St Hugh's Anglican Church 10.30am Exercise for Fun 1pm Australian Luncheon & Aussie Games day.	19 9.00am Gawler Cinema Silver Screening Buckley's Chance Lunch in Gawler Cinema	20 9.00am Tinker Shed	21 10.30am Joy Rice Centre Exercise for Fun 1:30pm DOUG VENNING SINGING	22 10.00am Circle of Friends Friday Café Lunch Bingo
25 St Hugh's Anglican Church 10.30am Exercise for Fun 1pm Trivia Afternoon	26 9.00am River Drive Lunch Mannum Hotel	27 9.00am Tinker Shed	28 10.30am Joy Rice Centre Exercise for Fun 1:30pm Pre Melbourne Cup Fun	29 10.00am Circle of Friends Friday Café Lunch Bingo

Residential Lifestyle Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 10.30 Art &craft Exercises 1.30 Bowls 6pm-7.30 Happy Hour Trivia Night	2 1.30 Movie	3 10.45 Church
4 Public Holiday 3.30 Singing with Garry	5 10.30 Crafting Fun Bible Study 1.30 Men2Men Line Dancers	6 10.30 Exercises Reading group 1.30 Church 2.00 Doug Singalong	7 10.30 German Group 1.30 Bingo	8 10.30 Art and Craft Exercises 1.30 Bowls	9 1.30 Movie	10 10.45 Church
11 10.30 Exercises Word Games 1.30 Making Sausage Rolls 3.30 Garry	12 10.30 Mick Singalong Crafting Fun 1.30 October Fest	13 10.30 Exercises News paper reading 1.30 Church 2.00 Sharing stories with Sarah and Robyn	14 10.30 Skittles 1.30 Bingo	15 10.30 Art and craft Exercises 1.30 Bowls 6pm-7.30 Happy Hour Trivia Night	16 1.30 Movie	17 10.45 Church
18 10.30 Exercises Word Games 1.30 Train Ride Movies Bus trip 3.30 Garry	19 10.30 Crafting Fun Bible Study 1.30 Doug Singalong Men2Men	20 10.30 Exercises Reading group 1.30 Church 2.00 Story telling with Sarah and Michelle	21 10.30 Toms Adventures 1.30 Bingo	22 10.30 Art and Craft Carpet Bowls 1.30 Sushi Making	23 1.30 Movie	24 10.45 Church
25 10.30 Exercises Word games 1.30 Pamper Day 3.30 Garry	26 10.30 Crafting Fun 11.00 Holy Communion 1.30 Bangers and Mash	27 10.30 Exercises Newspaper reading 1.30 Church 2.00 Peter sings old time favourites	28 10.30 George Davies 1.30 Bingo	29 10.30 Art and Craft Exercises 1.30 Bowls 6pm-7.30 Happy Hour Trivia Night	30 1.30 Movie	31 10.45 Church

**Corporate, Community
& Retirement Services**

**Barossa Village
14 Scholz Avenue
Nuriootpa SA 5355**

**The Residency
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Nuriootpa 5355**

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Front Cover

**Resident Gorden, with his wife
Cheryl, all smiles at the Residency's
Annual Dance "I Heard it on the
Grapevine."**

**The Grapevine is printed on 100%
recycled paper**



Barossa Village
people at our heart