

August 2021

Grapevine

♥ Trevor Reu Quizzes
Simon Newbold

♥ Quality
Connections
Update



Barossa Village
people at our heart

From the CEO



A lot has happened since writing my last article.

Restrictions had eased, states opened, cafes opening and tourists starting to come back in their droves. Unfortunately, we are now entering a very different phase where we have to remain vigilant and buckle down for another period of time. The only way out is to get vaccinated. The government has mandated that all staff working in aged care has to be vaccinated by September. Thankfully many of us are already there.

At the time of writing, we are still in a very good position. There are only a few active cases in SA and the border restrictions seem to be working. The constant chatter about

lock down versus the economy dominates the media and everybody has an opinion and it can become very overwhelming for many in our community.

It has been a very difficult 16 months. Every aspect of our lives, whether we are working or retired has been impacted. I think we all struggle a

bit when we don't seem to have control over our lives and what we can do and where we can go. I took some time this week to reflect on my own thoughts and feelings and how they impacted on conversations with family, friends, staff and clients. It is easy for the COVID-19 situation to dominate our conversations and thoughts. I decided that this was not a good thought process and it was much healthier to focus on things that are in my control.

We have many great stories to tell. The staff continue to do amazing things for our residents and clients and their ability to work together and support each other is to be commended. We have strong connections with our resident

representative groups and we encourage ongoing dialogue to provide feedback. Our leadership group are working extremely well together and managing multiple infrastructure projects at all levels. Their leadership skills and commitment is to be applauded. We are only as strong as our people and I will continue to support them to succeed.

Hopefully, as you are reading this, our Lifestyle activities and programs will be back in full swing. The energy coming from the Joy Rice Centre is always uplifting and it shows that we are a village where people socialise, have fun and support each other.

It is also good to see Tom back supporting our ILU residents. Lisa and Carol stepped up when Tom was seconded to Home Care which kept some level of connection over the last couple of months. Fingers crossed as the weather improves we get on top of the pandemic and life can become a little more relaxed.

The Board has just signed off on our business plans, capital projects and new initiatives, so we have plenty to do. It is also great to see the new hydrotherapy pool

completed and being used. The 21 bed expansion of the Residency is well underway, however the rain has not helped it during July. The Atze Parade precinct is becoming a health hub and is an example of our integrated approach to health and wellbeing for our residents and clients.

I encourage you all to remain vigilant. If you have any flu like symptoms, please get tested and self-isolate until your results come back. Social distancing is also very important when you are out and about and of course, please continue to wash your hands rigorously when required.

Stay safe and as always, if you have any issues, please contact me on 8562 0300.

Cheers

Simon Newbold

Chief Executive Officer

COVID-19 Resources

For facts, information and updates about Coronavirus please use the following resources:

Australian Government Department of Health

www.health.gov.au

Coronavirus Health Information Line: 1800 020 080

Stay informed with the "Coronavirus Australia" government app in the Apple App Store or Google Play

SA Health

www.sahealth.sa.gov.au

p. 08 8226 6000

SA COVID-19 Mental Health Support Line: 1800 632 753

(available 8.00am to 8.00pm, 7days a week)

Regular updates are also available on the Barossa Village website:

www.barossavillage.org and our Facebook page.

Don't Wait, Get Vaccinated

Book your COVID vaccination at:

www.sahealth.sa.gov.au

QR Coding or Signing in on entry is mandatory at The Lodge, The Residency, the Joy Rice Centre and the Arthur & Gladys Reusch Community Centre.

Independent Living Community Update



Back in March I was seconded to work in Community Home Care.

This was a short term situation that proved to be a most enjoyable time where I reconnected with the team that I used to work with years ago and work with our many wonderful Home Care Package Clients.

I'm most pleased to advise that I am fully restored to my role working with the Independent Living Unit Residents. There will be a few changes moving forward and I'll look forward to briefing you all on those as they are developed. Looking to the immediate future I

have the following programs to bring to your attention.

Wellbeing Survey

Over the next few months I will be visiting residents with a short survey with questions about wellbeing and individually tailored wellbeing plans.

Connected AU

This wonderful initiative you may have seen on TV aims to reconnect isolated and lonely Australians around the country. They have several programs including the Letterbox Project; the delivery of hand written letters from the wider community, to people experiencing isolation and loneliness.

In the digital age, a handwritten letter is a beautiful reminder of the power of real connection. Something seemingly simple can have a profound and lasting impact for both the recipient and the writer. Every letter makes a difference.

VR for Seniors

Last year I completed a course in VR technology (Virtual Reality) and I am thrilled that Barossa Village successfully gained a funding grant which will allow us to develop a VR program for Residents.

It's an exciting experience using a Virtual Reality Headset and one where we can tailor to the individual's interests. In a world where travel is restricted, VR travel experiences and adventures await from the comfort of your own unit. More on this soon.

High Tea Dance

Many of you would remember our very successful High Tea Dance/ information session that was held early in 2020. We are aiming to host another one of these events in spring this year. More news to come.

Census Night

If you need any support with filling out your census forms on August 10, please call me at the office as I am available to assist.



ILU Residents Activity Calendar*

August 2021

Activity	Date	Time	Location
Games	Wednesdays 4, 11, 18 & 25 th	2.00 pm	Joy Rice Centre
Happy Hour	Thursday 12 th	4.30pm	Joy Rice Centre
Movies	Alternate Fridays 13 th Zulu 27 th The Von Ryan Express	6.30 pm	Joy Rice Centre
Art Group	Friday 6 th & 20 th	3.00 pm	Joy Rice Centre
Men's Group	Wednesday 4 th & 18 th	1.30pm	Various
Bobby Dazzler Live Shows on Facebook			
Walking Group	Tuesdays and Thursdays Fine weather only	9.30am	Coulthard Reserve Nuriootpa
Vinyl Record Club	Saturday 28 th	7.00pm	Joy Rice Centre
ILU Residents Social Club Meeting Ordinary meeting & musical entertainment	Monday 9 th	1.15pm	Joy Rice Centre
Concert Night Joy Rice Centre	Saturday 14 th Elvis Night	6.30pm	Joy Rice Centre
Residents Market	Saturday 14 th	9am-1pm	Arthur & Gladys Reusch Community Centre Nuriootpa

* ALL ACTIVITIES SUBJECT TO COVID RESTRICTIONS

For more information about these activities phone Reception on 08 8562 0300

Or visit the Client Zone at www.barossavillage.org

Property and Infrastructure



Alterations: Their Installation, Maintenance and Insurance

Most information about alterations is contained in your agreements, but here's some responses to a few frequently asked questions. These answers reflect our most recent position and it is acknowledged that some of you

may have made alterations under different provisions:

How do I go about making an alteration?

If you work out what it is that you are looking to do, contact the office and you will be asked to complete an Additions and Alterations Authority which is the first step to getting approval for the work. We are required to be reasonable in determining whether or not to give consent. Please note that some alterations may, for example, require the approval of the Barossa Council.

What is an alteration and what isn't?

Generally speaking anything that involves making a change to the structure or a fixture (or adding something) within the house is considered an alteration. A fixture is anything that is permanently attached to a property. Some examples: air-conditioners, solar panels, external window blinds, or shade houses.

Who pays for an alteration?

It is your responsibility to pay for an alteration; they are not funded under your maintenance fee. Once approved, this can be carried out through your own nominated contractor (it's important that they are appropriately licensed to carry out the work) or alternatively we can arrange for the work to be done and you pay the Barossa Village.

Who maintains, repairs or replaces an alteration?

As with its installation, this is your responsibility. We can certainly carry out this work if requested, but like its installation, this is a service that is not funded through your maintenance fee. It is important to note that some items require regular maintenance in order to manage any associated risk to the property.

Is an alteration insured?

Any alteration that results in a fixture is insured under the Barossa Villages building insurance, however you are responsible to insure your contents, furniture, fittings and furnishings in the unit and your personal effects. You are also required to ensure that the alteration has had necessary maintenance.

What happens to the alteration when I leave the unit?

If it is agreed that it can remain, then the alteration will become the property of the Barossa Village at

no cost at the end of the agreement, otherwise, it is your responsibility (or your estates) to reinstate or repair any impact on the unit as a result of the alteration. This is considered on a case-by-case basis.

If you ever have any questions please do not hesitate to get in touch.

Stay safe.

Ben Hall
General Manager,
Service and Delivery

A thank you to the Barossa Village team, Carl, Ben, Tom and Simon for their help during the recent power outage at Humberdross Way, which took a little longer than first anticipated.

The Residents of
Humberdross Way.

People and Culture



Over the past two months, our Senior Leadership Team have been working together to review and define the organisational identity of Barossa Village.

This team is made up of Simon Newbold (CEO), Samantha Mason (Finance Manager), Daniela Hongell (Sales and Marketing Manager), Ben Hall (General Manager, Service and Delivery), Matt Kowald (General Manager, Integrated Care) and myself.

Defining Our Organisation's Identity

Our work is now almost complete and over the next two months we will introduce the Barossa Village team to the new mission, vision, values and leadership principles, seeking thoughts and opinions on the outcomes of this work.

A clearly defined organisational identity is the

hallmark of successful companies around the world. Developing an organisational identity stem from four common principles:

A mission that defines why they exist, why they are here and what purpose they serve.

A vision that provides a view and understanding of what they are trying to achieve over a defined period.

A set of values that define how as an organisation they will behave.

A set of leadership principles that define how, as a leadership team, they will make decisions and be

perceived by the world.

An example is the online retail giant Amazon. This company has worked tirelessly to define its organisational identity. Its founder Jeff Bezos, before stepping down as CEO and embarking on a new chapter in his career, updated and added to the company's famous leadership principles, providing a glimpse into the direction they are taking.

A total of 16 leadership principles underpin the ecommerce giant's growth culture.

Bezos' vision, "To be the Earth's Best Employer and Earth's Safest Place to Work" is the starting point. Their new leadership principle is to 'Strive to be Earth's Best Employer'.

What does that look like?

Amazon says, "Leaders will work every day to create a safer, more productive, higher performing, more diverse, and more than just work environment. They will lead with empathy, have fun at work, and make it easy for others to have fun.

Leaders will ask themselves: Are my fellow

employees growing? Are they empowered? Are they ready for what's next? Leaders will have a vision for and commitment to their employees' personal success, whether that be at Amazon or elsewhere."

I look forward to keeping you updated as our work progresses.

David Rundle

General Manager, People and Culture

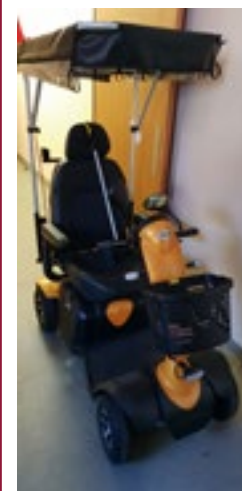
Leticia Leggett

organicwealth.com.au
(08) 8567 3663
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Making Smart Financial Decisions

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For Sale Call 8562 0300 (option 2) and ask for Tom.



Gopher Scooter
\$4,500.00

Merits 745 Plus 4 wheeler with canopy, walker carrier, scooter flag, cane holder. As new.



Treadmill
\$150.00



COMMUNITY LIFESTYLE PROGRAMS

Purpose is the difference between existing and living.

Purpose means having clear goals to keep us engaged in our day-to-day lives. Without it, we lack vitality, productivity and risk cognitive and physical decline. (Conci, 2018).

A wellness and enablement approach to ageing sees older adults setting purposeful goals for how they wish to live, to help regain and maintain independence and autonomy, for as long as possible.

Talk to us about how we can help you to stay healthy and connected with our Community Lifestyle Program. Phone 08 8562 0300.



Friday Café Menu

August 6

Main: Braised beef in red wine gravy served with roast pumpkin, mash potato and green beans

Dessert: Chocolate and mint cheesecake

August 13

Main: Braised lamb in vegetables and gravy served with roast carrots broccoli and mashed potato

Dessert: Bread and butter pudding served with custard

August 20

Main: Roast chicken thigh fillet served with roasted root vegetable, roast potatoes, peas and gravy

Dessert: Orange and honey sponge pudding served with custard

August 27

Main: Roast pork served with gravy, potato bake, roast pumpkin and sprouts

Dessert: Sticky date pudding served with caramel sauce

**Bookings are essential.
Contact Reception at The Lodge on 8562 0300.**

Hairdresser

Tuesdays:

The Residency

Thursdays: The Lodge

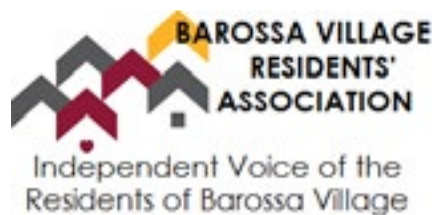
Phone Irene Rickards for an appointment or she can visit you.

**Phone 8564 2195 or
0414 607 135**

Barossa Christian Family Centre

We welcome everyone to our services each Sunday, 10.30am at the Joy Rice Centre, Nuriootpa.

For more information contact 0408 194 740



The Grapevine Report

Our last meeting, Wednesday 9 June 2021, covered a fair bit of territory.

Ben wished Brad well in his new career and announced the appointment to the gardening team of Stephen Sparrow who comes from a commercial landscaping background and lives at Freeling with his young family. Please welcome him to the Team and yes, you can guess his nickname! One rep said he hopes Stephen does visit our Clusters too early in the day!

Judy Clarke of River Road celebrated a significant milestone recently. Originally from Kapunda, Judy has been an ILU resident for 21 years and the Village wishes her well for many more.

Ben consulted with us and took us through the maintenance expenditure and budget for 2020-21 to date, as required under the *Retirement Villages Act*. He reported it as being "on track". We had opportunities to ask him questions, like do resident-requested alterations to units come into this report line. They don't. They are capital works.

We were keen to hear about the hydrotherapy pool that had greatly impressed us at an open day. Probably by now it is open for business. Ben has been negotiating with five physios who are keen to buy time/days so as to supervise their clients with exercise routines for particular injuries. (This would be at the cost of a physio visit.) Community available time looks like being 6am-9am (on account of arthritic bones needing some help to get going for the day) and while a staff member will be in attendance, we are responsible for ourselves. Looks like costs will be \$60 per month for unlimited access or \$50 for 10 sessions. Some Health Funds may allow for claims – check your policy.

I reported on the working group's meeting with community consultant, Barbara Chappell, about the Constitution. We are finding this quite challenging, endeavouring to keep in line with the *Retirement Villages Act* while seeking to honour the values of Barossa Village (care and respect for all regardless of differences) and current community values of equality and fairness. The amended Constitution will be put to the AGM in October.

Ben advised there have been some reports of vandalism. We should report any incidents to the office, and also make a police report. It will be too late to catch offenders but police may increase patrols around the area if they are aware of incidents having occurred. If any damage is done to our personal property – pot plants, outdoor furniture – we must make the police report – the Village cannot do so.

Ben also clarified a question raised concerning resident-requested additions to a unit that become fixtures – like an air conditioner or solar panels. The Village's building insurance will cover these, not our household contents policies, but service of such items remains at resident cost.

Carmel Devonish, Secretary, BVRA – August 2021.

BAROSSA VILLAGE INDEPENDENT LIVING UNITS

SOCIAL CLUB NOTES

July 2021

Sixteen members attended the July meeting on Monday 12th which included a chicken and salad lunch, black forest trifle, fruit and icecream, an ordinary meeting and the Annual General Meeting.

Kevin welcomed everyone after lunch and a quick ordinary meeting began at 1.10 p.m. Apologies were sent from Ros Hayward, Nita Jones, Carol McConnachy and Elaine Souter.

We sang Happy Birthday to Mike Reglar who has a birthday at the end of July and to Judy Richardson who won't be at the August meeting. Mike also sang his special birthday song.

Jackie (Secretary) read the June minutes which Jean asked to be passed and Judy Richardson seconded the motion. All members also accepted them as correct.

It was passed on to Yvonne that the three course meal for Christmas would cost \$25.00 at the Angaston Brauhaus.

Vi (Treasurer) read the financial report from last month and asked that they be accepted Judy seconded the motion and all who attended the last meeting agreed.

Next meeting will be on 9th August at 1.15 p.m. and we will be entertained by Peter Baverstock who will sing and do impersonations.

Meeting closed at 1.20 p.m and the 2021 AGM began.

Those attending were Jackie Chapman, Helen Roesler, Kevin Prouse, Doug Fisher, Yvonne Wuttke, Rita Dury, Vi. Mitchell, Ruth Jarman, Judy Richardson, Judy Clarke, Jeanne Whitelaw, Bette Kempton, Bev. Reid, Mike Reglar, Jean Higgenbottom and Magda Lausberg.

All positions were declared vacant and Doug kindly conducted the election of officers for the coming financial year.

President: Kevin Prouse : nominated by Judy Richardson. Kevin accepted. He then ran the rest of the meeting.

Vice President: Doug Fisher: nominated by Vi. Mitchell and seconded by Helen Roesler. Doug accepted.

Secretary: Jackie Chapman: nominated by Judy Clarke, seconded by Jean Higgenbottom. Jackie accepted.

Treasurer: Vi. Mitchell: nominated by Judy Richardson, seconded by Jean Higgenbottom. Vi. accepted.

Committee: Judy Richardson – nominated by Jean, seconded by Vi. Jean accepted.

Jean Higgenbottom – nominated by Judy Clarke, seconded by Helen. Accepted.

Helen Roesler – nominated by Vi. and seconded by Doug. Accepted.

Yvonne Wuttke – nominated by Kevin. Seconded by Jean. Accepted.

Nita Jones and Judy Clarke no longer wish to be on the committee.

Treasurer Vi. read the annual financial statement and all members were able to read it if they wished.

Kevin thanked everyone for attending. Meeting ended at 1.30 p.m.

We then had the pleasure of listening to The Accords who sang songs from the Everly Brothers, Glen Campbell, Cliff Richard, The Beatles, Paul McCartney, Barry Manilow, Gene Kelly, Judy Garland, Matt Monroe and a lovely tune entitled "As I was walking through this world one day". We had a lovely time singing along to the tunes we knew.

Afternoon tea and a good chat was had by all. Any enquires about our meetings, please call reception on 85620300.

Jackie Chapman (Sec. BVILUSC)

Community Development

Lessons Learnt During COVID



Over the past year COVID-19 impacted our daily life in some way and I would like to share some of the things that I have learnt during these times.

Showing Gratitude Matters

I have appreciated the shift away from celebrities and sporting stars as people who we look up to, and how people are more grateful to the essential workers during this time, be that supermarket workers, health care workers,

delivery people and our police and ambulance services, who have taken on risks to themselves for the benefit of everyone else.

By showing a little gratitude and paying the kindness forward, by just saying "thank you" and acknowledging how much you appreciate these workers can go a long way toward building goodwill within our community.

Loneliness Hurts Health

"What we've learned from COVID is that isolation is everyone's problem. It doesn't just happen to older adults; it happens to us all."
—Julianne Holt-Lunstad, Professor of Psychology and Neuroscience at Brigham Young University.

Research around loneliness and COVID shows that people aged 50-plus coped better than younger people, "Older adults with higher levels of empathy, compassion, decisiveness and self-reflection score lowest for loneliness," says Dilip Jeste, Director of the

Sam and Rose Stein Institute for Research on Aging at the University of California.

"With age comes experience and wisdom. You've lived through difficult times before and survived."

My children recently Skyped their Omi in Germany as part of a school assignment to ask about what technology she had in the home when she was their age. They were a little surprised to hear none! The conversations that came from this and talking with her about things of her childhood were wonderful.

World Gets Small, Nature Lives Large

One silver lining to COVID-19's dark cloud: Clouds themselves became more familiar to all of us. So did birds, trees, bees, shooting stars and gardens. By nearly every measure, the planet got more love during COVID.

Many of us have explored South Australia, appreciated and been in awe of how lucky we are to call this beautiful state home.

Other Lessons Learnt

If I could sit on the couch all day and read a book, I would. It's been great to re-connect with reading.

No matter how much time I have on my hands I will never, ever, ever sort out my Tupperware cupboard! Never.

I have good intentions of following on-line exercise programs, but never do.

Our community is so important and we need to show kindness and compassion when things can a little tough.

I may need to go to a knitting class; no matter how many YouTube tutorials I watch I'm not getting the hang of it.

Family. Family. Family. Family.

What have you learnt and reflected upon during these times?

Lisa Ognjanovic

Community Development Officer



BAFFC FUNDRAISER

LUNCH/FASHION PARADE/SINGER

Thursday, October 14th, 2021

11:30am to 3:00pm

Cost - \$55.00 pp

Lamberts Winery - 55 Long Gully Road, Angaston

FASHION PARADE BY DRESSED 4 SUCCESS

AND SINGER/ENTERTAINER - RICK GREENING

INCLUDED:

SPARKLING WINE ON ARRIVAL
BAROSSA SHARED STYLE LUNCHEON AND PLATED DESSERT
DRIP FILTER COFFEE AND TEA
FASHION PARADE WITH DRESSED 4 SUCCESS
SINGER/ENTERTAINER - RICK GREENING
TICKET DOOR PRIZES

ALSO AVAILABLE:

RAFFLE TICKETS FOR PURCHASE
BARISTA COFFEE AND OTHER BEVERAGES FOR PURCHASE
FASHIONS FROM DRESSED 4 SUCCESS FOR PURCHASE



LAMBERT
ESTATE

Bookings Close October 1st, 2021

For details or tickets phone Jill - 0427 002 610 or Jan - 0427 166 952

Melinda from Dressed 4 Success - 0418 910 016

*** All money raised goes to Barossa Area Fundraisers for Cancer ***

**You could Wear Pink or Purple to show your support
OCTOBER IS BREAST CANCER AWARENESS MONTH**

Residential Lifestyle

SALA Exhibition

Our "Living Water Art" Exhibition is an initiative of the Lutheran Church of Australia's Visual Arts team, to encourage congregations, schools and aged care, to stage exhibitions in their local communities around a common theme.

Our residents are excited to be a part of this project and are busy making their art piece.

St Petri Lutheran Church in Nuriootpa has offered to host the Barossa exhibition throughout August as part of this year's SALA Festival (South Australian Living Artists).

Thank you to our Volunteers Tanya and Jane who have been a great help with this exhibition.

Q&A with Simon Newbold

Resident Trevor Reu suggested a Q and A session at the Residency with our CEO Simon Newbold and we thought this was a great idea.

Trevor explained, "We see Simon the CEO in the Grapevine, but we don't really know who Simon Newbold the person is." Simon was a great participant in a well-attended program where

residents asked him about his childhood, his career and other interests.

Our next Q and A session is with Board Member and Barossa Baron, Barbara Storey on September 22, at 2pm in the Club Room.

Djembe Drums a Hit

Shandell Vanika, a personal carer at the Residency, brought in her Djembe drums for our Residents to see and play.

The Djembe originates from West Africa and has a very distinctive design which is important to its' sound. Goblet shaped and tuned with robes, the drum is made from a single piece of tree trunk and is played with bare hands.



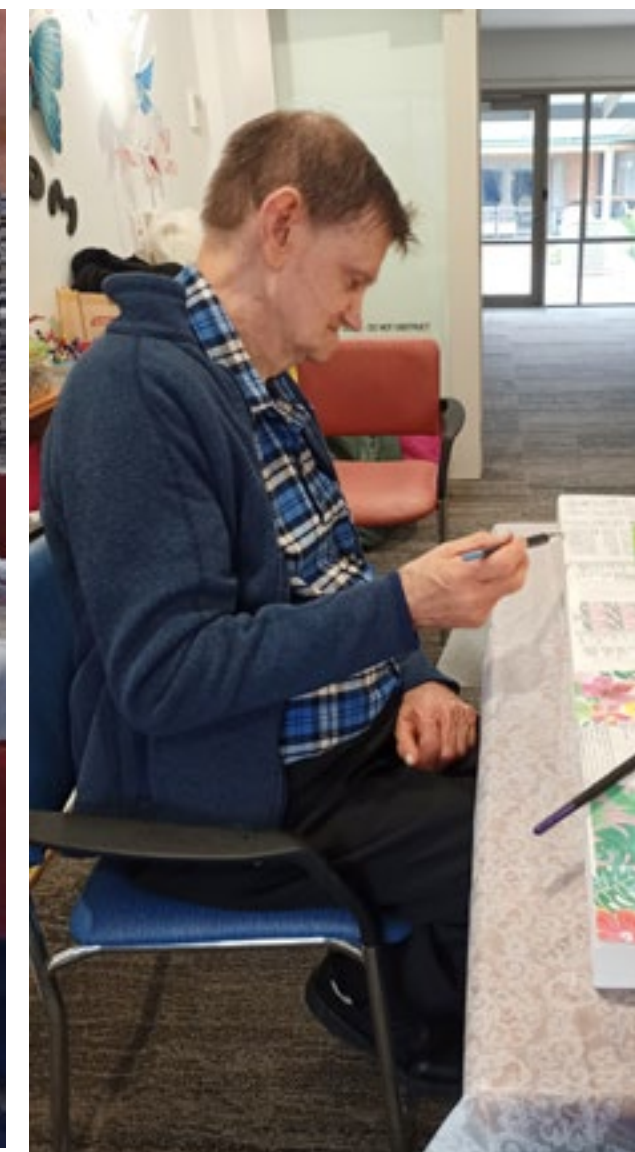
Djembe comes from a saying that translates as "everyone gather together in peace".

Pictured below is Personal Carer Shandell demonstrating her Djembe drumming skills to Jeff Virgo and other members of our Lifestyle Program.

Opposite page clockwise from top left:

Djembe Drumming: Penny Schick and Shirley Starick

SALA Exhibition Art: John Chilton; Wyndham Rogers; Penny Schick and Shirley Starick





A Brighter Future

the impact out of the funding.

On the horizon we see a new impartial funding tool which will support re-enablement (getting people better). We have the promise of a

new Aged Care regulator that will aim to support and potentially enhance the industry. We are to get an Act that gives more rights to older Australians, and then enshrined in law, the basic rights all people deserve.

As a provider it sounds great, and here comes the "but": The big issue we need to address is where will we find a workforce to support these changes? How can we make aged care a desirable career path? How do we provide a vision of a brighter future for people working in aged care, because at the moment (pardon my frankness) it is just bloody hard and often thankless work!

I am pleased to say that Barossa Village has always been a desirable place to work. This has been due to the culture of the organisation, which is that of support and team work. A culture which is generally inclusive and gives people the opportunity to learn and grow in the roles that they take on.

Even with that tradition, it is still a challenge to get people who want to do this work day in day out.

Aged care with its funding model does not promise huge incomes. It is also a 24 hour business so there is a need to often work odd hours, sacrificing time with family and friends or just sleeping.

So what do we have to offer? If you work in aged care you will never be without a job, that's for certain! If you are the right person, with the right attitude, you will flourish and grow and new opportunities will open to you. These opportunities are often what you make

them. The interactions and the wisdom that you gain from the people that we care for, the connection to community and the chances to develop a career.

I have been in the fortunate position to share what can be gained from aged care with both university and high school students. It is my hope that we can be funded to give people the chance to enter this line of work with the skills and the knowledge to ensure that they can get the bright future that we all hope for.

Aged care in all of its form is everyone's business now and no matter what happens next from the government, we are committed to delivering the best possible experience and services in the way that you want them, in the place you need them, from people who share this passion.

Our bright future is delivered by the stars who work in aged care! They are the light we need to sustain and give us all hope that things must and will get better!

Matt Kowald
General Manager
Integrated Care Services



Communication and dementia- Information Session

Barossa Village Residency 9 Atze Parade Nuriootpa SA 5355

Tuesday 17 August 2021

9:30am-12:30pm

Suitable for: Family carers and family members of people living with dementia.

Barossa Village Residency 9 Atze Parade Nuriootpa SA 5355

*includes morning tea

This program and the National Dementia Helpline are funded by the Australian Government

The session provides information on dementia, the way we communicate and how changes in communication can occur as a result of dementia. Dementia Australia's facilitators have specialist dementia knowledge, skills and experience. These sessions are delivered interactively, you will be encouraged to share your experiences alongside other participants giving you an opportunity to develop new support networks.

Please RSVP to reception at the Residency 8561 0400

or to julieca@barossavillage.org



Resident Profile: Pam Schulz

An active community member, Pam Schulz continues to maintain a busy life.

Born to Gordon and Dorothy Shillavier at Alberton in 1939. Pam has one brother Dean who lives at Salisbury.

She grew up and went to school at One Tree Hill and after leaving school worked in a delicatessen and on a farm moving sheep and driving tractors.

Pam married Geoffrey in 1959 at the One Tree Hill Uniting Church and they lived in Tarlee and Riverton, crop farming, with 200 chickens and a sheep stud. Meanwhile they had four children; Kerry, Peter, Mark and Tim. Adding to the family are 15 grandchildren and one great grandchild. Geoffrey passed away in 2006.

If life wasn't already busy enough for Pam on the farm and raising her family, she found time to be President of the Riverton Bowls Committee, had a 50 year membership and served as secretary for

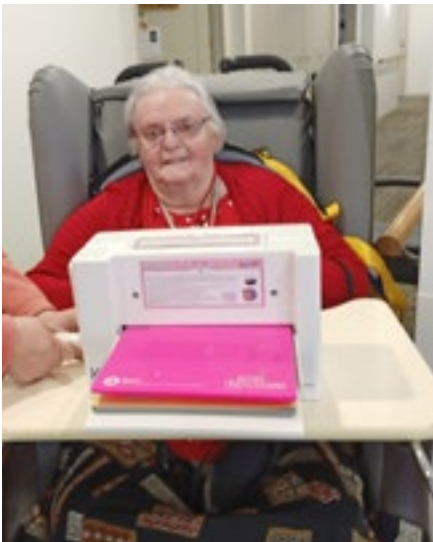


the Women's Agriculture Bureau and also served as President on the Ladies Guild of the St Paul's Church at Riverton.

She was a netballer, played tennis and bowls.

Other hobbies have included gardening, patchwork, sewing and folk painting. She continues to enjoy crosswords and playing table games.

Pam listens to most music, with country and western being her favourite. She is an avid reader of romance novel and biographies, and keeps up to date by reading the Stock Journal watching current affairs programs on TV.



A Crows supporter, Pam likes watching AFL and other sports.

As you can see from Pam's photos, she keeps a busy schedule, shopping, making cards and looking great for a family wedding!

Quality Connections for Dementia Training

By Thean Vlahikis, Director, Dementia Detailing

Over the last eight weeks Dementia Detailing has met with some of the most wonderful residents, family members, volunteers and staff from all service sectors at the Residency.

What an amazing team!

In the June issue of the Grapevine we explained how Dementia Detailing is working with Barossa Village on the 12 month Quality Connections program, a new standard of Dementia education for staff, residents and families who are supporting someone living with Dementia.

We are getting to know staff at the Residency and investigating in an unorthodox way, how they view and experience their workplace. The results they gave us may surprise you.

The questions we asked included: "If Barossa Village was an ice-cream flavour, which would it be?" and "Some days at work feel like an episode of which TV show?"

Eight flavours of ice-creams ranging from the traditional such as vanilla, to the novel, were considered, with the novel flavour, 'Honey Jalapeno Pickle' winning hands down. The TV show staff most likened their work day was dominated by the vote for MasterChef! What might this mean?

With that in mind we are very much looking forward to now working more closely with such a dynamic and engaging team.

Results of Poll #1 as voted by you:
If Barossa Village was an ice cream flavour, which would it be?

	1	HONEY JALAPENO PICKLE (112 votes)
	2	BUBBLEGUM (16 votes)
	3	VANILLA (14 votes)

Results of Poll #2 as voted by you:
Some days at work feel like an episode of which TV show?

1	MasterChef (147 votes)	2	House (68 votes)	3	M*A*S*H (28 votes)



Community Lifestyle Programs

Barossa Village Community Lifestyle values the input from our clients around the programs we offer. During August we will be running a series of short client meetings on the following dates:

Monday 16th- St Hugh's Hall from 1:30-2pm

Tuesday 17th- BV Lodge from 9:30am-10am

Thursday 19th – St John's Hall from 1:30pm-2pm

Friday 20th – BV Lodge from 10:30am- 11am

Your input is important to us; share your thoughts

and ideas for future programs and how we can continue to improve.

Morning Tea or Afternoon will be supplied

If you are unable to attend, we would still like to hear from you, please fill in the form below and return to Barossa Village Community Lifestyle Program.

Name:

Contact no or email:

(Optional if you would like us to contact you further about our programs)

Program ideas for indoors:

Outings:

Additional Comments:



Barossa Village Residents' Representative Group

MINUTES of Meeting held on 1st July at 10.30am in the Club Room

Chairperson: Matt Kowald **Minute Secretary:** Maggie Hughes
Residents: Trevor Reu. Jeff Virgo. Marg Kennedy. Leonard Warren. Doris Kubisch. Janet Lock. John Chilton
Staff: Ben Hall. David Rundle .Tanya
Family Members: Rhonda Smith.
Apologies: Bob King. Joyce Gillard. Valda Brinkley. Jennie Presser, Julie Cartwright.

Business arising from Minutes.	Action:
Residency extension	Ben: All going to plan
1. Residence Community Garden Co-Design Introduction and discussion.	David: 1. Photos to be tabled for consideration. Japanese Inspired area featuring blossom trees, feature areas with topiaries conifers and aggregate walkways wide enough for wheel chairs, sight alignment for bedroom windows.
2. Service Promise design	2: Lisa meet with staff, residents and families to formulate a survey. Meeting with admin staff to discuss.
Heat Lamps in bathrooms	Ben; Now installed. Issues with timer switches /safety switches to be addressed.
Menu changes	Most issues resolved, personal choices can't always be catered for but will endeavor to when we can.
Answering Call bells in a timely manner	Still many issues, graph tabled showing peak wait times this will help with staff rostering.
Trevor Reu Interview with Simon Newbold	Well attended and many suggestions for more candidates.
Buddy Training	Tanya / David Four staff in training to be "buddies" with new staff, including client orientation and maintaining standards of care.
COVID Updates	Matt – mandatory vaccine Staff vaccines now in progress.
Consumer Engagement Survey completed by many residents, thank you for participating.	Results to be tabled at next meeting
General Consumer Feedback	
Parking issues.	Suggestions for future signage when new wing is opened.
Call bells and Service expectation	Discussion about the time to answer call bells and the expected response of the staff when they attend a bell. Residents stated that sometimes the light gets turned on at night and this is not appreciated.
Menu Issues	More "winter desserts " rice pudding etc.
Research	Flinders Uni and Hub Quality of life research occurring on the 20 th of July need to have 10 volunteers.
New position	Allied Health Assistant role explained
Next Meeting Thursday 5th August 10-30 am in The Club Room	

Community Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>Mosaic Art</div>	<div>3</div> <div>Aussie Apricots</div> <div>9.00am</div> <div>Lunch</div> <div>Palmer Hotel</div>	<div>4</div> <div>Tinker Shed</div> <div>9.00am</div>	<div>5</div> <div>ST John's Tanunda</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Scone Making</div>	<div>6</div> <div>Circle of Friends</div> <div>10.00am</div> <div>Friday Café Lunch</div> <div>Bingo</div>
<div>9</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>National Books Lovers Day</div> <div>(bring your favourite book and share)</div>	<div>10</div> <div>Gawler Cinema Silver</div> <div>9.00am</div> <div>Screening</div> <div>MINARI</div> <div>Lunch in</div> <div>Gawler Cinema</div>	<div>11</div> <div>Tinker Shed</div> <div>9.00am</div>	<div>12</div> <div>ST John's Tanunda</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Mad Hatter Tea Party</div>	<div>13</div> <div>Friday Café Lunch</div> <div>10.00am</div> <div>Bingo</div>
<div>16</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Jadees Fashion</div>	<div>17</div> <div>Nuri Fire Station Tour</div> <div>9.00am</div> <div>Lunch</div> <div>Kingsford Hotel</div>	<div>18</div> <div>Tinker Shed</div> <div>9.00am</div>	<div>19</div> <div>ST John's Tanunda</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>DOUG VENNING SINGING</div>	<div>20</div> <div>Circle of Friends</div> <div>10.00am</div> <div>Friday Café Lunch</div> <div>Bingo</div>
<div>23</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>A Taste of IRELAND</div>	<div>24</div> <div>Burra Tour</div> <div>9.00am</div> <div>Lunch</div> <div>Burra Hotel</div>	<div>25</div> <div>Tinker Shed</div> <div>9.00am</div>	<div>26</div> <div>ST John's Tanunda</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Macramé</div>	<div>27</div> <div>Circle of Friends</div> <div>10.00am</div> <div>Friday Café Lunch</div>
<div>30</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>Murder Mystery Game</div>	<div>31</div> <div>Black Hill</div> <div>9.00am</div> <div>Lunch</div> <div>Swan Reach Hotel</div>			<div>Find this calendar on our website at www.barossavillage.org</div>

Residential Lifestyle Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div>30</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Wedding Display</div> <div>3.30 Garry</div>	<div>31</div> <div>10.30 Crafting Fun</div> <div>1.30 Pamper Day</div>					<div>1</div> <div>10.45 Church</div>
<div>2</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Chocolate making</div> <div>3.30 Garry sings</div>	<div>3</div> <div>10.30 Bible Study</div> <div>Crafting Fun</div> <div>1.30 Bangers and Mash Concert in the Club Room</div>	<div>4</div> <div>10.30 Exercises</div> <div>Yesterday's News</div> <div>1.30 Church</div> <div>2.00 Doug Singalong</div>	<div>5</div> <div>10.30 German Group</div> <div>1.30 Bingo</div> <div>3.30 Chair Yoga</div>	<div>6</div> <div>10.30 Art and Craft</div> <div>1.30 Bowls and Sporting Memories</div> <div>6pm-7.30 Happy Hour Trivia Night</div>	<div>7</div> <div>1.30 Movie</div>	<div>8</div> <div>10.45 Church</div>
<div>9</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Glamour Shots</div> <div>3.30 Garry sings</div>	<div>10</div> <div>10.30 Mick Singalong</div> <div>1.30 Crafting Fun</div> <div>Men2Men</div>	<div>11</div> <div>10.30 Exercises</div> <div>Royal News</div> <div>1.30 Church</div> <div>2.00 The Royals</div>	<div>12</div> <div>10.30 Hang Man</div> <div>1.30 Bingo</div> <div>3.30 Chair Yoga</div>	<div>13</div> <div>10.30 Art and Craft</div> <div>1.30 Bowls and Sporting Memories</div>	<div>14</div> <div>1.30 Movie</div>	<div>15</div> <div>10.45 Church</div>
<div>16</div> <div>10.30 Jadees Fashion</div> <div>Word Games</div> <div>1.30 Exercises</div> <div>3.30 Garry's Sing along</div>	<div>17</div> <div>10.30 Bible study</div> <div>Crafting Fun</div> <div>1.30 Doug Singalong</div>	<div>18</div> <div>10.30 Exercises</div> <div>Gossip News</div> <div>1.30 Church</div> <div>2.00 Musical Bingo</div>	<div>19</div> <div>10.30 Toms Adventures</div> <div>1.30 Bingo</div> <div>3.30 Come and try Chair Yoga</div>	<div>20</div> <div>10.30 Art and Craft</div> <div>1.30 Bowls and Sporting Memories</div> <div>6pm-7.30 Happy Hour Trivia Night</div>	<div>21</div> <div>1.30 Movie</div>	<div>22</div> <div>10.45 Church</div>
<div>23</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Balloon</div> <div>Ping-Pong Fun</div> <div>3.30 Garry Sing along</div>	<div>24</div> <div>10.30 Holy Communion</div> <div>Crafting Fun</div> <div>1.30 Pancake Making</div> <div>Men2Men</div>	<div>25</div> <div>10.30 Exercises</div> <div>Magazine News</div> <div>1.30 Church</div> <div>2.00 Elvis Tribute</div>	<div>26</div> <div>10.30 George Davies</div> <div>1.30 Bingo</div> <div>3.30 Come and try Chair Yoga</div>	<div>27</div> <div>10.30 Art and Craft</div> <div>1.30 Bowls and Sporting Memories</div>	<div>28</div> <div>1.30 Movie</div>	<div>29</div> <div>10.45 Church</div>

**Corporate, Community
& Retirement Services**

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updates**



Front Cover

**CEO Simon Newbold with Resident
Trevor Reu. Simon and Trevor
participated in a well attended Q&A
session at the Residency, led by Trevor.**

**The Grapevine is printed on 100%
recycled paper**



Barossa Village
people at our heart