

June 2021

Grapevine



♥ Keith and Janet's
Barossa Vine
Change

♥ Barossa Village
Goes 100% Green
Energy



Barossa Village
people at our heart

From the CEO



As I am writing this article, the May federal budget is just about to be released.

I am expecting much of the extra funding for aged care will be to reduce the wait list for Home Care Packages.

I am also hoping that there will be an increase funding for Residential care. The Grattan Institute says that an extra \$7 billion per year is required by the sector to deliver the once in a generation opportunity for real reform.

The funding will not cover this, however any extra funding we receive will be very well appreciated and will be invested in the provision of high-quality

care services that our community expects and demands from us. Fortunately, we have strong revenues from many income streams that underpin our spending and will continue to support our residents and clients well into the future.

What has become abundantly

clear is that we have the opportunity to grow very quickly, and we are now planning for this through our annual budgeting process. With the extra 21 beds being built and the expected increase in Home Care and Home Support over the next eighteen months. We have already started planning our recruitment strategies to ensure we attract great staff to meet the demand we will experience.

Having Dave Rundle on board as our GM, People and Culture is a real benefit and with Matt now responsible for Community and Residential Care, provides us a great opportunity to attract high quality people for a range of roles within the Barossa Village. Dave and Matt are

developing recruitment strategies to support our future growth.

Some of the discussions we are having include traineeships, scholarships, and flexible working hours to help attract the right people to Barossa Village. Fortunately, we have a great name that will help get people through the door. Increasing staff will be our priority for the next twelve months.

We are also investing in other projects, including our Lifestyle programs, hydrotherapy services, and the Village Op Shop, just to name a few.

Through the excellent work of Matt, we were successful in being granted \$112,000 to support our dementia programs and dementia care. This ongoing investment will support our staff to be experts in dementia care.

Daniela is doing a great job with our ILU sales and our units are being turned over quite quickly. Ben has eight new units in with the Council for planning approval and hopefully we will be able to start work on the construction of these units soon, particularly, the ones on Scholz Ave and Heidrich Court.

Through all the funding challenges over the last six years and then the Royal Commission and the COVID -19 pandemic, we have still managed to invest \$22.9m into our property infrastructure and \$1.8m into our IT systems to increase our residential care, retirement living, allied health, supported accommodation and hydrotherapy services. Fortunately, we have been successful in applying for and receiving \$8.6m in government grants that has allowed us to expand to support our elders in the Barossa region.

We will continue to expand and have some exciting projects on the go for the not-so-distant future. Whilst government funding remains inadequate for residential care and the waiting list for home care packages has continued to grow during the last 12 months. There are opportunities through our diversity and innovation to ensure our continued growth and financial sustainability.

As always if you have any issues, please contact me, on 8562 0300.

Simon Newbold
Chief Executive Officer

COVID-19 Resources

For facts, information and updates about Coronavirus please use the following resources:

Australian Government Department of Health

www.health.gov.au

Coronavirus Health Information Line: 1800 020 080

Stay informed with the "Coronavirus Australia" government app in the Apple App Store or Google Play

SA Health

www.sahealth.sa.gov.au

p. 08 8226 6000

SA COVID-19 Mental Health Support Line: 1800 632 753

(available 8.00am to 8.00pm, 7days a week)

Regular updates are also available on the Barossa Village website:

www.barossavillage.org and our Facebook page.

Don't Wait, Get Vaccinated

Book your COVID vaccination at:

www.sahealth.sa.gov.au

Independent Living

Capturing Our Barossa

There's still time to capture 'your Barossa', for The Barossa Visitor Centre photography competition.

With stunning photo opportunities around every corner right here at the Barossa, this is a great opportunity for the avid photographers in our community to submit their best pics for this regional calendar.

Jo Seabrook, The Barossa Barossa Council's Manager, Tourism Services, says that the Visitor Centre is looking forward to the different perspective and angles of the Barossa captured by locals and visitors.

Jo says that they look for images that capture the many dimensions of the Barossa.

"From our rich food, wine, history and culture, to iconic landscapes, festivals and events,"

"It might be images you have taken of your favourite spot or an iconic location, your hidden gem, an expression of what the Barossa is to you."

"This is a chance for you to show off your eye for detail, your flair for photography, and showcase the Barossa from a unique perspective, and for the community to see the Barossa through your eyes."

For the second year in a row entries are easier than ever to submit. Upload your photos to either Instagram or Facebook or simply edit the captions, tag @mybarossa and use the hashtag #2022barossacalendar



Competition entries close Thursday 8 July.

Find out more at www.barossa.com

If you are also interested in entering your photos into the Barossa Village 2022 calendar, send your photos to: csreception@barossavillage.org or save them onto a USB and drop it into Reception at The Lodge.

Pictured opposite is the stunning image submitted by ILU resident, John Day, that was selected for our 2021 calendar.

ILU Residents Activity Calendar

June

ALL ACTIVITIES SUBJECT TO COVID RESTRICTIONS

Games - Joy Rice Centre

Wednesdays at 2.00 pm - 2nd, 9th, 16th, 23rd & 30th

Happy Hour - Joy Rice Centre

Thursday, 10th at 4.30pm

Movies - Joy Rice Centre

Alternate Fridays at 6.30 pm

4th - Meet the Parents | 18th - Marley & Me

Art Group - Joy Rice Centre

Friday 11th & 25th at 3 pm

Men's Group - Wednesday 9th & 23rd at 1:30 pm

Bobby Dazzler Live Shows on Facebook

Walking Group - Coulthard Reserve Nuriootpa

Tuesdays and Thursdays 9.30 am (fine weather only)

Vinyl Record Club - Joy Rice Centre

No Club in June

July Dates - Saturday 3rd & 31st at 7.00pm

Concert Night - Joy Rice Centre

Saturday 12th at 6.30pm - John Denver

ILU Residents Social Club - Joy Rice Centre

Monday 14th at 1.15pm

ILU Residents Market - Reusch Community Centre

Saturday 12th - 9am to 1pm

Contact Barossa Village on 8562 0300

or visit the Client Zone at

www.barossavillage.org

Property and Infrastructure



Barossa Village now running on 100% Green Power

We have four key electricity demand sites in our property portfolio. The Residency, the Lodge, the Arthur Reusch Centre, and the Allied Health Centre, including our Hydrotherapy Pool with a combined total power demand in excess of 900MwH.

Recent changes in the energy wholesale market have resulted in lowest electricity prices "ever", so we took the opportunity to approach the market and enter new supply contracts.

The outcome for Barossa Village is, we have entered into new power supply contracts for these key sites, along with our other locations that deliver not only savings for the Barossa Village but also "100% green power".

What is Green Power?

You will know that electricity has been historically produced through the

burning of fossil fuels e.g. black and brown coal; notoriously bad for the environment. Green power contracts purchase power from sustainable sources including wind, hydro, solar and biogas generation which in turn offsets our Green House Gas Emissions profile produced by our energy demand. A big step forward toward environmental sustainability.

If you ever have any questions, please do not hesitate to get in touch.

Stay safe.

Ben Hall
General Manager,
Service and Delivery

As part of our Strategic Plan at Barossa Village we focus on sustainability and innovation to benefit our residents and clients and the broader community in the long-term.

There are several ways in which we aim to achieve this, but one of our initiatives is to explore the viability of reducing our carbon footprint by understanding the cost of purchasing 100% renewable energy (green power).

Hairdresser

Tuesdays: The Residency

Thursdays: The Lodge

Phone Irene Rickards for an appointment or she can visit you.

Phone 8564 2195 or 0414 607 135

Barossa Christian Family Centre

We welcome everyone to our services each Sunday, 10.30am at the Joy Rice Centre, Nuriootpa.

For more information contact 0408 194 740

Friday Café Menu

June 4

Main: Roast chicken served with roast potatoes, roast pumpkin & green beans

Dessert: Chocolate tartlets

June 11

Main: Tuna mornay served with mash, broccoli and roast carrots

Dessert: Sticky date pudding served with caramel sauce

June 18

Main: Braised beef in red wine served with roast potatoes, pumpkin, sweet potato & sprouts

Dessert: Chocolate & mint cheesecake

June 25

Main: Plum Chicken served with steamed rice, carrots & broccoli

Dessert: Bread & butter pudding

July 2

Main: Roast lamb served with gravy, mint sauce, potato bake, roast carrots & peas

Dessert: Orange & honey sponge pudding served with custard

Bookings are essential. Contact Reception at The Lodge on 8562 0300.

People and Culture



Wellness as a True Measure of Fulfilment

population's current wellness status was reviewed.

Interested? Keep reading.

Data shows that an employee's experience of work/life balance, productivity and burnout are strongly connected. Let's start with a sad but predictable finding. Workers with poor work/life balance

were 67% more likely to feel burnout from their work.

Research concludes that the greater your commitment to wellness, the better you are likely to feel and therefore perform in life.

The survey focused on even types of wellness that when addressed individually, can contribute to an individual's overall sense of fulfilment and increased quality of life.

Physical Wellness

19% of employees feel neutral about their overall physical health

55% of employees are happy with their overall

physical health

27% of employees are not happy with their overall physical health

Mental Wellness

Your mental wellbeing is the way you handle your emotions, respond to stress, and your overall outlook on life. It impacts your emotional, psychological, and social state, and can be a driving factor behind the decisions we make as humans. Being in a positive state of mind can lift your mood, promote resilience and boost your overall happiness. Evidence demonstrates a significant relationship between physical wellness and mental wellness.

20% of employees feel neutral about their overall mental health

59% of employees are happy with their overall mental health

20% of employees are not happy with their overall mental health

Financial Wellness

The perception is that we have control of our own financial situation and how it makes us feel. Our

experiences with money over our lifetime influence our financial attitude and behaviours, and ultimately the decisions we make to improve our financial wellbeing. It encompasses the ability to live within our means, being financially prepared for emergencies, having a financial plan and being able to access resources to make those decisions.

25% of employees are neither on track, nor off track with achieving their financial goals

51% of employees are on track with achieving their financial goals

24% of employees are not on track with achieving their financial goals

Relationship Wellness

This refers to the connections we share with others in our personal and professional life. When we have strong relationships with others, it positively impacts our overall wellbeing. People who felt supported in their professional and personal relationships were 50% more likely to rate their work life balance as excellent or great, and 20% more be more productive. Research shows that fostering strong relationships also improves teamwork which allows for increased innovation.

14% of employees don't feel supported in their personal and professional relationships

63% of employees feel supported in their personal and professional relationships

24% of employees feel neutral about their personal and professional relationships

Recreational Wellness

Recreational activities are the hobbies you decide to undertake in your spare time. These leisure activities are done for enjoyment and can help



you relax outside of work hours.

20% of employees state that they do not have time to relax and dedicate to hobbies outside of work.

61% of employees state that they have time to relax and dedicate to hobbies outside of work.

19% of employees neither agree, nor disagree that they have time to relax and dedicate to hobbies outside of work.

Career Wellness

Career wellness, or being professionally well, can be

defined as how fulfilled you are by the work that you are engaging with. It relates to your professional career and how strongly the values, beliefs and goals relate to the work that you are undertaking.

12% of employees do not find their work meaningful.

71% of employees agree that the work that they do is meaningful to them.

17% of employees neither agree, nor disagree that the work they do is meaningful to them.

Spiritual Wellness

This surrounds our faith, beliefs, values, ethics, principles, and morals. It directly relates to an individual's desire for personal growth and how we seek understanding from life.

13% of employees are unhappy with their personal development.

61% of employees are happy with their personal development.

26% of employees feel neutral about their personal development.

Our focus at the Barossa Village is the development of programs and initiatives that address the 7 areas of wellness. We strive to attain balance in these 7 areas that will ultimately lead to greater levels of fulfilment.

David Rundle

General Manager, People and Culture

Keith and Janet's Vine Change



ILU clients Keith and Janet Hoppo are enjoying living closer to family and services at their new home in Tanunda.

Keith and Janet moved into their independent living unit a little over four months ago and are loving their Barossa vine change.

The couple are now happily settled in and enjoying retirement in their newly refurbished unit. As the new kids on the block, Janet and Keith say their

neighbors have been very friendly and helpful.

Previously from Port Hughes on the Yorke Peninsula, the Hoppo's owned a five acre hobby farm, where they grew their own vegetables and raised orphaned lambs, becoming almost self sustaining.

Keith said he loved the lifestyle and Janet fondly remembers late night bottle feeding of newborn lambs.

During their working lives Janet was a hairdresser and loved chatting with her clients, and Keith worked for a brewing company in Adelaide.

Janet loved hairdressing at one of the local aged care facilities in Port Hughes. She says that many of her clients enjoyed being pampered and sharing their stories with her, especially since it was a form of companionship and connection for some people.

Keith and Janet had been thinking about moving to the Barossa, when Keith happened to be listening to the footy on 5AA and heard a Barossa Village commercial. He quickly noted the phone number, spoke to Janet and the rest as they say, is history.

They are amazed at how the stars aligned during this time; from the moment they made their first enquiry about independent living, to when they settled into their new home, the whole process was seamless.

Among the reasons the Hoppo's chose the Barossa for their retirement, was to be closer to specialists in Adelaide, family living nearby, and to "right size"

into a property that would allow them more flexibility.

The couple also enjoy the convenience of their home, in walking distance to Tanunda's main street where they are discovering the town's cafe culture and shopping precinct. Janet is a regular walker who gets up each morning, regardless of the weather, to explore the picturesque streets and gardens of her new neighbourhood.

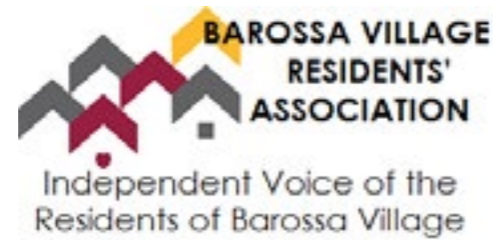
Their tasteful and meticulously decorated home has everything the couple needs, from a gourmet kitchen to outdoor living spaces, including a small garden that Keith is gradually transforming into a veggie garden, using his keen gardening skills and knowledge. A small greenhouse is home to seedlings that Keith is propagating for the raised garden beds he recently bought for his veggie garden.

Together Keith and Janet appreciate visiting new friends and spending time getting to know their neighbours. When they first moved in, they were delighted to be invited to "get to know you" welcome drinks with neighbors from the surrounding units in their cluster.

So far in their new home, the Hoppo's have enjoyed experiencing Vinyl Record Club at the Joy Rice Centre and

socialising with other couples in the Barossa Village ILU community.

Once a place they used to visit for a holiday, Keith and Janet can't believe that the Barossa is now their permanent home and they couldn't imagine living elsewhere else.



The Grapevine Report

Next meeting is coming up – **Wednesday 9 June**, 1.30pm Joy Rice Centre. It would be great to have Tom Herring back with us by that time.

In between meetings the working group of Tom Falconer, Julie Smith, Robin Henry and I have met a few times reviewing the Constitution which we expect will be put to the Annual General Meeting on Wednesday 13 October 2021 for acceptance – hopefully! We think the name of the organisation is appropriate but will suggest a change to the by-line on the logo to reflect better what we are about. Community Consultant, Barbara Chappell, will help us with this when we meet with her on 24 May.

I recently had the opportunity to view the hydrotherapy pool and just how impressive it is! Carl showed me through the plant room. I wish I could explain some of the latest technology to you but he “blinded me with science”. The visit left me very grateful that Barossa Village has invested so much, admittedly with some Commonwealth and State contribution, into this wonderful facility. We look forward to more information about times and cost for community use. The change of season reminds me that I have another knee hinting at eventual replacement. Time to find the physio exercises from last time, shake out the bathers and hope that through water exercise I persuade it to hang on for a while yet.

The Maria Street Cluster of five units was built 12 years ago, and until last year, we had only one new resident. A 2020 vacancy left us a little anxious about new neighbours but in January we were pleased to welcome a new couple who fit in very well with us, as we discovered during “welcome drinks”. Now the maintenance team and contractors are about to start refurbishment of yet another unit, and so again we feel a little anxious about who will join us!

New residents, although well briefed by Village staff, do need help and advice from “the locals” when they move in – like when is bin day, what does (or rather what does not) go in the shared green bin, when does the automatic watering system change. If they are not from our area they may value advice about local medical and allied health services, hairdressers, coffee shops and other important information. It is valuable for Daniela to give them the name of their Cluster rep or someone to advise about moving in day – an unloading pantechinon in our driveway without prior notice can really cause problems for other residents who need to get out for appointments. Hopefully our next new neighbours will fit in with us as well as the last lot!

For those who have internet access, the 2019-20 Annual Report of Barossa Village Inc is now available on barossavillage.org (under Corporate) and is well worth a read.

Carmel Devonish, Secretary, BVRA – June 2021.

BAROSSA VILLAGE INDEPENDENT LIVING UNITS SOCIAL CLUB NOTES

MAY 2021

The meeting opened at 1.25 p.m. with Kevin thanking everyone for coming along.

Members who attended were Doug Fisher, Yvonne Wuttke, Helen Roesler, Vi. Mitchell, Kevin Prouse, Jackie Chapman, Bev. Reid, Nita Jones, Jean Higgenbottom, Ruth Jarman, Judy Clarke, Judy Richardson, Jeanne Whitelaw and Magda Lausberg.

An apology was sent in by Bette Kempton, Carol McConnachy, Rita Dury and Ros. Hayward.

Happy birthday was sung to Doug who celebrates his birthday at the end of the month.

The minutes from the previous meeting were read by the Secretary. Judy Richardson asked that they be accepted as correct and Yvonne seconded the motion. All members agreed.

There was no correspondence.

Every member at the meeting wrote down suggestions for what we can do after our meetings to make the day a bit more interesting.

Vi. gave us the Treasurer’s report and asked that it be accepted as correct and Nita seconded the motion with all members being in agreement.

A short discussion arose from the suggestions and the Stockwell Hotel and the Truro Weighbridge Hotel were mentioned as being Christmas venues. These will be contacted. Maybe a trip to the Barossa Nursery would be possible some time next year.

The meeting closed at 1.50 p.m. and the auction began. There was a great deal of items donated by the members and at the end of the auction the final amount was made up to \$300.00 by a couple of monetary donations. Thanks to everyone for making our auction another success.

Afternoon tea and a chat was enjoyed by all.

The July meeting will be held on Monday 14th which is a public holiday. Please come along if you are free on this day. We could play games or maybe even discuss the suggestions made by our members as to what we can do after our meetings. Tea and coffee is provided. Please bring a plate of afternoon tea to share and your own mug.

Please contact reception for more information.

Jackie Chapman (Sec. BVILUSC).

Community Development



When I spend time with volunteers in our Barossa Village community, I always see gratitude and kindness shining through and how these qualities really enrich the lives of our volunteers.

Lessons for the Next Generation

I recently attended a talk in Adelaide by Hugh van Cuylenburg from the Resilience Project. In 2008, Hugh was fortunate enough to spend a few months living and volunteering in the far north of India.

In this desert community, there was no running water, no electricity and no beds; everyone slept on the floor of their huts. Despite

the fact these people had little to call their own, he was continually blown away by how happy they were.

It was this experience that led him to some simple conclusions about the things that we need to be doing here in Australia if we want to be happier. Hugh learned that practicing Gratitude, Empathy (Kindness) and Mindfulness leads us to a happier more fulfilling experience. Once he discovered these three principles were also evidence-based, he decided to share these simple wellbeing strategies in a program for schools.

My boys are 11 and 9, and I was interested to learn about these strategies so I could build on the things I already do at home to grow these values in my children as I strongly believe they are linked to our ongoing happiness.

For this Grapevine I spent time with our volunteers who live at the Residency and I was left with a genuine feeling of happiness to have sat and talked with people so grateful for the lives they have led, and who have spent a lifetime showing kindness and empathy to those around them. Wonderful lessons to be teaching to the younger generation.

After a life of service, retired Lutheran Pastor Trevor Reu (pictured opposite page, top right) is putting to practice the famous quote by Winston Churchill, "We make a living by what we get, but we make a life by what we give."

"My whole life has been helping and interacting with people and I got back far more than I ever gave".

Trevor and his family spent 10 years as a Pastor in Cummins, followed by 10

years in Christchurch, 21 years in Pasadena before returning to the Barossa to the St John's parish in Tanunda, before retiring at the end of 2007.

For the last 12 months Trevor has been living and volunteering at the Residency, where he continues his life of service as an active member on Barossa Village Residents Representative Group and delivering services to the residents when visiting Pastors are unable to attend, and on important days such as Good Friday and Christmas Day.

Edith White (middle right) is another busy resident volunteer who recently has taken on the role of welcoming new residents.

"I want to welcome a person into their new home; I've been here for 10 years and I want them to know how much I love living here."

For many years Edith has also delivered the Grapevine, Our Home and monthly menus to residents.

Volunteering allows Edith to assist her fellow residents and give back to the staff at the Residency.

"I love it here so much, if I

can do something to help the people who are looking after me and assisting me I will."

Edith starts each day with a reading from the Bible, a question and a prayer, televised through the TV system at the Residency for those wishing to tune in.

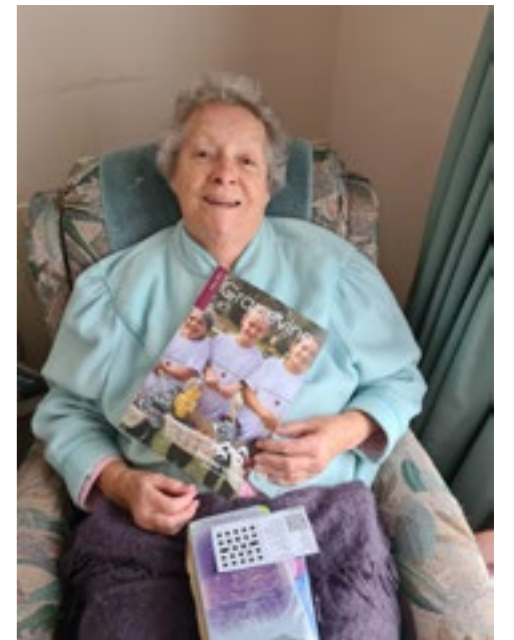
"It takes 5 minutes each day, but it is such a nice way to start the day".

I feel inspired after my talk with Edith, at 80 years young she says, "I focus on life, not my age, I focus on the positives and on doing what I can for others, this is reward enough for me and I love it."

Edith also has a gratitude box. "When someone does something kind and caring for me, I offer them a sweet treat from my gratitude box as a way to say thank you, we all have so much to be grateful for."

Another group of volunteers assisting at the Residency folding napkins, face washers and cleaning cloths is Sandra Humphries (opposite), Hilda Rodda and Marg Patterson. A big thank you to these ladies.

Lisa Ognjanovic
Community Development Officer



Residential Lifestyle

Residents Express their Creativity

We all know the feeling that comes from a job well done, many of us have experienced that kind of satisfaction in our working lives.

It is important to feel that same sense of accomplishment and pride in what we do and who we are. Creativity is a great way for our residents to enhance their emotional, physical, and cognitive well-being. The physical benefits of arts and crafts are endless!

Social isolation is an ongoing problem as we continue to navigate our

way through the recent COVID restrictions.

It's important to establish a routine that includes activities that are fun and rewarding.

For our residents that have an artistic flair, we provide paints, watercolours, and canvases for them to create beautiful art.

Some other residents have fun with Diamond Art or colouring for seniors. We also make Christmas ornaments, homemade birthday and greeting cards.

Many of our male residents enjoy some simple

woodworking, to revive their old hobbies.

There are no rules or restrictions when it comes to creating unique arts and craft projects.

We will be entering some art works with a water theme, into the SALA exhibition at St Petri Church later this year.

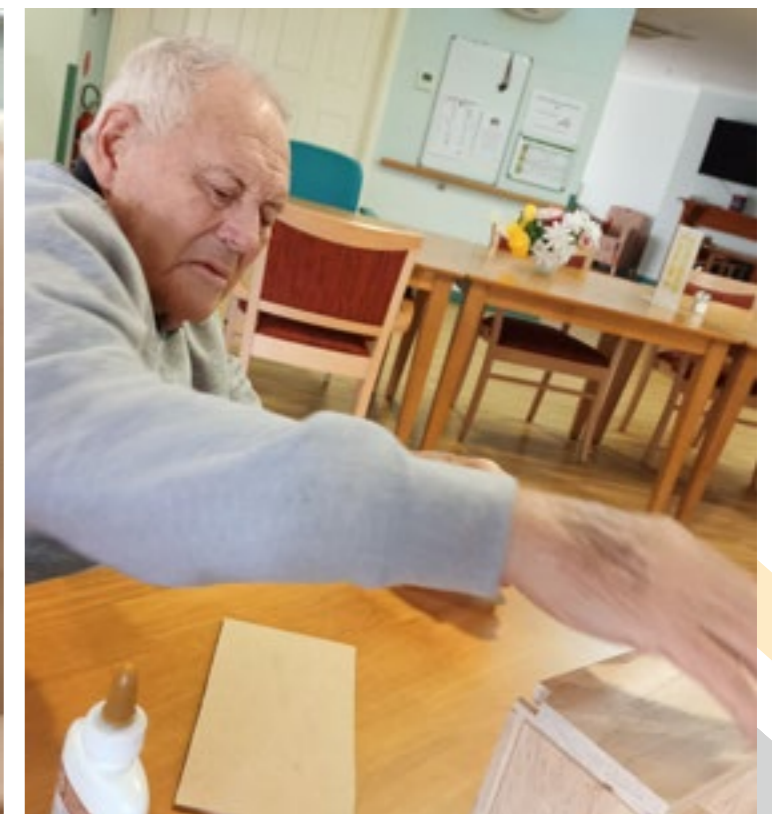
Glenda Schultz (below left) is immersed in crafting and Peggy Ferme (below right) paints a still life as part of our Lifestyle Program activities.

Residents in our Memory Support Unit are active in our art activities, as seen

by the beautifully colour coordinated ladies pictured opposite, who enjoyed a chat while colouring in.

George, Brian (middle) and Ian (below right) put their minds and hands into a woodworking challenge, while Ron Benjamin (below) was absorbed in his craft activity.

We are constantly amazed by the depth of talent and skill in our residential care community and encourage our residents to gather supplies, engage their imagination, and get started.



Our Commitment to Care



Treasurer, Josh Frydenberg, addressed the parliament and presented the budget for the Morrison government. The numbers began with \$25.9 billion to be spent in the aged care sector, to be spent in increasing the daily care supplement by \$10 per resident

per day, mandating 200 minutes of direct care time per resident per day, including 40 minutes of Registered Nursing time.

This all sounded incredibly promising. In the Home Care spacem 40,000 new Level 3 and 4 packages will be available this year and next year at the cost of \$6.5 billion. Then there were announcements which outlined the training and funding for additional care staff, dementia training and a strategy to retain Registered Nurses.

There was money for Governance and the implementation of a new regulator and a new act. There was a star system to rate aged care providers

and implement a new funding tool.

Then Mr Frydenberg moved onto the regions and announced a boost to regional growth funding, promising better infrastructure and jobs, jobs and more jobs. The talk went on, mental health and suicide prevention, both areas got what looked like substantial funding. At this point I got a bit excited and messaged our CEO Simon Newbold, asking if he enjoyed the budget! This was at 8:35pm.

By 8:45pm I got out my pencil and paper and started to think about what all this meant. At Barossa Village each of our residents receives on average 203 Minutes of care each day. My suspicions were confirmed, we are exceeding the base line for the provision of care.

So what next? Our plan is to deliver even better care. We will do this by putting systems and processes in place to maximise the efforts of our people. We want to bring people the services that they want when they need it. In residential care this will mean using our

technologies to identify the times of day when people need services.

In the community, we will work to provide packages of care helping people to stay in their own home, where they want to be. This will involve recruiting and training enough staff to provide this care. Making sure that our coordinators have the contact with clients so that comprehensive care plans can be made to support people.

We will apply for the additional funding to build our infrastructure and grow services for the people of the Barossa. We also will aim to encourage careers for people in aged care, supporting and partnering with training providers to ensure that there will be a workforce to support aging folk of the Barossa.

I believe that we have made a strong commitment to excellence in the delivery of care services to older people in the Barossa. Our ongoing commitment is to make sure that what we do and the decisions that we make as an organisation continue to deliver on this commitment.

Matt Kowald
General Manager
Integrated Care Services

Quality Connections for Dementia Training

Working with Dementia Detailing, Barossa Village staff, residents and their families caring for people with dementia, will be the recipients of a new standard of dementia education, through the Quality Connections program, launched at the Residency in May.

The biggest challenge for a carer is when they are supporting someone living with dementia. While tasks such as washing and cleaning can be the simplest, it is the complex behaviour layered over these tasks that can make a situation difficult and highlights the need for dementia training.

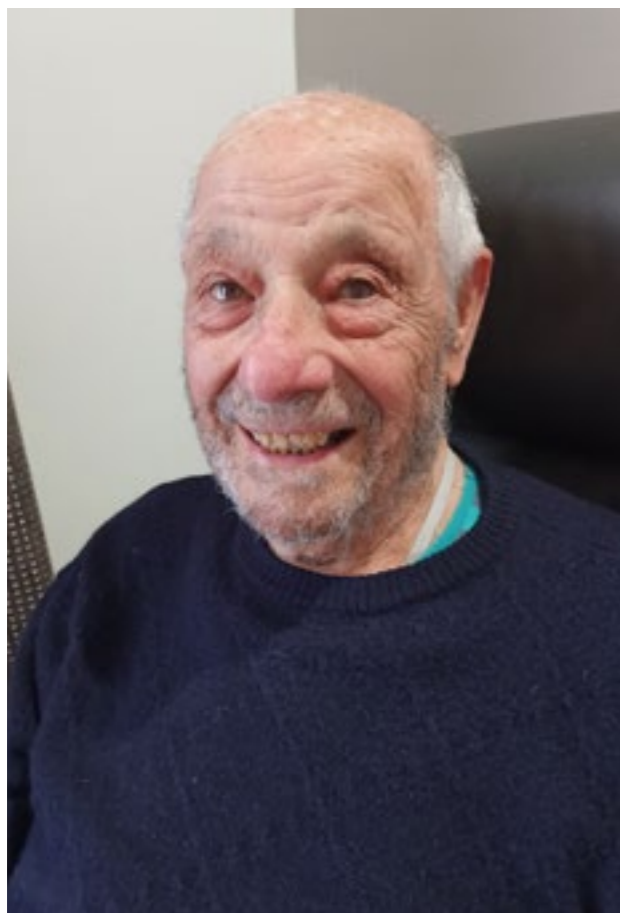
Barossa Village recognises the importance of our workforce having a healthy understanding of the overall picture that is dementia, and this 12 month program builds on previous training.

"We welcome the opportunity to collaborate with Dementia Detailing and look forward to positive outcomes for our staff and residents working with the program," said Matt Kowald, General Manager, Integrated Care Services, at the program launch.

Pictured at the launch is Barossa Village Chair, Helen O'Brien, Simon Newbold, Barossa Village CEO, Julie Cartwright, Lifestyle Manager and Thean Vlahakis, Director of Dementia Detailing.



Resident Profile: Robert Smith



Taking after his father who he says was "a very content man" despite having lived through both world wars. He also shared his father's love of the sea which influenced him to join the British Navy in 1948.

In 1955 Robert immigrated to Australia as a 10-pound Pom and lived there before returning to the UK and only to come back to Australia again 15 years later in 1994, enjoying the Australian lifestyle.

Robert Smith says he has had a happy life beginning with his wonderful childhood.

Originally from the UK, Robert was born on the 8th of January 1928 to Sydney Thomas and Edna May in Wells-Next-the-Sea, Norfolk in the United Kingdom. He grew up and went to the local school with his sister, Joan and three brothers Jack, Eric and Alan.

He married Marjorie in 1960 and the couple had two children, Amanda, born in Australia in 1963 and Adam, born in the UK in 1965 and who continues to live there. Robert and Marjorie divorced in 1970.

While Robert doesn't have grandchildren of his own, he has great nieces and nephews, whom he adores.

Robert experienced a wide range of different occupations, some of which included truck driving, crane operating, drilling for oil, along with his time in the Navy. Remembering a time when he was asked to accompany police to the local courthouse and thinking he was in trouble, Robert was pleased to discover, he was being honoured with a certificate for saving the life of a small child.

In retirement, Robert travelled all around Australia with his caravan, meeting interesting people and enjoying life to the fullest. He is an avid reader and enjoys authors such as Garry Disher and Ken Follett. He also loves listening to an assortment of music, his favourite being Louis Armstrong. Robert's son transferred all his old records onto tapes and CD's for him to enjoy.



Barossa Village Residents' Representative Group MINUTES of Meeting held on 6th of May at 10-30am in the Club Room

Chairperson: Julie Cartwright Minute Secretary: Maggie Hughes	
Residents: Valda Brinkley, Jeff Virgo, Trevor Reu, Joyce Gillard, Larry Warren, Doris Kubisch, Joyce Gillard, May Carter, Marg Kennedy Staff: Teresa, Ben, Matt, David, Apologies: Lorraine Lock, Bob King, Family Members : Rhonda Smith	
Business arising from Minutes.	Action:
Hydro Pool, Residency Extension	Pool is now finished, community open day Next week. Arrangements for group to view at a later date. Residency extension has started, weekly reviews with project manager aiming to keep the build on track for 2022 completion.
Call bell System up date	Still some problems in certain areas. Hourly recordings of call bell answering response times and times of most demand for service/workloads and staffing needs is under review.
Royal Commission into Age Care Results	Outcome not fully clear but may mean fee increases and Medicare levy increase. Suitable staffing levels, more R.Ns The right people for the job, Educating Staff to deal with issues of aged care and dementia.
1. David Rundle - Residence Community Garden Co-Design Introduction and discussion. 2. Service Promise design – Internal engagement process with residents to discuss service delivery design at the residential reception desk – introduce the process and desired outcomes	1. Group showed great interest in the garden concept. 2. This would be beneficial once introduced to improve resident and family contact with communication and care issues.
Heat Lamps in bathrooms	Suppliers have these on back order and will be installed as soon as available.
March/April 2022 Project /Event	Information on Aged care and Independent living.
General Consumer Feedback	
Roast pork and chicken	Tough and Tasteless
Parking is a problem for visitors.	Ben is following up with local council.
Next Meeting Thursday 3rd June 10-30 am in Club the Clubroom	

Community Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Find this calendar on our website at www.barossavillage.org	1 9.00am Mt Barker Summit Lunch Café Aqua	2 9.00am Tinker Shed	3 10.30am ST John's Tanunda Exercise for Fun 1:30pm Royal Afternoon	4 10.00am Circle of Friends Friday Café Lunch Bingo
7 St Hugh's Angaston 10.30am Exercise for Fun 1pm Childhood memories	8 9.00am Silver Screening Six minutes to midnight Lunch in Gawler Cinema	9 9.00am Tinker Shed	10 10.30am ST John's Tanunda Exercise for Fun 1:30pm Tasting different foods	11 10.00am Circle of Friends Friday Café Lunch Bingo
14 Queen's Birthday CLOSED	15 9.00am Port Adelaide Historical Museum Lunch (\$5) Birkenhead Tavern	16 9.00am Tinker Shed	17 10.30am ST John's Tanunda Exercise for Fun 1:30pm DOUG VENNING SINGING	18 10.00am Circle of Friends Friday Café Lunch Bingo
21 St Hugh's Angaston 10.30am Exercise for Fun 1pm Travels with Rocky/Di.	22 9.00am Silo Art Lunch Royal Hotel Balaklava	23 9.00am Tinker Shed	24 10.30am ST John's Tanunda Exercise for Fun 1:30pm Beading	25 10.00am Circle of Friends Friday Café Lunch Bingo
28 St Hugh's Angaston 10.30am Exercise for Fun 1pm Bonsai Techniques	29 9.00am Bowls Lunch Tanunda Club	30 9.00am Tinker Shed		

Residential Lifestyle Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 10.30 Senior Circuit Word Games 1.30 Hot Chocolate Mobile Cart. 3.30 Garry	1 10.30 Bible study Crafting Fun 1.30 Men2Men Cooking Spring rolls	2 10.30 Exercises Read The News 1.30 Church 2.00 Doug Sing A long	3 10.30 German Group Bingo 1.30 NEW CHAIR YOGA Come and Try!!	4 10.30 Art group Peddle your way to France 1.30 Bowls & Sporting Memories	5 1.30 Movie	6 10.45 Church
14 Queen's Birthday	8 10.30 Mick Singalong 1.30 Crafting Fun	9 10.30 Exercises Morning Chat 1.30 Church 2.00 Reading Group	10 10.30 Simon Newbold CEO Question & Answer Time Bingo 1.30 NEW CHAIR YOGA	11 10.30 Art group Peddlers 1.30 Bowls & Sporting Memories 6pm-7.30 Happy Hour Trivia Night	12 1.30 Movie	13 10.45 Church
21 10.30 Exercises Word Games 1.30 Music Day BUS TRIP 3.30 Garry	15 10.30 Bible study Crafting Fun 1.30 Men2Men The Royals	16 10.30 Exercises 10.30 Jigsaws 1.30 Church 2.00 Dragon Boat Festival	17 10.30 Toms Adventures 1.30 Bingo 3:30 NEW CHAIR YOGA	18 10.30 Art group Peddle your way to France 1.30 Bowls and Sporting Memories	19 1.30 Movie	20 10.45 Church
28 10.30 Exercises Word Games 1.30 Let's go to New Zealand 3.30 Garry Sings	22 10.30 Crafting Fun Holy Communion 1.30 Pamper Day	23 10.30 Exercises Circle of Friends 1.30 Church 2.00 Hangman	24 10.30 George Davies 1.30 Bingo 3:30 NEW CHAIR YOGA Come and Try!!	25 10.30 Art group Peddlers 1.30 Bowls 6pm-7.30 Happy Hour Trivia Night	26 1.30 Movie	27 10.45 Church

Corporate, Community
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Front Cover

ILU residents Keith & Janet are making
the most of their Barossa vine change.

**The Grapevine is printed on 100%
recycled paper**



Barossa Village
people at our heart