

March 2021

Grapevine

- ♥ New Information Centre Opens
- ♥ Lifestyle Program Ramps Up for 2021



Barossa Village
people at our heart

From the CEO



By the time you are reading this, many of you would be aware of the COVID-19 Vaccine National Rollout into the Barossa region.

Our permanent residents will be first in line, then our direct care workers followed by other staff and volunteers. I encourage you all to be vaccinated to protect yourself and everybody around you. Information sheets are available from Reception at the Residency and the Lodge. If you have any concerns, please give us a call.

Autumn for Barossa Village represents many new

projects and activities that we will either start, finish or continue. Our hydrotherapy pool will be up and running in April and we are busy promoting it to the community so people can use it to maintain their health, fitness, pain management and rehab. It is a great

asset for the community and we all should be very proud of it.

The revamped Village Op Shop is back in business with Lisa and her wonderful team of volunteers managing it from Wednesday to Friday. We are now in discussion on how we can use some of the funds generated by the Op Shop to support the community through donations, scholarships and other philanthropic ventures.

Council planning approvals have been received for our 21 bed expansion of the Residency. Ben has been managing this project and construction is due to start later in March, taking eight months to complete. The majority of the work will be external to the current facility, without impacting our residents. This project will provide greater respite facilities and a better level

of support for residents with dementia, through the creation of two, seven bed resident houses linked to the Residency.

At the time of writing this, COVID-19 appears to be under control in Australia with very little community transmission and we are confident in expanding our social programs, with the appropriate COVIDSafe measures in place.

Some of our upcoming events include the official opening of the Peter Rosy Bar and the Community Courtyard at the Lodge at the end of March, the Vintage Parade in April and then the official opening the Hydrotherapy Pool. We hope to hold the annual Staff and Volunteer service recognition function in May. These are important gatherings celebrate the hard work of our staff, volunteers and businesses that we partner with.

Another great initiative starting in March, is the opening of our information centre in the Arthur and Gladys Reusch Community Centre, on the main street of Nuriootpa. There is much confusion in the community around retirement living and aged care and having staff at our new information centre Wednesday to Friday,

from 9.30am to 3.30pm, they can answer any questions and help navigate individuals in accessing services that our community deserves.

We believe our integrated care philosophy is unique in how we can provide our clients increased levels of support as their care needs change. This can be through retirement living, home care, supported accommodation, respite and residential care services. It ensures peace of mind for our clients and their families as they grow older.

I believe we have a responsibility to the community in making sure everybody has the correct information to make informed choices that will keep them safe, independent and happy.

As always, if you would like to get more information or discuss any issues, give me a call at the office on 8562 0300 any time.

Simon Newbold
Chief Executive Officer

COVID-19 Resources

For facts, information and updates about Coronavirus please use the following resources:

Australian Government Department of Health

www.health.gov.au

Coronavirus Health Information Line: 1800 020 080

Stay informed with the "Coronavirus Australia" government app in the Apple App Store or Google Play

SA Health

www.sahealth.sa.gov.au

p. 08 8226 6000

SA COVID-19 Mental Health Support Line: 1800 632 753

(available 8.00am to 8.00pm, 7days a week)

Regular updates are also available on the Barossa Village website:

www.barossavillage.org and our Facebook page.

Integrated Care Development



In 2016, ILU Resident Tom Falconer had the idea of a men's get together as a part of our Retirement Living social calendar.

The group has since grown to average 12-14 members and we are inviting men in our independent living

Building a Brotherhood

community to join the weekly catch ups at the Joy Rice Centre from 1:30pm – 3:00pm, where we check in on how each other are faring, share stories and our interests.

We've had people bring in their photos which we put up on the big screen and show and tell sessions to share interests and

collections with each other. On alternate fortnights we usually go on an outing to a local café for a coffee with a bit of a scenic tour of the valley.

We're looking at some special interest trips too, including museum trips.

The activities are always fun but it's the brotherhood of the group and a real sense of belonging that I take away from our time together.

Here's what our members have to say about the group:

I have made some really good friends. We all try to encourage other residents to attend as we currently believe that our mateship really help us get through our days. We enjoy our blokey input and regularly have a good laugh.

Bruce Arthur

We don't stop playing because we get old, we grow old because we stop playing.

Dean Galanos

I look forward to the Men's Group every fortnight, it gives me great pleasure to meet with the men, have a good talk and a laugh. The scenic drives, coffee stops along the way are just great.

Kevin Prouse

The Men's Group has been a great benefit to me, mixing with the blokes, visiting

nearby towns for coffee and enjoying their company.

Jim Hanlon

The Idea is it's a get together for men who are not handymen and gives them time when they're not in mixed company and they can relax.

Tom Falconer

It's a bloody good idea, we all come from different backgrounds, we're true coppers.

Mike Reglar

I think its beneficial for all members, different points of view and different life experiences, everyone comes from a different background that makes it very entertaining.

Frank Cunningham

It's been great to meet with the guys at the group.

Theo Visser

It's a time to be with interesting men.

Robin Henry

I have enjoyed the outings with Barossa Village and especially when we go out for a coffee.

Malcolm Hatton Jones

It's an interesting bunch of blokes and you sure get some stories.

Bob Robins

It's a necessary thing and I look forward to it, the companionship needs to happen.

Roger Cridland

If you're interested in joining, the brotherhood of the coppers will gladly welcome you into the fold.

Tom Herring

Integrated Care Development Coordinator



ILU Residents Activity Calendar

March

ALL ACTIVITIES SUBJECT TO COVID RESTRICTIONS

Games – Joy Rice Centre

Wednesdays at 2.00 pm – 3rd, 10th, 17th & 24th

Happy Hour – Joy Rice Centre

Thursday, 11th at 4.30pm

Movies - Joy Rice Centre

Alternate Fridays at 6.30 pm

12th – Brand Nue Dae

26th – Shall We Dance

Art Group – Joy Rice Centre

Friday, 5th and 19th from 3 pm

Men's Group

Wednesday, 3rd, 17th & 31st - 1:30 pm

Bobby Dazzler Live Shows on Facebook

Walking Group – Coulthard Reserve Nuriootpa
Tuesdays and Thursdays 9.30 am (fine weather only)

Vinyl Record Club - Joy Rice Centre

Saturday, 27th - 7.00pm

Contact Barossa Village on 8562 0300

or visit the Client Zone at

www.barossavillage.org

Property and Infrastructure



that when the team turns up to do preventative work, to allow them to do it. While it may seem that this is occurring frequently, it's important to maintain this regularity so we can identify any issues before they become problems.

Contents Insurance

Some of you may have heard how a power surge impacted a part of our community in Angaston leading into Christmas. The event damaged a number

of client owned appliances as well as Barossa Village fixtures. We have supported those that were affected as best we can, but I am sure that those people won't mind me sharing that it's important to understand what events your contents insurance covers should something cause damage to your belongings.

Hydrotherapy Pool

The pool is now operating with water that is warm to touch and the building holding a nice balmy 32deg temperature. The commissioning process has involved several different certifiers and if the feedback

received is any indication, we are on a real winner with several already remarking that the facility is a showcase.

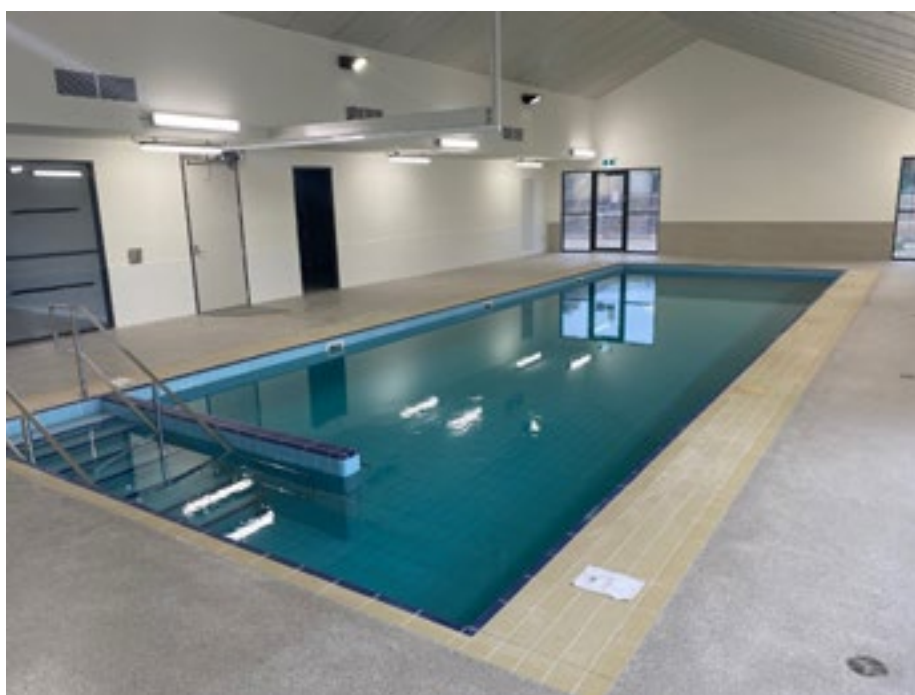
Residency Expansion

This project is gaining momentum, with the construction site now in place. Please feel free to watch the work unfold, but be sure to keep a safe distance. We have been busy in the "back-room" ordering materials and coordinating the trades. This effort will soon be bearing fruit, so watch this space!

Scholz Avenue Redevelopment

Planning is underway and we have engaged JBG Architects, a local practice who designed our Magnolia and Schilling St clusters. They are currently preparing plans for those vacant lots on Scholz Avenue and Heidrich Court. This will be an exciting outcome for 2021 and I will share more as we progress.

Ben Hall
General Manager,
Service and Delivery



Progress, progress, progress – it has been a fast paced beginning to 2021 with some projects quickly coming to an end while new works are starting.

Gardening and Preventative Maintenance

The team is hitting its straps and keeping pace with the six week program. Feedback from our community shows that we are fulfilling the commitments within this program. Please remember

The Grapevine Report

Wednesday 10 February 2021 was our first meeting for the year. Tom Herring was delighted that so many social events have occurred over the break, all resident-generated and run. They will be continued regularly. Unfortunately for me Tom waited until I had passed on my ancient vinyl collection of Scottish and Irish folk and dance music to Community Helpers! Ross Bassham (Penrice) is the man who will ensure that monthly vinyl events keep on happening.

A reminder that your Representative has a copy of the preventative maintenance schedule for the year should you wish to know when the Team are next due at your place. Full marks to them for completing Rotation One by the due date, end of February. No pruning is done in Summer rotations. Next Rotation will start gutter-cleaning, probably sought after by many Clusters earlier than usual because of the recent storms.

On that note, the Angaston Township took a battering on a Saturday in December when a strong power surge knocked out many properties, including our units. Many houses lost not only power for some time, but also some electrical equipment. Julie Smith (Schilling/North) was high in her praise for Barossa Village, especially Carl and Ben, for their presence and work on the Sunday, even going to the extent of shifting fridges from the Lodge to their units so that residents would not lose food. This unfortunate event turned out to be a community-building one with residents being concerned about and caring for each other.

As the completion date for the hydrotherapy pool nears – March – many Reps had questions about times and the cost of community use. Ben took these on board for decisions yet to be made but assured us that there will be some community time available on any day. By now the pool should be filled with 100,000 litres of mains water, chlorinated of course, and it will lose about 30,000 litres a month just with what users take out of the pool with them! With the constant temperature both in and out of the water being 32 degrees C, it is recommended that 15-20 minutes in the water is about max but it will be important to have advice from your doctor. The therapy pool has earned high praise from experts including the Barossa Council and others that have been involved in the process of getting it ready for the 'first swim'.

The Village will participate again in the Barossa Festival Parade on Saturday 17 April, and will take advantage of it running from Tanunda to Nuri, hosting music, a market and a bbq on the lawns in front of the Reusch Centre. Lots of other issues were raised – the Op Shop, the library, the gym, the Joy Rice Centre, Scholz trees, the Pet Policy – to name a few.

Meanwhile make sure you check out the website – barossavillage.org – especially the Client Zone. Our next Management Committee Meeting is on Wednesday 14 April. By that time a Working Group will be in action with the help of a community facilitator to begin a review of BVRA Constitution. More on that later but any suggestions welcome to your Cluster Rep.

Carmel Devonish, Secretary, BVRA - March 2021.

People and Culture

Getting to Know You



As a People & Culture leader over 20 years, I have always believed that understanding the roles within an organisation is important.

In 2003 when joining Virgin Blue as the Head of Recruitment, I put this belief into practice and spent time with the baggage loaders on the job. I don't think I've ever gained a greater appreciation for a role than I did that day, taking me a good two

days to be able to walk properly. My hamstrings now ache every time I look at a plane being loaded.

Recently Matt Kowald gave me the opportunity to spend time shadowing an enrolled nurse and carer in the Residency. Suzanne, our Administration Team Leader took me under her wing and introduced me to Enrolled Nurse Lacy

Richardson (pictured on the opposite page), who immediately impressed me with her professionalism. Lacy introduced me to the medication round, the practice of mixing chocolate sauce with medication to assist residents take their pills and seeing first-hand the success of this method.

I was also lucky enough to be welcomed into the rooms of some residents to see how they personalised their spaces with photos, art and decorations. There were times when I was left behind in the hallway, still in the process of reading people's stories on the

doors to their rooms. At the completion of the round Lacy introduced me to Meredith, who she helped complete her medication round, working together and showing great teamwork. A genuinely great experience and am thankful for their time and patience.

After my time with Lacy, I met Haley Kirsten, a carer who works in the Memory Support Unit (MSU). This was my first experience in this space and I was immediately struck by the level of attention provided to our residents. The compassion and genuine desire to assist and support each person was obvious. I sat with Jill while she coloured, Trevor while he listened to music and Nelli while she ate her snack. Haley had the marvellous ability to interact with multiple people at one time, answering questions while chatting, giving directions and knitting a scarf for one of the residents.

I walked away from my experience having an incredible appreciation for the commitment demonstrated by these

people every day. Their dedication and focus, teamwork and genuine care for the residents was everywhere. Thank you to Lacy and Haley for guiding me through this experience and to all the others who volunteered their thoughts and experiences on the day. It was much appreciated.

David Rundle

General Manager, People and Culture



Hairdresser

Tuesdays: The Residency

Thursdays: The Lodge

Phone Irene Rickards for an appointment or she can visit you.

Phone 8564 2195 or

0414 607 135

Barossa Christian Family Centre

We welcome everyone to our services each Sunday, 10.30am at the Joy Rice Centre, Nuriootpa.

For more information contact 0408 194 740

New Information Centre Opens

Finding information and answers around retirement living and aged care can be overwhelming, and Barossa Village is hoping to make this enquiry process much simpler and more accessible with the opening of their Information Centre at the Arthur and Gladys Reusch Centre, in the heart of Nuriootpa.

From March 10, staff from Barossa Village will be on hand from Wednesday to Friday, 9.30am until 3.30pm, to answer your questions in a warm and welcoming space that includes an open information area where you can chat to staff and a private meeting room for one-on-one conversations.

Being centrally located in Nuriootpa next to the Vine Inn and opposite the Co-op, the convenience of the information centre means that people can just pop

in off the street, while they are shopping or during their break without having to make an appointment.

"We will have staff from our retirement living, community care and residential care service areas who are really looking forward to the opportunity to work in the centre," says Barossa Village CEO, Simon Newbold.

"They are excited to meet with people and talk to them about the many options available for retirement living and aged care at Barossa Village."

"This will be one of several enquiry points where people can touch base with Barossa Village, in addition to our Corporate Services Office on Scholz Avenue, the Residency on Atze Parade, and our

website which available 24/7."

"We knew that having a presence in the main street of Nuriootpa, will make us even more accessible to the community."

Mr Newbold says that the centre was recently refurbished to create a light, bright, contemporary space where people will feel comfortable talking about their needs and the organisation can provide information the full range of services offered, all in the one location.

"The Arthur and Gladys Reusch Community Centre is a familiar building on Nuriootpa's streetscape to many locals and Barossa Village is continuing to develop the potential that this space offers."

The information centre is co-located with The Village Op Shop, which was also recently refurbished. A monthly arts and crafts market, coordinated by clients and residents of Barossa Village is held on the green at the front of the building and many local organisations use the building for meetings, workshops and dance

classes, to create a community space enjoyed by all ages.

"As a not for profit, community owned organisation, it is important that Barossa Village continues to engage with our community," says Mr Newbold.

"We're hoping that people will make the most of the service and convenience that the information centre offers."

Pictured on the opposite page, at the newly refurbished information centre, are some of the Barossa Village staff who will help you with your enquiry at the centre, including (clockwise), Matt

Kowald, General Manager, Residential Care; Carol Chipman, Support Officer Corporate; Clare Pietsch, Community Care Team Leader; Simon Newbold, CEO.

Pictured above, is the Arthur and Gladys Reusch Centre undergoing its refurbishment to accommodate the information centre.



Sharing is Caring

Nuriootpa retirement living resident Lyn Moyses, has experienced incredible challenges, but is hoping that these experiences might help others.

Lyn moved into the Barossa Village community seven years ago. "When I was looking around for a place, this unit and its surrounds just felt right."

Being a country girl at heart has guided Lyn's choices of places she has lived over the years and also fostered her love of gardening and nature.

Lyn has three children; two daughters and one son, and is a proud grandmother of three grandies. She affectionately remembers helping to raise one of her granddaughters for 13 years.

In previous chapters in her life, Lyn lived in Gawler where she was the supervisor at the mettwurst factory and trained horses for the trotting track. She also lived in Hillier Park with her daughter and spent

many years in Freeling, where she has many good memories.

"I was living Freeling during the time that the show McLeod's Daughters was being filmed and I remember being able to go for a walk down the main street and watch the filming of the show."

Among Lyn's interests are her plants and garden,

and she has become expert at using cuttings and graftings to diversify the range of species in her botanical collection. She is developing a retreat in her garden featuring beautiful plants, wind chimes and a Buddha as a place of rest and contemplation.

A great companion for Lyn is her cat Missy, "She's the light of my life and is just wonderful company".



While they say that cats have nine lives, Lyn would argue that she has just as many. Several years ago Lyn took ill and she had to undergo major surgery. There were many complications and trials in her journey, going through a physical and mental test that anyone would find harrowing, spending 14 months of the last two years in hospital.

In the face of such life changing hardship she has never given up and continues to amaze the medicos and inspire her friends and family

Lyn has kindly offered her time to talk to anyone in our community who has an acute illness and needs to share what they are going through.

We salute Lyn's tenacity, her inner strength and inspirational nature.

BAROSSA VILLAGE INDEPENDENT LIVING UNITS SOCIAL CLUB NOTES FEBRUARY 2021

Our first meeting for 2021 was to start at 12 noon with a chicken luncheon, but as there were only about six people, we waited until 12.30 p.m. and eventually twelve members enjoyed the usual lunch of chicken, donated salads and trifle after the general meeting.

The meeting started at 1.15 p.m. chaired by Doug Fisher in the absence of President Kevin Prouse.

An apology was sent from Ros. Hayward, Kevin Prouse, Judy Richardson, Rita Dury, and Chris Bassham.

Members who attended were Helen Roesler, Vi. Mitchell, Elaine Souter, Doug Fisher, Jackie Chapman, Bev Reid, Magda Lousberg, Judy Clarke, Jean Higgenbottom, Carol McConnachy, Nita Jones, Yvonne Wuttke and Jeanne Whitelaw.

Happy birthday was sung to Yvonne Wuttke and Magda Lousberg and to Vi. Mitchell who celebrated her 80th birthday in January.

Jackie (Secretary) read the minutes from the last meeting which were accepted as correct by Helen Roesler and seconded by Judy Clarke. All members agreed.

Doug thanked everyone who helped with the luncheon on the day doing the shopping, donating salads and buying the bits and pieces required.

A few people thought the Christmas Lunch was below par. This will be looked into. There are other caterers around the district.

Vi (Treasurer) read the financial report and asked that they be accepted as correct and this was seconded by Yvonne.

Yvonne asked if members could have each others phone numbers. This is only allowed if the individual is agreeable.

The next meeting will be on Monday 8th March which is a holiday. We will have the usual meeting and then play games. This will include the game bugs and beetles.

Please arrive at 1.15 p.m. and bring a plate of afternoon tea to share. The meeting is held in

the Joy Rice Centre at the Lodge on Scholz Avenue. Please call reception on 85620300 for more information.

Jackie Chapman (Secretary BVILUSC)

Community Development



What does social connection mean to you, and how do you stay connected?

I look at my own life and so many of my social connections started through my children's school activities, sport and my own volunteer work on various committees. I met people in these settings who have turned in to life-long friends as we share the experiences of our children growing up.

Staying connected and social connections are a key enabler to ageing well. Loneliness is a greater

Stay Connected, Keep Healthy

prediction of sickness and death than smoking, alcohol consumption and poor lifestyle. Research has shown that being socially connected can reduce the risk of early death by 50 percent.

Reading those statistics, I think how important it is to be socially connected to live a long and healthy life. Unfortunately

COVID had a big impact on us all being able to meet and connect in 2020, in some situations we were able to look towards technology to Skype or video chat our friends, but for so many of us it meant we became a little isolated as our regular activities didn't occur.

If you are needing to re-connect or make some new friendships, we strive hard at Barossa Village to ensure there are opportunities for our residents and wider community to connect, be that through the experiences the creative Lifestyle team develop at the Residency and for the wider community, Tom's amazing work with the residents in

our ILU community and through creating volunteer opportunities.

So if you are feeling a little disconnected after the goings on of 2020, please reach out I can meet, have a chat and see if there are activities you can join, or look at volunteering opportunities with like-minded people, to assist you staying connected.

Community Connector

A wonderful project, Community Connector, will run throughout 2021, piloted by The Barossa Council and funded by the Department of Human Services,

The Barossa Community Connector will help people looking for personal support in their community, to:

- Connect with local services and supports,
- Access information and advice,
- Identify your strengths, skills, and goals,
- Build your local networks,
- Find practical solutions that are the right fit for you, and,
- Improve your social, emotional, and mental wellbeing.

A Community Connector will take time to get to know you and learn what is important to you. No referral is needed and you need to live or use services in the towns of Tanunda, Angaston, or Lyndoch.

Phone 8563 8327, mobile: 0499 339 987 or email: community@barossa.sa.gov.au

I'd like to finish with a big shout out to all our wonderful volunteers, thank you for contributing so much of your time, energy, and efforts, you are all so appreciated.

Lisa Ognjanovic

Community Development Officer

Friday Café

A popular social gathering held each Friday at the Joy Rice Centre in Nuriootpa. Lunch is followed by a fun activity. Contact Reception on 8562 0300 (option 2) for bookings, information and transport, if needed. Bookings are essential.

Date	Café Menu
5th March	Main: Roast lamb served with roast potatoes, roast pumpkin, peas & gravy Dessert: Sticky date pudding served with custard
12th March	Main: Roast chicken served with roast vegetables, broccoli & gravy Dessert: Trifle
19th March	Main: Beef Casserole served with mash potato, Roast pumpkin & green beans Dessert: Black Forest cake
26th March	Main: Roast pork served with roast pumpkin, roast potato, gravy & sprouts Dessert: Bread & butter pudding served with custard



Community Lifestyle

The Community Lifestyle Group had a wonderful trip to Clare in January with Morning tea at Watervale General Store and Lunch at Seven Hills Hotel.

Tuesday's outings are filling up fast so please book in advance to secure your spot.
Phone Reception on 8562 0300.

Tinkers Shed has started and many new projects are in the plans for the future with planters and chopping boards selling fast at the residency shop.

Monday and Thursdays are growing in numbers and clients are feeling the benefits of regular exercises. The afternoon programs are full of variety with programmed activities that clients have requested. Recently Monday group had a High Tea which was a real hit.

Friday Café is as popular as ever with new menu choices produced by Chef Michael from the Residency.

Please remember to notify us if you are unable to attend any of the programs.



Residential Care



Barossa Village Residents' Representative Group MINUTES of Meeting held on February 4th at 10.30am in the Club Room

Chairperson: Julie Cartwright Minute Secretary: Maggie Hughes Residents: Jeff Virgo, May Carter, Trevor Reu, Bob King, Marg Cooper, Doris Kubisch, Valda Brinkley, Larry Warren. Staff: Matt, Ben, Lisa, Tanya, David, Apologies: Joyce Gillard, Marg Kennedy, Jennie Presser, Teresa Admin, Family Members : Rhonda Smith	
Business arising from Minutes.	Action:
Hydro Pool and Garden up date General garden Issues B\C area still needs attention and area adjacent to F looking dead.	Ben, Pool proceeding well and water trials due during next week. Water will be chlorinated. Completion still scheduled for March. First swimmer still to be elected. Gardens, need more support due to weather conditions and time restrictions. Fertilizing time is scheduled and should improve bowling green area.
David Rundle Introduction	David introduced himself to the group and explained his role as Manager People and Culture.
Lisa Introduction	Lisa is also a new team member and is responsible for Community Engagement and the Volunteer co-ordination.
New Call Bell System	Matt, frustrated as problems still exist and providers will hopefully fix them shortly.
Menu Changes	New sausage and mince suppliers, water jugs on tables to happen soon.
General Consumer Feedback	
Water wastage and water heating Issues were identified, Grey water usage is not feasible at present.	Ben will follow up general water issues.
Food and Menu Issues. Roast chicken and pork cooking methods questioned as neither look or taste good, sausages and mince have improved	Michael to follow up.
Easter Hot + buns on Good Friday and Chocolate eggs on Easter Sunday	Julie emailed Michael for this to occur.
Problems with car parking in Pickup area.	David to follow up with reception staff.
High Praise for Care Staff from group members.	Julie sent Leecare message to staff informing them of the compliments.
Pats Café has raised \$6,000 over previous six months.	Suggestions for use include a new bowling mat and exercise equipment.
Next Meeting Thursday 4th of March 10-30 am in The Club Room	

Residential Lifestyle

Angela Huezendroder joined us at the Residency for a cooking demonstration, making the traditional German dessert rote grütze.

Angela (pictured right) gave a wonderfully detailed description on the process of making this famous German dish. Her expertise was greatly appreciated by the residents who attended, who also enjoyed tasting it afterwards.

The rote grütze was made from our very own grapes grown on the vines at the Residency. Thank you Angela for giving our taste buds this delicious experience.

Pictured below right, is Angela's husband and resident, Peter, with Matt Kowald enjoying their grütze.

Gretel, our Residency cat, was given some special treatment by Elaine Gaskell (pictured on the opposite page) who is with us for some respite care. Gretel and Elaine walked all around the facility with Gretel on Elaine's walker putting a smile on many staff and residents faces.

Some residents were finally able to take a bus trip and enjoy the surrounding countryside, thanks to the easing of COVID restrictions. We will now be programming a bus trip on the third Monday of the month, so please see Lifestyle staff if you wish to go as seats are limited.

Family celebrations for Ron's birthday meant keeping in touch via Skype due to COVID restrictions. Ron and his wife Gwen had an iPad set up on Ron's walker so the family could all talk to each other and sing happy birthday.



Residents and volunteers were busy using their skills to create a Valentine's Day atmosphere through art and craft items. Pictured on the opposite page are volunteers, Lynda and Judy with the Valentine art crafted by our residents.



Integrated Care Services



Matt Kowald (MK): Good afternoon Matt. Thanks for giving this interview.

Matt Kowald General Manager Integrated Care Services (MKGMICS):

Thanks. Any time, Matt.

MK: Why after six years and nine months have you moved to this role?

MKGMICS: Yes, a good question. Believe me, my wife has asked this as well. First let me say that I always read your articles in The Grapevine and I think they are great.

MK: Thanks for that!

MKGMICS: So, the transition to this role has been on the cards for many years. Barossa Village has identified that it is the potential for pathways of care, that people seek from us. With my experience working at the Residency, across the community sector and the acute sector, I have a fair understanding of how to make these connections for people.

MK: Can you please talk to me about the pathways for care?

MKGMICS: Barossa Village, can take someone from an initial enquiry about entry level services such as gardening or group social support, through to setting up an independent living unit, providing community home care and then delivering high level residential care.

As people's needs change, it is important we are responsive to this, and are sensitive to any changes in their circumstances. We want to be the organisation that supports you as your needs change.

MK: OK, how can you guarantee that people will get this level of service?

MKGMICS: Ours is a hands-on model. Our ratio of clients to coordinators is much higher than other organisations and our coordinators visit clients more frequently. We know when changes are occurring for people and what extra support they need. We can be in contact with the Residency and flag either a respite bed or a permanent residential care bed if that is the appropriate next step. Of course, we can't guarantee availability, but we certainly will work to bring people into our care when we can, so they can

maintain contact with the community they have been connected to. I can't emphasise how important this connection is for people.

MK: Obviously it takes a team of people to manage this process.

MKGMICS: Yes, it certainly does and I believe we have some of the best people supporting our clients in this organisation. I am very lucky to have Tanya King and Clare Pietsch leading their teams to support the clinical and care needs of our clients. We have Julie Cartwright supporting the lifestyle team who offer interesting and engaging lifestyle programs to our clients. They directly report to me as well as Jenny Fairey who supports our quality systems.

With this integrated care model, there is connection with every part of the business. No matter what role you are in, there are opportunities to connect with our community and our clients on a daily basis. That's what people love about Barossa Village. That's our point of difference. It's certainly why I want to work here!

MK: Well, this sounds great Matt. Thanks for your time today and I look forward to seeing the integrated service model in action!

MKGMICS: Certainly, it's a team effort and the support of the other General Managers in the business and the CEO will make it all possible.

Resident Profile: Ivan De Kock

Born in 1933, Ivan De Kock was born and raised in Bergen op Zoom, Holland, along with his three sisters and two brothers.

Ivan studied a Bachelor Degree in music for seven years at Palomar College.

His interest in music served Ivan well, especially during World War 2, especially during his time with the secret service in Holland, when he was shot by the Germans, placed under house arrest and given an old mandolin to play, which gave him great pleasure during this difficult time.

Ivan went to music school with Margaret (pronounced Greet in Dutch), who became his wife. Just after finishing his Bachelor's degree, they married in 1955, celebrating with a wedding breakfast held in Bergen op Zoom at 6:00am. The newlyweds travelled to many places with a camper for a year.

Before travelling from Holland to Australia by ship in 1958, Ivan and Margaret had two children, then after settling in Australia, the family grew to include another two children.

In Australia, the family explored the country together for 15 years by



camper, with Ivan teaching music during their travels, while continuing to share his love of music with Margaret and their children as a "team of musicians."

Ivan continued to teach music, opening Ivan's Music Studio in Gawler Place, Adelaide, sharing his incredible talent with his students, playing many musical instruments, including string and wind, until an injury to his hand and arm were burnt in a gas explosion in 2018. .

Enjoying music across all genres, Ivan likes to attend church services, despite being a non-practicing Catholic, for the joy of music. He also enjoys reading technical books.

Ivan is keen to continue playing musical instruments for as long as he can.

Community Connections Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>Brain Stretchers with nibbles</div>	<div>2</div> <div>9.00am</div> <div>Scenic Drive</div> <div>Gumeracha</div> <div>Lunch</div> <div>Gumeracha Hotel</div>	<div>3</div> <div>9.00am</div> <div>Tinker Shed</div>	<div>4</div> <div>10.30am</div> <div>ST John's Tanunda</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Adelaide Cup Race Quiz</div>	<div>5</div> <div>10.00am</div> <div>Circle of Friends</div> <div>Friday Café Lunch</div> <div>Bingo</div>
<div>8</div> <div>ADELAIDE CUP</div> <div>PUBLIC HOLIDAY</div>	<div>9</div> <div>9.00am</div> <div>Gawler Cinema Silver Screening</div> <div>Love Weddings and other Disasters</div> <div>Lunch at</div> <div>Gawler Cinema</div>	<div>10</div> <div>9.00am</div> <div>Tinker Shed</div>	<div>11</div> <div>10.30am</div> <div>ST John's Tanunda</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Share and tips on writing your own poetry</div>	<div>12</div> <div>10.00am</div> <div>Circle of Friends</div> <div>Friday Café Lunch</div> <div>Bingo</div>
<div>15</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>Museum Tour With Fruit Platter</div>	<div>16</div> <div>9.00am</div> <div>Scarecrow Hunting</div> <div>Lunch</div> <div>Lyndoch Bakery</div>	<div>17</div> <div>9.00am</div> <div>Tinker Shed</div>	<div>18</div> <div>10.30am</div> <div>ST John's Tanunda</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>DOUG VENNING SINGING</div>	<div>19</div> <div>10.00am</div> <div>Circle of Friends</div> <div>Friday Café Lunch</div> <div>Bingo</div>
<div>22</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun</div> <div>1pm</div> <div>IPAD/IPHONE 3rd Session</div>	<div>23</div> <div>9.00am</div> <div>Clare Scenic Drive</div> <div>Lunch</div> <div>Seven hills Hotel</div>	<div>24</div> <div>9.00am</div> <div>Tinker Shed</div>	<div>25</div> <div>10.30am</div> <div>ST John's Tanunda</div> <div>Exercise for Fun</div> <div>1:30pm</div> <div>Easter Craft</div>	<div>26</div> <div>10.00am</div> <div>Circle of Friends</div> <div>Friday Café Lunch</div> <div>Bingo</div>

Residential Lifestyle Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div>1</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Doris Day Movie</div>	<div>2</div> <div>10.30 Crafting Fun</div> <div>Bible study</div> <div>1.30 Antoniettes Gifts</div>	<div>3</div> <div>10.30 Exercises</div> <div>Pet Therapy</div> <div>1.30 Church</div> <div>2.00 Doug Sing A Long</div>	<div>4</div> <div>10.30 German Group</div> <div>1.30 Bingo</div>	<div>10.30</div> <div>Art and Craft Exercises</div> <div>1.30 Bowls</div> <div>6pm-7.30 Happy Hour Trivia Night</div>	<div>6</div>	<div>7</div> <div>10.45 Church</div> <div>Channel 101</div>
<div>8</div> <div>Public Holiday</div>	<div>9</div> <div>10.30 Crafting Fun</div> <div>Mick Singalong</div> <div>1.30 Bangers and Mash</div> <div>Men2Men</div>	<div>10</div> <div>10.30 Exercises</div> <div>Circle of Friends</div> <div>1.30 Church</div> <div>2.00 A time to remember</div>	<div>11</div> <div>10.30 Parachute Game</div> <div>1.30 Bingo</div>	<div>12</div> <div>10.30 Art and Craft Exercises</div> <div>1.30 Bowls</div>	<div>13</div>	<div>14</div> <div>10.45 Church</div> <div>Channel 101</div>
<div>15</div> <div>10.30 Fabulous Fittings and shoes on wheels</div> <div>Word Games</div> <div>1.30 Bus outing Exercises</div> <div>3.30 Music with Garry</div>	<div>16</div> <div>10.30 Crafting Fun</div> <div>Bible Study</div> <div>1.30 Doug Singalong</div>	<div>17</div> <div>10.30 Exercises</div> <div>Read The News</div> <div>1.30 Church</div> <div>2.00 Reading Group</div>	<div>18</div> <div>10.30 Toms Adventures</div> <div>1.30 Bingo</div>	<div>19</div> <div>10.30 Art and Craft Exercises</div> <div>1.30 Bowls</div> <div>6pm-7.30 Happy Hour Trivia Night</div>	<div>20</div>	<div>21</div> <div>10.45 Church</div> <div>Channel 101</div>
<div>22</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Famous Movies quiz</div> <div>3.30 Music with Garry</div>	<div>23</div> <div>10.30 Crafting Fun</div> <div>11:00 Holy Communion</div> <div>1.30 Men2Men</div> <div>Sweets to Remember</div>	<div>24</div> <div>10.30 Exercises</div> <div>Circle of Friends</div> <div>1.30 Church</div> <div>2.00 Card Playing</div>	<div>25</div> <div>10.30 George Davies</div> <div>1.30 Bingo</div>	<div>26</div> <div>10.30 Art and Craft Exercises</div> <div>1.30 Bowls</div>	<div>27</div>	<div>28</div> <div>10.45 Church</div> <div>Channel 101</div>
<div>29</div> <div>10.30 Exercises</div> <div>Word Games</div> <div>1.30 Travel through Switzerland</div> <div>3.30 Music with Garry</div>	<div>30</div> <div>10.30 Crafting Fun</div> <div>Bible study</div> <div>1.30 The Accords</div>	<div>31</div> <div>10.30 Exercises</div> <div>Easter Quiz</div> <div>1.30 Church</div> <div>2.00 Easter Hangman</div>				

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Front Cover

**Lifestyle Program clients Judy, Barb
and Pauline enjoying their visit to Apex
Park.**

**The Grapevine is printed on 100%
recycled paper**

