

November 2020

# Grapevine

♥ Seasons Greetings  
from our staff,  
to you.



**Barossa Village**  
*people at our heart*





## At the time of writing this article, there was another COVID-19 outbreak in South Australia.

Whilst the outbreak is in the northern suburbs of Adelaide, we are following the SA Health guidelines, implementing the restrictions as required to keep everybody safe. The COVID-19 Emergency Team are managing the outbreak on a daily basis providing ongoing communications to all stakeholders.

I would also like to acknowledge the fantastic work that many of our staff are doing on a daily basis supporting our residents, clients and each other through this ongoing COVID world.

I encourage you to stay home as much as you can, social distance when you can't and wash your hands at all times. We are all here to assist you and keep you safe. At the same time as managing the pandemic risks, we are working on many exciting projects and programs.

Lisa, our new Community Development Officer has hit the ground running and is busy preparing the OP Shop for reopening in December. This will be a great opportunity to further provide support for the local community and expand our volunteering. Daniela and Ben are also managing the Reusch Centre refurbishment that includes an information area so people can come in and talk all things aged care and retirement living.

Barossa Village has been selected to partner with Dementia Australia and The Global Centre for Modern Ageing in trialing a new music app that can stimulate positive memories for people living with dementia. Matt and Lisa are recruiting volunteers to help with this exciting piece of research.

This research project is just

another example of how we are perceived within the sector as an innovator. We will take these innovations into our hydrotherapy pool and 21 bed expansion of the Residency in 2021 and we are also exploring the greater use of technology throughout our total resident and client base.

We are also currently recruiting for a new GM, People and Culture who will provide more support to our staff and volunteers on an ongoing basis. We are also recruiting for a Management Accountant, with the retirement of Leanne Kleinig at the end of the year. Leanne is a valued member of the Barossa Village family and has provided wonderful financial management for many years. Leanne will be sorely missed and we wish her all the very best in her retirement where she and Greg will travel and enjoy life with their grandchildren. I am sure it won't be the last time we see Leanne.

After many years of discussion and negotiation with the Vine Inn, we have formally entered into a sale agreement for the land and eleven units on Park Tce, Nuriootpa. The Vine Inn will use this land to grow their business, build more accommodation units and remain sustainable as a community owned

organisation that supports our region. Tom and I are working with the current residents in transitioning them to other units in Nuriootpa. We have the best interests of our residents at heart and will ensure that the transition will be stress free as best we can.

Under our current strategic plan, we have a clear view of where we are going and have many projects and initiatives under way to deliver positive outcomes for our resident, clients and the Barossa community.

This time of year can be a very stressful time for many in our community. The extra stress associated with Christmas is very personal and can conjure up many positive and negative emotions depending on life's circumstance. I also note that there is a greater sense of agitation from many of our residents. Please remember that our staff are here to help you as best we can. If you are feeling anxious or unhappy, please ring us and we will endeavor to resolve your problems.

Finally, I would like to take this opportunity on behalf of Barossa Village to wish each and every one of you a very safe and happy festive season. I hope you all have the opportunity to catch up with friends and family if

## COVID-19 Resources

**For facts, information and updates about Coronavirus please use the following resources:**

### Australian Government Department of Health

[www.health.gov.au](http://www.health.gov.au)

Coronavirus Health Information Line: 1800 020 080

Stay informed with the "Coronavirus Australia" government app in the Apple App Store or Google Play

### SA Health

[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)

p. 08 8226 6000

SA COVID-19 Mental Health Support Line: 1800 632 753

(available 8.00am to 8.00pm, 7days a week)

### Regular updates are also available on the Barossa Village website:

[www.barossavillage.org](http://www.barossavillage.org) and our Facebook page.

the borders to start to open again. For some of us, it can be a sad time and for those of you who will struggle a little, our thoughts are also with you.

Please don't let your guard down, remain vigilant and as a community, we will continue to be safe and protected.

As always, if you would like to get more information or discuss any issues, give me a call at the office on 8562 0300 any time.

**Simon Newbold**

**Chief Executive Officer**

# Integrated Care Development Update



## Men's Group

Even though our program was suspended for numerous months this year we still enjoyed many months of camaraderie and friendship at the Men's Group. We would like to extend a warm invitation to any of our "ILU Blokes" to join us in 2021. The format for our get meetings is remarkably simple. We meet twice per month. We spend one session at The Lodge in Nuriootpa and on the alternate fortnight we go out for a bus trip with a coffee stop along the way. It's a time to share interests, tell stories, enjoy local attractions, share history,

play up and we even sneak in a pub lunch here and there too. The brotherhood of the Men's Group is strong and we look forward to more merriment in the New Year.

## Art Group

We only just got the Art Group going at the beginning of the year when it all had to go

on hold but were back in the swing now. Alternate Friday afternoons in the Joy Rice Centre have been a wonderful way to relax and enjoy each other's company at the end of the week. It's also wonderful to see all of the different artistic skills and interests in our group.

Our first ever outing as a group, to the Kapunda Art Gallery, unfortunately had to be cancelled. More trips to other Galleries are planned for 2021 including the State Art Gallery in Adelaide. Next year an exhibition of Resident Art is on the drawing board so artists unite and let's get creative.

I'd like to thank Chris Bassham for helping me out numerous times.

## Movie Nights

Movie nights are such a fun time and I'd like to thank all of the folks who contribute.

Barry Masters, Chris Bassham, Tom Falconer and Rocky Williamson, thanks so much for helping to transport all our members safely.

Angie & Tom Falconer, Chris Bassham, Jean Higginbottom, thank you so much for the refreshments service and ensuring that the distribution of confectionery and popcorn to the masses runs smoothly.

A huge thank you to the chair movers, James & Heather Bartsch, Jim Hanlon, Theo Visser, Kevin Prouse and others. I appreciate your help very much.

Thanks to all of the Residents who provide and select the movies we show, especially Mr Hank Van Der Wijngaart. Hank passed away recently and he was the inspiration for doing our movie nights. He provided us with many, many movies and let us use his equipment when we first started the group. We will miss him.

## New Opportunities

An exciting new group is on the horizon with plans to start a Vinyl Records Group. Picture sitting in our new Joy Rice Centre courtyard, enjoying a drink at days end, listening to your favourite albums with like-minded friends. Good times ahead.

I have also noted the high number of avid readers in our community and would like to explore creating a book club where residents can get together, make recommendations, do reviews and swap books with each other. Please give me a call if you're interested.

In November, we had a great presentation with Kelly from the CFS. Thanks to all who came and if anyone couldn't make it and would like to access the information, please give me a call.

May you all have a wonderful Christmas.

**Tom Herring**  
Integrated Care  
Development Coordinator

## ILU Residents Activity Calendar

### Games - Joy Rice Centre

Wednesdays at 2.00pm  
December 2, 9, 16, 23, and 30  
January 6, 13, 20 and 27

### Happy Hour - Joy Rice Centre

Thursday, December 10, at 4.30pm  
No Happy Hour in January

### Movies - Joy Rice Centre

Fridays at 6:30 pm  
December 4 – André Rieu at Schobrunn Vienna  
December 18 - The Polar Express  
January 29 - To Sir with Love

### Art Group - Joy Rice Centre

Thursday, December 10 at 1pm  
Friday, January 8 & 22 at 3 pm

### Mens' Group

Wednesday, December 9, 1:30 pm  
Wednesday, January 20, 1:30 pm

### Bobby Dazzler Live Shows on Facebook

### Walking Group - Coulthard Reserve, Nuriootpa

Tuesday & Thursdays at 9.30am  
(fine weather only)

1:30 pm - Joy Rice Centre

### Contact Barossa Village on 8562 0300

(option 2) for more information

or visit the Client Zone at

[www.barossavillage.org](http://www.barossavillage.org)



# Property and Infrastructure Update



New staff members Nerida and Mitchell have settled in nicely and I hope that some of you have, by now, had the chance to meet them.

## Gardening and Preventative Maintenance

We are unfortunately behind where we would like to be with our scheduled and preventative maintenance programs. But it is

great to be able to say this with confidence, knowing where we should be, and I hope that this gives you certainty that you will not be missed as we continue to work hard to catch up.

October and November were feverishly busy for the maintenance team.

I have had a number of questions about “what happens if I am not at home when the team comes by?” In short, if the gardening team do not happen to catch you our handymen will follow up at a time when you are at home. I hope that some of you have had this experience already.

## Hydrotherapy Pool

Busy is an understatement, as the strategy of building the roof first has paid dividends all month. But a picture is worth a thousand words so I will leave these here for you to see what's been going on.

**Ben Hall**  
General Manager,  
Service and Delivery



## Knowing what's happening at Barossa Village has never been easier!

Our new website, [www.barossavillage.org](http://www.barossavillage.org) features a **Client Zone**. There's no password, just click on **Client Zone** on the footer of the website.

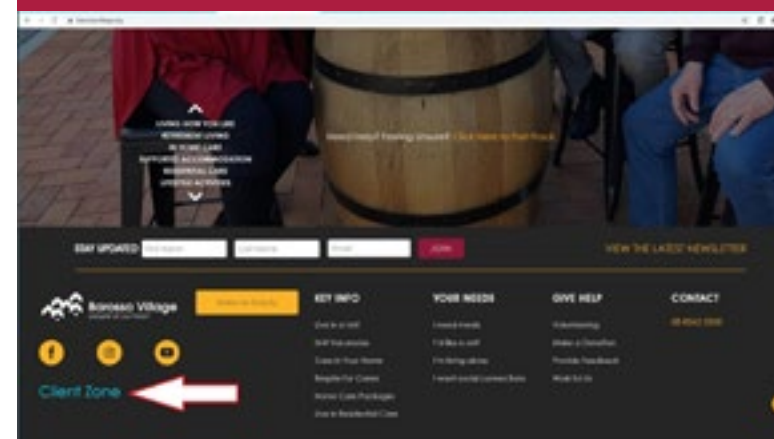
### The Client Zone includes:

- **Calendars** for Community Lifestyle Activities, ILU Activities and Residential Lifestyle
- **Meeting Minutes** for the BVRA and Social Club and Residents' Representative Group
- **Latest news**

### If you don't have a computer or smartphone:

- Copies of the Community Lifestyle Calendars are available at the Joy Rice Centre or The Lodge at Reception, during office hours
- BVRA Meeting Meetings can be collected from The Lodge at Reception, during office hours
- Residential Lifestyle Calendars are available at the Residency

**We're also just a phone call away if you want to know what's on, or to book for an activity. Phone: 8562 0300.**



Click on the link at the bottom (footer) of our website: [www.barossavillage.org](http://www.barossavillage.org)



News, meeting minutes and calendars are all available on the **Client Zone**



# Aged Care Careers Offer Work Life Balance

Caring for older people in our community can be an incredibly rewarding experience and for many carers, it is a role that offers flexibility and independence in their lives.

Barossa Village offers an "Independent Contractor" model where carers are contracted to the organisation to deliver a range of services to clients living in their own homes, giving carers the opportunity to build their own working day and create work life balance.

Community Care Team Leader, Clare Pietsch says that they are urgently looking for people who are compassionate, responsible and reliable, with an interest in building their own business or currently studying for their Certificate 3 in Aged Care.

"Independent Contractors play an important part in our client's lives, by providing



*Taryn Butler worked in childcare before joining Barossa Village as an Independent Contractor*

services such as transport, social support and domestic support."

Taryn Butler worked in childcare for 15 years before becoming an Independent Contractor with Barossa Village.

"Friends had done it for years and I thought I would try it because I wanted to help people who needed a bit of support and at the same time have flexibility of hours for school drop offs and pick-ups."

Taryn who is currently studying her Certificate 3 through TAFE, has three



*Leon Angione studied Engineering then became a Chef by trade, before choosing a career in Aged Care.*

children, one with special needs, so she appreciates being able to maintain flexibility to meet her child's needs while enjoying a rewarding career.

"It's nice to talk to clients and hear their stories, support them to maintain their independence."

COVID meant a change in career for Chef, Leon Angione. He and his wife had cared for aged parents who were clients of Barossa Village, in their home. With the closure of hospitality due to COVID, it was Care Coordinator Caron

Geritano, who suggested that Leon consider becoming an Independent Contractor.

"Being 58, I was willing to make the career change because I saw that this role would give me more financial security in the long term, given the growth that the industry is experiencing."

"I've signed up for my studies online and started working with my clients in March and it has been a very positive experience."

Leon, who loves meeting people, says that working as an Independent Contractor means a lot of diversity in the work offered and the clients he meets.

"Starting is as easy as getting onto the ATO website, where everything you need to know about running your own business is online."

## New Era for Reusch Centre

The Arthur and Gladys Reusch Centre, or Senior Citizens Centre, is a familiar landmark on Nuriootpa's main street and Barossa Village is planning for this venue to become more strongly connected to the community.

The centre houses the Barossa's community radio station BBBFM, an Op Shop (soon to be handed over to Barossa Village) community groups and organisations. However, Barossa Village identified that there were spaces inside the building being underutilised and its main street frontage opening onto green space, was not connected to Murray Street. This created an opportunity to review how this building could be better utilised.

Planning resolved that the large office at the front of the building should be opened up and transformed into an information centre for Barossa Village, where people can walk in and have their questions around My Aged Care, in home care, retirement living and residential care answered by Barossa Village staff.

By creating a "hot desk" office and private meeting room, staff from each of these enquiry areas will share a roster to work from this space.

The information centre, or enquiry office, should be functioning in its full capacity by the beginning of 2021.

The Op Shop is also receiving a makeover as part of its transition into Barossa Village ownership and will have its doors open in December, with its day to day running in the hands of Community Development Officer, Lisa Ognjanovic.





# New Home Takes on New Meaning

When Doreen Cocklin first walked into her Nuriootpa unit, she immediately felt an emotional connection to the place she would soon call home.

Doreen's eventful journey to Barossa Village began in the UK, at Groydon, Surrey, where she was born in 1929. The only child of Rose and Ernest Rickett. Doreen met her first husband when she was just five years old, holding hands on the way to school.

In 1939 at the height of the Second World War, Doreen was just a 10 year old girl when she became an evacuee and was sent to Ashampstead in Berkshire. With her parents missing Doreen so much, she returned to them after three months away and experienced "The Blitz".

Working life for Doreen started at age 14 as an errand girl and post clerk for a tyre company. Within a year she got a new job with an insurance company as a cashier. Soon there was a

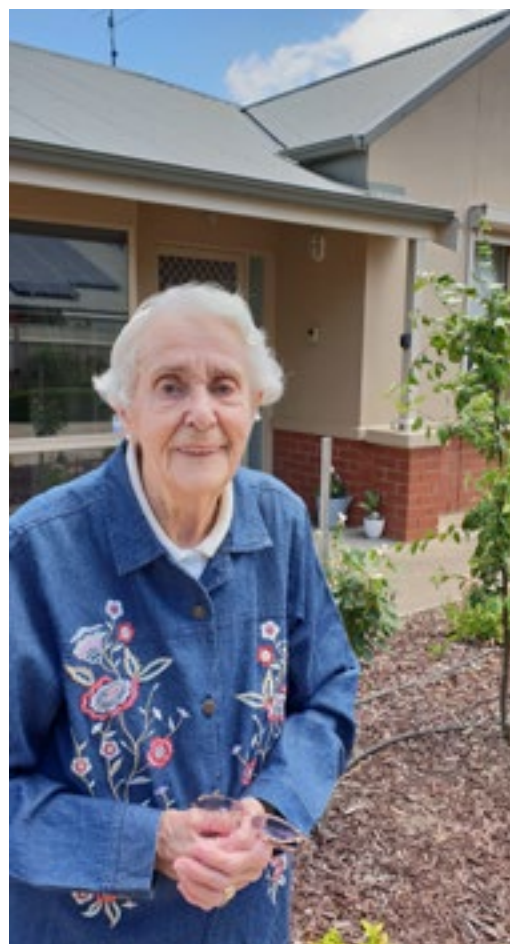
transfer to the London branch which resulted in significant train travel to and from work each day.

Doreen married her first husband, a policeman and they had three children together, who would eventually bless her with five grandchildren.

In 1963, dissatisfied with the police force, Doreen, her husband and their children immigrated to Australia, as "Ten Pound Poms". This was to be Doreen's first taste of life in Australia as they only stayed for three months, returning to the UK after being unable to find work. They also had to repay the Australian Government before leaving the country.

Two years later the family returned to Australia, again as a Ten Pound Pom, this time living in Wollongong before being transferred to Elizabeth.

Sadly, Doreen's husband took his own life. He had been diagnosed at that time with Manic Depression,



which today is known as Bi Polar Disorder. Doreen travelled back to England to nurse her mother until she passed away, and then returned to Australia.

On her return, a close friend of Doreen's was waiting and proposed that they marry, stating "you need someone to look after you". They enjoyed a long marriage and he passed away eight years ago.

A member of the Salisbury Baptist Church for 40 years, Doreen's faith is very important. Spoon collecting is her other passion, building an impressive collection of 5,000 spoons and serving as the Secretary of the South Australian Spoon Collectors. Doreen was also the first and only female President of the Salisbury Probus Club.

Until earlier this year, Doreen had been living in Salisbury, in the home where she raised her family. During COVID restrictions, not being able to attend church services, Doreen tuned into a broadcast by Barossa Impact Church on Channel 44 and felt a deep connection, fostering the idea that perhaps she could move and be closer to family in the Barossa.

The very next morning, Doreen received a call from Barossa Village following up a previous inquiry. Doreen consulted with her family who agreed that it would be a positive move.

While viewing available units, Doreen burst into tears when she walked into the second unit that she saw – in a good way. "I felt at home straight away and God's timing was right, that this place was here for me."

"I have found peace and comfort in my new home, I'm making friends and life has taken on a new meaning."

Doreen plans on looking forward to many more years with Barossa Village.

In the July issue of *SA Life*, there was an article about an all-year Swimming Club (members aged 43 to 86) at Second Valley. They hold an Annual General Meeting - the Minutes recorded that it lasted 14 seconds before they moved to beer and wine!

Unfortunately ours wasn't like that! By now residents would have read the Minutes of the 14 October 2020 AGM of BVRA, as published in the November Grapevine. As the details of the 2019- 2020 Maintenance Expenditure and 2020-2021 Budget relating to ILUs had not been through a formal consultation process with the Management Committee, further meetings were called in accordance with the amendments to the *Retirement Villages Act*. The Management Committee were satisfied that their questions had been satisfactorily answered so Management was advised in writing that the second meeting allowed for in the Act was not required.

A further General Meeting occurred on 16 November, all residents invited. At the conclusion of that meeting it was noted that Management's Report on Maintenance Expenditure and the Maintenance Budget had been received and that Maintenance fees through to the next AGM are set at \$194.00 per fortnight.

The usual Management Committee Meeting occurred on 11 November. Tom Falconer (River Road) will continue as President/Chairman and Robin Henry from Magnolia Street Cluster was appointed Vice President, and I (Maria Street) will continue this year as Secretary.

Ben reported on many ongoing activities. Reusch Centre is nearing refurbishment completion – it will be an Op Shop under Lisa Ognjanovic's guidance, an enquiry office for Barossa Village services and for general community activities. Refurbs are also going on for vacated units in Maria Street, Atze Parade for Schilling Street Angaston.

Of concern to us all was the Preventative Maintenance Schedule. Ben acknowledged it was presently 4-5 weeks behind, initially because of the Covid caused delay early in the year as well as his many additions to the list so that the team are not completing the tasks as quickly as hoped. He has no doubt that in time this will improve. If a resident is not at home the team will advise Ben and leave a calling card. The office will make contact to arrange a new time. All units will have preventative maintenance completed before Christmas ready to begin again in 2021.

One of the suggestions made was that when corporate cars are ready for changeover, consideration be given to makes and models that are easily accessed by elderly people. Unfortunately we don't bend as well as we used to!

Members were sad to hear of the death at 99 of Hank van der Wijngaart. Tom Falconer had seen him home after the movies on the previous Friday. With Hank hanging onto Tom's arm, they had gone up the path singing "...strolling along, singing a song, side by side." Rest in peace, Hank.

The February meeting will consider the process through which the Constitution of the Residents' Association will be reviewed in its 10<sup>th</sup> year of operation.

Carmel Devonish, Secretary, BVRA – December 2020.



# Community Development



clean out the Op Shop, by having a big sort through to allow the space to be painted and revamped.

Considerable renovations have transformed the Reusch Centre, so keep an eye out for details about the re-launch of the Op Shop.

## Volunteer Opportunities

We are always looking for male volunteers to assist with our men's programs and one on one visiting.

Does joining in Happy Hour once a fortnight for a chat and a catch up with residents at the Residency sound like something you could do? Then the Men2Men program is for you!

We are keen to develop a pool of 'backup' volunteers, who can provide support for when our regular volunteers are unable to attend, so we can ensure our programs can still go ahead. This might be as a driver or assisting with our

community programs. If this is something you could do, please give me a call on 8563 0200.

To quote Corretta Scott King, "The greatness of a community is most accurately measured by the compassionate actions of its members." In my short time at Barossa Village I have seen so many compassionate staff and volunteers. Whether it be staff who volunteer their time to sit with people as they near the end of their life, volunteers who work with our compassionate staff in the memory support unit to ensure residents have meaningful engagement, or our volunteers delivering meals to people's homes. So much compassion for one another and the community we live in. To me, all of this makes our community at Barossa Village great, and like you, I'm so fortunate to be a part of this wonderful community.

Have a wonderful Christmas break.

**Lisa Ognjanovic,**  
Community Development Officer

## Barossa Village Independent Living Units

### Social Club Notes - November 2020

Kevin welcomed sixteen members at 1.30p.m. on 9th November.

Members who attended were Doug Fisher, Magda Lousberg, Jean Higginbottom Ros. Hayward, Bev. Reid, Nita Jones, Judy Richardson, Helen Roesler, Vi. Mitchell, Jackie Chapman, Judy Clarke, Chris Bassham, Rita Dury, Elaine Souter, Ruth Jarman and Jeanne Whitelaw.

Apologies were received from Bette Kempton, Carol MacConnachy and Yvonne Wuttke.

Jackie read the minutes of the previous meeting which Judy Richardson asked that they be accepted and Jean seconded the motion.

Correspondence received from St. John Ambulance asking for a donation but this year we will be giving to the local C.F.S.

Vi gave us the financial report for the last month and asked that the report be accepted and Doug seconded the motion. All who attended the last meeting agreed.

Jackie to ask if our meeting could be included on the Community Connections Calendar and also on the ILU Residents Activity Calendar.

No unwrapped confectionery or nibbles to be placed on tables at our Christmas lunch which will be held on Monday 14th December in the Joy Rice Activity room. Please arrive at 12 noon. If you have Christmas place mats, please bring one along and also a few decorations. Eighteen people have indicated that they will attend the Christmas luncheon.

Jackie to ask Reg Martin if we could add him to our entertainment calendar for next year.

Meeting closed at 1.45 p.m.

Doug Venning entertained us with songs and guitar music. He sang "The Band Played Waltzing Matilda" and "The Gift of Years" for Remembrance Day. Other songs were "Footsteps", "Rambling Rose", "Red Roses for a Blue Lady" "On the Sunny Side of the Street", "The Waltz of the Angels", "Your Cheating Heart" and Nita's favourite "Tennessee Waltz" among others. We love listening to and singing along with Doug.

Afternoon tea and a cuppa was enjoyed by all.

A merry Christmas and safe and Happy New Year to all.

**Jackie Chapman (Secretary)**

## Hairdresser

**Tuesdays - The Residency**

**Thursdays - The Lodge**

**Phone Irene Rickards for an appointment or she can visit you.**

**Phone 8564 2195 or 0414 607 135**

## Barossa Christian Family Centre

**We welcome everyone to our services each Sunday, 10.30am at the Joy Rice Centre, Nuriootpa.**

**For more information, contact 0408 194 740**



# Community Lifestyle



## A Picture is Worth a Thousand Words

How wonderful that all these images truly show how great it is to see clients enjoying our Community Lifestyle Programs

If you are interesting in joining any of our programs, call our Lifestyle Team on 8562 0300 or email: [communitylifestyle@baorssavillaae.org](mailto:communitylifestyle@baorssavillaae.org)

## Important

The last day for Community Programs in 2020 will be December 18, 2020.

Programs will resume in 2021 on January 11.

## Friday Café

A popular social gathering held each Friday at the Joy Rice Centre in Nuriootpa. Lunch is followed by a fun activity. Contact Reception on 8562 0300 (option 2) for bookings, information and transport, if needed. Bookings are essential.

Date	Café Menu
11/12/20	Main: Roast Lamb served with gravy, roast potatoes, roast pumpkin & green beans Dessert: Chocolate Cheesecake
18/12/20	Main: Roast turkey served with pigs in blankets, roast potatoes, roast carrots, buttered sprouts & gravy Dessert: Plum Pudding served with custard
25/12/20	Christmas Day Public Holiday
1/1/21	New Year's Day Public Holiday

Barossa Village wishes you, all our best for the Festive Season. We look forward to sharing the New Year with you.



"The true spirit of Christmas is love."



# Residential Lifestyle

## Pet Therapy

Not only do our furry friends offer unconditional love and companionship, research suggests that they have the ability to boost general health and wellbeing, especially in our residents. The aim of Pet Therapy is for pets to be a form of companionship and treatment to help improve a resident's emotional, social, or cognitive abilities.

Pet therapy has become a popular method of mild therapy for residents and can help with depression, anxiety and dementia. The type of therapy can vary depending on the needs of the residents, with emotional, physical, and mental benefits.

This is by no means a new concept, with human-animal bonds documented over centuries, yet the relationship between a resident and an animal seems to extend way beyond simple companionship.

## Strawberry Trolley

Residents enjoyed strawberries and cream or strawberry mousse from our decorated trolley that visited residents in their rooms for a special sweet treat.

## Potting Plants for Op Shop

In their full PPE, Residents enjoyed potting plants while making sure they were following safety precautions for use of potting mix. It was fun to see the tables turned, with staff having to wear masks for so long!

Residents are hoping their efforts will reap rewards for Barossa Village in the future, by selling their plants and decorated pots in our new Op Shop.

## Christmas Parties

All Christmas parties will be held in the dining rooms of each area at 1:30pm

with afternoon tea, entertainment and a visit from Santa.

AB: Monday, December 14

CD: Tuesday, December 15

EF: Thursday, December 17

MSU: Friday, December 18

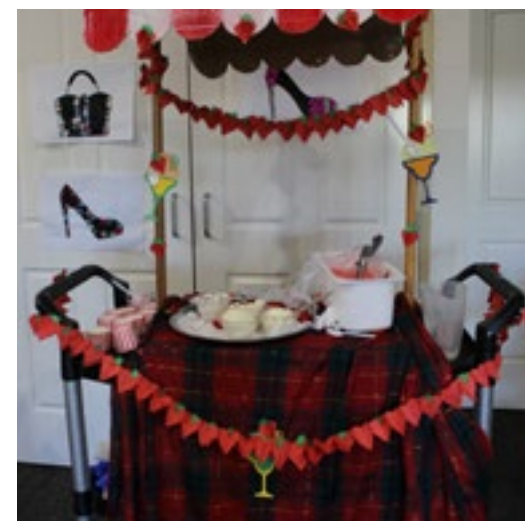
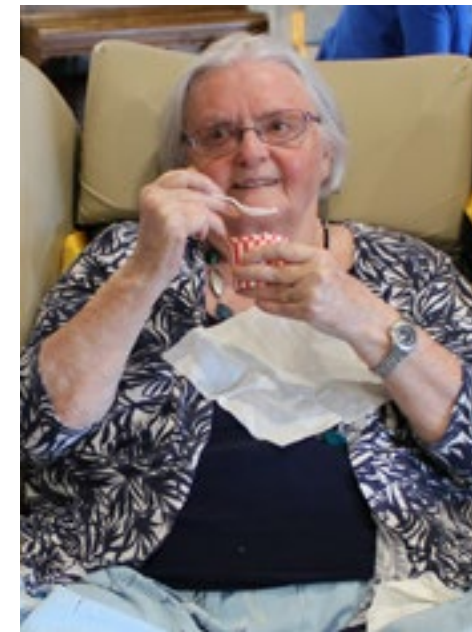
Due to COVID restrictions no family members will be able to attend this year's parties.

## Christmas Raffle

Once again, Roger Cridland who is one of our ILU residents, has kindly donated another of his magnificent dolls houses for our Christmas Raffle. Over the last few years, Roger has generously donated his time to build a dolls house especially for this raffle. Tickets are \$5.00 each from reception and include other prizes.



**Merry Christmas and a Happy New Year from all at the Lifestyle Team.**





# Finding Meaning in a Challenging Year



These words written by Walt Whitman in the preface to his poetry anthology, "Leaves of Grass" a book of poetry written in 1855, were influenced by the romantic movement of the time. In context, this collection of poems were written with war raging all around

Whitman and the American political and societal conditions very unstable. The conditions for civil war were being set and dogmatic religious fervour was on the rise. Sounds familiar?

History is great for reminding us that we are not alone in difficult times.

Going back to Whitman's verse, today we are bombarded by words and images, more than in any other time in human history. If we were to take all of that in, where would we be? I believe we would be despondent, our lives would be very challenging indeed. To combat this we

need to understand what is important to us. We need to connect with our spiritual side, as Whitman did in his poems.

We can focus on what we know is important to us and take in that which feeds this. Of course we need to acknowledge information that keeps us safe and we can't live in a fool's utopia. By having this base understanding of ourselves, we have the opportunity to reject, as Whitman says, that which "insults" our own soul. We are called to make this connection and when it happens, everything will make sense and our "very flesh will become a great poem."

I don't know if I'm at the "great poem" part of my existence, but certainly as I understand more about myself and the world I know, this helps me with where to focus or place my attention.

I would like to think that here at Barossa Village, we give people the opportunity to live their best life as they age. That we can support people to maintain their interests and connections, participate in a community

as they would like and not have to be concerned with what causes them discomfort.

So the challenge as we finish up 2020, is finding what positives we will take from it. We need to be

grateful for quiet moments and celebrate our personal triumphs.

Question the information, know what gives you comfort and meaning, let the other stuff go. Whether you believe in a soul or not,

burdening yourself with other people's problems or miseries only steals from your opportunity to live your life.

**Matt Kowald**  
General Manager,  
Residential Care Services

## Resident Profile: Jeff Brook

Jeff grew up on a farm at Dutton with his two brothers Peter and Graham.

He was born on the June 7, 1939 to Olive and Vic Brook in Eudunda and went to school at Dutton until Year 7. When he was just 12 years old, a horse kicked Jeff which left him with sight only in one eye.

Married to wife Jill in 1951 at Broken Hill, they have two children Robyn and Terry, five grandchildren Karina, Daniel, Nicole, Erin and Jason, and one great grandchild.

Jeff has lived at Dutton, Reeve Plains and Evanston. He farmed land at St Kitts where he cropped, including hay.

He has enjoyed travel, visiting America and Canada and explored Australia with a caravan.

Watching cricket and football are some of Jeff's favourite pastimes, having played football for Roseworthy. He was also a member of the Gawler Vintage Motor Club and owned a Morris Minor.

Jeff's dream was to ride a horse at Mt Rufus.





G I F T S G S U A S F K C T R C H  
A A X B N N P N A A L E S L L E B  
I G N E H I O M O I C O G S L N C  
Y F E L J G N W G I A A R G C M P  
G R K F N N I H F I T G N A N Q E  
T U M K A I T E T L Z A N D C O L  
L I H V M S Y T L A A D R N L O G  
F T O K W E E F E S Y K Z O A E S  
A C L Z O S U X P C E G E F C D S  
M A L Z N O R N A M E N T S N E S  
I K Y I S K Z N S I M A N E Z O D  
L E O E O T E L T S I M I H N M Q  
Y P Q Q B S B H T A E R W G L P R  
K Q F E S K A T E S F B S B Y D L

BELLS  
CANDLES  
CANDY  
CANES  
CAROLS  
DECORATIONS  
EGGNOG  
FAMILY

FRIENDS  
FRUITCAKE  
GIFTS  
HOLLY  
LIGHTS  
MISTLETOE  
ORNAMENTS  
POINSETTIA

SINGING  
SKATES  
SLEIGH  
SNOWFLAKES  
SNOWMAN  
SONGS  
TREE  
WREATH

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			8	9	1			
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			2	8	6		4	
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	2	3						
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				7				6



## Barossa Village Residents' Representative Group MINUTES of Meeting held on November 5th at 10.30am in the Chapel

**Chairperson:** Julie Cartwright **Minute Secretary:** Maggie Hughes  
**Residents:** Jeff Virgo, May Carter, Trevor Reu, Bob King, Marg Cooper, Doris Kubisch, Jennie Presser, Joyce Gillard, Valda Brinkley, Lorraine Lock, Larry Warren,  
**Staff:** Matt, Ben ,Michael, Teresa,  
**Apologies:** Rhonda Smith


















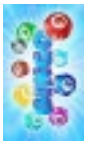




Business arising from Minutes.	Action:
Weighing of residents who are wheel chair bound was highlighted by Trevor.	Matt ordered a new machine which is on its way.
Suggestions for Gift Shop Items.	Planter Stands made by Tinker Shed very successful. Christmas cards and other Christmas items. Stamps available at reception.
Food /Menu Options	Residents encouraged to study new menu and feedback at the next meeting, use "feedback" forms for general comments.
New Maintenance Person to help John	Nerida will help John 3 days a week. Ben encouraged everyone to report maintenance issues "see it say it"
New Dining Tables	20 New tables on order will be sturdy and wheel chair friendly, Ladies Auxiliary to will pay for them.
Garden Schedule	All work to be completed next week. All areas need attention due to spring growth, plans for suitable plants and colour pallet will be explored at next meeting.
General Consumer Feedback	
Hydro Pool up update from Ben, 80 tons of concrete poured and will be left to cure.	An extra fifty thousand dollars in funding has been received from Building Better Regions. No public access only by professional referral.
Use of aids e.g. Sarah Lifter, heavy doors, etc. and general care of out-door furniture. Staff ratios.	All will be taken care of as requested. Doors to be fixed in due course. Staff ratios are higher than most other facilities of similar size.
General food and dining issues re noise in kitchens	Michael will address these issues with staff. Matt to put Leecare message out to all staff re noise levels.
Great to see the staff's smiling faces	Thanks to all staff for their care
New Business	
Ladies Auxiliary Raffle Tickets	Matt will organize with Jennie
Consumer Engagement Survey	Residents very satisfied services they receive at B.V. All responses indicate that they would recommend BV to others.
Pages for Wisdom	Meaningful ageing project requesting volunteer readers to critique authors work.
HR Manager role	Advertised
Next Meeting Thursday 3 <sup>rd</sup> of December 10-30 am in the Chapel	



# Community Connections Calendar

Monday	Wednesday	Thursday	Friday
	<div>1</div> <div>9.00am</div> <div>Tinker Shed</div> <div></div>	<div>3</div> <div>10.30am</div> <div>ST John's Tanunda Exercise for Fun 1:00pm Proud Mary</div>	<div>4</div> <div>10.00am</div> <div>Friday Café Circle of Friends</div> <div></div> <div>Bingo</div>
<div>7</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun 1:00-1:30pm</div> <div>Miniature Garden Design</div> <div></div>	<div>8</div> <div>9.00am</div> <div>Tinker Shed</div> <div></div>	<div>10</div> <div>10.30am</div> <div>ST John's Tanunda Exercise for Fun 1:30pm</div> <div>Nutrition: Part 1 "I have a Recipe to share"</div> <div></div>	<div>11</div> <div>10.00am</div> <div>Friday Café Circle of Friends</div> <div></div> <div>Bingo</div>
<div>14</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun 1:00-1:30pm</div> <div>Dried Fruit/ Nut Sampling Gully Gardens Guest Speaker</div> <div></div>	<div>15</div> <div>9.00am</div> <div>Tinker Shed</div> <div></div>	<div>17</div> <div>10.30am</div> <div>ST John's Tanunda Exercise for Fun 1:30pm</div> <div>Guest Speaker Don on "Early Life in Tanunda"</div>	<div>18</div> <div>10.00am</div> <div>Friday Café Circle of Friends</div> <div>Bingo</div>
<div>21</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun 1:30pm</div> <div>Community Round Table Brainstorming Coffee and Cake</div>	<div>22</div> <div>9.00am</div> <div>Tinker Shed</div> <div></div>	<div>24</div> <div>10.30am</div> <div>ST John's Tanunda Exercise for Fun 1:30pm</div> <div>DOUG VENNING SINGING</div> <div></div>	<div>25</div> <div>10.00am</div> <div>Friday Café Circle of Friends</div> <div></div>
<div>28</div> <div>St Hugh's Anglican Church</div> <div>10.30am</div> <div>Exercise for Fun 1:00-1:30pm</div> <div>Capture Your Personal History:</div>	<div>30</div> <div>9.00am</div> <div>Tinker Shed</div> <div></div>	<div>1</div> <div>10.30am</div> <div>ST John's Tanunda Exercise for Fun 1:30pm</div> <div>Cheese and Mettwurst Tasting</div> <div></div>	

# Residential Lifestyle Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<div>1</div> <div>10.30 Crafting Fun Bible Study 1.30 Winter around the world</div> <div></div>	<div>2</div> <div>10.30 Exercises Read The news</div> <div></div> <div>1.30 Church 2.00 Doug Sing A Long</div>	<div>3</div> <div>10.30 Toms Adventures 1.30</div> <div></div>	<div>4</div> <div>10.30 Art / Craft Peddlers &amp; Movements 1.30 Bowls 6pm Happy Hour pub quiz</div>	<div>5</div> <div></div>	<div>6</div> <div>10.45 Church</div> <div></div>
<div>7</div> <div>10.30 Word Games Exercises 1.30 Car Racing 3.30 Music with Garry</div>	<div>8</div> <div>10.30 Crafting Fun 1.30 Bobby Dazzlers Men2Men (E – F Bar)</div> <div></div>	<div>9</div> <div>10.30 Exercises Pet Therapy 1.30 Church 2.00 Childhood Memories 6-7 Campfire Night !!</div> <div></div>	<div>10</div> <div>10.30 games 1.30</div> <div></div>	<div>11</div> <div>10.30 Art / Craft Peddlers &amp; Movement 1.30 Bowls</div> <div></div>	<div>12</div> <div></div>	<div>13</div> <div>10.45 Church</div> <div></div>
<div>14</div> <div>10.30 Word Games Exercises 1.30 Cooking Fun 3.30 Music with Garry</div>	<div>15</div> <div>10.30 Crafting Fun Bible Study 1.30 Doug Singalong</div> <div></div>	<div>16</div> <div>10.30 Exercises Circle of Friends 1.30 Church 2.00 Quiz</div>	<div>17</div> <div>10.30 German Group 1.30</div> <div></div>	<div>18</div> <div>10.30 Art / Craft Peddlers &amp; Movement 1.30 Sensory Table 6pm Happy Hour pub quiz</div>	<div>19</div> <div></div>	<div>20</div> <div>10.45 Church</div> <div></div>
<div>21</div> <div>10.30 Word Games Fabulous fittings Bras &amp; Shoes on Wheels 1.30 Exercises 3.30 Music with Garry</div>	<div>22</div> <div>10.30 Crafting Fun 1.30 Items from Yesteryear Men2Men (E – F Bar)</div> <div></div>	<div>23</div> <div>10.30 Exercises Pet Therapy 1.30 Church 2.00 This That &amp; A Laugh</div> <div></div>	<div>24</div> <div>10.30 George Davies 1.30</div> <div></div>	<div>25</div> <div>10.30 Art / Craft Peddlers &amp; Movement 1.30 Bowls</div> <div></div>	<div>26</div> <div></div>	<div>27</div> <div>10.45 Church</div> <div></div>
<div>28</div> <div>10.30 Word Games Exercises 1.30 Egypt Display 3.30 Music with Garry</div>	<div>29</div> <div>10.30 Crafting Fun Dressed For Success 1.30 The Accords</div> <div></div>	<div>30</div> <div>10.30 Exercises Cards 1.30 Church 2.00 Travel Adventure</div>				



**Corporate, Community  
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updates**



## **Front Cover**

**Staff from our Corporate Services team  
celebrate Christmas.**

**Back Left to Right: Leanne Kleinig,  
Rosie Ward, Carol Chipman,  
Barbara Jones, Kristy McMartin,  
Trisha Price, Jenny Fairey**

**Front Left to Right: Clare Pietsch,  
Vanessa Helbig, Fiona Rogers,  
Amanda Quoldling**

**The Grapevine is printed on 100%  
recycled paper**



**Barossa Village**  
*people at our heart*